



NEWSLETTER

Issue 209

14th January 2009

Central Highlands Primary Care Partnership

15 Violet Grove, Wendouree 3355.

Ph: 03 5338 4770 Fax: 03 5339 8419

Postal: 15 Violet Grove, Wendouree 3355.

Executive Officer - Helen Wade

Ph: 03 5338 4770 or helenw@chpcp.org

Drought & Climate Change Coordinator - Chris Pollock

Ph: 03 5338 4771 or drought@chpcp.org

Service Coordination Industry Advisor – John Dixon

Ph: 03 5338 4772 or johnd@chpcp.org

Chronic Disease Coordinator – Tim Stewart

Ph: 03 5338 4773 or tims@chpcp.org

Administration Support Officer - Alison Kerr

Ph: 03 5338 4774 or alisonk@chpcp.org

Website: www.chpcp.org

Welcome to the Central Highlands Primary Care Partnership Newsletter.

This weekly newsletter is a vehicle for you to use to promote your agency's happenings to the Central Highlands.

Agencies are welcome to use the newsletter to showcase new programs, staff, projects and events. Information should be sent to alisonk@chpcp.org by **Fridays** for the next week's edition.

Vic Relief Foodbank Bus Trip Tuesday 10th February 2009

Providers of relief services including administrators, support staff and volunteer workers are invited to join a FREE bus trip, lunch and tour of Vic Relief Foodbank in Yarraville.

A bus is running from Horsham, stopping in Ararat and Ballarat before continuing to Yarraville, and will return via the same route. The bus will depart Ballarat at 9.30am returning at 3.45pm. Places are limited therefore RSVP is essential by Monday 2nd February 2009.

For more information including details of the Bus pick up & drop off points contact Chris Pollock at Central Highlands PCP on 03 5338 4771 or email drought@chpcp.org

Calendar of Events:

(180) e.g. This is the edition number and can be accessed on the website for the full details of the event. www.chpcp.org

January 2009

Tuesday 27 th	BEST Training Certificate IV in Training & Assessment Information Session , 5.00pm – 7.00pm, BEST Community Development, Cnr Sebastopol & Errard Sts, Ballarat (207)
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February 2009

Tuesday 3 rd	CHPCP Health Promotion Network Meeting, 9.30am – 11.00, Child & Family Services, 115 Lydiard St, Ballarat.
Wednesday 4 th	CHPCP Drought & Climate Change Meeting, 1.30pm – 3.00pm, CHPCP Office, 15 Violet Grove, Wendouree.
Saturday 7 th	Type 1 out of Town Diabetes Event , 9.00am – 2.00pm, Wendouree Centre for Performing Arts, 1220 Howitt St, Wendouree (209)
Tuesday 10 th	Vic Relief Foodbank Bus Trip , CHPCP, 9.30am, Civic Hall, Creswick Rd, Ballarat (209)
Tuesday 10 th – March 31 st	SHADES Program , 1.00pm- 3.00pm, Primary Mental Health Team, Drummond St Nth, Ballarat (209)
Wednesday 11 th	CHPCP CHADA Meeting, 9.30am – 11.30am, Seminar Room 2, QEC, Ascot St, Ballarat.
Monday 16 th	CHPCP Diabetes Steering Committee Meeting, 1.00pm – 3.00pm, Ballarat & District Division of General Practice, 105 Webster St, Ballarat.
Tuesday 17 th	CHPCP Child & Family Platform Meeting, 9.30am – 11.30am, Child & Family Services, 115 Lydiard St Nth, Ballarat.
Thursday 26 th	CHPCP Full Alliance Meeting, 9.00am – 10.30am, Ballarat & District Division of General Practice, 105 Webster St, Ballarat.
Thursday 26 th	CHPCP Executive Meeting, 9.00am – 10.30am, Ballarat & District Division of General Practice, 105 Webster St, Ballarat.
Saturday 28 th	Management of Secondary Lymphoedema for Health Professionals , 10.00am – 12.00 noon, The Ansonia, 32 Lydiard St Sth, Ballarat (209)

Employment Opportunity – Project Worker

Grampians Region Palliative Care Consortium is looking to appoint a project worker, 0.6EFT for 6 months. The project will involve the identification and development of the scope of practice for a Nurse Practitioner in palliative care in the rural/regional community setting and inpatient setting within health services in the Grampians Region. The successful applicant will bring to the position skills in project management and a demonstrated capacity to work with other health professionals and funding bodies. Applications close 23rd January 2009. For further information please contact Carita Potts, Grampians Consortium Chair on 03 5333 1118.

Employment Opportunity – PINARC Team Leader – Grade 3, 0.5 EFT

PINARC are seeking an experienced therapist (Occupational Therapist, Physiotherapist or Speech Pathologist) to lead a small multidisciplinary team in our Community Therapy and Complex Communication Program providing services to people with lifelong disabilities aged 6-64 years. The role is varied and includes service and policy development across the team's professional disciplines, liaison and partnership development with a range of service providers, community capacity building activities and a small clinical caseload.

Physiotherapist - Grade 2, 0.5 EFT

PINARC are seeking an experienced physiotherapist with a commitment to community inclusion of people with disabilities and/or knowledge and experience in working with clients with complex disabilities and their families and carers. Clinical supervision and opportunities for professional development will be provided in accordance with prior clinical experience and identified need.

For further information regarding these positions contact Loretta Sheppard on 03 5329 1300 or lsheppard@pinarc.org.au

Position descriptions are available from Sam Lorensini on 03 5329 1350 or slorensini@pinarc.org.au

Applications close Friday 23rd January 2009.

Please Note

Karden Disability Support Foundation has a new fax number. Please ensure your records are updated to include the new number 03 5338 7992.

