

Central Highlands Primary Care Partnership

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Welcome to the Central Highlands Primary Care Partnership Newsletter.

This weekly newsletter is a vehicle for you to use to promote your agency's happenings to the Central Highlands.

Agencies are welcome to use the newsletter to showcase new programs, staff, projects and events. Information should be sent to admin@chpcp.org by **Fridays** for the next week's edition.

CHPCP New Chair & Executive 2009 – 2010

At the Full Alliance Planning Session on 25th June 2009 elections were held for the Chair & four Executive positions for the coming year.

We welcome our new Chair, Joanne Gell, CEO, Ballarat District Nursing & Healthcare and Executive Committee:

Andrew McPherson, Ballarat & District Division of General Practice

Anne Scott, City of Ballarat

David Beaver, Centacare

David Lenehan, Hepburn Health Service

Fayth Andrews, Golden Plains Shire

Patty Kinnersly, Womens Health Grampians

Tracey Wilson, Ballarat Health Services

We would also like to thank our past Chair, Tracey Wilson and retiring Executive Committee member Robyn Reeves, Ballarat Community Health for their work on behalf of CHPCP.

Helen Wade, Executive Officer, CHPCP

Calendar of Events:

(180) e.g. This is the edition number and can be accessed on the website for the full details of the event.

www.chpcp.org/newsletter

July 2009

Friday 3 rd & 10 th	Kreative Kids Term 2 , Radmac Office Choice, 1.30pm – 3.30pm, 104 Armstrong St, Ballarat North (233)
Tuesday 7 th & 14 th	Positive Ageing Small Grants Program, Ballarat Seniors Festival 2009, July 7th at 2.00pm – 3.30pm, July 14 th at 6.00pm – 7.00pm (233)
Saturday 4 th , 11 th & 18 th	Winter Open Studio Group Art Therapy – Radmac Office Choice, 9.30am – 11.30am, 104 Armstrong St, Ballarat North (233)
Monday 6 th & 20 th	One Day Train-the-Trainer course in No Bull Workshop – CHPCP , 10.00am – 4.00pm, The Bouveire Centre, 8 Gardiner St, Brunswick (232)
Wednesday 8 th	CHPCP CHADA Meeting , 9.30am – 11.30am, Queen Elizabeth Centre, Seminar 2 Room, Ascot St Ballarat
Thursday 9 th	CHPCP Health Promotion Meeting , 9.30am – 11.30am, Child and Family Services, Lydiard St Ballarat (233)
Tuesday 7 th	Indigenous Football Gala Day – Ballarat, Football Federation Victoria , 10.30am – 2.30pm, Moorhead Park, Pleasant St, Ballarat (231)
Saturday 11 th	The Three Tenors, The Nerrina , 7.00pm – 1.00am, The Nerrina, Lofven St, Nerrina (232)
Tuesday 14 th & 21 st	123 Magic, Centacare Relationships Services Programs 2009 , 7.00pm – 9.30pm Venue confirmed on booking (231)
Wednesday 15 th	West Vic Academy of Sports Seminars , University of Ballarat, Mt Helen Campus, 7.15pm – 8.45pm (232)
Wednesday 15 th & Thursday 16 th	Aged Care Quality Improvement Seminar, Expect the Unexpected , 9.00am The Celebrity Function Room, 1 st Floor, Moonee Valley Racing Club, Moonee Valley (233)
Wednesday 15 th	CHPCP RYAN Meeting , 3.00pm – 5.00pm, Grampians DPCD, Level 2 Central Square, Ballarat (232)
Thursday 16 th	CHPCP Community Hubs Forum, The Next Step , 9.00am – 12.00pm, Sails on the lake, Ballarat (232)
Monday 20 th	CHPCP Diabetes Steering Group Meeting , 1.00pm – 3.00pm, Ballarat & District Division of General Practice, 105 Webster St, Ballarat
Wednesday 22 nd	Building Positive Relationships, Centacare Relationships Services Programs 2009 , 7.00pm – 9.00pm, Venue confirmed on booking (231)

'Polished Boreds' – Karden Disability Support

Polished Boreds is a modern, innovative music project that aim to be a world leader in creating opportunities for people with complex disabilities to write, develop and produce musical shows and to demonstrate that people with high support needs can produce quality performances. The program also aims to build confidence and self esteem for all participants. With its positive attitude and absolute belief in the participants "Polished Boreds" aims to be awe-inspiring and leading edge.

