

Central Highlands Primary Care Partnership

15 Violet Grove, Wendouree West. 3355.

Ph: 03 5338 4770 Fax: 03 5339 8419

Postal: 15 Violet Grove, Wendouree West. 3355.

Executive Officer - Helen Wade

Ph: 03 5338 4770 or helenw@chpcp.org

Drought & Climate Change Coordinator - Chris Pollock

Ph: 5338 4771 or drought@chpcp.org

Administration Support Officer - Alison Kerr

Ph: 03 5338 4774 or alisonk@chpcp.org

Website: www.chpcp.org

Welcome to the Central Highlands Primary Care Partnership Newsletter.

This weekly newsletter is a vehicle for you to use to promote your agency's happenings to the Central Highlands.

Agencies are welcome to use the newsletter to showcase new programs, staff, projects and events. Information should be sent to admin@chpcp.org by **Fridays** for the next week's edition.

INTERNATIONAL CONGRESS ON CHRONIC DISEASE SELF MANAGEMENT

26th – 28th November 2008
Hilton on the Park
192 Wellington Pde, East Melbourne

The congress will provide a forum for researchers and healthcare experts to discuss their work and its implications for chronic disease self management, the Congress aims to equip organisations with practical ideas and strategies to progress design, implementation and evaluation of self management support approaches.

Speakers will include six international leaders in chronic disease self management, plus over 70 presentations across twenty sessions featuring grassroots issues, best practice in implementation and the latest evidence and innovation from around the world. Half day workshops will be presented the day prior to the congress.

For further information contact Melbourne Conference Management 03 8344 3682, email cdsm2008@union.unimelb.edu.au or <http://www.cdsm2008.com/>

Calendar of Events:

(180) e.g. This is the edition number and can be accessed on the website for the full details of the event. www.chpcp.org

OCTOBER	
Friday 31 st	Kreative Kidz, Radmac Office Choice 104 Armstrong St, Ballarat (199)
Friday 31 st	Dream Group, Radmac Office Choice 104 Armstrong St, Ballarat (199)
NOVEMBER	
Monday 3 rd	Palliative Care, Twilight Education Session , 6.30pm -8.30pm, Education Resource Centre, Ballarat Health Services, Drummond St Nth, Ballarat (200)
Tuesday 4 th	Doherty's Lodge Ballarat Melbourne Cup Day Celebrations , 11.30am – 3.45pm, Doherty's Lodge, Main Rd, Ballarat (197)
Wednesday 5 th	Suicide Intervention Training Program 9.00am – 5.00pm, Drummond St, Ballarat (198)
Wednesday 5 th	Cancer Council Seminars , 10.00am – 11.00am & 3.30pm – 4.30pm, Ballarat Health Services, Drummond St, Ballarat (201)
Wednesday 5 th	Transport Forum, Cash in your keys and take a new road to independence 1.30pm – 3.00pm Trench Room, Town Hall, Sturt St, Ballarat (199)
Thursday 6 th	Suicide Intervention Training Program 9.00am – 5.00pm, Ballarat Health Services, Drummond St, Ballarat (198)
Friday 7 th	Women's Health and Wellbeing Session , 2.00pm – 3.00pm, Ballarat Health Services, Drummond St, Ballarat (201)
Friday 7 th	Trivia Night, Grampians Regional Health Week , 7.00pm for 7.30pm Start, Victoria St Bowling Club, 231 Victoria St, Ballarat
Friday 7 th	City Of Ballarat Youth Recognition Awards , Ballarat Fine Art Gallery, 40 Lydiard St Nth, Ballarat (198)
Monday 10 th	St Luke's Travelling Toolshed Two Day Workshop , 9.30am- 4.30pm, Peart Wing, 102 Lydiard St, Ballarat (197)
Monday 10 th	Safe Talk , 1.00pm – 5.00pm, Ballarat Health Services, Education Resource Centre, Drummond St Nth, Ballarat (198)
Thursday 13 th	Lets Party but Keep it Safe , 7.30pm, Town Hall, Main Street, Bacchus Marsh (201)
Thursday 13 th	Dyslexia Awareness Training , 6.00pm - 9.00pm, Interclub, Cnr Scott Pde & Havelock St, Ballarat (200)
Friday 14 th	Rotary Club of Wendouree Breakfast presents ~Costello & Cocktail Evening , 5.30pm -8.00pm, Heritage on Lydiard, 15 Lydiard St Nth, Ballarat (200)
Saturday 15 th	Ceremony of Remembrance , 5.30pm, Ballarat General Cemetery, Cnr Lydiard & Norman Sts, Ballarat (201)

