

Central Highlands Primary Care Partnership

15 Violet Grove, Wendouree 3355.
Ph: 03 5338 4770 Fax: 03 5339 8419
Postal: 15 Violet Grove, Wendouree 3355.

Executive Officer - Helen Wade

Ph: 03 5338 4770 or helenw@chpcp.org

Service Coordination Industry Advisor – John Dixon

Ph: 03 5338 4772 or johnd@chpcp.org

Chronic Disease Coordinator – Tim Stewart

Ph: 03 5338 4773 or tims@chpcp.org

Health Promotion Coordinator – Anita Doyle

Ph: 03 5338 4775 or healthpromotion@chpcp.org

Administration Support Officer - Sharna Kelly

Ph: 03 5338 4774 or admin@chpcp.org

Website: www.chpcp.org

Welcome to the Central Highlands Primary Care Partnership Newsletter.

This weekly newsletter is a vehicle for you to use to promote your agency's happenings to the Central Highlands.

Agencies are welcome to use the newsletter to showcase new programs, staff, projects and events. Information should be sent to admin@chpcp.org by **Fridays** for the next week's edition.

Expressions of Interest Ballarat Responsible Gambling Committee

Expressions of Interest are invited from members of the Ballarat Community interested in participating as a community representative on the Ballarat Responsible Gambling Committee.

The Ballarat Responsible Gambling (BRGC) brings together a cross section of people from the gaming industry as welfare sectors who share beliefs, attitude and values that support the prevention of problem gambling.

For further information & application forms contact Sandra Kennedy Program Support Officer, City of Ballarat on 5320 5746 or www.ballarat.vic.gov.au

Calendar of Events:

(180) e.g. This is the edition number and can be accessed on the website for the full details of the event.

www.chpcp.org/newsletter

August 2009

Thursday 20 th	Integrated Health Promotion Lunchtime Seminar, Vic State Government, 12.30pm – 1.30pm, Conference Facility, Level 1, Room 2, 50 Lonsdale St, Melbourne (239)
Monday 24 th	Health and Social care Interprofessional Network (HISN) Ballarat Meeting, Chronic Disease Management & the Inter professional Team 6.30pm – 9.00pm, Ballarat & District Division of general practice, 105 Webster St, Ballarat (240)
Tuesday 25 th	Helping Families through Tough Times – The Bouverie Centre, 9.30am – 4.30pm Venue advised on registration.(239)
Thursday 27 th	Full Alliance Meeting. CHPCP, 9.00am – 10.30am. 105 Webster St, Ballarat
Thursday 27 th	Executive Meeting, CHPCP, 10.30am – 11.00am, 105 Webster St, Ballarat
Thursday 27 th	Borderline Personality Disorder Training, Centacare, Mercure Hotel & Convention Centre, Main Rd, Ballarat (240)
Monday 31 st	The Island, Conservation Volunteers, Green Gym Project, 31 st – 4 th September (240)

September 2009

Wednesday 2 nd	Prostate Cancer Information Evening – GICS, 6.00pm – 8.30pm, Ballarat North Sports Club, Creswick Rd, Ballarat (240)
Thursday 3 rd	CHPCP, Health Promotion Meeting, 9.30am – 11.00am CAFS, 115 Lydiard St Ballarat (240)
Thursday 3 rd & 10 th	Healthy Communication in your Relationship, CAFS, 6.00pm – 8.00pm, 115 Lydiard St, Ballarat (240)
Monday 7 th	Illabrook NCR Tree Planting Day, Conservation Volunteers, Green Gym Project. Redesdale Fire Recovery, Conservation Volunteers, Green Gym Project 8.00am – 4.30pm, Monday 7 th – Friday 11 th September
Wednesday 9 th	CHPCP, CHADA Meeting, 9.30am – 11.30am Queen Elizabeth Centre, Seminar Room 2, Ascot St Ballarat (240)
Thursday 10 th & Friday 11 th	If Not Dieting Health Professional Training, 9.00 am – 5.00 pm, Treacy Conference Centre, 126 The Avenue, Parkville (239)

