

## Central Highlands Primary Care Partnership

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## Welcome to the Central Highlands Primary Care Partnership Newsletter.

This weekly newsletter is a vehicle for you to use to promote your agency's happenings to the Central Highlands.

Agencies are welcome to use the newsletter to showcase new programs, staff, projects and events. Information should be sent to [admin@chpcp.org](mailto:admin@chpcp.org) by **Fridays** for the next week's edition.

## City of Ballarat

Together with

FREEZA, Sonika, Power FM & SO.

Presents

## SCHOOLS OUT 09'

To be held

Friday 18<sup>th</sup> December

Alfred Deakin Place – Camp St, Ballarat

4.00pm – 10.00pm

Featuring

HOWL, Unsafe Thort, Me So Harney, Empire in Peril, Le Strange and more acts to be announced

**Also a portable skate ramp will be set up**

This is a full supervised drug, smoke & alcohol Free event for all ages

## Calendar of Events:

(180) e.g. This is the edition number and can be accessed on the website for the full details of the event.

[www.chpcp.org/newsletter](http://www.chpcp.org/newsletter)

## December 2009

Friday 18 <sup>th</sup>	<b>Schools Out 09, City Of Ballarat</b> 4.00pm – 10.00pm at Alfred Deakin Place, Camp St Ballarat (257)
Saturday 19 <sup>th</sup>	<b>Ballarat Togolese Festival, Ballarat Togolese Group</b> , 4.00pm – 10.00pm at the Cooina Centre, 10 Learmonth Rd, Wendouree (255)

## January 2010

Thursday 28 <sup>th</sup>	<b>SSMART Solutions, Tackling Binge Drinking, City of Ballarat &amp; DEECD</b> 9.00am – 2.30pm at Wendouree Performing Arts Centre, Howitt St Ballarat (256)
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## February 2010

Monday 22 <sup>nd</sup> & Tuesday 23 <sup>rd</sup>	<b>Two Day Facilitator Training in No Bull (NB) Support, The Bouverie Centre</b> 9.30am – 4.30pm at The Bouverie Centre, 8 Gardiner St, Brunswick (257)
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## CHPCP Christmas/ New Year Information



CHPCP Office will be closed from  
Thursday 24<sup>th</sup> December – Monday 4<sup>th</sup>  
January 2010

The CHPCP Newsletter will re-commence  
weekly from Wednesday 13<sup>th</sup> January 2010

Central Highlands Primary Care Partnership  
wishes everyone a **Safe & Merry Christmas**  
and a **Happy New Year**

## **Two Day Facilitator Training in No Bull (NB) Support**

No Bull Support is a half day workshop designed to educate and support lay people who have contact with families and individuals affected by natural disasters such as drought and bushfires. No Bull Support aims to provide training and skill development on how to engage with distressed people and conduct conversations on tough topics related to extreme personal difficulties, various ways of supporting someone in trouble, when and how to provide referral options and attending to oneself and one's own family during tough times.

The workshop is aimed at workers or volunteers in community organisations.

Attendees are encouraged and invited to include another person from their area, with whom they can train as a team and present the workshop together. We find that this has been the best way to learn the information and to have personal local ongoing and direct support for conducting the session.

To be held 9.30am – 4.30pm on Monday 22<sup>nd</sup> & Tuesday 23<sup>rd</sup> February 2010 at The Bouverie Centre, 8 Gardiner St Brunswick.

Cost: Free, seats are limited

For information and registration contact Christine Neil at [c.neil@latrobe.edu.au](mailto:c.neil@latrobe.edu.au)

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## **The Council of Australian Governments (COAG)**

The Council of Australian Governments (COAG) held its 28th meeting in Brisbane on Monday. The Prime Minister, Premiers, Chief Ministers and the President of the Australian Local Government Association were again joined by Treasurers for the meeting.

Visit on the link below for meeting outcomes [www.coag.gov.au/coag\\_meeting\\_outcomes/2009-12-07/index.cfm?CFID=39947](http://www.coag.gov.au/coag_meeting_outcomes/2009-12-07/index.cfm?CFID=39947)

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## **Because Children Matter – Uniting Care**

UnitingCare Australia and the Social Policy Research Centre, University of New South Wales, have released an analysis of the Government's recent policy reforms for children, young people and families.

The report, 'Because Children and Families Matter', assesses the key reforms of 2009 related to children, youth and families, including the National Framework for Protecting Australia's Children, the youth compact, initiatives to reduce homelessness and violence against women, and reforms in early childhood development and learning.

For information visit

[unitingcare.org.au/news/national-news/593-because-children-and-families-matter.html](http://unitingcare.org.au/news/national-news/593-because-children-and-families-matter.html)

## **Smart play Online Survey**

### **Your chance to share in cash and product prizes worth over \$10,000**

Smart play is committed to building safe sporting environments for all communities.

