

Central Highlands Primary Care Partnership

15 Violet Grove, Wendouree 3355.
Ph: 03 5338 4770 Fax: 03 5339 8419
Postal: 15 Violet Grove, Wendouree 3355.

Executive Officer - Helen Wade

Ph: 03 5338 4770 or helenw@chpcp.org

Service Coordination Industry Advisor – John Dixon

Ph: 03 5338 4772 or johnd@chpcp.org

Chronic Disease Coordinator – Tim Stewart

Ph: 03 5338 4773 or tims@chpcp.org

Health Promotion Coordinator – Anita Doyle

Ph: 03 5338 4775 or healthpromotion@chpcp.org

Administration Support Officer - Sharna Kelly

Ph: 03 5338 4774 or admin@chpcp.org

Website: www.chpcp.org

Welcome to the Central Highlands Primary Care Partnership Newsletter.

This weekly newsletter is a vehicle for you to use to promote your agency's happenings to the Central Highlands.

Agencies are welcome to use the newsletter to showcase new programs, staff, projects and events. Information should be sent to admin@chpcp.org by **Fridays** for the next week's edition.

Central Highlands Primary Care Partnership
Child & Family Platform are holding

'Community Hubs Forum 3' Governance and Community Engagement including consulting with children

With Anthony Semann
Director of Semann and Slattery

To be held Friday 20th November 2009
9.30am – 3.30pm

At
Sails on the Lake
Wendouree Parade, Ballarat

RSVP by Thursday 12th November 2009
Anita Doyle on 53384 775 or
healthpromotion@chpcp.org

Calendar of Events:

(180) e.g. This is the edition number and can be accessed on the website for the full details of the event.

www.chpcp.org/newsletter

OCTOBER 2009

Sunday 4 th – 10 th	Mental Health Week Celebrations , Kirrit Barreet Aboriginal Arts & Cultural Centre, 403 Main Rd Ballarat (244)
Monday 12 th	Global Financial Crisis "Hardship who's Next" 1.00pm- 3.00pm at CAFS, 115 Lydiard St Ballarat (245)
Tuesday 13 th	Games Night FASDAB , 5.00pm at The Peart Wing, 103 Lydiard, St Ballarat (245)
Tuesday 13 th	Primary Prevention, Case Detection and Diagnosis , Live simultaneous Satellite Television Broadcast and Webcast, 12.30pm (247)
Wednesday 14 th , 21 st , 28 th	Learning to Bloom, Centacare Ballarat 1.00pm – 3.00pm venue advised on booking (245)
Wednesday 14 th	CHPCP CHADA Meeting , 9.30am – 11.30am BHS Queen Elizabeth Centre, Seminar Room 2, Ascot St, Ballarat
Thursday 15 th	Moving Beyond School Exclusion, The Centre for Adolescence Health , 9.00am – 1.30pm at the Ella Latham Theatre, Royal Children's Hospital Parkville (245)
Saturday 17 th	Interfaith Tour, Ballarat Interfaith Network , 1.00pm at the Russian Orthodox Cathedral, Brunswick (246)
Monday 19 th	CHPCP Diabetes Steering Group Meeting, BDDGP 1.30pm – 3.00pm, 105 Webster St Ballarat
Tuesday 20 th	Carer's Expo, Commonwealth Carer Respite and Carelink Centre , 10.00am – 12.00pm at Saxon House Mair St Ballarat (246)
Tuesday 20 th	CHPCP Child & Family Platform Meeting , 9.30am – 11.30am, 115 Lydiard St Ballarat
Wednesday 21 st	CHPCP RYAN Meeting , 2.00pm – 5.00pm, Grampians DPCD, 111 Armstrong St Ballarat
Wednesday 21 st & Thursday 22 nd	Peer Skills Facilitator Training – Uniting Care Kildonan , 2 day course, 9.00am – 5.00pm at Conference Room, Kildonan Uniting Care, 188 McDonalds Rd, Epping (246)
Friday 30 th	Online Service Coordination & ICDM Survey Due
Thursday 22 nd	CHPCP Full Alliance Meeting , Breakfast Meeting 8.00am – 10.30am, 105 Webster St Ballarat
Thursday 22 nd	CHPCP Executive Meeting , 10.30am – 11.00am, 105 Webster St Ballarat
Friday 23 rd	Considering Gender and Mental Health Workshop , 9.15am – 3.00pm, Women's Health Victoria, Level 1, 123 Lonsdale St, Melbourne (247)
Wednesday 28 th	2009 HACC Conference "Caring for our Community" Old Colonial Motor Inn, Halls Gap (247)

