

Central Highlands Primary Care Partnership

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Welcome to the Central Highlands Primary Care Partnership Newsletter.

This weekly newsletter is a vehicle for you to use to promote your agency's happenings to the Central Highlands.

Agencies are welcome to use the newsletter to showcase new programs, staff, projects and events. Information should be sent to admin@chpcp.org by **Fridays** for the next week's edition.

As a part of National Diabetes Week CHPCP Diabetes Steering Group Is holding a

Diabetes Expo Saturday 18th July 11.00am – 4.00 pm

Peart Wing, Unitingcare, Lydiard St, Ballarat

The Expo will showcase a range of services for those with Diabetes available in the Central Highlands region, including those that can assist in the prevention of the onset of Diabetes. A new Information Resource on Diabetes and local services information will be launched at the expo.

The Expo includes giveaways, lucky prizes, and information sessions.

For more information contact Tim Stewart, 5338 4773 or tims@chpcp.org

Calendar of Events:

(180) e.g. This is the edition number and can be accessed on the website for the full details of the event.

www.chpcp.org/newsletter

July 2009

Saturday 4 th , 11 th & 18 th	Winter Open Studio Group Art Therapy Radmac Office Choice, 9.30am – 11.30am, 104 Armstrong St, Ballarat North (233)
Thursday 9 th	CHPCP Health Promotion Meeting, 9.30am – 11.30am, Child and Family Services, Lydiard St Ballarat (233)
Friday 10 th	Kreative Kids Term 2, Radmac Office Choice, 1.30pm – 3.30pm, 104 Armstrong St, Ballarat North (233)
Saturday 11 th	The Three Tenors, The Nerrina, 7.00pm – 1.00am, The Nerrina, Lofven St, Nerrina (232)
Tuesday 14 th & 21 st	123 Magic, Centacare Relationships Services Programs 2009, 7.00pm – 9.30pm Venue confirmed on booking (231)
Tuesday 14 th	Positive Ageing Small Grants Program Info Session, Ballarat Seniors Festival 2009, 6.00pm – 7.00pm, Trench Room, City of Ballarat, Sturt St, Ballarat (233)
Wednesday 15 th	West Vic Academy of Sports Seminars, University of Ballarat, Mt Helen Campus, 7.15pm – 8.45pm (232)
Wednesday 15 th & Thursday 16 th	Aged Care Quality Improvement Seminar, Expect the Unexpected, 9.00am The Celebrity Function Room, 1 st Floor, Moonee Valley Racing Club, Moonee Valley (233)
Wednesday 15 th	CHPCP RYAN Meeting, 3.00pm – 5.00pm, Grampians DPCD, Level 2 Central Square, Ballarat
Thursday 16 th	CHPCP Community Hubs Forum, The Next Step, 9.00am – 12.00pm, Sails on the lake, Ballarat
Saturday 18 th	Diabetes Expo, 9.00am – 4.00pm, Uniting Care Peart Wing, Lydiard St Ballarat
Monday 20 th	One Day Train-the-Trainer course in No Bull Workshop – CHPCP, 10.00am – 4.00pm, The Bouveire Centre, 8 Gardiner St, Brunswick (232)
Monday 20 th	CHPCP Diabetes Steering Group Meeting, 1.00pm – 3.00pm, Ballarat & District Division of General Practice, 105 Webster St, Ballarat
Wednesday 22 nd	Building Positive Relationships, Centacare Relationships Services Programs 2009, 7.00pm – 9.00pm, Venue confirmed on booking (231)

SCTT Training 2009 - Ballarat

Service coordination places consumers at the centre of service delivery to ensure that they have access to the services they need, opportunities for early intervention and health promotion and improved outcomes.

The training program will cover implementation use of the SCTT 2009. It will highlight changes to the template and focus on the use of the new templates. The training sessions will incorporate a train the trainer component. This means participants who attend the training will have responsibility to inform and train others.

