

Central Highlands Primary Care Partnership

15 Violet Grove, Wendouree West. 3355.

Ph: 03 5339 4051 Fax: 03 5339 8419

Postal: 15 Violet Grove, Wendouree West. 3355.

Policy & Development Officer, Helen Wade

Ph: 03 5338 4770 or Hhelenw@chpcp.org

Health Promotion Officer, Stacey Newman

Ph: 03 5338 4772 or Hstaceyn@chpcp.org

Administration, Alison Kerr

Ph: 03 5338 4774 or Halisonk@chpcp.org

Website: www.chpcp.org

Welcome to the Central Highlands Primary Care Partnership Newsletter.

This weekly newsletter is a vehicle for you to use to promote your agency's happenings to the Central Highlands.

Agencies are welcome to use the newsletter to showcase new programs, staff, projects and events. Information should be sent to Helen Wade, Hhelenw@chpcp.org by **Fridays** for next weeks

Central Highlands Primary Care Partnership POSITION VACANT:

SERVICE COORDINATION OFFICER 1.0 EFT

Are you interested in working across a range of sectors?

Central Highlands Primary Care Partnership is seeking a person to work as part of a dynamic team which supports the development of partnerships, integrated planning, coordination of service delivery, health promotion and development of workforce capacity in CHPCP Member Agencies.

The position would suit someone who has:

- A clear understanding of the health, welfare or primary care sector.
- Ability to engage with a range of stakeholders including service providers, communities and government departments.
- Ability to plan, coordinate and develop sustainable partnerships across the catchment.
- A strong commitment to improving outcomes for consumers.

The successful applicant will have excellent communication, computer and project management skills.

To obtain further information or a position description contact Helen Wade, Executive Officer, 03 5338 4770 or Hhelenw@chpcp.org Applications close 5 pm 27 August

Calendar of Events:

(180) e.g. This is the edition number and can be accessed on the website for the full details of the event. www.chpcp.org

- 14th August** **HACC Education – Dementia information for Customer Service Staff.** 9.00am – 11.00 am.
Promoting Continence in people with dementia. 12.30 pm – 3.30 pm.
Ballarat Learning Exchange, 36 Camp St, Ballarat. (181)
- 15th August** **Youth Participation & Access Grants (YPA).** 10.30 am – 2.00 pm,
Astor Theatre, 250 Barkly St Ararat. (188)
Trivia Night & Silent Auction, Ballarat Maternity Coalition, 7.30 pm, St Alipius Hall, Victoria St, Ballarat. (190)
- 16th August** **Archie Fusillo Workshops, Central Highlands Regional Library, Ballarat, youth workshop** 10.00 am – 11.00 am. Boys & Reading 11.30 am – 12.30 pm. (190)
- 20th August** **Change Management Workshop – Toyota & Conservation Volunteers.** DSE, Level 1, Cnr Mair and Doveton Sts, Ballarat (182)
UB Westvic Academy of Sport Seminar – Coping with pressure & expectation in competition. 6.30 pm – 8.30 pm at Mt Helen Campus Room C003 (189)
- 21st August** **Understanding Epilepsy – HACC Training by Video Conference.** 1.00 pm – 3.00 pm, Venue advised on booking. (182)
- 22nd August** **Interfaith Forum.** 7.30pm at Uniting Church, Cnr Grevillea & Webconna Sts Wendouree. (188)
Goal Setting Workshop, Child & Family Services, 10.00 am – 12 noon, Creswick Learning Centre (190)
- 28th & 29th August** **Youth Mental Health First Aid – CHPCP.** 9.00 am – 4.00 pm.
Venue to be advised. (180)
- 29th August** **Seminar on Immigrant and Refugee Women and sexual and reproductive health.** 9.00am – 2.00pm, 134 Cambridge St, Collingwood. (188)
- 1st September** **Lunch Cancer & Mesothelioma Education Session,** 6.30 pm – 8.30 pm, Education Resource Centre, Ballarat Health Services, Drummond St, Ballarat (190)
- 19th Sept – 3rd October** **Stuffest 10th Anniversary**

Syringe Driver 'Train the Trainer' Study Day REM NIKI T34 & Graseby – Grampians Regional Palliative Care Team

This study day is relevant for all previous trainers and for anyone interested in becoming a trainer for their organisation. Each trainer will be provided with an education package to support their role and be able to deliver the package.