Ride to Work Day 2009

Ballarat Community Health Centre

Promoting health and well being and preventing illness throughout Ballarat and the Region.

Ride to Work Day is a behaviour change program that encourages workers to feel good and have fun by commuting to work by bike and experiencing the health, financial and environmental benefits of riding.

To be held Wednesday 14th October 2009

For further information contact Shepard Shamuyarira on 5338 4506 or

shepards@bchc.org.au

Community Safety Month – October 2009

City of Ballarat & Victorian Police

The following activities are being held in Ballarat as part of Community Safety Month in Ballarat.

Launch of the Community Safety Display

To be held Friday 9th October, 10.00am at the Wendouree Library.

Youth Activities at the Skate Park

To be held Sunday 11th October, 11.00am – 2.30pm at the Skate Park, Main Rd Ballarat.

Family Day at Leawarra Park

To be held Thursday 15th October, 3.00pm – 6.00pm at Leawarra Reserve and Delacombe Community House.

2009 HACC Conference “Caring for our Community”

A conference for home care, personal care, respite care, activity workers, home maintenance, volunteers, volunteer coordinators, social support workers and volunteers and food services workers from Home and Community Care (HACC) services in the Grampians Region.

To be held Wednesday 28th & Thursday 29th October at the Old Colonial Motor Inn, Halls Gap.

For inquires and registrations contact Cathy Faull, HACC Training Coordinator on 5334 1500 or hacc@bdnh.com.au

T2DM Guidelines Series: Primary Prevention, Case Detection and Diagnosis

Live simultaneous Satellite Television Broadcast and Webcast.

This program discusses practice points and changes in goals for detection and prevention related to these guidelines.

* Case Detection and Diagnosis of Type 2 Diabetes

* Primary prevention of Type 2 Diabetes

To be held Tuesday 13th October 2009, 8.00pm AEDT, repeated broadcast Friday 16th October at 12.30pm

For information contact the Rural Education Foundation on 02 6232 5480 or visit

www.rhef.com.au

Indigenous Health and Healing Symposium Investing in better public policy

The Aboriginal and Torres Strait Islander Healing Foundation will support holistic and innovative healing and provide education and evaluation services. How might community members, policy – makers, philanthropists and researchers work together to ensure we are filling public policy silo gaps rather than re-creating them? Dynamic and encouraging speakers will share their views on this key policy area.

To be held Monday 9th November, 4.00pm – 5.30pm at the BMW Edge Lecture Theatre, Federation Square, Melbourne.

For information and registration call 03 9905 5971 or mnhs.rsvp@med.monash.edu.au

Insecure Work and Health in Regional Victoria

Melbourne University are currently doing a study on the health affects of insecure work on people's health and wellbeing, with a focus on Regional Victoria. They are looking at the affects that working low paid casual, seasonal, and short term contract work has on people's wellbeing and wider social participation, with a particular focus on issues of stress associated with job and financial insecurity and the affect this has on people's control over their lives.

If you have any clients or know someone in the community that would be interested in participating please ask them to contact Michael McGann for information on 03 8344 3203 or mmcgann@unimelb.edu.au

Considering Gender and Mental Health – Women's Health Victoria

Considering Gender and Mental Health is the new workshop offered by Women's Health Victoria. Topics will cover:

- * Why is gender important in mental health
- * DHS Gender and Diversity Lens
- * Case study: Gender and mental health related hospitalisations in Australia
- * Gender analysis of depression

The workshops are designed for professional working in a range of areas including:

- * Health and social policy
- * Health promotion and community development
- * Health and support services
- * Women's health
- * Community Health
- * Local and State Government

Cost: \$30pp

To be held Friday 23rd October, 9.15am – 3.00pm at Women's Health Victoria, Level 1, 123 Lonsdale St, Melbourne.

