

Central Highlands Primary Care Partnership

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Welcome to the Central Highlands Primary Care Partnership Newsletter.

This weekly newsletter is a vehicle for you to use to promote your agency's happenings to the Central Highlands.

Agencies are welcome to use the newsletter to showcase new programs, staff, projects and events. Information should be sent to admin@chpcp.org by **Fridays** for the next week's edition.

Central Highlands Primary Care Partnership Chronic Disease Coordinator 1.0 EFT

An exciting opportunity exists to join the Central Highlands Primary Care Partnership team to work on integrated chronic disease initiatives across the Central Highlands region.

The Chronic Disease Coordinator will work with key stakeholders in a non-clinical capacity to facilitate and strengthen integrated chronic disease management.

The successful applicant will have excellent communication, change management skills, IT and project management skills as well as an understanding of issues and systems associated with chronic disease management.

Written applications addressing the selection criteria and with the names of at least two referees should be marked confidential and forwarded to:

Central Highlands Primary Care Partnership
15 Violet Grove
Wendouree VIC 3355

To obtain further information or a Position Description contact Helen Wade, Executive Officer, Central Highlands PCP on 5338 4770 or helenw@chpcp.org

Applications close 5pm, Friday 20th November 2009

Calendar of Events:

(180) e.g. This is the edition number and can be accessed on the website for the full details of the event.

www.chpcp.org/newsletter

November 2009

Monday 9 th – Friday 13 th	National Recycling Week www.recyclingweek.planetark.org
Wednesday 11 th , 12 th , 13 th & 16 th	Giant Panda Exhibition, China Challenge 2009 , 3.00pm – 4.30pm, GPlace, Cnr Grant & English St, Ballarat (252)
Thursday 12 th	HACC Introduction to Cultural Diversity 1.00pm - 3.00pm BEST Community Development Centre, 28 Victoria St Ballarat (251)
Friday 13 th	Refugee Healthcare Coordination, Exploring models of care for effective health services provision for refugees , 9.00am – 2.00pm at Foundation House, 6 Gardiner St Brunswick (249)
Friday 13 th	Professional Development Opportunity, The Overt Behaviour Scale , 10.00am – 12.00pm at Barkly Motor Lodge, 43-57 Main Rd Ballarat (251)
Monday 16 th	CHPCP Diabetes Steering Group Meeting , 1.00pm – 3.00pm, BDDGP, 105 Webster St Ballarat
Tuesday 17 th	Community Mental Health Lecture , 5.30pm Wendouree Centre for Performing Arts, Howitt St Wendouree (252)
Wednesday 18 th	CHPCP RYAN Meeting , 3.00pm – 5.00pm, Grampians DPCD, 111 Armstrong St Ballarat
Friday 20 th	CHPCP Community Hubs Forum 3 , 9.30am – 3.30pm at Sails on the Lake, Wendouree Parade, Ballarat
Monday 23 rd	Carer Information Day, Carer Respite and Support Services , 9.45am – 2.30pm at Barkly Motor Lodge, Main Rd Ballarat (252)
Tuesday 24 th	An Introduction to Mental Health Promotion Workshop , 9.00am – 4.00pm at BLX, 36 Camp St, Ballarat (251)
Wednesday 25 th	SMART ASSK film , City of Ballarat 1.30pm – 3.30pm Caro Convention Centre, University of Ballarat Mt Helen (252)
Wednesday 25 th	White Ribbon Day, United Nations International Day for the Elimination of Violence against Women 5.30pm – 7.30pm Deakin Place, Camp St Ballarat (252)
Thursday 26 th	CHPCP Full Alliance Meeting , 9.00am – 10.30pm, BDDGP, 105 Webster St Ballarat
Thursday 26 th	CHPCP Executive Meeting , 10.30am – 11.00am, BDDGP, 105 Webster St Ballarat

Centacare Family Relationship Services Program 2009

Separation Recovery (Women's Group) 4 sessions

Aimed at people whose relationship has ended. Topics will include understanding the separation process, managing strong emotions, improving communication skills and relaxation & survival techniques.