The session is relevant for Division 1 & 2 Medication Endorsed Nurses.

Dates:

Horsham 6th October 12.30 pm – 5.30 pm

Horsham 7th October 9.00 am – 2.30 pm

Ballarat 2nd December 9.00 am – 2.30 pm

Bacchus Marsh 8th December 9.30 pm – 3.00 pm

No charge applies

For further information contact Regina Kendall, 03 5320 3553 (Mon & Tues) or

reginak@bhs.org.au

MS JAMS

A free music workshop for music enthusiasts of all ages and abilities will be held Sunday 17th August, 2.00 pm at the Wendouree Performing Arts Centre, Howitt St, Wendouree.

Join musicians from the Melbourne Symphony Orchestra in an express music-making session. In 50 minutes the MSO musicians will help you create a new piece of music using whatever instruments and 'sound makers' you can bring: voices, instruments, hands & feet; newspapers, chopsticks and other paraphernalia are all welcome. Be part of creating a new work and then perform it for family and friends.

Bookings essential: 03 5338 0908

The Ballarat Birth & Babies Conference

Ballarat Maternity Coalition presents this conference featuring Dr Sarah J Buckley on Saturday 4th October at the Lecture Theatre, Ballarat Secondary College, Barkly Senior Campus, Barkly St, Ballarat.

Session for health professionals 8.45 am – 1.00 pm.

Session for parents 11.00 am – 3.45 pm.

Cost: \$60 health professionals, \$40 parent workshop & \$80 all day workshops. Early bird & member discounts apply.

Numbers are limited so bookings essential by 1st October.

For more information contact Faye Kricak, 0400 438 651 or ballarat@maternitycoalition.org.au

Words of Wisdom:

"It's dead easy to die; it's the keeping on living that's hard." Douglas Mawson, Scientist & Polar Explorer

Child & Family Services – Rural Community Counsellor Workshops

A series of workshops will be held in Creswick & Daylesford.

Goal Setting Workshop

This workshop will focus on setting a personal goal, health goals, improving self-image, enhancing creative & intellectual abilities and shifting attitudes to the positive. To be held 22nd August, 10.00 am – 12 noon, at Creswick Learning Centre.

Bookings: 03 5345 2356

Stress Management Presentation

Want help to deal with stress in your own life or gain an understanding of what others are going through and ways to help them cope. To be held 5th September 10.00 am – 12 noon, at Creswick Learning Centre.

Bookings: 03 5346 2356

Communication Workshop

Learn what makes good communication possible. Communication is more than just words; it involves our non verbal actions or reactions as well. Couples and individuals welcome. To be held 29th August, 10.00 am – 12 noon at Creswick Learning Centre.

Bookings: 03 5346 2356

Assertiveness Workshop

This presentation will help you gain an understanding of the term 'responsible assertiveness' and its relevance. Learn how to recognise aggressiveness, passive and assertive behaviour, and how to communicate with people practicing this behaviour. To be held 9th September 3.30 pm – 6.00 pm at the Daylesford Neighbourhood House.

Bookings: 03 5348 3569

Goal Setting Workshop

This workshop will focus on setting a personal goal, health goals, improving self-image, enhancing creative & intellectual abilities and shifting attitudes to the positive. To be held 16th September 3.30 pm – 6.00 pm at the Daylesford Neighbourhood House.

