

## Central Highlands Primary Care Partnership

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## Welcome to the Central Highlands Primary Care Partnership Newsletter.

This weekly newsletter is a vehicle for you to use to promote your agency's happenings to the Central Highlands.

Agencies are welcome to use the newsletter to showcase new programs, staff, projects and events. Information should be sent to [admin@chpcp.org](mailto:admin@chpcp.org) by **Fridays** for the next week's edition.

## CHPCP Christmas/ New Year Information

CHPCP Office will be closed from  
Thursday 24<sup>th</sup> December – Monday 4<sup>th</sup> January  
2010

CHPCP Newsletter – The final newsletter for 2009 will be sent out on Wednesday 23<sup>rd</sup> December, anyone with information wanting to go into the newsletter prior to this date, please send information to [admin@chpcp.org.au](mailto:admin@chpcp.org.au) as soon as possible.

The CHPCP Newsletter will re-commence weekly from Wednesday 13<sup>th</sup> January 2010

Central Highlands Primary Care Partnership  
wishes everyone a Safe & Merry Christmas  
and a Happy New Year

## Calendar of Events:

(180) e.g. This is the edition number and can be accessed on the website for the full details of the event.

[www.chpcp.org/newsletter](http://www.chpcp.org/newsletter)

## December 2009

Thursday 3 <sup>rd</sup>	<b>Well Proud Launch</b> , 12.15pm – 2.00pm at Women's Health Information Centre, Royal Women's Hospital Cnr Grattan St & Flemington Rd Parkville (253)
Thursday 3 <sup>rd</sup>	<b>Murderball, International Day of People with a Disability – Pinarc</b> , 6.30pm – 7.40pm, Regent Cinema, Lydiard St Ballarat (254)
Saturday 5 <sup>th</sup>	<b>Multicultural Day</b> 10.00am – 12.00pm at Ballarat Learning Exchange, 36 Camp St Ballarat (253)
Monday 7 <sup>th</sup>	<b>Mediation &amp; Relaxation, Palliative Care</b> 6.30pm – 8.30pm at Ballarat Health Services, Education Resource Centre, Drummond St Ballarat (253)
Monday 7 <sup>th</sup>	<b>Community &amp; Dental Health Programs Priority tools Workshop Ballarat, Department of Health</b> 12.30pm – 4.30pm, McCallum Community Centre Function Room (254)
Tuesday 8 <sup>th</sup>	<b>2009 Ballarat Famous Last Words, Fundraiser, Uniting Care</b> 6.00pm at Lydiard St Uniting Church (254)
Tuesday 8 <sup>th</sup>	<b>Syringe Driver "Train the Trainer" Update, Grampians Regional Palliative Care Team</b> , 8.30am – 2.30pm at BBH, Education Resource Centre, Drummond St Ballarat (255)
Wednesday 9 <sup>th</sup>	<b>CHADA Meeting</b> , 9.30am – 11.00am Level 1, Seminar Room 2, QE Building Ascot St Ballarat
Saturday 12 <sup>th</sup>	<b>Stand By You, Christmas Remembrance Walk</b> , 2.00pm – 4.00pm Daylesford Central Springs Reserve (255)
Tuesday 15 <sup>th</sup>	<b>CHPCP Child &amp; Family Platform Meeting</b> , 9.30am – 11.30am CAFS, 115 Lydiard St Ballarat
Tuesday 15 <sup>th</sup>	<b>Drought &amp; Women's Stories of Change Exhibition</b> 1.00pm, 210 Lonsdale St Melbourne (255)
Wednesday 16 <sup>th</sup>	<b>Ovarian Cancer Session- GICS</b> , 3.00pm – 4.00pm, 804 Sturt St (next to the Turret) Ballarat (255)
Wednesday 16 <sup>th</sup>	<b>CHPCP RYAN Meeting</b> , 2.00pm – 5.00pm DPCD 111 Armstrong St Ballarat

### **Celebrating International Day of People with Disability – Art Exhibition**

McCallum Community Centre is supporting International Day of People with Disability with an Art Exhibition being held on Thursday 3<sup>rd</sup> December – Monday 21<sup>st</sup> December at RADMAC 104 Armstrong St Ballarat.

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### **OVARIAN CANCER – Grampians Integrated Cancer Service**

An information session will be presented by Rebecca Steele, Patient Programs Officer on Ovarian Cancer.

Video conferencing will be available for regional areas and afternoon tea will be provided.

