

Central Highlands Primary Care Partnership

15 Violet Grove, Wendouree 3355.
Ph: 03 5338 4770 Fax: 03 5339 8419
Postal: 15 Violet Grove, Wendouree 3355.

Executive Officer - Helen Wade

Ph: 03 5338 4770 or helenw@chpcp.org

Drought & Climate Change Coordinator - Chris Pollock

Ph: 03 5338 4771 or drought@chpcp.org

Service Coordination Industry Advisor – John Dixon

Ph: 03 5338 4772 or johnd@chpcp.org

Chronic Disease Coordinator – Tim Stewart

Ph: 03 5338 4773 or tims@chpcp.org

Administration Support Officer - Sharna Kelly

Ph: 03 5338 4774 or admin@chpcp.org

Website: www.chpcp.org

Welcome to the Central Highlands Primary Care Partnership Newsletter.

This weekly newsletter is a vehicle for you to use to promote your agency's happenings to the Central Highlands.

Agencies are welcome to use the newsletter to showcase new programs, staff, projects and events. Information should be sent to admin@chpcp.org by **Fridays** for the next week's edition.

Community Hubs Forum

21st April, 9.00am – 12 noon

At Sails on the Lake, Wendouree Pd, Ballarat

The Child & Family Platform of Central Highlands Primary Care Partnership has been researching service priorities for children & families in the region and the research has supported the establishment of coordinated development of community hubs.

An invitation is extended to CEOs, Senior staff and representatives of organisations interested in exploring potential for the establishment of community hubs or value adding to proposed hubs of service for children & families in the Central Highlands region.

The session will be facilitated by June McLoughlin, Centre for Children's Health, Royal Children's Hospital who has extensive experience in the development of community hubs.

RSVP: By 15th April, Ph: Sharna Kelly, 03 5338 4774 or admin@chpcp.org

Calendar of Events:

(180) e.g. This is the edition number and can be accessed on the website for the full details of the event. www.chpcp.org

March 2009

Thursday 26 th	The Experience of Bereavement, Centre of Grief & Bereavement 7.00pm-9.30pm, Registration from 6.30pm, Best Community Development, 28 Victoria St Ballarat. (215)
Thursday 26 th	2006 CDATA Online Information Session , 1.00pm – 2.30pm, The Great hall at Gum San, 31-33 Lambert St, Ararat
Thursday 26 th	Cultural Diversity & Communication Awareness Training, 1.00pm – 3.00pm Best, 28 Victoria St, Ballarat
Thursday 26 th	Ballarat's Biggest Playgroup , 4x1hr sessions between 10.00am – 2.00pm, Ballarat Mining Exchange, 25 Lydiard St North, Ballarat (218)
Thursday 26 th	CHPCP Full Alliance Meeting . 9.00am – 10.30am, Ballarat & District Division of General Practice, Webster St
Thursday 26 th	CHPCP Executive Meeting , 10.30am – 11.00am, Ballarat District & Division of General Practice, Webster St
Friday 27 th	Working with Families and Grief, Centre of Grief & Bereavement. 9.30am- 4.30pm Best Community Development, 28 Victoria St Ballarat (215)
Monday 30 th	Responsible Serving of Alcohol Courses, Central highlands sports Assembly , 6.15pm, Ballarat Town Hall (215)
Tuesday 31 st	Ballarat Community Health 'Connections through Collaboration' 9.30am – 12.00pm, The Robert Clark Centre, Ballarat Botanical Gardens (216)
Tuesday 31 st	Resilience and Children, Mental Health Foundation , Uniting Church Centre, 103 Lydiard St Ballarat (218)

April 2009

Monday 6 th	Not for Resuscitation Workshop, PAL-ED , 6.30pm – 8.30pm, Education Resource Centre, BBH, Ballarat Health Services, Drummond St, Ballarat (218)
Tuesday 7 th	CHPCP Health Promotion Network Meeting , 9.30am – 11.30am, Child & Family Services, Lydiard St
Wednesday 8 th	CHPCP CHADA Meeting 9.30am – 11.30am, BHS Queen Elizabeth Centre Seminar Room 2, Ascot St
Monday 20 th	CHPCP Diabetes Steering Group Meeting , 1.00pm – 3.00pm, Ballarat & District Division of General Practice 105 Webster St.
Tuesday 21 st	Community Hubs Forum, CHPCP , 9.00am – 12noon, Sails on the Lake, Wendouree Pde, Ballarat (218)
Tuesday 28 th	Best Start Platforms Framework training session, 9.30am – 3.00pm, DEECD, 109 Armstrong St (219)

Streetswags

An organization that produces swags and gives them away free to homeless people who are sleeping rough. Not the most ideal solution but sometimes the only solution, the quality is good and they are free.

