

Central Highlands Primary Care Partnership

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Welcome to the Central Highlands Primary Care Partnership Newsletter.

This weekly newsletter is a vehicle for you to use to promote your agency's happenings to the Central Highlands.

Agencies are welcome to use the newsletter to showcase new programs, staff, projects and events. Information should be sent to admin@chpcp.org by **Fridays** for the next week's edition.

COMMUNITY AND DENTAL HEALTH PROGRAMS PRIORITY TOOLS WORKSHOP BALLARAT

Department of Health is introducing a suite of priority tools for community and dental health program services and encouraging their use across all services provided from community health services where practicable. The tools include: a generic priority tool; seven clinical priority tools; the Dental Emergency Demand Management System.

A half day training and information session on tools and the broader framework would be suitable for management, clinicians and other support staff who play a role in client services and intake processes. Although the training is primarily aimed at community health funded agencies, it would also be relevant to any agency involved in chronic disease management.

Date: Monday 7th December 2009

Time: 12.30 - 4.30pm (including lunch)

Venue: McCallum Community Centre –Function Room

RSVP: 1st December robyn.boyd@dhs.vic.gov.au or
Phone: 53336082

Calendar of Events:

(180) e.g. This is the edition number and can be accessed on the website for the full details of the event.

www.chpcp.org/newsletter

November 2009

Thursday 26 th	CHPCP Full Alliance Meeting , 9.00am – 10.30pm, BDDGP, 105 Webster St Ballarat
Thursday 26 th	CHPCP Executive Meeting , 10.30am – 11.00am, BDDGP, 105 Webster St Ballarat
Friday 27 th	Not 1 More – Remembering Victims of Family Violence Homicide , 7.00pm at Federation Square, Melbourne (249)
Saturday 28 th	Barchester, Ballarat National Theatre , 8.00pm SMB Courthouse Theatre, Lydiard St Ballarat (252)

December 2009

Tuesday 1 st	CHPCP Health Promotion Meeting , 9.30am – 11.00am, CAFS, 115 Lydiard St Ballarat
Tuesday 1st	World Aids Day – 12.00pm – 3.00pm, Bridge Mall Ballarat & 5.30pm Walk around Lake Wendouree (254)
Thursday 3 rd	Well Proud Launch , 12.15pm – 2.00pm at Women's Health Information Centre, Royal Women's Hospital Cnr Grattan St & Flemington Rd Parkville (253)
Thursday 3 rd	Murderball, International Day of People with a Disability – Pinarc , 6.30pm – 7.40pm, Regent Cinema, Lydiard St Ballarat (254)
Saturday 5 th	Multicultural Day 10.00am – 12.00pm at Ballarat Learning Exchange, 36 Camp St Ballarat (253)
Monday 7 th	Mediation & Relaxation, Palliative Care 6.30pm – 8.30pm at Ballarat Health Services, Education Resource Centre, Drummond St Ballarat (253)
Tuesday 8 th	2009 Ballarat Famous Last Words, Uniting Care 6.00pm at Lydiard St Uniting Church (254)
Wednesday 9 th	CHADA Meeting , 9.30am – 11.00am Seminar Room 2, QE Building Ascot St Ballarat
Thursday 10 th	CHPCP Full Alliance Meeting , 9.00am – 10.30pm, BDDGP, 105 Webster St Ballarat
Thursday 10 th	CHPCP Executive Meeting , 10.30am – 11.00am, BDDGP, 105 Webster St Ballarat
Tuesday 15 th	CHPCP Child & Family Platform Meeting , 9.30am – 11.30am CAFS, 115 Lydiard St Ballarat
Wednesday 16 th	CHPCP RYAN Meeting , 3.00pm – 5.00pm Grampians DPCD Building, 111 Armstrong St Ballarat

Cyberbullying – Let's Fight It Together, Australian Policy Online

The Australian Communications and Media Authority has recently launched Let's Fight It Together", a new teaching resource to combat cyber bullying that will be available free to all schools in Australia.