To be held Friday 17th August, 10.30am – 1.00pm at McCallum Community Centre Function Room, 29 Learmonth St, Ballarat.

For information and registrations call John Dixon by 29th July on 53384 772 or john.dixon@chpcp.org

National Diabetes Week 12th – 18th July Ballarat Diabetes Expo

Each year Diabetes Australia celebrates National Diabetes Week to raise awareness about diabetes in Australia. The campaign aims to educate Australians of the risk factors for type 2 diabetes and how type 2 can be prevented.

To be held Saturday 18th July, 11.00am – 4.00pm at Uniting Care Peart Wing, Lydiard St, Ballarat.

For information contact Tim Stewart on 5338 4773 or tims@chpcp.org

NAIDOC Week – July 2009

NAIDOC Week celebrations are held across Australia each July to celebrate the history culture and achievements of Aboriginal and Torres Strait Islander peoples. NAIDOC is celebrated not only in Indigenous communities, but by Australians from all walks of life. The week is a great opportunity to participate in a range of activities and to support your local Aboriginal and Torres Strait Islander community.

To be held in Ballarat Monday 6th July – Friday 10th July. The University of Ballarat will be holding exhibitions all week at the Post Office Gallery at the Cnr Lydiard & Sturt St, Ballarat. For information on NAIDOC Week celebrations call 1800 079 098

Steel Magnolias – Her Majesty's Theatre

Steel Magnolias tells the story of six very different women who come together to share their secrets with a little neighbourly gossip for good measure. From weddings to divorces, babies to funerals they weather every event in their lives with grace and determination.

Cost: Adults \$37, Conc. \$30, Child \$21

Tickets available at the venue

To be held Wednesday 19th August, 8.00pm – 10.00pm at Her Majesty's Theatre, Lydiard St Ballarat.

Community Hubs Forum – 'The Next Step'

A follow up session to our Community Hubs Forum on the 21st April, CHPCP Child & Family Platform is holding a further session to be held on Thursday 16th July, 9.00am – 12.00pm at Sails on the Lake.

The session will be facilitated by June McLoughlin, Centre for Children's Health, Royal Children's Hospital and will be focusing on integrated service provision, governance and community consultation in the hub environment. For organisations considering co-location of services.

RSVP – to Sharna Kelly on 53384 774 or admin@chpcp.org

Advanced Notice:

Veteran Best Practice: Working well with older veterans, war widows & DVA

The Department of Veteran Affairs (DVA) is holding an Aged Veteran Best Practice Seminar.

The seminars aim is to increase provider knowledge and awareness of older members of the veteran community and their health entitlements and other services. The veteran community makes up approximately one quarter of aged care service recipients and has been assigned Special Needs Status under the Aged Care Act. The seminar is suitable for community and residential aged care providers but representatives of other service providers are welcome to attend with many relevant topics.

To be held Tuesday 22nd September, 9.00am – 12.30pm at Ararat RSL, 74 High St, Ararat.

Register by email only by Tuesday 8th September to agedseminar@dva.gov.au
Bookings essential.

Community Visitors Scheme Co-ordinator – Unitingcare - Full Time Position

Applicants are sought to join the team who are committed to providing Social Support services to residents of nursing homes and hostels who are frail aged or have a disability through one to one volunteer matching. We are seeking someone who has qualifications/experience in the welfare/aged care fields, demonstrated experience working with the frail, and the needs of residents living in aged care, sound assessment skills, demonstrated ability to liaise, consult and network with others and loads of enthusiasm to work in a team environment. Applicants must address the Key Selection Criteria. A position description including key selection criteria is available at

www.uningcareballarat.com.au or by contacting Samantha Retelj, HR Coordinator on 5337 2703 or hr@ucare.org.au

Uniting Care offers salary sacrifice.