For information and registration call 9662 3755 or visit www.whv.org.au

Volunteers and Carers 2009 Conference Grampians Regional Palliative Care Team

A conference for volunteers and carers to expand their knowledge of issues facing people with a life threatening illness. Hear from palliative care physicians, dieticians and social workers about the key problems at the end of life. Topics include nutrition and hydration, pain management, advanced care planning and symptom management.

Cost: \$15pp includes lunch & morning tea
To be held Monday 9th November, 9.30am – 3.00pm at the Ballarat North Sports Club, Creswick Rd Ballarat.

For information and registration contact the Grampians Regional Palliative Care Team on 5320 3553

Call for Fellowship Applications The Victorian Primary Health Care Research Evaluation and Development

The Victorian Primary Health Care Research Evaluation and Development (PHCRED) program funded by the Australian Government Department of Health and Ageing, plan to offer a number of part time fellowships to primary health care practitioners during 2010.

Funding for these fellowships comes from the Department of Health and Ageing under the Researcher Development Program (RDP). The primary objective of RPD is to increase the number and range of people with knowledge and skills in primary health care evaluation and research. The fellowships will enable primary health care practitioners to gain "hands on" experience of the research process by undertaking a research project and attending an Introduction to Research workshop programs. Applications can apply for a fellowship in either of the following categories:

* Researcher Development Program (RDP) for those who are novices or who have little research experience to undertake a 9 to 12 month project for one day a week.

* Masters by research (HDR) for those with appropriate qualifications to enrol and commence a higher degree by research.

The deadline for applications is Monday 26th October 2009.

For information visit

www.vicphcred.monash.edu.au

Did you know???

Keep recycling those newspapers!

Last year, Australians recycled over two billion newspapers, making us the best newspaper recyclers in the world.

Council newspaper collections aren't the only way to recycle, there are other recycling programs that recycle printer cartridges, corks, mobile phones and plastic shopping bags.

Mental Health Postgraduate Scholarship Scheme

The scheme is a long term initiative funded by the Australian Government to encourage and support people interested in undertaking postgraduate study in mental health nursing and clinical psychology disciplines.

The aim of the scheme is to address the current shortage of qualified mental health professionals by increasing the number of students who enter and complete their study in mental health nursing or clinical psychology. Scholarships are provided to assist such students in meeting accommodation, living and travel costs incurred while studying.

Applications will close 23rd October 2009.

For information visit

www.rcna.org.au/scholarships/government_scholarships

HACC Training – Introduction to Cultural Diversity

This module introduces health and community workers to key migrant and diversity concepts such as acculturation, ethnicity, race and culture. CEH offers a wide range of modules that cover cultural diversity, beliefs, communication, assessment, service delivery and evaluation.

To be held in:

Ballarat - Thursday 12th November, 1.00pm – 3.00pm at BEST Community Development, 28 Victoria St, Ballarat.

Horsham – Tuesday 17th November, 1.00pm – 3.00pm at the Grains Innovation Park, Natimuk Rd, Horsham

For information and registration contact Cathy Faull at Ballarat District Nursing & Healthcare on 5334 1500 or hacc@dnh.com.au

Dementia & Recreation National Conference 2009

Each year this conference aims to be more than a professional forum, it seeks to demand your attention, engage your professional senses and re-energise your enthusiasm.

Given the name of the conference and great percentage of the delegates will be Recreation/Lifestyle Professionals or Diversional Therapists but this event is designed for all managers and staff with a commitment to and passion for quality lifestyles for people with dementia.

Recognising the range of settings (residential, community or in the home) that recreation services are provided to people with dementia, this conference will be a unique forum for information, education, discussion and debate.