To be held Wednesday 16<sup>th</sup> December 3.00pm – 4.00pm at Grampians Integrated Cancer Service, 804 Sturt St (next door to the Turret) Ballarat.

For information and RSVP call Lea Marshall on 5320 4044 or [leam@bhs.org.au](mailto:leam@bhs.org.au) or Robyn McIntyre on 0434 658 519 or [robynmc@bhs.org.au](mailto:robynmc@bhs.org.au)

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### **Syringe Driver “Train the Trainer” update REM NIKI T34 - Grampians Regional Palliative Care Team**

This study day is relevant for all previous trainers and for anyone interested in becoming a trainer for their organisation.

Each trainer will be provided with an education package to support their role.

Trainers are expected to return to their facility and educate staff on the use of the NIKIT34 (maximum of 1-2 trainers per workplace).

This study day is relevant for Division 1 and Division 2 Medication Endorsed nurses.

To be held Tuesday 8<sup>th</sup> December 8.30am – 2.30pm at the Education Resource Centre BBH Drummond St Ballarat.

Cost: \$70pp with lunch, tea & coffee provided.

For further information please contact Kate Cozens on 53203553 (Wednesdays) or [katec@bhs.org.au](mailto:katec@bhs.org.au)

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### **Art Exhibition – Reflections: Survival & Beyond, Ballarat Centre against Sexual Assault (CASA)**

The official opening of the art exhibition “Reflections, Survival & Beyond” presented by the Ballarat Centre Against Sexual Assault (CASA) together with the Art Gallery and the City of Ballarat opening held on Saturday 14<sup>th</sup> November, at the Art Gallery of Ballarat, Lydiard St Ballarat. Exhibition will then be open for public viewing from 14<sup>th</sup> November to 13<sup>th</sup> December 2009. Sexual assault is a community issue, and requires a community response, for information visit

[www.balgalk.com/?id=forthcoming](http://www.balgalk.com/?id=forthcoming)

### **Drought & Women’s Stories of Change – An Exhibition**

An exhibition of textile wall hangings, photographs and quotes evolved from a series of discussion groups with women from Woomelang, Nhill and Kaniva. The aim of these discussion groups was to capture images of women and to record the sharing of stories on how they experience, adapt and survive the stressful times associated with drought.

To be held Tuesday 15<sup>th</sup> December at 1.00pm in the Atrium, Queen Victoria Women’s Centre, 210 Lonsdale St, Melbourne.

For catering purposes RSVP to Jan Hall on 03 5362 1224 or

[pcpadmin@grampianscommunityhealth.org.au](mailto:pcpadmin@grampianscommunityhealth.org.au)

Exhibition runs from 14<sup>th</sup> Dec – 28<sup>th</sup> Jan 2010

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### **Christmas Remembrance Walk 2009 Stand By You – Cancer Foundation – in conjunction with Ballarat Hospice Care Inc.**

Supporting those living with cancer, their families and carers.

An extended invitation goes out to join us in Daylesford to celebrate, reflect and honour the lives of those whom we love and have lost touched by cancer and other life limiting illnesses.

To be held Saturday 12<sup>th</sup> December, 2.00pm – 4.00pm at the Daylesford Central Springs Reserve.

For information call 03 5974 2060 or visit

[www.standbyyou.org.au](http://www.standbyyou.org.au)

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### **9<sup>th</sup> Annual Human Rights Oration – Victorian Equal Opportunity & Human Rights Commission**

The Victorian Equal Opportunity & Human Rights Commission invites you to hear Muriel Bamblett deliver this year’s Human Rights Oration on Practical self-determination:

The right (s) approach to addressing the unfinished business.

For many Aboriginal and Torres Strait Islander people, the right to self determination is still out of reach yet it is the most important social determinant of Aboriginal health and wellbeing. The 2009 Human Rights Oration will examine how only a human rights approach can create a meeting between cultures establish the basis for practical self determination and make ‘closing the gap’ a meaningful reality.

To be held Tuesday 8<sup>th</sup> December 12.30pm – 1.30pm followed by lunch at Zinc, Federation Square Birrarung Marr by the Yarra.

For information and registration call Liam Fitzgerald on 03 9281 7167 or toll free on 1800 134 142 or

[liam.fitzgerald@veohrc.vic.gov.au](mailto:liam.fitzgerald@veohrc.vic.gov.au)

Oration is free, however registration is required

### **New Road Rules in Victoria - VicRoads**

There are new road rules in Victoria for mobile phone use, child restraints, U turns & overtaking, seat belts, motor cyclists, cyclists, wheeled recreational devices, drivers, driving with trams and parking.

