

Central Highlands Primary Care Partnership

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Welcome to the Central Highlands Primary Care Partnership Newsletter.

This weekly newsletter is a vehicle for you to use to promote your agency's happenings to the Central Highlands.

Agencies are welcome to use the newsletter to showcase new programs, staff, projects and events. Information should be sent to admin@chpcp.org by **Fridays** for the next week's edition.

DROUGHT

Creative Cross Cultural Collaborations

'Drought' brings together a selection of Victoria's most accomplished artists working collaboratively – a coming together of visual artists, poets, writers, filmmakers and performers.

Ballarat Mining Exchange Exhibition, 10th June – 19th June, 12 noon – 3.00pm and including:

Friday 12th June, 5.00pm - Elizabeth Presa (Head of Centre for Ideas) will speak about her installation, *Manners*. **5.30pm** – A short Performance by Janette Hoe, inspired by *Manners*.

Friday 19th June, 5.30pm – 6.00pm – Tony Yap Performance

Post Office Gallery Exhibition 2nd – 27th June, 12noon – 3.00pm with official launch 6.30pm 12th June followed by readings from some of the poets and artists.

Friday 26th June, 6.30 pm – Symposium: Drought Perceptions & Propositions. Bookings essential For information and bookings call 5327 8615

Calendar of Events:

(180) e.g. This is the edition number and can be accessed on the website for the full details of the event.

www.chpcp.org

June 2009

Thursday 11th & Friday 12th	Shaping Victoria 2009 Forum, DPCD, 9.00am – 5.00pm, Mecure Hotel & Convention Centre, 613 Main Rd, Ballarat (229)
Friday 12th	Peter Pan Movie Magic, Golden Plains Community Building Initiative, 7.30pm Woody Yaloak Recreation Centre Smythesdale (226)
Friday 12th	Heatwave Planning Guide, DHS 9.00am – 1.00pm, Marriot Hotel, Lonsdale St, Melbourne. (229)
Tuesday 16th	123 Magic, Centacare Family Relationship Service Program, 12.30pm – 3.00pm, venue to be confirmed (229)
Tuesday 16th	Little kids with Attitude, Centacare Family Relationship Service Program, 7.30pm – 9.30pm, venue confirmed on booking (229)
Wednesday 17th	UB WestVic Academy of Sports Seminar 2009, WestVic, 6.30pm – 8.00pm, University of Ballarat, Mt Helen Campus, Room C003 (229)
Wednesday 17th	Spaznuts, 8.00pm at Her Majesty's Theatre, Lydiard St, Ballarat. (229)
Thursday 18th	Family Violence. Victoria has had enough – Community Information Session, 9.45am – 10.30am, Wendouree West Community Learning Hub, Violet Grove, Wendouree (230)
Friday 19th	Be the Change, Changing the Dream Symposium, CASPN, 12.00pm – 3.30pm, Flemington Community Centre, 25 Racecourse Rd, Flemington (228)
Wednesday 24th	Hands & Alzheimer's the Musical, SWISH AND SWAT, 2.00pm & 7.30pm Daylesford Town Hall. (226)
Wednesday 24th	Alcohol is a drug too, Ballarat Community Health Centre, 7.00pm – 9.30pm, Wendouree Performing Arts Centre, Howitt St Wendouree (229)
Wednesday 24th	Rural Change and Community Wellbeing Forum, Primary Health Branch, 9.30am – 4.00pm, Royal Australasian College of Surgeons, 250 Spring St, Melbourne(228)
Thursday 25th	A Sustainability Victoria Workshop – Connecting Communities, Sustainability Victoria, 9.30am – 3.00pm, Victoria Room, Queen Victoria Women's Centre, 210 Lonsdale St Melbourne (230)
Monday 29th	Conducting Focus Groups with Culturally and Linguistically Diverse Communities, Centre for culture, ethnicity & health, 9.15am – 2.00pm 81-85 Barrv St Carlton (229)