To be held Tuesday 13th & Wednesday 14th October at the Sebel Albert Park, Melbourne.
For information and registration contact Wayne Woff on 03 9571 5606

Primary Health Weekly Bulletin - 1st October 2009

The latest edition of the Primary Health weekly Bulletin is now available at:

www.dhs.vic.gov.au/rrhacs/ph_bulletin_nocache?

Health Promotion Conference, Learning and sharing through evaluation

This conference will showcase health promotion activity in the Gippsland region, with a focus on physical activity, healthy food and mental health. Read more at:

www.dhs.vic.gov.au/rrhacs/ph_bulletin/health-promotion-conference-learning-and-sharing-through-evaluation/_nocache?

Graduate Certificate, Primary health care research

James Cook University's Graduate Certificate in primary health care (PHC) research is an ideal course for PHC practitioners who wish to undertake research and evaluation. Read more: www.dhs.vic.gov.au/rrhacs/ph_bulletin/graduate-certificate-primary-health-care-research/_nocache?

Australian Journal of Primary Health special issue, Partnerships in Primary Health Care

The latest special issue of the Australian Journal of Primary Health (AJPH) is available in electronic and hard copy formats. Read more:

www.dhs.vic.gov.au/rrhacs/ph_bulletin/australian-journal-of-primary-health-special-issue-partnerships-in-primary-health-care/_nocache?

Community Health priority tools

The Primary Health Branch has released the 'Evaluation of community health demand management priority tools, Summary and department response'. Read more at:

www.dhs.vic.gov.au/rrhacs/ph_bulletin/community-health-priority-tools/_nocache?

Seminars addressing health inequalities

Themed 'Addressing health inequalities' the fourth Integrated Health Promotion seminars are being held on Thursday 22nd October 2009 showcasing work from Primary Care Partnerships and Community Health. Read more at:

www.dhs.vic.gov.au/rrhacs/ph_bulletin/seminars-addressing-health-inequalities/_nocache?

Forum, Client service models, but not as you know them- Medicare and community health services

The forum, scheduled on 18th November will assist community health services to consider and plan new models of care that incorporate Medicare-funded services. Read more at:

www.dhs.vic.gov.au/rrhacs/ph_bulletin/forum-client-service-model/_nocache

City of Ballarat's draft Municipal Public Health & Wellbeing Plan 2009 - 2013

The City of Ballarat's draft Municipal Public Health and Wellbeing Plan 2009-2013 (Volumes 1 & 2) is now on public display until 26th October 2009.

The purpose of the plan is to 'protect, improve and promote public health and wellbeing with the municipal district' (in accordance with the Public Health and Wellbeing Act 2008). Acting at a local level, Council directly influences factors such as urban planning, management of the natural environment, employment, social connectedness, transport, community participation and access to service.

Equally important is the very real difference community participation and partnerships make in working collaboratively to address these determinants of health.

A copy of the plan (Volumes 1 & 2) may be obtained from the City of Ballarat's website at www.ballarat.vic.gov.au/public-health-/municipal-public-health-plan.asp or in person from the Phoenix Building, 25 Armstrong St, Ballarat.

Ballarat Seniors Festival

The Ballarat Seniors Festival will run throughout the month of October. There is over 60 events on offer including, Frankie J Holden and his wife will be performing at Wendouree Centre of Performing Arts Friday 9th October 1.30pm – 2.30pm, cost \$5.00 and bookings can be made by calling 5338 0980, Mobility Safety and Transport free lunch, afternoon tea, bus trips giveaways and door prizes.

There is free transport available for individuals; bookings can be made by calling 5332 8979.

For information and full program visit the council website at www.ballarat.vic.gov.au

Volunteering Ballarat – (Previously Ballarat Volunteer Resource Centre)

The Ballarat Resource Volunteer Centre is now under a new auspice. From 1st October 2009 they will be known as Volunteering Ballarat located at 4/92 Bridge Mall, Ballarat. New phone contact number is 5331 5555. Email is still the same.

DON'T FORGET TO PASS THIS INFORMATION ON

Please print out a copy for your staff room.

To include items in the newsletter contact Sharna Kelly 03 5338 4774 or admin@chpcp.org