Bookings: 03 5348 3569

All sessions will be facilitated by Kevin Luttrell or Bonnie Tyas (Rural Community Counsellors) who can be contacted on 03 5337 3333 or 0407 860 356 for further information on all sessions. All sessions are free

Useful Website: Cochrane Library – the

Library contains high quality independent evidence to inform healthcare decision-making. It includes reliable evidence from Cochrane and other systematic reviews, clinical trials and more. Go to www.thecochranelibrary.org Assistance is available on the site for new users.

Defenders of the Tooth – Adventure Playground – Dental Health Services Victoria

A new interactive game website – Adventure Playground is available for children to learn more about oral health while having fun. Go to www.dhsv.org.au/defenders MunchGirl, WaterBoy and BrushBoy are the defenders of the Tooth who have super powers and a mission to brighten smiles and fight oral disease.

Trivia Night & Silent Auction – Ballarat Maternity Coalition

Come along for a night packed with fun, entertainment and lots of activities. All proceeds from this even go back into the community through the numerous programs Ballarat Maternity Coalition run as well as upcoming projects.

To be held Friday 15th August 7.30 pm at St Alipius Hall, Victoria St, Ballarat.

Cost: \$10 per adult – kids under 16 free.

Contact Faye Kricak, 0400 438 651 or ballarat@maternitycoalition.org.au

Archie Fusillo – coming to Ballarat

Central Highlands Regional Library has Archie Fusillo, author of ‘Sparring with shadows’, ‘Dons’ and other titles coming to the library on Saturday 16th August.

A young adult event for 12 – 15 years will be held 10.00 am – 11.00 am where Archie will talk about his books, his development as a writer and what doors can be opened up to aspiring writers.

A ‘Boys and Reading’ workshop will be held 11.30 am – 12.30 pm and Archie will speak about boys and reading and how parents and adults can encourage boys to read more.

Both workshops are free but bookings required on 03 5331 1211

Retirement Villages – Best Practice Planning

Lower Hume PCP present this one day conference on Friday 29th August at the Darebin Arts & Entertainment Centre, Melbourne.

The session will provide an overview of the industry today and future directions, retirement villages legal framework, a developers perspective and local government presentations. Because of the general ageing of the Australian population, the retirement village sector of the housing industry is experiencing strong growth and the impact on communities need to be considered.

Cost: \$120.

Registrations to PR Conference Consultants, 03 5781 0069 or enquiry@prcc.com.au

Womens Advocacy Skills Development – Women’s Health Grampians

Join in the celebrations to mark 100 years of Victorian women’s right to vote by participating in a workshop aimed at developing women’s advocacy skills. Facilitated by Jan Powell, former Senator for Victoria and leader of the Democrats. The workshop will be held Tuesday 7th October 9.30 am – 4.30 pm at the Shire Hall, Barkly St, Ararat.

Bookings essential to 03 5322 4100 or adminb@whg.org.au

St Luke’s Travelling Toolshed – advance notice

Grampians SAAP Childrens Resource Program is hosting an interactive two day workshop with Russell Deal showcasing a range of Innovative Resources’ seriously optimistic materials; card packs, books, stickers and other resources that have grown out of the St Luke’s strengths-based services to individuals, schools and families. The workshop will be held 10th & 11th November 9.30 am – 4.30 pm at the Peart Wing, 102 Lydiard St South, Ballarat.

Cost; Homelessness services \$100 other services \$220

RSVP: Leanne Nicholson 03 5337 2726 or lnicholson@unitingcareballarat.com.au

Veterans Best Practice: Working well with veterans, war widows and DVA

The Dept of Veterans Affairs extends an invitation to attend this Aged Veteran Best Practice Seminar to be held Tuesday 9th September 9.00 am – 12.45 pm at the DVA Victorian State Office, 300 Latrobe St, Melbourne.

The seminar aims to increase knowledge and awareness of veterans and their health entitlements and other services and to promote greater links between DVA and the aged care sector.

Bookings required by 29th August to Anthony Hoare, 03 9284 6792 or Anthony.hoare@dva.org.au

Do you you a young arts critic?....