For further information in your area visit www.streetswags.org

Enhancing Care 2009 Conference

The Grampians Regional Palliative Care team would like to extend an invitation to the Grampians Palliative Care "Enhancing Care" Conference which will be held on 7th – 8th May at Creswick's Novotel Forestry Resort, Creswick.

This 2 day conference will provide a unique opportunity for local, regional and state delegates to hear from leading researchers and practitioners in a program of keynote lectures and concurrent sessions.

For further information on the conference or the program phone 03 5320 3553 or go to the GRPCT website

www.grampianspalliativecare.com.au

Celebrate Farming Women "Water Our Future"

The 20th annual Women on Farms gathering will be held 1st – 3rd May at Warragul Regional College, Bourke St Warragul.

A range of workshops and tours will be available.

Friday 1st May, registrations, town walk, dinner and women's stories.

Saturday 2nd May, registrations, bus to Walhalla tour, workshop and tours.

Sunday 3rd May, AWiA meeting, inspiring speakers and lunch.

Registrations Close 14th April 2009

For further information and Calender of workshops and tours contact Lyn Ink 03 5629 2202 or linkfarm@bigpond.com

Australia's Biggest Morning Tea

Become a host for Australia's Biggest Morning Tea. Select a venue and invite your friends, family or work colleagues to come along and support a great cause in a fun and positive way. To be held Thursday 28th May.

Registrations now open.

Go to www.biggestmorningtea.com.au or call the Events hotline on 1300 65 65 85

Fresh Produce Recipes

Celebrity chefs Bill Granger and Donna Hay have joined the campaign for consumers to buy fresh local produce affected by heat and floods. For a range of their recipes to make good use of these fruits and vegies go to www.maff.gov.au

Did you know???

According to the [Association of European Producers of Steel for Packaging](#), the multiple recycling of one tonne of steel allows for the production of up to 6.5 tonnes of steel with the same quantity of primary raw material. Over 20 cycles, 9 tonnes of CO2 emissions can be avoided; it's not quite closed loop production, but getting there. The [Aluminium Association](#) states recycling one aluminium can saves enough energy to keep a 100-watt bulb burning for almost four hours!

Conservation Volunteers – Green Gym – Upcoming Programs

The Conservation Volunteers – Green Gym are running a range of workshops during April, providing referral opportunities for clients who are looking to volunteer and would like to improve their health and wellbeing.

Green Gym participants install plants, control weeds, construct and maintain walking tracks, prune shrubs and apply mulch to conserve valuable water resources.

* [Parks Victoria – Hepburn Regional Park](#) 1st – 3rd April, Volunteers will be assisting Parks Victoria & DSE staff to enhance & protect biodiversity values within the Wombat State Forest. Teams will be involved in weed control, track repairs & nest box construction.

* [Sovereign Hill Sound & Light Experience](#) 6th – 9th April, Step back in time to the Victorian Gold rush Era as the 1850's comes alive at historic Sovereign Hill, a living museum & one of Australia's iconic tourist attractions. Volunteers will assist staff with landscape & revegetation works.

* [Sovereign Hill Sound & Light Experience](#) 20th – 24th April, a living museum & one of Australia's iconic tourist attractions.

Step back in time to the Victorian Gold rush Era as the 1850's comes alive at historic Sovereign Hill. Volunteers will assist staff with landscape & revegetation works.

* [Buda & Talerdigg House Heritage Care](#) 27th April – 2nd May, Assist local volunteers to maintain magnificent gardens around heritage listed Buda Talerdigg Houses, with help from very appreciative owners, whilst enjoying the iconic historic township of Castlemaine. Teams will be involved in weed removal, heritage restoration & conservation works throughout the historic town of Castlemaine.