Cost: \$30pp

To be held Tuesdays 17th & 24th November and 1st December 7.00pm – 9.00pm

Tuning into Kids, 3 Sessions

Aimed for parents of young children.

Topics will include naming the emotion, talking your kids through emotions, understanding your child's emotional experience and lowering stress levels.

Cost: \$30pp

To be held Thursday 12th, 19th & 26th November 7.00pm – 9.00pm

Venues for the above workshops will be confirmed on booking.

For information and registration contact Sue, Centacare Ballarat on 5337 8908

Concession available and please note childcare is not available at the workshops

Barchester – Ballarat National Theatre

The Ballarat National Theatre presents "Barchester" a musical based on Barchester Towers" by Anthony Trollope book, lyrics and music by Peter Nethercote.

Cost: \$20pp Adult, \$17pp Conc. \$14pp Student

To be held Saturday 28th November 8.00pm, Wednesday 2nd – Saturday 5th December 8.00pm, Thursday 10th – Friday 11th December 8.00pm and Sunday 29th November and Saturday 12th December, matinee shows 2.00pm at SMB Courthouse Theatre, Lydiard St South (parking off Armstrong St).

For information and tickets call Majestix on 5333 5888. Tickets also available at the door.

Community Mental Health Lecture – Ballarat Health Services

Ballarat Health Services Psychiatric Service is holding a free public lecture featuring four experts to highlighting a probable link between mental illness and heart disease.

Mental illness effects one in five people and the lecture provided a unique opportunity to identify those at risk and prevent the onset of further serious health problems.

A light supper will be provided.

To be held Tuesday 17th November 5.30pm at the Wendouree Centre for performing Arts, Howitt St Wendouree.

For information and RSVP contact Jackie Crowe on 5320 4100 or jackiecr@bhs.org.au

Changes to Referrals/Pathways into Homelessness Services

Opening the Doors Framework – A Victorian Government Initiative

Throughout the Victorian Government Initiative of 'Opening Doors', pathways into homelessness and housing services have been reconfigures to create more transparency and efficiency of service access for people at risk of and already experiencing homelessness.

In Grampians local homelessness and housing support providers (Transitional Housing Management, Supported Accommodation Assistance Programs and Social Housing & Advocacy Support Programs) have worked together to create visible and coordinated entry points into their homeless support services.

The Entry Points will provide an initial assessment of people's housing and support needs and may then make referrals into other homelessness and housing support services.

Entry Points in Central Highlands

Ballarat: Uniting Care Ballarat
105 Dana St, Ballarat
03 5332 1286

9.00am – 5.00pm, Mon – Fri.

Bacchus Marsh: CAFS Moorabool
52 Grant St, Bacchus Marsh
03 5367 9900

Part-time

Daylesford: CAFS Hepburn
13 Hospital St, Daylesford
03 5348 8200

Part-time

All effective from Monday 9th November 2009

For information contact Denise O'Dowd, Opening Doors Project Officer, Grampians Region on 5333 6812 or for 24hr assistance call 1800 825 955

White Ribbon Day – United Nations International Day for the Elimination of Violence against Women

White Ribbon Day is a community event to be held in Ballarat on Wednesday 25th November 5.30pm – 7.30pm at Deakin Place, Camp St Ballarat.

A free BBQ and entertainment on the night by Sweet Mona's Choir.

BYO picnic basket, drinks and rug.

For information visit

www.ballaratwhiteribbonday.com.au

Did you know???

It's Recycling Week! – National Recycling Week 2009 runs from Monday 9th – Sunday 15th November. So get that recycling happening.

For more information on activities go to

www.recyclingweek.planetark.org

Building our Community Grants – Ballarat City Council

Ballarat City Council's Community Development Grants Program helps organisations in the Ballarat Community to make things happen, to grow and to become more sustainable.