To be held Tuesdays 10.30am -12.30pm and Fridays 1.30pm – 3.30pm at the 3rd Ballarat Scout Hall. Cnr Peel and Chisholm Streets, Ballarat.

For information contact Vincent on 5331 7924.

'The Merchants of Bollywood'

The Merchants of Bollywood is a live theatre experience on the big screen.

The Ballarat Indian Association and University of Ballarat bring this exclusive film screening to Ballarat.

To be held Friday 7th August, 7.00pm at the University of Ballarat Founders Hall.

Cost: \$10pp, Tickets available from Saffron Indian Restaurant, 102 Sturt St, Ballarat.

Light refreshments available to purchase on the night at the venue.

For information contact Khushi Maharaj on 0411 237 363 or khushi@ncable.net.au

Winter Open Studio – Group Art Therapy, Marie Bajada

Experience quiet relaxation and time to explore questions on personal growth and any personal issues you have through drawing, painting, clay work or collage over 5 days. No prior experience of art is needed.

To be held Saturdays 4th, 11th, 18th July & 1st August, 9.30am – 11.30am at Radmac Office Choice, 104 Armstrong St, Ballarat North.

Cost: \$175pp

For information call 5368 9441 or 0409 954 703 or drawingwithin@yahoo.com.au
Bookings essential.

Kreative Kids - Term 2

Kreative kids encourage kids to make new friends, build confidence, and acknowledge hidden talents in a safe space.

Friday 3rd July – Fun with Clay

Friday 10th July – Mandala Art

To be held 1.30pm – 3.30pm at Radmac Office Choice, 104 Armstrong St, Ballarat North.

Cost: \$22 per session or \$40 for 2 sessions.

For information call 5368 9441, 0409 954 703

End of Life Care – Rural Health Education Foundation

A primary goal medical care is the preservation of life. When life cannot be preserved however the task is to provide symptom management and supportive care to the dying person and support to family members and others. This program explores the issues in end of life care, particularly in rural and remote Australia. It looks at the need for people approaching the end of life to have acute information and an assessment of their specific needs, including consideration of their wishes and preferences. It offers information on current trends in how decisions are made to withhold or withdraw life sustaining treatment. It also looks at the latest developments in palliative and end of life care. Live satellite broadcast to be held Tuesday 14th July at 8.00pm, on channel 4 repeated again Friday 17th July at 12.30pm on channel 23. This program can be web streamed after the broadcast and will also be available as a pod cast, downloadable audio MP3 and DVD.

For information contact Rural Health Education Foundation on 02 6232 5480 or

rhef@rhef.com.au

2009 Commonwealth Bank Community Grants

Applications are now open for the 2009 Commonwealth Bank Community Grants. The community grants programme is one of the largest grant initiatives in Australia and has contributed over \$1.5m to over 200 charities since 2007.

The scheme is part of the Commonwealth Bank Staff Community Fund which raises fund which raises funds for community programs aimed at improving the health and well being of Australian children.

The program is funded by current and former CBA employees who donate more than \$500,000 from their salaries to fund individual grants of up to \$10,000.

Applications close 31st July and information is available at www.commbank.com.au/about-us/in-the-community/employee-giving/staff-community-fund/local-grants.aspx?intcmp=HPnews0011

Volunteers Wanted – Vinnies Budget Groceries

Wendouree West's local grocery store Vinnies Budget Groceries is seeking volunteers to help with the day to day running of the store, provided with training you will gain confidence and knowledge in a safe environment.