To get the latest information on these changes visit

[www.roadrules.vicroads.vic.gov.au/home.php](http://www.roadrules.vicroads.vic.gov.au/home.php)

### **Chronic Kidney Disease: A Silent Condition**

Chronic kidney disease (CKD) is a long-term health condition that is often preventable. It is referred to as a silent condition because up to 90% of kidney function can be lost before symptoms are evident. Consequently, more and more Australians are having dialysis or transplants for the disease's most severe form, end-stage kidney disease. In 1999–2000 one in seven Australian adults over the age of 25 years had some degree of chronic kidney disease and in 2006, chronic kidney disease contributed to nearly 10% of all deaths and more than 1.1 million hospitalisations.

This program emphasises the need for a targeted approach to the prevention, detection, and management of chronic kidney disease. It examines risk factors and the need for early detection. It also discusses how to manage the various stages of chronic kidney disease.

The program discusses issues in the delivery of chronic kidney disease care, with a specific focus on Indigenous and rural populations.

#### **Learning Outcomes for this program:**

At the end of this program viewers will be able to:

- \* Identify chronic kidney disease risk factors for early detection
- \* Formulate a patient management plan for the various stages of chronic kidney disease
- \* Formulate a culturally appropriate management plan for Indigenous patients with chronic kidney disease
- \* Identify the respective roles within the multidisciplinary team in managing a patient with chronic kidney disease

Broadcast and Webcast Tuesday 8<sup>th</sup> December 2009

Live Satellite Broadcast (on channel 4) and Webcast at:

8.00pm - in ACT, NSW, TAS & VIC

7.30pm - in SA

7.00pm - in QLD

6.30pm - in NT

5.00pm - in WA

Broadcast repeated in WA on (channel 23) at 8.00pm

For information visit the program page on the Foundation's website at

[www.rhef.com.au/programs/program-1/?program\\_id=396](http://www.rhef.com.au/programs/program-1/?program_id=396)

### **Bushfire Preparedness Kits – Victorian Government of Health**

The Victorian Government of Health and the Department of Human Services have made available a Health and Community Services Bushfire Preparedness Kit.

This kit contains information for consumers and organisations in the health and community services sector to help prepare for the coming summer.

Electronic versions of the material are available at [www.health.vic.gov.au/bushfire/](http://www.health.vic.gov.au/bushfire/)

### **RAMUS Scholarships – Overview Rural Australia Medical Undergraduate Scholarship (RAMUS) Scheme Scholarships for Students Studying Medicine.**

The RAMUS Scheme assists selected students with a rural background to study medicine at University.

The RAMUS Scheme is an Australian initiative aimed at increasing the number of doctors in rural and remote areas of Australia. Scholarship holders receive \$10,000 a year during the completion of a standard medical degree at their chosen University.

The scholarships are not bonded. Scholarship holders are encouraged to take part in activities to maintain and strengthen their ties to rural Australia and to develop an appreciation of work as a medical practitioner in rural areas.

All scholarship holders have a rural doctor as a mentor and are required to be a member of their University's student rural health club.

The RAMUS Scheme supports 550 current scholarship holders.

Each year approximately 100 new scholarships are made available to maintain the total of 550.

The National Rural Health Alliance administers the RAMUS Scheme in behalf of the Department of Health and Ageing.

Applications for 2010 are now open.

Please see 'Applying for RAMUS page.

Applications close 5.00pm AEDST on Monday 18<sup>th</sup> January 2010.

For information contact 1800 460 440 or 02 6285 4660 or [ramus@ruralhealth.org.au](mailto:ramus@ruralhealth.org.au)

### **Link Correction –**

#### **2010 AHPA Conference Call for Abstracts – Australian Health Promotion Association**

This year's theme for the conference is 'Walking the Talk Together:

Partnerships for Health Promotion.

To be held 30<sup>th</sup> May – 2<sup>nd</sup> June 2010 at Citigate Albert Park, Melbourne.

For information visit:

[www.conferenceco.com.au/AHPA/](http://www.conferenceco.com.au/AHPA/)

### **Sustainable EVENTS Planner – A Free Tool to Make Events More Environmentally Friendly**

An online events planning tool created by the Sustainable Living Foundation can help your organisation improve the environmental impact of its events. From promotions to décor through to waste and cleaning, the free Sustainable Events Planner offers an evaluation quiz to help identify the areas most in need of work. The tool was designed for anyone who is running any type of event, with beginner steps right through to resources for organisers of large events such as The Big Day Out or Falls Festivals. It also features a guide to sustainable practices and industry jargon, a directory of relevant products and services, and a forum for discussions.

