

Central Highlands Primary Care Partnership

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Welcome to the Central Highlands Primary Care Partnership Newsletter.

This weekly newsletter is a vehicle for you to use to promote your agency's happenings to the Central Highlands.

Agencies are welcome to use the newsletter to showcase new programs, staff, projects and events. Information should be sent to admin@chpcp.org by **Fridays** for the next week's edition.

Central Highlands Primary Care Partnership Chronic Disease Coordinator 1.0 EFT

An exciting opportunity exists to join the Central Highlands Primary Care Partnership team to work on integrated chronic disease initiatives across the Central Highlands region.

The Chronic Disease Coordinator will work with key stakeholders in a non-clinical capacity to facilitate and strengthen integrated chronic disease management. The successful applicant will have excellent communication, change management skills, IT and project management skills as well as an understanding of issues and systems associated with chronic disease management.

Written applications addressing the selection criteria and with the names of at least two referees should be marked confidential and forwarded to:

Central Highlands Primary Care Partnership
15 Violet Grove
Wendouree VIC 3355

To obtain further information or a Position Description contact Helen Wade, Executive Officer, Central Highlands PCP on 5338 4770 or helenw@chpcp.org
Applications close 5pm, Friday 20th November 2009

Calendar of Events:

(180) e.g. This is the edition number and can be accessed on the website for the full details of the event.

www.chpcp.org/newsletter

November 2009

Friday 20 th	CHPCP Community Hubs Forum 3 , 9.30am – 3.30pm at Sails on the Lake, Wendouree Parade, Ballarat
Monday 23 rd	Carer Information Day, Carer Respite and Support Services , 9.45am – 2.30pm at Barkly Motor Lodge, Main Rd Ballarat (252)
Tuesday 24 th	An Introduction to Mental Health Promotion Workshop , 9.00am – 4.00pm at BLX, 36 Camp St, Ballarat (251)
Wednesday 25 th	SSMART ASSK film , City of Ballarat 1.30pm – 3.30pm Caro Convention Centre, University of Ballarat Mt Helen (252)
Wednesday 25 th	White Ribbon Day, United Nations International Day for the Elimination of Violence against Women 5.30pm – 7.30pm Deakin Place, Camp St Ballarat (252)
Thursday 26 th	CHPCP Full Alliance Meeting , 9.00am – 10.30pm, BDDGP, 105 Webster St Ballarat
Thursday 26 th	CHPCP Executive Meeting , 10.30am – 11.00am, BDDGP, 105 Webster St Ballarat
Friday 27 th	Not 1 More – Remembering Victims of Family Violence Homicide , 7.00pm at Federation Square, Melbourne (249)
Saturday 28 th	Barchester, Ballarat National Theatre , 8.00pm SMB Courthouse Theatre, Lydiard St Ballarat (252)

December 2009

Tuesday 1 st	CHPCP Health Promotion Meeting , 9.30am – 11.00am, CAFS, 115 Lydiard St Ballarat
Thursday 3 rd	Well Proud Launch , 12.15pm – 2.00pm at Women's Health Information Centre, Royal Women's Hospital Cnr Grattan St & Flemington Rd Parkville (253)
Saturday 5 th	Multicultural Day 10.00am – 12.00pm at Ballarat Learning Exchange, 36 Camp St Ballarat (253)
Monday 7 th	Mediation & Relaxation, Palliative Care 6.30pm – 8.30pm at Ballarat Health Services, Education Resource Centre, Drummond St Ballarat (253)
Wednesday 9 th	CHADA Meeting , 9.30am – 11.00am Seminar Room 2, QE Building Ascot St Ballarat
Thursday 10 th	CHPCP Full Alliance Meeting , 9.00am – 10.30pm, BDDGP, 105 Webster St Ballarat
Thursday 10 th	CHPCP Executive Meeting , 10.30am – 11.00am, BDDGP, 105 Webster St Ballarat
Tuesday 15 th	CHPCP Child & Family Platform Meeting , 9.30am – 11.30am CAFS, 115 Lydiard St Ballarat
Wednesday	CHPCP RYAN Meeting 3.00pm – 5.00pm

White Ribbon Day – United Nations International Day for the Elimination of Violence against Women

White Ribbon Day is a community event to be held in Ballarat on Wednesday 25th November 5.30pm – 7.30pm at Deakin Place, Camp St Ballarat.