Let's Fight It Together" is a comprehensive teaching resource including a seven minute film depicting the story of a teenager who becomes the target of bullying via the internet and his mobile phone. The film shows a number of ways in which cyber bullying occurs, who it involves and how it can affect different people, including the teacher who, in the film, is also impacted. "Let's Fight It Together" can also be used by other organisations working with, or for young people, including training organisations, companies wanting to train their staff, police forces and libraries, amongst others.

For information visit

<http://apo.org.au/notice/cyberbullying-lets-fight-it-together>

2010 AHPA Conference Call for Abstracts – Australian Health Promotion Association

This years theme for the conference is 'Walking the Talk Together: Partnerships for Health Promotion.

The conference organising committee aims to deliver a conference that:

- * Meets the needs of the health promotion practitioners and their partners both within and beyond the boundaries of the health sector
- * Furthers the work of AHPA and the profession of health promotion
- * Offers a high quality knowledge transfer experience
- * Follows the tenets of adult education
- * Is of low environment impact

The program Committee offers a range of ways you might contribute to the conference including:

- * Submitting an abstract for an Oral or Poster Presentation
- * Coordinating a one hour workshop at the conference
- * Deliver or participate in a range of professional development opportunities across the three days

To be held 30th May – 2nd June 2010 at Citigate Albert Park, Melbourne.

For information visit www.conferenceco.com.au

'Go for your Life' Men's Health Forum

To be held Tuesday 16th February 2010 at William Angliss Institute, Melbourne.

Full agenda and registration details available soon. For general inquiries call Sarah-Jane Blunt at Kinect Australia on 03 8320 0105 or sjblunt@kinectaustralia.org.au

'Murderball' International Day of People with a Disability 2009 – Pinarc Support Services

Come to the Regent Cinema, Ballarat to watch "Murderball" a documentary about Paralympic Athletes who play quad rugby, a game that used to be called Murderball. The documentary looks at how rival teams, the United States and Canada overcome unimaginable obstacles to compete in the Paralympic Games in Athens, Greece.

Cost: Free

Movie is Rated M and has strong language and some sex scenes.

To be held Thursday 3rd December, 6.30pm – 7.40pm at the Regent Multiplex Cinema, Lydiard St, Ballarat.

Bookings are essential, collect tickets from Lauren at Pinarc, 20 King St Nth Ballarat Monday – Thursday 9.00am – 4.00pm.

Pinarc Support Services: Autism Practitioner

This is a new service which is provided within the Grampians region. It is a 12-month funded project designed to improve community understanding about Autism Spectrum Disorders.

If you are interested in accessing this service for your organisation, including discussing any specific training needs or for more information on the project, please call 5329 1300 or email practitioner@pinarc.org.au

The Inaugural International Healthy Parks Healthy People Congress

The Congress will explore how nature significantly contributes to our wellbeing and broader societal benefits. It is expected to attract over 1000 delegates from Australia and around the world. Participants will come from many different sectors including urban planning, community development, physical and mental health, tourism, education, recreation, ecology and park management (urban and protected areas). This diversity of perspectives will allow delegates to understand the benefits of nature through the eyes of many.

To be held 11th – 16th April 2010 at the Melbourne Convention and Exhibition Centre, Melbourne.

For information visit

www.healthyparkshealthypeoplecongress.org

Did you know???