For Further information on these and other future planned activities go to www.conservationvolunteers.com.au and follow the booking prompts for the "Conservation Connect" programs.

Best Start - Platforms Frameworks

A redeveloped framework for the early years.

The Centre for Community Child Health is pleased to invite you to attend a training session which seeks to support community members in their efforts to plan, implement and evaluate a community based early childhood initiative using an outcomes based approach, targeting Best Start Facilitators and Regional Advisors and Partners. The training session will familiarise participants with a resource that has been recently developed by the CCCH. The resource is part of a broader research based service framework called the Platforms Framework that is designed to assist local communities and refocus services for children and families.

To be held Tuesday 28th April, 9.30am – 3.00pm at DEECD (Gariwerd Room) 109 Armstrong St, Ballarat North.

For further information and registrations contact the Centre for Community Child Health, Catherine Archer on training.ccch@rch.org.au

Bushfire Case Managers Required for Victorian Regions Immediately

McArthur Management Services is urgently recruiting case managers in response to the State Governments initiative to provide case management support to those affected by Victoria's devastating bushfires.

The campaign is a planned response to immediately address the needs of communities affected by the bushfires across Victoria. Case Managers will be mobilised across a range of locations to assist individuals and families. The case management roles will be casual appointments and the focus of the case manager's work will be on provision of a flexible, responsive and coordinated response to the needs of the families and individuals in the bushfire affected areas.

These roles will particularly suit case managers who are currently having a break from their normal employment, retired staff and those who are otherwise available and interested in the flexibility of casual work.

Roles may be based in locations in Victoria, such as Whittlesea, Healesville, Kinglake and Gippsland and candidates living in or able to access those areas are encouraged to apply. Other locations may also require case managers on an as need basis.

For further information call Natalie, Georgina, Jeannie or Krystal at McArthur Management Services on 03 9828 6565 or email your resume to Natalie.andrusiak@mcArthur.com.au

Drought Bus - Reminder

The Drought Bus will be visiting Rokewood - Wednesday 1st April, Lethbridge - Thursday 2nd April.

Home Wise Program

Since 1st July 2008, Home Wise has been assisting people who are in financial crisis with repair or replacement of essential appliances which are faulty.

The program is available to concession cardholders who hold a current valid Pensioner Concession Card, Health Care Card or Gold Card. All the appliances provided through the Home Wise Program are selected on the basis of energy or water efficiency to enable reduction in energy or water consumption for the applicant's household.

For further information visit the Victorian State Concession website or contact the Concessions Business Management unit on 1800 658 521

Hepburn Shire Youth Recognition

Hepburn Shire Youth Recognition Awards will be held on Thursday April 2nd 6.30pm, at the Daylesford Town Hall.

Nominations are now open and recognises the contribution of young people in 5 categories including arts & performance, club dedication, volunteering, leadership & all rounder.

Nomination forms can be collected from Hepburn Shire Council or by contacting Jane Barclay on 5345 8399 or jbarclay@hepburn.vic.gov.au before 27th March.

Were you diagnosed with Type 1 Diabetes as an adult?

We need your help!

We need your help to raise the profile of Type 1 Diabetes and to let more people know about the support they can get through Reality Check and the Type 1 Diabetes Network.

Can you take 5 Minutes to answer the following survey? We are keen to know your thoughts before Friday 3rd April. Click here to fill in the survey:

[<http://rs6.net/tn.jsp?et=1102506615142&e=001KC-jJUX-JitMxAcuL-YzZvNiegba7Hu9pMfYZLU_6e_OFB8fIOUN3w2ZDMPF8nlaKizWOh0l4jPAwpr2h_cpjzm3eAEa_kGxI6mTT_XkCPB_07-bE9vygNWts36Mcs0i0avfGKjnM6SmiHmcgbJeswOsQ5aHejkK0d7EWPHcXTBUlpaXUTTQwg=>](http://rs6.net/tn.jsp?et=1102506615142&e=001KC-jJUX-JitMxAcuL-YzZvNiegba7Hu9pMfYZLU_6e_OFB8fIOUN3w2ZDMPF8nlaKizWOh0l4jPAwpr2h_cpjzm3eAEa_kGxI6mTT_XkCPB_07-bE9vygNWts36Mcs0i0avfGKjnM6SmiHmcgbJeswOsQ5aHejkK0d7EWPHcXTBUlpaXUTTQwg=>)

Please do the survey yourself, and spread the word to anyone else you know who can help. Thanks for helping to raise awareness of Type 1 Diabetes.