Health & Social care Interprofessional Network, (HSIN) Ballarat Meeting Chronic Disease Management & the Inter professional Team

The HSIN Ballarat meeting is expected to appeal to all health and social care professionals with an interest in and a passion for Chronic Disease Management and inter professional learning, education and practice. HSIN activities are designed to provide IPL opportunities for health and social care professionals in the areas of networking, education, research and support. Speakers on the day aimed to discuss learning issues from a post graduate perspective, help you understand a range of health and social care perspectives and build local capacity and hear about developments in implementing inter professional education and practice into the local region.

To be held Monday 24th August, 6.30pm – 9.00pm at Ballarat & District Division of General Practice, 105 Webster St, Ballarat.

For information and registration contact Sue Townsend, Executive Assistant on 035136 5478 or mollie.burley@med.monash.edu.au RSVP by Thursday 20th August; please bring a snack to share on the night.

Advance Notice

Children's Fun Day 2009, City of Ballarat

As part of the Children's Week, City of Ballarat is presenting a Children's Fun Day as an opportunity to celebrate the contribution that children make to our community. To celebrate we will have an animal farm, face painting, music and movement, story book reading and much much more.

Please come along and join in the fun.

To be held Friday 30th October 2009. Venue to be advised.

For information and if your organisation would like to join us and offer an activity for the children to enjoy please contact Julie Davies on 5320 5682 or juliedavies@ballarat.vic.gov.au

Mental Health Week Victoria 2009

Register to promote your event for Mental Health Week 2009 NOW!

The Mental Health Foundation of Australia (Victoria) invites you to visit its newly refurbished website at www.mentalhealthvic.gov.au to register as an event organiser for MHW 2009. Once you register you will be prompted to post your event details online.

We encourage all organisers to spread the word about upcoming events by using the site. The information shared will attract people to your event and add to the impact of Mental Health Week in Victoria.

Healthy Communication in your Relationship Men & Family Relationships Program, CAFS

These free workshop aim is to support men in building on skills and insight for better communication in their relationship.

Issues covered will include, Do you feel like you & your partner are always arguing, Do issues stay unresolved and Can you remember the last time you did something special for each other.

To be held Thursday 3rd & 10th September, 6.00pm – 8.00pm at CAFS, 115 Lydiard St, Ballarat.

To register or for information contact Tracey, Men & Family Relationships Program, 5337 333

Conservation Volunteers – Green Gym Projects

Macedon Ranges - Nature Saturdays are free for CVA members or \$40pp to join & enjoy as many Nature Saturday Guide Walks as you like over the year. Nature Saturdays are eco tours, not a volunteer day.

To be held Saturday 5th September.

The Island - The island is a lava capped ridge at the junction of Myrniong Creek & Werribee River. Join us to plant trees in fabulous Daylesford. Held 31st August – 4th September. Accommodation: Bunkhouse Daylesford

Illabrook NCR Tree Planting Day

CVA will be coordinating NAB volunteers in a Tree Planting Day Monday 7th September to revegetate the Illabrook Nature Conservation Reserve.

Redesdale Fire Recovery

Fencing recovery projects in Redesdale Fire region – support local landholders in the establishment of fence lines following the Feb 09 bush fires. To be held Monday 7th September – Friday 11th September, 8.00am – 4.30pm.

For information on all Green Gym Projects contact Gail Weston on 5330 2600 or gweston@conservationvolunteers.com.au

Borderline Personality Disorder Training

An introductory workshop program for Mental Health workers, Alcohol & other Drug workers or other staff. The workshop provides a comprehensive introduction to concepts and interventions relevant to treatment and support for individuals with a diagnosis of borderline personality disorder. Cost: \$150 pp.