Recycling Paper Facts:

- * One tree makes approximately 3077 pieces of A4 paper (500 sheets make a ream)
- * Making paper from recycled materials results in 74% less air pollution and 35% less water pollution

Mediation & Relaxation – Grampians Regional Palliative Care Team

Grampians Regional Palliative Care Team is holding a Mediation & Relaxation session with Diderik Haneveld, Mediation and Martial Arts Master with over 35 years of experience teaching Chinese and Korean relaxation and mediation techniques to young and old alike. Cost: Grampians Region \$15pp, other \$25pp Drinks & nibbles provided To be held Monday 7th December, 6.30pm – 8.30pm at the Education Resource Centre, BBH Ballarat Health Services, Drummond St Ballarat. RSVP to Bernadette Matthews on 5320 3553 or bernadette@bhs.org.au

DrinkWise – A Free Public Forum

DrinkWise describes itself as a not for profit independent research and social change agency funded by the Australian alcohol industry. Through research, community based programs and social marketing campaigns; it is dedicated to building a safer drinking culture in Australia. DrinkWise maintains a high public profile via multimedia campaigning and funding programs. Its advisory committees include some well known and well qualified academics and the organisation has provided substantial funding to local and national organisations and campaigns and to prominent researchers.

This is a free forum that provides the opportunity to hear some of Australasia's leading public health expert's talks about these issues and for interested participants to engage them in discussion.

For information contact Dr Charles Livingstone, Dept of Health Social Science, Monash University on 03 9903 1679 or charles.livingstone@med.monash.edu.au

The Victorian Plan for Aboriginal Children & Young People

A Victorian Plan for Aboriginal Children and Young People (2010-2020) is currently being developed which will spell out Victoria's goals, actions and measures of progress in improving the health, safety, development, learning and wellbeing of Aboriginal Children and young people across the State over the next 10 years. The plan will complement Dardee Boorai: the Victorian Charter of Safety and Wellbeing for Aboriginal Children and Young People and will fulfil the requirement to report on progress, actions and outcomes for Aboriginal Children as outlines in The Child Wellbeing and Safety Act (2005)

For information about the plan and how you and your partnership can provide input visit www.education.vic.gov.au/about/directions/aboriginal/plan/default.htm

World Aids Day – 1st December 2009

The City of Ballarat Youth Services in conjunction with Ballarat Community Health Centre is holding an awareness program with local high school bands playing and resources and giveaways.

To be held Saturday 28th November 12.00pm – 3.00pm in the Bridge Mall, Ballarat.

Also on the Tuesday 1st of December there will be an 'After Work Walk' around Lake Wendouree, meeting at 5.30pm with a 6.00pm start. Multicultural dancers will be at the lake between 5.30pm - 6.00pm

The Lady Miners will be present at both events.

2009 Ballarat Famous Last Words

Seven women will each make the Final Speech of their Life

Speakers include: Catherine Deveny, Di Rolle, Lisa Kendal, Barb Cole, Deb Bain, Patty Kinnersly & Bianca Sacco with MC Ros Alexander

To be held Tuesday 8th December at 6.00pm at the Magnificent Lydiard St Uniting Church Ballarat

All funds go to Ballarat's Meals for Homeless People (Breezeway)

Cost: \$15pp & \$12pp concession For information contact Chris Dennis on 5337 2740 or cdennis@ucare.org.au

SSMART – Surviving Substance Misuse & Alcohol Risk Taking

The Strengthening Generations SSMART Network along with Ballarat Grammar School, City of Ballarat, State Government of Victoria and the Department of Education and Early Childhood Development is holding a forum on SSMART Solutions – Tackling Binge Drinking, with Paul Dillon, Local Initiatives showcased and John Toumbourou.

To be held Thursday 28th January 2010, 9.00am – 2.30pm at the Wendouree Performing Arts Centre, Howitt St Wendouree.

RSVP by 22nd December 2009 to Jodie Downey on 5320 5593 or jodiedowney@ballarat.vic.gov.au

Seeking Volunteers – Ballarat Community Health

'Ballarat Community Health' is currently looking for people to join their volunteer team to help with a variety of tasks - mainly in the areas of administration/clerical assistance and driving; in a relaxed and friendly atmosphere.

If you, or if someone you know may be able to assist for a few hours on a regular basis, they would like to hear from you.

For information and enquiries and volunteer information packs please call Pam Walter, Coordinator on 5338 4500.