- Cancellation -

Primary Health Strategy Consultations

The Primary Health Strategy consultation scheduled for Thursday 4th December at Gum San Ararat has been cancelled. The Primary Health Strategy is currently still being drafted and as such will not be available early enough for effective consultations. The Primary Health Branch has decided to postpone the meeting until early 2009. It is hoped that the draft paper will be released in December which will allow all parties enough time to read, digest and feed into the consultation process.

Women's Health and Wellbeing

Ballarat Health Services will be holding a Women's Health and Wellbeing session on Friday 7th November, 2.00pm – 3.00pm, Ballarat Health Services, Base Hospital, Education Resource Centre, Drummond Street, Ballarat. The information session will be about women's health, including how to maintain a healthy lifestyle, health screenings, diabetes, heart disease, osteoporosis and incontinence. Presented by Jenny Jackson, Chief Executive Officer, Jean Hails Foundation for Women's Health.

For further information contact Judy Russell 03 5320 4490.

Free Cancer Council Seminars In Ballarat

The Cancer Council will be providing two information sessions on Wednesday 5th November, 10.00am – 11.00am & 3.30pm – 4.30pm, Ballarat Health Services, Base Hospital, Education Resource Centre, Drummond St, Ballarat. The information session will provide important information on cancer information and support services to help Ballarat Health Professionals care for people affected by cancer.

For further information contact Shayne Davis 03 5320 4038.

Wanting Information On Aged & Disability Carer Service

The Commonwealth Respite and Carelink have a representative available at Centrelink, 12 Albert St, Ballarat, on the 1st Thursday of each month 10.00am – 12.30pm. To provide assistance and information on services available.

For further information call the freecall line 1800 052 222.

BGT Training

BGT Training have places available for the following courses -

Certificate III Transport and Logistics, Commencing mid November 2008

Certificate III Aged Care, Commencing early December 2008.

To arrange a time for an interview for either course contact Marilyn Morley 03 5333 1707

Ceremony Of Remembrance

A ceremony of remembrance for families and friends of a child, of any age, who has died through any circumstance will be held on Monday 15th November, 5.30pm, Ballarat General Cemetery, Cnr Lydiard & Norman Sts, Ballarat. The ceremony will include a reflection and releasing of helium balloons, decorations will be available for the trees provided and families are welcome to bring along their own decoration. Families are also welcome to bring along a picnic basket to share with their families before or after the ceremony. Gold coin donations would be greatly appreciated. The ceremony is presented by Very Special Kids, SIDS & Kids Grampians Region, St John Of God Hospital, Ballarat Health Services, Ballarat Hospice Care, Bonnie Babes, SANDS, Leukaemia Foundation, The Compassionate Friends, Australian Centre for Greif & Bereavement- Grampians Service. For further information contact Theresia Sullivan 03 5320 4196 or Brenda Rutherford 03 5341 3774.

Ballarat Access Directory Launch

To celebrate the "International Day of people with a Disability" the City of Ballarat is proud to launch the "Ballarat Access Directory". The directory is a web based directory of venues and services that are accessible to people with a disability. The directory created by the Rural Access Program, has been five years in the making and promotes all venues that are disability friendly, free of charge. The launch will be held on Wednesday 3rd December 2008, 2.00pm – 3.00pm, Trench Room, Ballarat Town Hall, Sturt St, Ballarat. Afternoon tea provided. For catering purposes and further information contact Deb Whitecross 03 5320 5769 or debwhitecross@ballarat.vic.gov.au

Did You Know??