Doctors Clinic

Ballarat Community Health Centre are delighted to announce their doctors clinic based at 260 Vickers Street, Sebastopol is now open full time, Monday - Friday and new patients are welcome. Appointments are necessary and can be made in person at the clinic or by telephone on 03 5338 4585.

SHADES Program

Ballarat Health Services, Primary Mental Health Team will be conducting the SHADES program beginning in February 2009. SHADES is a self help anxiety and depression workshop run over eight weeks, the aim of the program is to help people develop self management strategies for dealing with the symptoms of anxiety and depression. The program is not suitable for clients at risk of self harm or experiencing significant suicidal ideation. Sessions will run in Ballarat from 10th February – 31st March 2009, 1.00pm – 3.00 at Ballarat Health Services, Drummond St Nth, Ballarat. Referral to the program is via the clients GP or primary care provider and potential participants will need to attend an initial assessment to evaluate their suitability for the program.

For further information contact the Primary Mental Health Team on 03 532 04434.

Ballarat's Great Women 2009

Following the success of The Women's Health Grampians publication Amongst Ballarat's Finest, Women's Health Grampians (WHG) is calling for the community to nominate Ballarat women they believe should be recognised for their contribution to the community. Women nominated for Ballarat's Great Women 2009 will be celebrated at the Zonta International Women's Day event in March 2009, displayed on the WHG website and profiled in other ways by WHG. Whilst there are no current plans to publish a second book WHG is committed to the ongoing collection and celebration of women's stories. Nomination close Friday 16th January 2009 and nomination forms are available from www.whg.org.au or by phoning 1800 013 432.

Consumer Electronics Guide

Greenpeace has released its latest Consumer Electronics Guide. This guide ranks 18 market leading electronics manufacturers based on product energy efficiency, manufacturing efficiency, footprint etc. View the guide at the website below and consider supporting the companies that are moving toward greener production.

<http://www.treehugger.com/files/2008/11/greenpeaces-latest-electronics-scorecard.php>

The Management of Secondary

Lymphoedema for Health Professionals

Presented by Ballarat & District Division of General Practice and Grampians Integrated Cancer Service, the workshop will utilise interactive case studies to assist participants to be aware of the incidence of secondary lymphoedema in Australia, understand the risk factors, identify prevention and treatment strategies and increase awareness of clinical guides and other resources that can assist with early identification and management. The workshop will be held on Saturday 28th February 2009, 10.00am – 12.00 noon at The Ansonia, 32 Lydiard St Sth, Ballarat. For more information or to register please contact Michelle MacGillivray or Belinda Schaefer on 03 5331 6303 or contact@bddgp.org.au registrations close 13th February 2009.

Palliative Care Consultation Workshop

The Cancer and Palliative Care Unit, Department of Human Services is undertaking a project to describe a framework for palliative care service delivery in Victoria and to design a funding model that will support service delivery. Information about the project can be found at www.health.vic.gov.au/palliativecare/sdffmr.htm

As part of the project, consultation is being undertaken with service providers and important stakeholders via a series of one day workshops around Victoria. A consultation will be held on Wednesday 18th February 2009, 10.00am – 5.00pm at All Season's, 171-183 Mclver Highway, Bendigo. This is a combined consultation for the Grampians and Loddon Mallee regions. To register for the consultation contact Gregory Dalton 03 9096 1459 or Gregory.Dalton@dhs.vic.gov.au

Emergency Services Foundation Scholarship Scheme

These scholarships are available to people working in the Victorian emergency services sector, including health and recovery, and can be used to assist with training and study to improve qualifications and or practice among the participants and their associated agencies. This includes the gaining of first hand observation and experience of emergency management methods and practice in other agencies, jurisdictions or international colleagues. Applications close Friday 20th February 2009 and should be sent to Dick Warhurst, Development Manager, Emergency Management Branch Level 11, 50 Lonsdale St, Melbourne, 3000. For further information and enquiries contact Jenny Davies 0406 003 765.

Did You Know???

Hot water is the biggest energy user in the home. Convert your electric hot water to solar, heat pump or natural gas and save up to 3 tonnes of CO2 a year and up to \$250 a year off bills.

Type 1 Diabetes Event

TOOT (Type 1 Out of Town) in conjunction with Friends Acting to Support Diabetics Around Ballarat is holding a series of information sessions for people in regional Victoria living with type 1 diabetes. This session will include a presentation titled Type 1 Diabetes and Schools including the new schools resource Diabetes Basics – A Teachers Guide to type 1 diabetes. Dr Linda Beeney's presentation from Six in the City 2008 will be screened, this session focuses on maintaining good mental health and the role this plays in general health and wellbeing. The event is being held on Saturday 7th February 2009, 9.00am – 2.00pm, including lunch, at Wendouree Centre for Performing Arts, 1220Howitt St, Wendouree. Cost is free for Diabetes Australia Victoria members & \$15 for non members, booking essential on 1300 136 588.

Alcoa Outstanding Community Worker Award

This award has been designed by Alcoa Foundation to recognise the contribution made by the women and men working in community groups. In the community sector people work because they're committed to a vision, not because of money and position, there are satisfactions in doing work for a cause they believe will make the world a better place, however their work is largely unsung and unrecognised. The Outstanding Community Worker Award has been created to help redress the balance. For more information and to nominate a community worker go to <http://www.ourcommunity.com.au/communityworkeraward>

Conservation Volunteers

Step back in time to the Victorian Goldrush Era and help the Viola family maintain the surrounds of the historic Macaroni Factory in Hepburn on Sunday 18th January 2009. For more information contact Naomi Blanchard on 03 5444 0777.

DONT FORGET TO PASS THIS INFORMATION ON

Please print out a copy for your staff room.

To include items in the newsletter contact 03 5338 4774 or email alisonk@chpcp.org