Primary Health Weekly Bulletin – 20th November 2009

The latest edition of the Primary Health Weekly Bulletin is now available at:
www.dhs.vic.gov.au/rrhacs/ph_bulletin/nocache?src=email&id=191109

New: Environments for Health Supporting Publications

The new *Environments for Health* framework supporting publications provide councils with up-to-date practical guides for municipal public health and wellbeing planning, implementation and review. [Read more...](#)

www.dhs.vic.gov.au/rrhacs/ph_bulletin/new-environments-for-health-supporting-publications/nocache?src=email&id=191109

'Go For Your Life' Forum: Men's Health and Physical Activity

The forum will focus on recent Australian and International research on men's health and is to be held on Tuesday 16th February 2010 in Melbourne. [Read more...](#)

www.dhs.vic.gov.au/rrhacs/ph_bulletin/go-for-your-life-forum-mens-health-and-physical-activity/nocache?src=email&id=191109

Survey: 'Go For Your life' Information Centre

The 'Go for your life' Information Centre would like your feedback. Complete the 5 minute survey by Friday 27th November to enter a draw to win a book voucher. [Read more...](#)

www.dhs.vic.gov.au/rrhacs/ph_bulletin/survey-go-for-your-life-information-centre/nocache?src=email&id=191109

New Resources Available on the Integrated Chronic Disease Management Clearinghouse

New resources are available at, and contributions are invited to the new Integrated Chronic Disease Management Clearinghouse, which was launched by the Australian Disease Management Association (ADMA) in September 2009. [Read more...](#)

www.dhs.vic.gov.au/rrhacs/ph_bulletin/new-resources-available-on-the-integrated-chronic-disease-management-clearinghouse/nocache?src=email&id=191109

Event: Launch of 'Well proud'

Developed by the Ministerial Advisory Committee on Gay, Lesbian, Bisexual, Transgender and Intersex Health and Wellbeing, 'Well proud' is a guide to gay, lesbian, bisexual transgender and intersex inclusive practice for health and human services. It will be launched on Thursday 3rd December at the Royal Women's Hospital, Parkville. [Read more...](#)

http://www.dhs.vic.gov.au/rrhacs/ph_bulletin/event-launch-of-well-proud/nocache?src=email&id=051109

Applications for Youth Council 2010 – City of Ballarat.

Now Open!

Youth Services are currently on the look out for young people aged 12 - 25 years who are interested in getting involved in their local community. If this sounds like a student or young person that you know, they should consider applying to join the City of Ballarat Youth Council! Please feel free to forward this information to your networks at school and within the community.

What is Youth Council? Youth Council is a committee of young people between 12 and 25 representing the views of the Ballarat youth community. They discuss local youth issues and provide information to the City of Ballarat by representing and consulting young people, creating new opportunities whilst also assisting to organise events and projects. Young people become involved to learn new skills, meet new people and make your mark on your local community.

* Have your voice heard on behalf of Ballarat's youth and make a difference!

* Work towards making Ballarat an even better place for young people!

* Projects which have an impact on the local community, including the Youth Recognition Awards. Interested?

Application forms are available from City of Ballarat Youth Services located at YHQ, 122 Armstrong Street South, call 5320 5167 or email staceynoonan@ballarat.vic.gov.au

Applications close at 5PM on Friday 4th December 2009. If you have any questions, please don't hesitate to call Stacey Noonan on 5320 5167.

A Free! Sing Around the Campfire

Daylesford Secondary College and Jonathon Welch AM invite you to a Free Sing Around the Campfire in Daylesford.

To be held Friday 27th November, 7.00pm at Daylesford Secondary College grounds. BYO picnic food, rugs, chairs drinks and voice. In the event of rain the Campfire will move to the Sports Facility.

This is a family friendly event; please no alcohol and no smoking.

DON'T FORGET TO PASS THIS INFORMATION ON

Please print out a copy for your staff room.

To include items in the newsletter contact Sharna Kelly 03 5338 4774 or admin@chpcp.org