For information contact Julie Neil, Vinnies Budget Groceries, Violet Grove, Wendouree West on 5339 1456

Planned Activity Groups Guide – Ballarat Health Services

A new guide is available to provide information on Planned Activity Groups at Ballarat Health Services.

A planned Activity Group gives adults the opportunity to meet, learn new skills and share experiences via a range of social and recreational activities. Qualified staff provide care and support to help those who may be less able to participate in activities independently at home.

For information and to obtain a copy/copies of the guide contact Jan Stewart, 5332 4720 or janst@bhs.org.au

CUAC – Consumer Utilities Advocacy Centre

CUAC is an independent consumer advocacy organisation which ensures the interest of Victorians electricity, gas and water consumers, especially low income, disadvantaged, rural and regional and indigenous consumers are effectively represented in the policy and regulations debate.

For information visit www.cuac.org.au/CUAC-Publications-Centre/categories/Rural-and-Regional-Newsletter/

Play by the Rules – Australian Sports Commission

Play by the Rules is a unique partnership between the Australian Sports Commission, Australian Human Rights Commission, all state and territory sport and recreation and anti discrimination agencies and the Commission for Children, Young people and Child Guardian.

For information go to www.playbytherules.net.au/

Have your say....National Consultation across Regional Australia in June & July 2009

Do you want more creative and artistic opportunities in your local community? How can the arts play a stronger role in your region? Regional Arts Australia is asking people to come to a free public consultation to help shape the creative future of regional communities as part of a national consultation.

The consultation sessions will be held across regional Australia in June and July 2009.

For information forum dates visit www.regionalarts.com.au/raa1/national-consultation-.asp

Anyone who wants to have their and cant get to one of the forums are invited to complete a short online survey at

http://www.surveymonkey.com/s.aspx?sm=kTOE ZkPMWfxdZmGS3C3CMg_3d_3d

Aged Care Quality Improvement Seminar - Expect the Unexpected! Emergency Planning and Management in Residential Aged Care

Understanding the Victorian system for emergency response is vital for residential aged care providers wanting to update and further develop their business resilience and pandemic plans. This supports alignment of planning, management and recovery in the event of an emergency with local, regional and state responses and takes account of the respective roles and responsibilities of providers and other authorities. The aim of the seminar is to increase awareness of the need for proactive emergency planning and management, develop an understanding of the state wide system and interface as it relates to residential aged care emergency situations and explore practical considerations for developing emergency management plans.

To be held Wednesday 15th & Thursday 16th July 9.00am at The Celebrity Function Room, 1st Floor of the Grandstand, Moonee Valley Racing Club, McPherson St, Moonee Ponds, Melbourne.

Registrations close Wednesday 8th July 2009. For information Astrid Tolstoshev, Quality Advisor on 03 9096 6965.

Please note - Change of Address Grampians Integrated Cancer Service (GICS)

Grampians Integrated Cancer Service are moving from their Mair St location.

As of Wednesday 8th July the new office will be located at 804 Sturt St, Ballarat.

Phone number and postal details will remain the same.

For inquiries contact Jen Quilliam at Grampians Integrated Cancer Service on 5320 4782

2009 Community Development Grants – City of Ballarat

Applications are now being accepted for the 2009 City of Ballarat Community Development Grant Program. The Grants Program will be offered in two rounds, up to \$80,000 will be distributed in this round and \$20,000 will be available during the second round, opening February 2010. The grants are available to not for profit community groups for projects that support and provide services to enhance the quality of life for Ballarat residents. Grants can range from \$500 to \$5,000 but requests for up to \$10,000 will be considered.