Parkinson's and End of life Care – The Grampians Regional Palliative Care Team

Grampians Regional Palliative Care Team is holding a twilight education session on Parkinson's and End of life Care with guest speaker Victor McConvey who is the Parkinson's Disease, Clinical Nurse Coordinator. To be held Monday 6th July 6.30pm – 8.30pm at the Education Resource Centre, BBH, Ballarat Health Services, Drummond St Nth, Ballarat. Cost: \$15.00 Grampians Region, \$25 Other. RSVP by Tuesday 30th June For information and to RSVP contact 5320 3553 or bernadette@bhs.org.au

Mental Health First Aid Courses – Central Highlands Primary Care Partnership

There will be Mental Health First Aid Courses be held in Ballarat on Wednesday 12th & Thursday 13th August and a Youth Mental Health First Aid course to be held on Thursday 29th & Friday 30th October. Courses are free of charge and suitable for agencies and community. Venue and time to be confirmed. To register please contact Chris Pollock, Central Highlands PCP with names and contact numbers, 5338 4771 or drought@chpcp.org

Alcohol is a drug too – Drug Action Week 2009

MC/Host Jim Stynes will facilitate a night that will include a hypothetical panel discussion, musical items, local sporting identities, competitions and giveaways, and other fun and exciting activities. All your questions about alcohol will be answered. One lucky person/family will win a 50" Plasma Television.

To be held Wednesday 24th June, 7.00pm – 9.30pm at the Wendouree Performing Arts Centre, Howitt St, Wendouree. Contact Ballarat Community Health Centre, 5338 4500 or [Unitingcare](mailto:Unitingcare@ballarat.vic.gov.au) Ballarat on 5332 1286

Family Violence. Victoria has had enough – Community Information Session

The Victorian Government has introduced new laws to better protect the community from family violence and make those responsible more accountable for their actions. A community information session will be held Thursday 18th June, 9.45am – 10.30am at Wendouree West Community Learning Hub, Violet Gr, Wendouree West. No RSVP required. More information is available at www.familyviolence.vic.gov.au Accessibility assistance, including reserved parking, Auslan interpreters and attendant carers can be made available at this event. Contact accessibility@justice.vic.gov.au if you require assistance.

A Sustainability Victoria Connecting Communities Workshop

Sustainability Victoria is holding a free Connecting Communities workshop. This workshop will focus on how to bring the sustainability message to disadvantaged households. It will present the opportunity to meet with different community organisations and find out what has worked and what hasn't. It offers a chance to make a new contact, share information and generate ideas on ways to work together towards a sustainable future. A panel session will follow where participants will be involved in group discussions to elaborate on projects, generate new ideas or find new ways to collaborate.

To be held Thursday 25th June, 9.30am – 3.00pm at The Victoria Room, Queen Victoria Women's Centre, Level 1, 210 Lonsdale St, Melbourne.

Morning tea & lunch is provided. For information and RSVP call Kym Ockerby on 03 8626 8762 or kym.ockerby@sustainability.vic.gov.au by Thursday 18th June.

McCallum Disability Services – Day Programs 2009 Open Day

McCallum Disability Services is holding an open day to showcase their current Day Programs available at the centre.

To be held Tuesday 16th June, 9.30am – 12.30pm at McCallum Community Centre, Leopold St, Alfredton. Parking is located off Leopold St, Alfredton. For information contact Susan Natt or Gail Walker on 5334 1921 or snatt@mccallum.org.au

Safe TALK – Living Works Education

Safe TALK, developed by Living Works Education Inc is a half day presentation to increase suicide alertness.

This program alerts community members to signs that a person may be considering suicide. It acknowledges that while most people at risk of suicide signals their distress and invite help, these intervention opportunities are often overlooked. Participants learn to recognise when someone may have thoughts of suicide and to respond in ways that link them with future suicide intervention help.

To be held Wednesday 17th June, 12.30pm – 5.00pm at Hepburn Health Services, Daylesford Hospital Daylesford.