A free BBQ and entertainment on the night by Sweet Mona's Choir.

BYO picnic basket, drinks and rug.

For information visit

www.ballaratwhiteribbonday.com.au

Grant Writing Workshop

In Ballarat, presented by Noelene Gratton. To be held 5th November at Dawson House, 15 Dawson Street Ballarat, between 9am – 12 noon and cost \$77 (Inc GST) for participants from funded organisations and \$33 (Inc GST) from non-funded organisations.

For registration forms and further information contact www.ascendpr.com.au or Noelene on 0408 218 954

An invitation to participate In Moorafest 2009

Every home can be green – inside & out!

A diverse range of activities are being planned including workshops, stalls, information sessions & practical demonstrations.

To be held Sunday 15th November 10am – 3.00pm, Ecolinc. 17-23 Labilliere Street, Bacchus Marsh.

Stall holder registration and information pack available. Interested in creating a more sustainable future? Get involved!

www.moorabool.vic.gov.au or phone 53 667 100

A Day on the Green

Tickets on sale now. Saturday 13th February 2010 featuring Hoodoo Gurus, Evermore, Tim Freedman, Dan Sultan. Transport available from Ararat, Halls Gap, Stawell and Ballarat contact Grampians Pyrenees Tours

Phone: 53 525 075 Camping is also available.

For further information on this event go to

www.adayonthegreen.com.au/concert-calendar/search

Are you an Allied Health Worker?

Then you are eligible for a mentor.

Do you want support? Trained and experienced mentors, telephone and web based resources and quarterly mentoring circles.

To be held on 27th November 12.30 – 4.30pm Matching Session (venue as above) and 2010 dates for the QLC's are: 10.00am – 1.00pm on Tuesday 23rd February, 25th May, 3rd August & 23rd November

To register email your details to

admin@mentoringworks.com.au

No Cost.

Funded by Department of Human Services

Supported by Region of Choice (Grampians)

Pinarc Support Services: Autism Practitioner

This is a new service which is provided within the Grampians region. It is a 12-month funded project designed to improve community understanding about Autism Spectrum Disorders.

If you are interested in accessing this service for your organisation, including discussing any specific training needs.

For more information on the project, please call 5329 1300 or email practitioner@pinarc.org.au

Multicultural Day – Ballarat Regional Multicultural Council

Education in Victoria, the straight and winding path, things you can do at home to help your child with school.

Fun activities for the kids include free face painting; make a chocolate crackle, origami and free hip hop classes.

Centrelink information session to be held on Saturday 5th December, 10.00am – 12.00pm at Ballarat Learning Exchange (BLX), 36 Camp St Ballarat.

Free BBQ lunch provided on the day.

For information contact Litsa on 5337 0700 or Pam on 5336 5010

Launch of 'Well Proud' – The Royal Woman's Hospital

The Ministerial Advisory Committee on Gay, Lesbian, Bisexual, Transgender and Intersexual Health and Wellbeing invites you to the launch of "Well Proud: a guide to gay, lesbian, bisexual, transgender and intersex inclusive practice for health and human services"

To be held Thursday 3rd December 12.15pm – 2.00pm at the Women's Health Information Centre, Royal Women's Hospital, Cnr Grattan St & Flemington Rd Parkville.

Light refreshments provided

RSVP by 27th November to Julie Douglas on 03 9096 8501 or Julie.douglas@dhs.vic.gov.au

Drought & Women's Stories of Change – An Exhibition

An exhibition of textile wall hangings, photographs and quotes evolved from a series of discussion groups with women from Woomelang, Nhill and Kaniva. The aim of these discussion groups was to capture images of women and to record the sharing of stories on how they experience, adapt and survive the stressful times associated with drought.