Plastic containers can be recycled into plastic wood for picnic tables and park benches, carpet fibre, clothing, automotive parts, paint brushes and more

Ballarat Health Services – Special Care Nursery Fundraiser

Tanya Daniels the Good Guys in support of Ballarat Health Services will be holding a fundraising evening for the special care nursery. It will be held on Thursday 20th November, 6.30pm at the Regent Cinema, Lydiard St, Ballarat. Tickets are available from Tanya Daniels the Good Guys, The Bean Barn, QEC Reception, Base Hospital Kiosk and Regent Cinema Box Office. The movie being shown is Quantum Of Solace.

R.U.S.H - Road Users Safety Hour

RUSH is an event presented by Bacchus Marsh Police, an opportunity for young drivers and their families to talk to police and guest speakers about safe driving, including an interactive young driver program, featuring short films by young people. It will be held on Thursday 27th November, 7.00pm, Ecolinc Auditorium, Labilliere St, Bacchus March. Free entry and supper will be provided.

For further information contact Senior Constable Jim Ross 0437 981 316 or rushbm08@gmail.com

National Foundation for Women

The National Foundation for Women, along with Security for Women and supported by the Commonwealth, are holding consultations in each state regarding the Productivity Commission's draft report on paid parental leave.

The Victorian consolation details are as follows: Wednesday 5th November, 9.30am – 12.30pm, Level 4, Queen Victoria Women's Centre, 201 Lonsdale St, Melbourne.

For further information or to book go to inforequest@wire.org.au

A copy of the draft report can be viewed at <http://www.pc.gov.au/projects/inquiry/parentalsupport/draft>

QIPPS – Implementing QIPPS in Your Organisation

There will be a training session held on Thursday 13th November, 10.00am – 4.30pm, Latrobe University, Bundoora. The workshop covers an overview of QIPPS, quality improvement systems and workforce development, reporting to funding bodies using QIPPS.

To register for this training email qipps@qipps.com or phone 03 9479 5954.

Health Professionals Forum – Go for your life

There will be a health professionals forum held on Wednesday 19th November 2008, 9.30am-4.00pm, Co.As.It Conference Centre, 189 Faraday St, Carlton. To attend this forum you must be a member of the Kids – “Go for your life” Health Professionals Network. The aim of this network is build a strong network of health professional using the Kids – “Go for your life” Award Program. If you are currently working with early childhood services or primary schools, promoting healthy eating or physical activity or plan to in the future, join the network and support Kids – “Go for your life”.

For further information on the Health Professionals Forum contact Kids – “Go for your life” at admin@kidsgoforyourlife.org.au or 03 9635 5639.

Free Training Course – Working Together with Alcohol and Drug Issues in Culturally and Linguistically Diverse Communities

This training session will be held on Wednesday 12th & Wednesday 19th November, 9.30am – 4.30pm, Bureau Veritas HSE Pty Ltd, 74 McKillop St, Geelong. This training session raises the importance of the linkages between the Alcohol and Other Drugs (AOD) sector and the culturally and Linguistically Diverse (CALD) community. The project aims to increase the AOD knowledge and skills of key members within the CALD communities to better equip them to deal with the AOD issues within their community, along with increasing the understanding of AOD workers & agencies in relation to improving access to members of the CALD communities.

For more information contact Phoebe on 03 8413 8708 or phoebes@turningpoint.org.au

Population Health Planning Forum ~Healthy Communities ~ Healthy Futures

Population health planning will be holding a one day forum on Healthy Communities/Healthy Futures on Friday 21st November, 9.30am – 3.30pm, RACV Club, 501 Burke Street, Melbourne. Forum themes will include strategic challenges facing the Victorian health sector, what success have we had? How can improvements be made? Why are population health approaches important? The forum is suitable for CEO's, health service executives, boards of management, health policy and planning agencies and local government leaders.