For information and a guide to sustainable practices visit [www.slf.org.au/eventplanner](http://www.slf.org.au/eventplanner)

### **Injury Prevention – School Safety Savvy, Kids Foundation**

The Kids Foundation is constantly amazed by the wonderful work students are able to achieve in making their schools safer and their efforts in spreading the “Think Safe, Play Safe” message in the way of a Safety Club Representative.

This is a great opportunity for the Safety Club Representatives to get the whole school community involved in safety and focus on the importance of prevention measures.

If you have or know of, a school which you think may be interested in starting a Safety Club or for general information and enquiries, email [safetyclub@kidsfoundation.org.au](mailto:safetyclub@kidsfoundation.org.au)

### **Primary Health Weekly Bulletin – 27<sup>th</sup> November 2009**

**The latest edition of the Primary Health Weekly Bulletin is now available at:**  
[www.dhs.vic.gov.au/rrhacs/ph\\_bulletin/nocache?src=email&id=271109](http://www.dhs.vic.gov.au/rrhacs/ph_bulletin/nocache?src=email&id=271109)

### **Community Health Priority Tools: Misprint Corrected**

The *Community Health Priority Tools* were recently published on the web, and will soon be available in hard copy. A misprint has been found and corrected in the speech pathology priority tool. [Read more...](#)

[www.dhs.vic.gov.au/rrhacs/ph\\_bulletin/community-health-priority-tools-misprint-corrected/nocache?src=email&id=271109](http://www.dhs.vic.gov.au/rrhacs/ph_bulletin/community-health-priority-tools-misprint-corrected/nocache?src=email&id=271109)

**New Gender Impact Assessment Paper**  
Women’s Health Victoria has recently published a Gender Impact Assessment paper on Women and Ageing. [Read more...](#)  
[www.dhs.vic.gov.au/rrhacs/ph\\_bulletin/new-gender-impact-assessment-paper/nocache?src=email&id=271109](http://www.dhs.vic.gov.au/rrhacs/ph_bulletin/new-gender-impact-assessment-paper/nocache?src=email&id=271109)

### **Art Start Grants, Fertilizer for Budding Artists**

The Australian Government has grants available to any recent graduate or final year student in any of the creative arts? An Art Start grant from the Australia Council for the Arts could provide up to \$10,000 to help grow your arts career.

For information visit [artstartgrant.com.au](http://artstartgrant.com.au)

### **Position Vacant**

#### **Community Health Nurse – Brief Intervention and Behavior Change**

#### **Full Time – 2 years**

Ballarat Risky Drinking Project: a joint initiative of Ballarat Community Health and Ballarat and District Division of General Practice.

This exciting new community based nursing role will work to engage and support individuals who demonstrate potentially risky drinking behaviour, to ensure they understand their risks, and to assist them in modifying the risky behaviour.

This project is one of four funded by the Victorian Department of Health to test effective techniques for engaging adult at risk drinkers, leading to a sustained reduction in the risky behaviour. The nurse will work closely with the Project Manager and with General Practitioners in the development and implementation and evaluation of the project. Duties will include assistance with literature review, project design and development, direct client contact, documentation and data collection.

**Applications close** on Monday 7<sup>th</sup> December 2009 and must include application letter, responses to the key selection criteria, a current resume and copies of qualifications.

The position description for this role is available online [www.bchc.org.au](http://www.bchc.org.au) or by contacting Lisa on 5338 4540.

Further details can also be discussed with Caroline Hibbs, HR Coordinator, by calling 5338 4500. Applications can be posted to Caroline Hibbs, PO Box 1156, BMC, VIC. 3354 or emailed to [employment@bchc.org.au](mailto:employment@bchc.org.au).

BCH is an equal opportunity employer and provides a smoke free environment. Applicants must be prepared to obtain a Working with Children Check and Police Records Check.

Log onto [www.bchc.org.au](http://www.bchc.org.au) to find out more about the benefits of working for Ballarat Community.

## **DON'T FORGET TO PASS THIS INFORMATION ON**

**Please print out a copy for your  
staff room.**

To include items in the newsletter contact Sharna Kelly 03 5338 4774 or [admin@chpcp.org](mailto:admin@chpcp.org)