To be held Tuesday 15th December at 1.00pm in the Atrium, Queen Victoria Women's Centre, 210 Lonsdale St, Melbourne.

For catering purposes RSVP to Jan Hall on 03 5362 1224 or

pcpadmin@grampianscommunityhealth.org.au

Exhibition runs from 14th Dec – 28th Jan 2010

Women Gathering After the Fires

Women's Health Goulbourn North East is holding an information session about the project "Women Gathering after the Fires"

If you are someone who works directly with the communities affected by the fires on 7th Feb 2009 we acknowledge the challenges of this work and encourage you to attend and enjoy some time for yourself whilst working.

To be held Wednesday 30th November 10.30am at the Angliss Conference Centre, Cnr King St & Latrobe St Melbourne (Building A, Level 5) For information and RSVP contact Karen on 5722 3009 or whealth@whealth.com.au

Board Builder Conference 2009

The annual Board Builder conference held by Our Community involves

- * Prospective and current members of community group boards, committees and governing councils of all sizes and from all areas of the community sector
 - * Community sector staff with responsibility for overseeing or interacting with community organisations
 - * School principals and other staff with responsibility for overseeing, managing or interacting with governing councils
- Responsible, safe and dynamic boards are the essential ingredient to ensure the high performance and sustainability of the entire organisation. Participants will gain:
- * Sound understanding of the principles and practices associated with successful governance in the community sector
 - * Learn about your individual roles and responsibilities
 - * Learn strategies for overseeing and managing boards and committees and improving board staff relations.
 - * Find out how to find new board members
 - * Improve the dynamics for your board and its meetings
 - * Strengthen financial oversight
 - * Get troubleshooting advice from experts
 - * Gain renewed energy for contributing to and building your organisation

To be held Friday 27th November 9.15am – 4.30pm at the Moonee Valley Racing Club in Moonee Ponds Melbourne.

For information and registration visit www.ourcommunity.com.au/boardbuilder2009 or contact 03 9320 6800 or email service@ourcommunity.com.au

Did you know???

Removing lids from plastic bottles and making sure they are empty before placing them in recycling bins prevents liquid spilling and ruining other recyclable products or damaging the equipment at the recycling centre.

Position Vacant - Project Assistant: Child & Youth Mental Health Service Redesign Project Psychiatric Services – CAMHS

1.0 EFT – 1 year (possible ext)

Based at Grampians Region Child & Adolescent Mental Health Service the Child & Youth Mental Health Project Assistant is responsible for the following activities:

- * Collect, collate and interpret demographic and other related data for the planning associated with the Child & Mental health Service Redesign Project across the Grampians Region
- * Provide administrative support to the Project Manager of the Child & Youth Mental Health Service Redesign Project in relation to collection of consumer and carer opinions
- * Design and manage the collection of data in relation to current referral sources and patterns, waiting lists and cross sectoral arrangements for children and young people with diagnosed mental illness or those most vulnerable or at risk of mental illness
- * Develop a suite of tools to describe the cultures of organisations which are members of the consortium, including the treatment, therapeutic and other interceptive options available for children, young people, their families and carers.

Minimum 38hrs per week

Salary \$60k dependant upon qualifications & experience

Subject to:

- * Three – month probationary period from the date of commencement
 - * Subject to satisfactory clearance of a current Police Record Check
 - * Subject to valid Working with Children Check
 - * Statements included in this position description are intended to reflect in general the duties and responsibilities of this position and are not to be interpreted as being all inclusive.
- If this Position Description appeals to you, apply online at www.bhs.org.au

Vic Health Participants for Health Short Course

VicHealth invites you and your colleagues to attend the Free VicHealth Participation for Health Short Course. This two day course aims to increase workers capacity to familiarise with a determinants approach to mental and physical wellbeing, as well as provide resources and models to enhance evidence based project planning, implementations and evaluations of activity with specific focus on VicHealth Framework.