Applications close Sunday 19th July 2009

'How times have changed' – Active Transport Literature Review

There are many studies which report on how children get to and from school and negotiate their neighbourhoods but every few explore in detail the cultural context in which children's independent mobility has been curtailed. This paper by Dr Lisa Thomson moves beyond current modes of thinking and explores how this cultural shift has come about.

For information visit www.chpcp.org/resources under Physical Activity

WHG Newsletter – June 2009

For all your up to date information on women's health issues and topics that include Papscreen Victoria's state wide television advertising campaign, Information on White Ribbon Day, WHG involvement in 'I'm Not Like Paris' magazine, AWHN Conference reminder and Voice FM regular radio spot visit

www.whg.org.au/uploads/files/16_Womens%20Health%20Grampians%20June%202009%20Newsletter.pdf

Heatwave Planning Guide

With the latest release of the Heatwave Planning Guide at the forum in Melbourne on Friday 12th June there is a lot of activity happening around heatwave planning. The winter will provide an opportunity to prepare for the summer season. The latest edition of the Heatwave newsletter provides an update on heatwave planning the Chief Health Officer's report on the January 2009 heatwave and the Victorian Climate Change Green Paper.

For information visit the Heatwaves website at www.health.vic.gov/environment/climate/heatwave.htm

'Caring for Someone with Incontinence' Contenance Service – Contenance Awareness Week 3rd – 9th August 2009

Ballarat Health Services and the Grampians Regional Contenance Service is holding and education day for aged care workers, disability carers, community carers, personal carers and anyone in a caring capacity.

To be held Thursday 6th August, Breakfast and Trade Display 7.30am – 9.00am at the Lederman Hall, QE Site, Ascot St, Ballarat and Education Program, 10.00am – 3.30pm at the Education Resource Centre, Base Site, Drummond St.

Cost: Free, advise of any dietary requirements. For information and registrations call 5320 3795 or continenceservice@bhs.org.au

Did you know???

By turning down your central heating thermostat one degree, fuel consumption is cut by as much as 10%

Mobile Phone website to assist people with disabilities

A new global website has been launched to assist people with disabilities and functional limitations to find a suitable mobile phone. Called GARI (Global Accessibility Reporting Initiative) the website will allow consumers to search for a mobile phone that suits their specific accessibility requirements. Launched by the Minister for Broadband, Communications and Economy Senator Stephen Conroy, in partnership with the Australian Mobile Telecommunications Association.

The website can be accessed at www.mobileaccessibility.info/

Funding of Home Care Funding – Auditor General's Report June 2009

The Victorian Auditor-General's office report on Funding of the Home and Community Care Program was tabled in parliament on 24th June. The audit focused on funding equity at state-wide and intra regional level. There are a range of recommendations directed to DHS for improving state-wide and intra-regional inequities, performance monitoring and reporting. DHS has broadly supported these recommendations. The council will brief on the options proposed by the consultants for a revised formula to improve HACC resource allocation in Victoria.

For a copy of the report go to www.audit.vic.gov.au

Homeless Assistance & Community & Housing, Department of Human Services 'Crisis Intervention'

This one day workshop will explore the concept of crisis within a workers role and outline a basic framework for crisis intervention. It will cover analysing crisis situations, using assessment skills, recognising constraints, and when to refer. There will be a focus on planning including staff management issues and agency support structures. The Housing & Community Building training reimbursement policy has been developed to support rural and crisis accommodation staff in funded agencies to access training and professional development opportunities. Reimbursements are limited to those staff whose position is funded through the H&CB program.

Reimbursement forms can be downloaded at www.housing.vic.gov.au/homelessness-and-family-violence/homelessness/for-service-providers

Cost: \$38.50pp (Inc GST)

To be held Tuesday 21st July, 9.30am – 4.30pm at Bendigo Regional Institute of TAFE, Bendigo.