To be held 27th August, at Mercure Hotel & Convention Centre, Main Rd, Ballarat.

To register contact Mandy Hammond, Centacare, 5336 7900 or mandy.hammond@ballaratcentacare.org.au

MEND – Mind Exercise Nutrition Do it!

FREE fun program for kids to become fitter, healthier and happier!

If you have children aged 7 years – 13 years old and are worried they might be unhealthy or overweight.

The MEND Program gets kids healthy and fit in only 10 weeks and helps them stay that way.

The program is run and supervised by qualified MEND Trainers and is evidence based and outcome driven and is currently being researched in the form of a Randomized Control Trial at the Institute of Child Health in London.

For more information on the MEND program call the Ballarat Community Health Centre on 5338 4500 or visit www.mendprogramme.org

Victorian Patient Transport Assistance Scheme (VPTAS)

The Victorian Patient Transport Assistance Scheme (VPTAS) provides financial assistance to Victorian residents to assist them in meeting the unavoidable costs of travel and accommodation in relation to receiving specialist medical assistance. The scheme is predicated on the recognition that despite ongoing improvements to the service system, some rural Victorians have no option but to travel a long distance to access specialist medical services. There has been some important changes made to the VPTAS scheme and are expected to streamline and simplify the claims process for all consumers.

For information and to order copies of the promotional posters and brochures contact Tanya Stewart on 03 9096 2005 or visit

www.health.vic.gov.au/ruralhealth

Housing Week – DHS

26th November – 5th December 2009

Celebrate your connections and your neighbourhood through local events during housing week.

Housing Week provides an opportunity to celebrate and build on those connections and positive links in your neighbourhood, through local events, community builder awards and creative arts projects.

There is a number of ways to get involved:

- * Create a local event
- * Create a local arts project, Funding is also available for arts projects.
- * Honour a special neighbour by nominating them for the Penington Award.

For information and to discuss your ideas call DHS Client Services on 03 9096 8586 or toll free 1800 663 633 to download application forms visit www.housing.vic.gov.au/housingweek

Free Family Business Booklets for farming families, Farming Australia

Do you work with your family?

Are you lying awake at night, worrying?

You're not alone and your family is not dysfunctional – just normal.

A free booklet is now available for your family business.

Help is at hand, and all you have to do is reach out for a FREE set of Family Business Australia's booklets on managing the Business and the Family.

For information visit www.fambiz.org.au or to gain a copy of the booklet call 1800 249 357 or email your name and postal address to info@fambiz.com.au

Prostate Cancer Information Evening, GICS

Grampians Integrated Cancer Services (GICS) is hosting a free informal information evening to raise awareness of prostate cancer.

With qualified medical practitioners as keynote speakers, guests will be updated on current prevention, screening and treatment practices for prostate cancer which is fast becoming a major health issue for men.

This is a great opportunity for all members of the family to learn about something that may affect a loved one.

Cost: Free

To be held Wednesday 2nd September, 6.00pm – 8.30pm, at the Ballarat North Sports Club, Creswick Rd, Ballarat.

For information and RSVP call Rachael at Premier PR on 5333 4426 or email

rsvp@premierpr.com.au

All community members and families are welcome.

2009 Workshop for Health Professional, Health Issues Centre

'Involving Consumers on Committees'

Most health service committees are dominated by health professionals. Involving consumers on committee's in your health service will bring input from critical stakeholders to the table and assist in developing ongoing dialogue between consumers and health professionals.

Following this session participants will be able to define consumer participation strategies, Identify strategies to involve consumers in their organisations, apply strategies to recruit and develop policies to support consumer participation for their organisation.

Cost: \$150pp

To be held Tuesday 27th October, 10.00am – 1.00pm at Victoria University Conference Centre, Level 12, 300 Flinders St, Melbourne.