To be held Monday 7th & Tuesday 8th December For information and RSVP contact Sarah on 03 9667 1375 or shortcourse@vichealth.vic.gov.au

Centacare Ballarat - 2009 Programs

Managing Strong Emotions

This session is helpful for all relationships
Topics include, identifying strong emotions, recognising triggers, the impact of strong emotions and strategies to manage strong emotions.

Cost: \$10pp

To be held Tuesday 24th November 7.00pm – 9.00pm

Babies, Babbling & Bonding

This session is aimed for parents of newborns, or anyone expecting a baby. Topics include, getting off to a great start, baby signals and what they mean, baby wants to belong, building a trusting relationship.

Cost: \$30pp

To be held Wednesday 2nd & Wednesday 9th December 7.00pm – 9.00pm

Venues to be confirmed on booking

For information on the above sessions call Sue at Centacare on 5337 8909

Concession for all sessions available, please note that NO childcare is provided at any session.

Electronic Gaming Machine Community Policy – Expressions of Interest Sought

Expressions of Interest are sought for our Electronic Gaming Machine Policy.

Tenders are seeking a literature review, local-level research of the social and economic impacts of electronic gaming machines, mapping of EGM supply/demand and draft recommendations for public display that will inform the development of Council's Electronic Gaming Machine Community policy.

Tenders must be lodged by noon on Wednesday 25th November.

We aim to put draft recommendations on public display by March 2010.

For information or a copy of the project specifications contact Sandra Kennedy, Community Development Program Support Officer on 5320 5746 or sandrakennedy@ballarat.vic.gov.au

Meditation & Relaxation in Palliative Care – Grampians Regional Palliative Care Team

Meditation & Martial Arts with Master Phyl Graham, with over 35 years of experience teaching Chinese and Korean relaxation and mediation techniques to young and old alike.

To be held Monday 7th December 6.30pm – 8.30pm at the Education Resource Centre, BBH Ballarat Health Services, Drummond St Ballarat.

Cost: \$15pp Grampians Region, \$25pp other.

For information and RSVP call 5320 3553 or bernadette@bhs.org.au

FASDAB - Friends Acting to Support Diabetics Around Ballarat - Christmas Event

If you or a family member has type 1 diabetes this social group provides an opportunity to meet other Type 1's of all ages (bubs included) in your area, share your experiences, support each other and gain valuable local information. Be sure to dress in your Santa suit, wrap yourself in tinsel, don the Christmas earrings or just pop on the Santa hat, even if you're not a golfer you are still welcome to come.

To be held Tuesday 24th November 5.00pm – 9.00pm at Gold Rush Mini Golf, Western hwy Warrenheip (Next to the Wool Shed).

For information or further details contact Leanne on 5337 2726 or 0409 425 962 or lnicholson@ucare.org.au

RSVP via phone, text or email.

families and new members are all welcome to join in the fun.

When the Woman You Love Has Early Breast Cancer – National Breast & Ovarian Cancer Centre (NBOCC)

The National Breast and Ovarian Cancer Centre (NBOCC) recently released a CD called "*When the woman you love has early breast cancer.*" It is targeted at men whose partners have been diagnosed with breast cancer.

The free CD features personal stories, insight and wisdom from women diagnosed with breast cancer and the men who supported them.

This audio resource aims to assist men through the challenges of supporting their loved ones during this period.

For information about breast cancer visit the National Breast and Ovarian Cancer Centre website at www.nbocc.org.au [order the free CD online](#) or by calling 1800 624 973

Gender and Crime Report

The Australian Institute of Criminology has released the following publication: 'Mental health, abuse, drug use and crime: does gender matter?' by Lubica Forsythe and Kerryn Adams. Using data from the Australian Institute of Criminology's Drug Use Monitoring in Australia program, this report examines the direct relationship, mediated by gender, between mental health, prior experiences of child abuse, drug use and offending. The paper is available www.aic.gov.au/publications/current%20series/tandi/381-400/tandi384.aspx

DON'T FORGET TO PASS THIS INFORMATION ON

Please print out a copy for your staff room.

To include items in the newsletter contact Sharna Kelly 03 5338 4774 or admin@chpcp.org