For information and registrations contact Michele Hocking on 5434 1664 or hach@britafe.vic.edu.au

Homelessness Assistance & Community Housing & Department of Human Services 'Challenging Behaviours Introduction'

This program is designed to enhance the worker's confidence when supporting people with challenging behaviours. Training will provide workers with some strategies, possible interventions and new ways of looking at confrontational behaviours. The Housing & Community Building training reimbursement policy has been developed to support rural and crisis accommodation staff in H&CB funded agencies to access training and professional development opportunities. Reimbursements are limited to those staff whose position is funded through and H&CB program. Reimbursement forms can be downloaded at www.housing.vic.gov.au/homelessness-and-family-violence/homelessness/for-service-providers

Cost: \$77pp (Inc GST)

To be held Wednesday 29th & Thursday 30th July or Monday 12th & Tuesday 13th October, 9.30am – 4.30pm in Melbourne. (Venue TBC)

For information and registrations contact Michele Hocking on 5434 1664 or hach@britafe.vic.edu.au

Primary Health Weekly Bulletin, 2nd July 2009

The latest edition of the Primary Health Weekly Bulletin is now available at www.dhs.vic.gov.au/rrhacs/ph_bulletin/nocache?

With respect to age 2009 – new guide and information sessions

Launched on World Elder Abuse Awareness day Monday 15th June, With respect to age – 2009 is the Victorian Governments guidelines for health services and community agencies for the prevention of elder abuse. Read more at: www.dhs.vic.gov.au/rrhacs/ph_bulletin/with-respect-to-age/nocache?

Advanced Notice - Cultural Evening – The Central Highlands Asian – Australian Association of Victoria (CHAAAV) Inc.

Come and enjoy the splendours of Asian food, dances and music.

Cost: \$40pp drinks at bar prices.

To be held Saturday 12th September, 6.30pm for an Asian style dinner buffet at Mecure Ballarat Hotel & Convention Centre, 613 Main Rd Ballarat. (previously Ballarat Lodge)

Includes a special performance of Indonesian Peacock Dance will entertain on the night. RSVP by Friday 28th August to Vivian, 5330 1556 or 0407 201 558, and Subatra, 5320 3806 or Leah, 5335 9275, 0408 658 873

Connectingcare Online Service Directory and E-Referral System - are you listed?

Is your service information listed on

Connectingcare? If it is – have you updated your information recently. In order for people to refer to your services it is important that the information is updated regularly.

If you are unsure how to update information or would like to see new services listed contact John Dixon, Service Coordination Industry Advisor, CHPCP, 5338 4772 or johnd@chpcp.org

Promoting Women's Health & Wellbeing Australian Women's Health Network 'An Important Women's Health Debate'

The development of this policy strategy is due for completion by the 30th September and is being supported by The Australian Women's Health Network (AWHN). Your suggestions will guide the development of a National Aboriginal and Torres Strait Islander Women's Health Policy Strategy. This workshop will be conducted in a supportive culturally effective and safe environment which encourages and supports Aboriginal & Torres Strait Islander women, key partners and relevant service providers of all ages to share their stories. To be held Friday 17th July, time and venue confirmed on registration. You can contribute to this important debate by attending a face to face meeting and/or through written feedback to the Project Officer, Sandy Angus.

For information and appointments Sandy Angus can be contacted on 0414 445788 or Sandy1200@hotmail.com

Advanced Notice - Volunteer and Carer 09 Conference – Grampians Regional Palliative Care Team

A conference for volunteers and carers to expand their knowledge of issues facing people with a life threatening illness.

To be held Monday 9th November, 9.30am – 3.00pm at Ballarat North Sports Club.

Cost \$15pp includes lunch & morning tea.

For information and registrations contact the Grampians Regional Palliative Care Team on 5320 3553

RSVP by Monday 2nd November.

DON'T FORGET TO PASS THIS INFORMATION ON

Please print out a copy for your staff room.

To include items in the newsletter contact Sharna Kelly 03 5338 4774 or admin@chpcp.org