For information contact Assunta Morrone on 03 9479 3520, info@healthissuescentre.org.au

**Government Funding - Upskilled
\$4000 per eligible employee for training in
Certificate IV Business Administration**

The Australian Government is providing \$4000 to the employer/business for each eligible employee to do a National Qualification in increasing efficiency in administration.

The Australian Government has identified the Certificate IV Business Administration to be the qualification that provides immediate and significant benefits to employers and employees to better run and manage their businesses.

Courses commence from September in Ballarat at the Mecure Ballarat Hotel & Convention Centre.

If you feel that you or your staff can take advantage of this opportunity, more details can be found at www.upskilled.com.au

For information and dates contact 1300 009 924 or email info@upskilled.com.au

Please note: there is no limit to the number of staff each organisation can apply for eligibility.

**Helping Children in the aftermath of
bushfires – Monash University**

Recognising and responding to emotional and psychological distress.

A conference for teachers, GP's mental health and community workers.

To be held Monday 19th October at Melbourne Convention Exhibition Centre, level 1, Foyer 1.

For information contact

Ruth.Kirpalani@med.monash.edu.au

New Consultation Paper – Shut Out

The Experience of People with Disabilities and their Families in Australia. National Disability Strategy Consultation Report 2009 prepared by the National People with Disabilities and Carer Council is now available for download from the CHPCP website at www.chpcp.org

Go to Resources>Disabilities to download.

**Suicide Prevention – Rural Health education
Foundation satellite broadcast**

Funded by the Australian Government Department of Health and Ageing this program aims to explore suicidal motivation and prevalence within rural and remote communities. It recognises the importance of early intervention and promotes the use and implementation of the national strategic framework. The program will also explore the roles of primary health care professionals in rural practice and the importance of recognition and treatment of depression and other suicidal risk factors.

To be held Tuesday 25th August, Nationally 8.00pm NSW, ACT, VIC, QLD, TAS 7.30pm SA & NT, 6.00pm WA

LIVE simultaneous webcast & satellite broadcast

**Council Grants for Community Groups
Round 1 2009-2010 – Hepburn Shire Council**

Each year Hepburn Shire Council provides opportunities for the community organisations to apply for funding through its Grants Program, two rounds for the Community Grant and one for the Sustainable Community Grant. Partnering with individuals community organisations through community grants aims to assist the development of strong local communities and support the health, well being and sustainability communities within Hepburn Shire. Community grants are a commitment by Council to the development of productive working partnerships with community groups to help them develop solutions to identified community needs.

Round one of the 2009-2010 Community Grants program opened on 17th August and applications close on Friday 18th September.

Community grants of up to \$2000 are available for community strengthening, community events, youth projects, arts & culture projects and up to \$5000 for the purchase of small equipment.

Community Grant Writing Workshops are being held across the Shire to assist groups develop their applications.

To be held in:

Creswick – Tuesday 25th August, 7.00pm at (Creswick Senior Citizens)

Daylesford – Thursday 27th August, 7.00pm at (Daylesford Senior Citizens)

Clunes – Tuesday 1st September, 7.00pm at (Clunes Town Hall)

Trentham – Wednesday 2nd September, 7.00pm at (Trentham neighbourhood House)

For information contact Kathleen Brannigan on 5345 3569.

**International Federation on Ageing – 10th
Global Conference on Ageing, 3-6 May 2010**

The 10th Global Conference on Ageing will provide a reliable platform for a global information exchange and point of connection for all, working to generate positive social change for older people.]

To be held 3rd – 6th May 2010 at Melbourne Convention & Exhibition Centre, Melbourne.

Abstract Submission Deadline – 7th October 09

Registration Deadline – 4th February 2010

To register go to www.ifa2010.org/

**DON'T FORGET TO PASS THIS
INFORMATION ON**

**Please print out a copy for your
staff room.**

To include items in the newsletter contact Sharna Kelly 03 5338 4774 or

admin@chpcp.org