The Grants Program allocates funding to local not-for-profit organisations, groups and associations. The maximum allocation per organisation is \$10,000 although the majority of applications range between \$500 - \$5,000.

Whilst the City of Ballarat encourages applications from new organisations or those which have not applied to the program for some time, Council also recognises the value of supporting small local organisations which traditionally apply for grants of around \$500. Council prefers to give only one application per organisation although there is no official rule on multiple applications.

For information contact Community Development on 5320 5746 or visit www.ballarat.vic.gov.au

Carer Information Day – Carer Respite and Support Services

An information day for Carers and the people they care for, who have just begun the caring journey or who are familiar with the community services and supports available to them. The day will explore the changes being experienced, acknowledge emotions and provide information, support and resources for future planning.

To be held Monday 23rd November 9.45am – 2.30pm at Barkly Motor Lodge, Main Rd Ballarat.

For information contact Carer Respite and Support Services on 5333 7104 or 1800 059 059

SSMART ASSK – City of Ballarat

The strengthening generations SSMART Network and the City of Ballarat invite you to the premier of the SSMART ASSK film and the launch of The SSMART ASSK evaluation and SSMART Answers Outcomes.

To be held Wednesday 25th November 1.30pm – 3.30pm at the Caro Convention Centre, University of Ballarat, Mt Helen
For information contact Jodie Downey, 5320 5593

Child Care Connect Victoria

The new website is a convenient one-stop site to assist families gain access to online child care information and to search for child care and other early childhood services.

It also has an online child care demand survey for parents and families to record their current and future long day care needs.

To view the website, go to www.education.vic.gov.au/childcareconnect

Victorian Women's Benevolent Trust - Grants Program 2009-2010

Opens Monday 19 October and closes on Friday 29 January, 2010. Our major focus in this Round is on women and disability. In addition, there are a broader scope of funding initiatives that address economic, social and cultural disadvantage experienced by women and girls in Victoria. There is also funding available through two Sub-Funds. Visit the Grants Program page www.vwt.org.au

Grade 2 Case Manager – Acquired Brain Injury Service (ABI) – Ballarat Health Services

Applications are invited from experienced case managers who have a strong interest in working with people with ABI and concurrent substance use issues. The position will involve work in a multidisciplinary team and with agencies external to Ballarat Health Services. Relevant tertiary qualifications (for example in social work, occupational therapy, nursing or a similar degree level course) and at least five years experience in case management is required. Applicants need to have strong communication, organisational and written skills.

The position is part-time, up to .8 EFT. The successful applicants will be provided with appropriate supervision, support and professional development opportunities.

For further information & position description contact Maureen Mac Phail, 5320 3612 or maureenm@bhs.org.au or www.bhs.org.au
Closing date is Monday 16th November 2009.

Proposed National Strategy on Body Image

Negative body image is a serious problem that affects the lives of many young people both men and women.

The New Report on Negative Body Image encourages advertisers, the media and the fashion industry to promote more positive body image messages.

The report also recommends building resilience in young people through a focus on peer interactions, parenting, and the role of schools and community groups.

For information go to www.youth.gov.au/bodyimage

Applied Suicide Intervention Skills Training

The ASIST workshop will be facilitated by Michelle Cowie Scott and Kevin Pitcher.

To be held on Thursday 12th and Friday 13th November in Ballarat.

Cost: \$220

Venue to be advised on registration.

More information about the workshop contact Anne Watson on AnneW@bhs.org.au or visit www.livingworks.org.au and go into training programs.

Primary Health Weekly Bulletin – 6th November 2009

The latest edition of the Primary Health Weekly Bulletin is now available at: www.dhs.vic.gov.au/rrhacs/ph_bulletin/nocache?src=email&id=051109

Release of the Community Health Priority Tools

The Primary Health Branch has released the updated Community Health Priority Tools.