If you know of someone who is a budding arts critic, Express Media is offering reviewers between the ages of 18 – 25 years the chance to see the Melbourne Fringe show (September 24th – October 12th) of their choice, write reviews and see them published on the Buzzcuts website. The best reviews will be published weekly during the Fringe in Beat magazine. Details can be found at www.expressmedia.org.au/events.php?content_id=45

Innovative Grants for cervical cancer prevention projects – PapScreen Victoria

PapScreen Victoria is looking for community based cervical cancer prevention health promotion projects with grants up to \$5,000 available.

To apply for an Innovative Grant download the guidelines and application form from the Health Professionals section of the website at

www.papscreen.org.au

For more information contact Michelle Cook, 03 9635 5663 or michelle.cook@cancervic.org.au

Overcoming the Barriers – Supporting women with a disability to access cancer screening

PapScreen Victoria is providing a free professional development opportunity for people who support women with a disability or work in the community health sector. A workshop will be held Friday 5th September, 9.30 am – 3.30 pm at the Cancer Council Victoria, Main Conference Room, 100 Drummond St, Carlton. Inquiries and bookings to Hiranthi Perera, 9635 5147 or hiranthi.perera@cancervic.org.au

Lung Cancer and Mesothelioma Twilight Education Session – Grampians Regional Palliative Care Team

Dr Stephen Vaughan, Grampians Integrated Cancer Service will focus on palliative care treatments and management of metastatic lung cancer; and mesothelioma including medico legal aspects and common complex issues within this disease groups. To be held Monday 1st September 6.30 pm – 8.30 pm at the Education Resource Centre, Ballarat Health Services, Drummond St North, Ballarat. A video link is available through regional hospitals. Cost: Grampians region \$15 Other \$25 Contact Bernadette Matthews, 03 5320 3353 or bernadettem@bhs.org.au

Headspace – Evidence Maps on youth mental health

Headspace's Centre of Excellence provides information on the latest research treatment interventions and models of care for young people with mental health and substance use issues.

The information is not only designed for researchers and professionals who work with young people but members of the community who are interested in youth mental health. The evidence maps summarise whether or not evidence exists to support an intervention and help guide clinical management. For more information go to www.headspace.org.au and click on the Knowledge Centre tab.

Strategic Implications of an Ageing Community

The Victorian Healthcare Association is providing a one day forum on 22nd August 9.30 am – 3.30 pm at the RACV Club, 501 Burke St, Melbourne. The forum will discuss the implications of service planning now for future aged care challenges with presentations from a range of interesting guest speakers. Cost: Members VHA \$110, Non members \$165. Inquiries 03 9094 7777 or vha@vha.org.au Registrations can be completed online at www.vha.org.au

Position Vacant – Wendouree West Community House – Youth Centre Coordinator

An exciting opportunity exists to develop and expand on the successful YouthLinx program based at Wendouree West. The YouthLinx program is for young people from 11 – 16 years providing individual & family support, referrals, holiday program and after school activities. Applicants will have well established skills working with children, tertiary qualifications in welfare, youth work or social work or significant experience in working with at risk young people. This is a full time position and runs till August 2009 with the strong possibility of continued funding. For more information contact Alison Demuth, Coordinator, Wendouree West Community House, 03 5339 5069 for a position description and the key selection criteria. All applicants are required to have a Working with Children Check. Applications close 29th August 2008.

Transport Connections webpage

The Front SEAT Transport Connection Project has a page on the Hepburn Shire Council's website at www.hepburn.vic.gov.au which provides an online space for information resources, concessions and benefits and updates on the project. The Transport Connections Project button can now be seen on the council front page and by following this link information can be accessed on the project's strategic plan, and previous news articles as well as the resources.

Don't forget to pass on this information

Please print out a copy of this newsletter to put in your staffroom.

Anyone wishing to receive this newsletter or to contribute items, Contact: Helen Wade, 03 5338 4770 or helenw@chpcp.org