For Community Development Grants Program 2009 Application forms go to www.ballarat.vic.gov.au

For information call Sandra Kennedy, City of Ballarat on 5320 5746 or sandrakennedy@ballarat.vic.gov.au

Positive Ageing Small Grants Program Ballarat Seniors Festival 2009

Council has introduced up to \$10,000 to support the community groups and organisations who wish to hold events during the Ballarat Seniors Festival. The Festival will run throughout the month of October. Up to \$500 is available to assist with the costs associated with running an event.

All grant applications must relate to one of the following goals in Council's Positive Ageing Strategy:

- * Promote and maintain physical and mental health and wellbeing
- * Support lifelong learning
- * Build supportive communities
- * Value, respect and care for all ages
- * Provide a safe, secure living environment
- * Support the provision of all age inclusive transport systems.

Applications will be assessed by a panel consisting of three representatives from the community.

For information and application criteria call Lexi Conway 5320 5783 or visit

www.ballarat.vic.gov.au

The Community Development Grants Team will facilitate 2 funding workshops to provide support and assistance to groups interested in applying. Groups are encouraged to attend the following workshops.

To be held in the Trench Room at The Ballarat Town Hall, Sturt St, Ballarat

Workshop 1, Tuesday 7th July, 2.00pm – 3.30pm

Workshop 2, Tuesday 14th July, 6.00pm – 7.00pm.

For register call Sandra Kennedy on 5320 5746 or sandrakennedy@ballarat.vic.gov.au

Primary Health Weekly Bulletin – 25th June 2009

The latest edition of the Primary Health Weekly Bulletin is now available at:

www.dhs.vic.gov.au/rrhacs/ph_bulletin

Relating to ourselves – using narratives to improve the health of immigrant and refugee women.

The Multicultural Centre for Women's Health (MCWH) is pleased to collaborate with international guest speakers.

Professor Trisha Greenhalgh to present a seminar on narrative based health promotion for immigrant and refugee communities on Tuesday 28th July 2009 Read more at:

www.dhs.vic.gov.au/rrhacs/ph_bulletin/seminar-relating-to-ourselves-using-narratives-to-improve-the-health-of-immigrant-and-refugee-women

Community Hubs Forum – The Next Step

A follow up session to our Community Hubs Forum on the 21st April, CHPCP Child & Family Platform is holding a further session to be held on Thursday 16th July, 9.00am – 12.00pm at Sails on the Lake.

The session will be facilitated by June McLoughlin, Centre for Children's Health, Royal Children's Hospital and will be focusing on integrated service provision, governance and community consultation in the hub environment. RSVP – to Sharna Kelly on 53384 774 or admin@chpcp.org

Australian Youth Forum – Government Initiatives

The Australian Youth Forum is part of a series of 40 events around the country, for the latest Government initiatives as well as a page for young people to comment, go to www.youth.gov.au/ayf/home.htm for full details.

Student Placement - Wanted

Paul Rodgers is a student at University Ballarat completing a Diploma of Community Welfare. He is seeking job placement in the Health and Welfare industry in May and June 2010 for a period of 6 weeks.

Paul can be contacted on paulrodgers59@gmail.com

Ballarat National Theatre Production – Gala Performances

This year's July presentation of Short Plays will include a Russian Classic comedy and two contemporary Australian plays including a world's premier by Ballarat's own Peter Nethercote. Performances include:

'The Bear', written by Ron Blair.

'A Place in the Present', written by Ron Blair.

'Joy', written and directed by Peter Nethercote.

Performances to be held "Gala Night" Saturday 4th July 8.00pm, Sunday 5th July 2.00pm then 8th, 9th, 10th & 11th July at 8.00pm

For information and ticket availability contact Elizabeth Wood on 5320 5831 or elizabethwood@ballarat.vic.gov.au

DON'T FORGET TO PASS THIS INFORMATION ON

**Please print out a copy for
your staff room.**

To include items in the newsletter contact Sharna Kelly 03 5338 4774 or admin@chpcp.org