Read more...

www.dhs.vic.gov.au/rrhacs/ph_bulletin/release-of-the-community-health-priority-tools/nocache?src=email&id=051109

Launch of 'Well proud'

Developed by the Ministerial Advisory Committee on Gay, Lesbian, Bisexual, Transgender and Intersex Health and Wellbeing, 'Well proud' is a guide to gay, lesbian, bisexual transgender and intersex inclusive practice for health and human services. It will be launched on Thursday 3rd December at the Royal Women's Hospital, Parkville. Read more...

www.dhs.vic.gov.au/rrhacs/ph_bulletin/event-launch-of-well-proud/nocache?src=email&id=051109

Diabetes Consultation Forum for Health Professionals

The Centre for Clinical Research Excellence in Clinical Science in Diabetes (Diabetes CRE) at the University of Melbourne invites health professionals to attend a consultation group discussion on Tuesday 10th December 2009 in Fitzroy. Read more...

www.dhs.vic.gov.au/rrhacs/ph_bulletin/diabetes-consultation-forum-for-health-professionals/nocache?src=email&id=051109

Considering Gender and Mental Health

Women's Health Victoria is holding a workshop themed 'Considering Gender and Mental Health' on Friday 11th December in Melbourne.

Read more...

www.dhs.vic.gov.au/rrhacs/ph_bulletin/workshop-considering-gender-and-mental-health/nocache?src=email&id=051109

Innovative Models of Oral Health Care for High Risk Populations

The Cooperative Research Centre for Oral Health Science, The University of Melbourne (CRC-OHS) and Dental Health Services Victoria (DHSV) are sponsoring this one-day symposium on 'innovative models of oral health care for high risk populations', to be held on 16th November 2009 in Melbourne. Read more...

www.dhs.vic.gov.au/rrhacs/ph_bulletin/symposium-innovative-models-of-oral-health-care-for-high-risk-populations/nocache?src=email&id=051109

Social and Recreational Groups for People with Acquired Brain Injury

St Laurence Community Services is offering a range of social and recreational groups for people with Acquired Brain Injury across Ballarat. Groups include Ten Pin Bowling, Movies, Fishing and Women's and Men's Sheds. New groups can be developed to cater for particular interests or demand.

Social and recreational Groups offer a great opportunity to meet new people and try new things in a safe structured environment.

For more information please contact Aaron Blake on 52410627

Art Exhibition – Reflections: Survival & Beyond, Ballarat Centre against Sexual Assault (CASA)

The official opening of the art exhibition "Reflections, Survival & Beyond" presented by the Ballarat Centre Against Sexual Assault (CASA) together with the Art Gallery and the City of Ballarat will be held on Saturday 14th November, 2.00pm at the Art Gallery of Ballarat, Lydiard St Ballarat.

Exhibition will then be open for public viewing from 14th November to 13th December 2009.

Sexual assault is a community issue, and requires a community response, for information visit www.balgalk.com/?id=forthcoming

Giant Panda Exhibition – China Challenge 2009

An invitation is extended to see this fabulous exhibition held 11th, 12th 13th & 16th November 3.00pm – 4.30pm (after school) at GPlace (old Golden Point Primary School), Cnr Grant and English St, Ballarat. The China Challenge is an initiative of the City of Ballarat and the Ballarat China Community Committee. Come and see the wonderful entries by primary schools at this popular regional competition.

Inquiries: Margaret Joy, 5335 6103 or Annemarie Kierce, 5329 2360

Did you know???

Clean or replace **air filters** as recommended. Energy is lost when air conditioners and hot-air furnaces have to work harder to draw air through dirty filters. This can save 5 percent of the energy used or 175 pounds of CO₂ pa.

DON'T FORGET TO PASS THIS INFORMATION ON

Please print out a copy for your staff room.

To include items in the newsletter contact Sharna Kelly 03 5338 4774 or admin@chpcp.org