Please Note: the correct phone number for PAL-ED Twilight Education Session – Not for Resuscitation advertised in the newsletter last week is 03 5320 3553 or contact bernadette@bhs.org.au

Earth Hour – Join In!

Earth hour is aimed at individuals and businesses to join in and raise awareness for climate change across the world.

We urge all Victorians/Australians to turn the lights off at work and at home for 1 hour at 8.30pm – 9.30pm, Saturday 28th March.

For further information and to register your businesses go to www.earthhourau.org/vic

Positions Vacant – Ballarat Health Services ‘Cancer Service Improvement Officer’

Grampians Integrated Cancer Service is seeking an Allied Health or Nursing Professional with a passion to work within a team dedicated to cancer service improvement. Selection criteria includes strong interpersonal skills, well developed organisation and planning abilities, excellent verbal and written communication and computer skills.

For Further information please call Eleanor Whitehead, Grampians Integrated Cancer Service Program Manager on

5320 6728 or view the position description at www.bhs.org.au.

Want more members? HELP US, HELP YOU!

We need representatives from sport and recreation clubs such as administrators and coaches to participate in discussion groups about increasing your club’s membership base with a particular focus on engaging people who are newly arrived migrants or refugees and people with intellectual disabilities.

With many sport and physical activity related funding opportunities focusing on targeting these groups, we want to find out the challenges for you engaging these groups and find out what makes sports clubs welcoming and inclusive to all.

To register your interest, contact Meghan Casey, University of Ballarat 5327 9658 or m.casey@ballarat.edu.au

All clubs who participate will go into the draw to win one of two \$100 Coles Myer gift vouchers and the first four clubs to register 2 members to be involved will receive a free membership to the Central Highlands Sports Assembly for the coming financial year!

Victorian Department of Human Services

The Victorian Department of Human Services through the Grampians Integrated Cancer Service is offering funding for cancer patients and/or carers to attend a cancer related conference of their choice. For further information go to www.gics.com.au/cb_pages/comsumers.php or call Grampians Integrated Cancer Service 03 5320 4782

Leadership Workshop for Indigenous Women with Lived Prison Experience

The Department of Families Housing Community Services and Indigenous Affairs is offering innovative leadership programs for Aboriginal and Torres Strait Islander women, men and youth.

The programs have been running since 2004 with over 600 Indigenous women, men and youth participating.

This workshop is offered to Aboriginal or Torres Strait Islander women who have the lived experience of prison.

The workshop will include topics on:

- * increasing your leadership
- * promote leadership and empowerment
- * strengthen community connection
- * support you take up leadership roles

The leadership workshop offers the opportunity for you to see; your own leadership style and skills, to think about values, to develop a vision and goals and to discuss this with other women in a supportive and confidential environment.

To be held 28th – 30th April at the Bardon Conference Centre, Brisbane.

For further information and registration forms call the Department of Families, Housing Community Services and Indigenous Affairs on 1800 249 873 or email

indigenousleadership@fahcsia.gov.au

Applications close Friday 3rd April 2009, must be emailed or faxed to 02 6121 4150.

Please forward this information on to any women you may know who have experience incarceration in their lifetime.

MYKI – Public Transport Ticketing System

Myki will soon be operating on selected Ballarat bus routes.

The myki caravan/information stand will be visiting Stockland Wendouree, 25th – 28th March, 9.00am – 4.00pm and at Safeway, Little Bridge St, 30th March – 3rd April and 6th April – 7th April 9.00am – 4.00pm.

For more information phone 136 954 or visit www.myki.com.au

DONT FORGET TO PASS THIS INFORMATION ON

Please print out a copy for your staff room.

To include items in the newsletter contact Sharna Kelly 03 5338 4774 or admin@chpcp.org