For further information regarding the forum contact 03 9094 7777 or www.vha.org.au

Primary Health Weekly Bulletin -

The latest edition of the Primary Health Weekly Bulletin is now available, view the bulletin via the below link.

http://www.dhs.vic.gov.au/rrhacs/ph_bulletin

National Preventative Health Strategy Discussion Paper

The National Preventative Health Taskforce released a discussion paper, 'Australia: the healthiest country by 2020' and associated papers on obesity, tobacco and alcohol, this is the first step to developing a National Preventative Health strategy. The taskforce is now calling for submissions to develop the strategy. Submissions are due 2nd January 2009. A draft strategy will be released for comment in March 2009. For more information please contact 02 6289 4426 or pht.secretariat@health.gov.au or visit the website www.preventativehealth.org.au

Best Start e-Update

The Best Start e-Update is an information and communication tool for all parties who have an interest in Best Start and the Supported Playgroups and Parent Groups Initiative. For further information or to read interesting links visit beststart@dhs.vic.gov.au

Best Start Forum - Working Together For Our Children's Future

Best Start is holding a forum on Monday 10th November, 9.30am – 3.30pm, Darebin Arts and Entertainment Centre, Cnr Bell St & St Georges Rd, Preston. The forum will be based on planning, implementing and evaluating systems change. Topics of discussion will include learning and development, health and wellbeing, child safety and parent support and engaging indigenous communities.

RSVP by Wednesday 5th November to beststart@dhs.vic.gov.au

For further information contact Katherine Cape 03 9096 6920 or katherine.cape@dhs.vic.gov.au

Post Natal Depression "Hands on Together"

PANDA will be launching a new campaign to raise awareness on Post Natal Depression, during Post Natal Depression week and promote the message that support is available from services such as PANDA. Join PANDA at Federation Square on Tuesday 18th November, 10.30am – 12.00midday for a free family fun day.

For more information contact Katherine Cape, 03 9069 6920 www.beststart.vic.gov.au

Let's Party But Keep It Safe

This forum is an opportunity for young people and parents to discuss safe partying with a panel of experts including a drug and alcohol worker, a doctor, a lawyer, emergency workers and police. Thursday 13th November, 7.00pm, Town Hall, Main St, Bacchus Marsh, free entry and supper is provided.

For more information or to register your attendance contact Senior Constable Jim Ross 0437 981 316 or letspartybm@gmail.com

Sustainable Transport Short Course

Professor John Whitelegg presents 2 day of learning and discussion regarding sustainable transport via restructuring transport supply and demand to reflect sustainability principles and to deliver health objectives through transport policy. 6th and 7th November, 9.00am – 5.00pm, Northcote Town Hall, 189 High St, Northcote. \$200 per person.

For more information and to book your place www.northcotetownhall.com.au

Employment Opportunity

Paul Rodgers is a student studying for a Diploma Of Welfare and Community Work at Ballarat University. Paul is looking for placement work in the area of Rural and Drought Counselling. If would like to speak to Paul for further information please call 03 5341 3070.

Help

Deb Whitecross is looking for a working overhead projector "free to a good home" to use for an art project. If you have a projector that may be suitable please contact Deb on 03 5320 5769.

Newsletter Amendment

In previous newsletters the Centacare phone number has been printed incorrectly, the correct number for these services is 03 5337 8908.

Recycling Stats....

Approx 9 out of 10 sheets of office paper go to landfill rather than being recycled!
Next time recycle rather than throw out!

DONT FORGET TO PASS THIS INFORMATION ON

Please print out a copy for your staff room.

To include items in the newsletter contact 03 5338 4774 or email admin@chpcp.org