Facilitator is Anne Watson MHPO-CAMHS. Cost: \$50 (payable on the day) includes refreshments and materials. For information and registrations contact Louise Martin on 5321 6523 or louisem@hhs.vic.gov.au Registrations to be in by Monday 9th June 2009

Changes to Youth Allowance – Community Information Forum

Students under 25 can claim the independent Youth Allowance by demonstrating they are financially independent from their families once they leave school. Under the old rules, you could prove your independent status in one of three ways: by working part-time for at least 15 hours a week for two years; by earning about \$18,850 over 18 months; or by working 30 hours a week for at least 18 months in any two year period.

From 1st January 2010 the first two will be abolished. That means that students who deferred university this year and opted to work part time so they could earn enough money to be eligible for Youth Allowance are likely to be adversely affected.

A Community Information Forum will be held 5.30pm Thursday 18th June at the Wendouree Performing Arts Centre, Howitt St, Wendouree to inform the Ballarat Community of the recently announced changes to Youth Allowance.

Please contact Karen, Highlands LLEN, 5336 5020 to register your attendance.

Aboriginal and Torres Strait Islander Healing Foundation Workshop

The Aboriginal and Torres Strait Islander Healing Foundation Development Team is holding a community workshops being held throughout Australia as we need to hear from communities and organisations about what is required to support the process of healing. Your input is important to the Development Team and will contribute to the report to be submitted in September 2009 to the Minister for Families, Housing, Community Services and Indigenous Affairs which will guide the establishment of the Aboriginal and Torres Strait Islander Healing Foundation.

To be held Tuesday 14th & Wednesday 15th July at Rydges, 186 Exhibition St, Melbourne.

For information and times for workshop contact Brenda Campe, secretariat on 02 6121 4263 or healingfoundation@fahcsia.gov.au

Q&A Vic 2009

Q&A Vic represents an exciting opportunity for established and emerging regional and rural Victorian GLBTIQ leaders aged 18-28 to effect social change. Q&A Vic is open to individuals with a commitment to community leadership and social change. The program targets established or emerging leaders who are GLBTIQ and aged 18-28 years of age. Participants will develop their leadership capacities through a structured program involving community engagement, mentoring and a project within the GLBTIQ community.

For information and details on the program go to www.fvp.org.au/index_old.html

One Day Train-the-Trainer Course in No Bull (NB) Support, Bouverie Centre

'No Bull Support' is a half day workshop designed to educate and support lay people who have contact with families and individuals affected by natural disasters such as drought and bushfires for example vets, volunteers, hairdressers, teachers, small business owners and community leaders.

No Bull (NB) is not about teaching therapy or counselling but rather aims to provide easy to follow guidelines on supporting someone in trouble when and how to provide referral options and attending self care.

To be held Monday 6th & Saturday 20th July, 10.00am – 4.00pm at The Bouverie Centre, 8 Gardiner St, Brunswick.

Cost: Free – limit of 20 places only (Lunch provided)

For information and registration contact Chris Pollock on 5338 4771 or drought@chpcp.org by Friday 26th June

University of Ballarat – Certificate 3 in Events

Are you currently organising meetings and conferences? Would you like to enhance your skills in taking and processing conference and event registrations? Certificate 3 in Events could be for you, participants are welcome to enrol in couple of units or the whole course to target skill sets that may enhance current event management practices and knowledge. The Conference Manager is the industry expert who will give you the edge to run conferences confidently. Give your event the green light; learn how to make your event sustainable, financial, environmental and resourceful, this unit covers the basics of setting up your event to become sustainable.

All units are delivered at the University of Ballarat, SMB Campus.

For information and dates please contact Cynthia Jardine, 5327 8179

Doing IT Better Conference 2009, VCOSS

The third Doing IT Better Conference is being happening, it will focus on education and training, providing an opportunity to hear viewpoints, explores issues and plan for future work. In addition a hands on session will be included where people will demonstrate free and cheap productivity tools.

To be held Thursday 18th June, 9.00am – 3.00pm at Monash University, Caulfield Campus. Cost: \$30pp

For information and registrations go to www.trybooking.com/BBT or for information contact Dean Lombard on 9654 5050, dean.lombard@vcoss.org.au

Registrations only accepted via online system

Primary Health Weekly Bulletin – 4th June 2009

The latest edition of the Primary Health Weekly Bulletin is now available at www.dhs.vic.gov.au/rrhacs/ph_bulletin/nocache

Primary Health Branch Report

This report provides an overview of activities delivered by a range of primary health agencies funded by the branch and also the branch's achievements against its five stated aims for 2007-08. Read more at www.dhs.vic.gov.au/rrhacs/ph_bulletin/primary-health-branch-report-2007-08/

Additional Support for bushfire affected Communities

The Australian Government has announced additional funding to support communities affected by the Victorian bushfires. This included increased funding to the nine Divisions of General Practice in the affected area to enable them to engage additional allied health professionals or purchase psychological services to meet the increased demand and further funding to support volunteer resource centres, counselling and organisations supporting young people affected by the fires. Read more at www.dhs.vic.gov.au/rrhacs/ph_bulletin/additional-support-for-bushfire-affected-communities/

Launch of the Victorian Autism State Plan – An Australian first

Community Service Minister, the Hon Lisa Neville MP, launched the Autism State Plan on 21st May during Autism Awareness Month. The plan will boost support for Victorians with an Autism Spectrum Disorder (ASD) their families and careers over the next 10 years. Read more www.dhs.vic.gov.au/rrhacs/ph_bulletin/launch-of-the-victorian-autism-state-plan-an-australian-first/

Anex 09 Australian Drugs Conference – Drugs in Hard Times

Anex invites you to submit abstracts that will assist delegates build their understanding of the issue presented by the interplay between social disadvantage, drugs and tough economic conditions. Read more at www.dhs.vic.gov.au/rrhacs/ph_bulletin/annex-09-australian-drugs-conference-drugs-in-hard-times/

Rural change and community wellbeing forum – Wednesday 24th June 2009

The forum is part of the Sustaining Community Wellbeing strategy, which aims to help rural communities. Read more at www.vic.gov.au/rrhacs/ph_bulletin/rural-change-and-community-wellbeing-forum---wednesday-24-june-2009/

Make Poverty History – Sisters on the Planet

Many Australians understand the environmental impacts of climate change. What is less well understood are the human impacts – particularly the disproportionate impacts of climate change on women. Captured on video and as short written stories, Sisters on the Planet documents the impacts of climate change on six women from around the world, but also the action they are taking to reduce this impact on their community.

Watch the Sisters videos, download their stories, and take action yourself.

For information visit www.oxfarm.org.au/sisters

Central Highlands Primary Care Partnership Social Determinants of Health Training - Postponed

Please note that the Social Determinants of Health training has been rescheduled until Tuesday 6th October. Details will be confirmed closer to the date.

Involved in working with coordinating or supporting Emergency Relief Volunteers?

This free one day workshop is being presented by People First-Total Solutions in conjunction with volunteering organisations across Australia so that you can return to your agency or group and immediately apply what you have learnt. The workshops are open to any person from a volunteer involving organisation seeking to strengthen their work. The course includes morning tea, lunch, resources and materials. To be held Tuesday 21st July, 9.30am – 4.00pm, venue to be advised upon registration. For those who travel more than a 200km round trip there will be a \$50 fuel voucher reimbursement available. For information and registration go to www.pfts.com.au/essentials or call toll free on 1300 715 882

Pandemic Influenza Information:

Swine Flu Influenza Hotline: – 180 2007

Department of Human Services:

www.health.vic.gov.au/pandemicinfluenza/

DON'T FORGET TO PASS THIS INFORMATION ON

Please print out a copy for your staff room.

To include items in the newsletter contact Sharna Kelly 03 5338 4774 or admin@chpcp.org