As part of a Vic Health funded project, Smart play is endeavouring to find out more about the needs of sports organisations in relation to injury prevention and the provision of safer sporting environments. Deakin University and Sports Medicine Australia would like to invite all organisations that provide a sporting environment to complete the Smart play Online Survey.

Even if your organisation has not used or participated in any aspect of the Smart play program, we value your thoughts and encourage you to take the time to be involved. All survey responses are anonymous.

The survey covers a range of areas, including: Your experiences of, and opinions about, injury prevention, assessment of existing Smart play resources (if used).

Your assessment of what is required for future injury prevention resources and programs.

This survey is best completed by the person responsible for sports safety within your organisation, and the time to complete the survey will depend on the extent of your usage of Smart play and its associated resources. By completing the survey your club will go into the draw to win part of a total prize pack valued at \$10,400.00, including:

5 x \$800 community organisation cash prizes  
10 x First Aid Kits valued at \$200 each  
100 x Double movie passes valued at \$27.00  
100 x Smart play Up Series Poster sets valued at \$15 each.

To complete the survey, simply click on the link below or copy and paste into your browser bar [www.surveymonkey.com/s/CRN6796](http://www.surveymonkey.com/s/CRN6796)

If the link doesn't work on your browser, please email [fionamc@deakin.edu.au](mailto:fionamc@deakin.edu.au) to request a hardcopy of the survey.

For your chance to be a part of the prize pool, we request that all responses are submitted by Monday 18<sup>th</sup> January 2010

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## **Effects of Child Care – Australian National University**

The effects of non-parental child care differ according to the quality of the care and the background of the parents, according to new research from The Australian National University.

The study followed a cohort of children born in 2004 (& parallels ABC television's Life at 1 and Life at 3 programs).

A copy of the paper, 'Which Children Benefit from Non-Parental Care?' Now available at [econrsss.anu.edu.au/~aleigh/](http://econrsss.anu.edu.au/~aleigh/)

### **Paving the Way for Golden Gurus**

Gurus Parliamentary Secretary for Social Inclusion Senator Ursula Stephens has launched the Golden Gurus website and invited interested organisations to become involved in the new national Golden Gurus program. The Golden Gurus program will harness the skills and experience of Australians aged 50 years and over.

Through Golden Gurus, mature age Australians will be able to meet new people, develop social networks, access free training, and may participate in an Ambassadors program.

The new program will commence on 1 January 2010 and will be facilitated by a range of quality organisations across Australia. The Government is seeking expressions of interest from not-for-profit and community organisations that would like to be part of the Golden Gurus program.

Organisations interested in becoming part of the national community can refer to the

[Become a Member Organisation](#) section.

Expressions of interest are sought by 30 November 2009 for the official start of the program in January 2010.

Mature age people who wish to become Golden Gurus are encouraged to join the mailing list to be notified of future announcements about the program.

Golden Gurus was an idea presented at the Australia 2020 Summit and forms part of the Government's social inclusion agenda

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### **Survey on Violence Against Women**

The [National Community Attitudes towards Violence against Women Survey 2009](#) has been released.

Understanding community attitudes is important for shaping and influencing future initiatives to prevent violence against women.

The survey establishes a benchmark against which changes in attitudes can be closely monitored over time.

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### **Draft Australian Guidelines on Attention Deficit Hyperactivity Disorder (ADHD)**

The Royal Australasian College of Physicians (RACP) and National Health and Medical Research Council (NHMRC) have developed updated draft Australian Guidelines on Attention Deficit Hyperactivity Disorder (ADHD) and other useful information to assist parents and medical professionals to recognise and appropriately treat ADHD.

The draft Guidelines and supplementary information can be found at [www.nhmrc.gov.au](http://www.nhmrc.gov.au)

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### **Did you know???**

There is only 10 days until Christmas!

### **National Seniors Housing Report - Helping Understand the Housing Preferences of Older Australians**

A new perspective on housing for older Australians is contained in the Moving or staying put, deciding where to live in later life report released today by National Seniors Australia.

The National Seniors report found that two in three Australians are moving home between the aged of 55 and 75 due to factors such as the ongoing need to maintain their homes or a decline in their partner's health.

The Report is available on National Seniors Productive Ageing Website at

[www.productiveageing.com.au/site/](http://www.productiveageing.com.au/site/)

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### **Youth Foundations Victoria (YFV)**

Youth Foundations Victoria (YFV) is an exciting new initiative that helps young people makes a real difference to their communities.

YFV offers genuine opportunities for young people in 15 communities across Victoria to get involved.

Groups of local young people from different backgrounds come together in each location to look at the need of their community and then make grants to other young people to run activities to benefit that community.

The young people are also responsible for raising funds to add to those contributed by government, community and private partners. Through the initiative, the young people will be supported to develop skills and their achievements will be promoted locally and around the state.

For information visit [www.youth.vic.gov.au](http://www.youth.vic.gov.au)

or contact the Youth Foundations Victoria Project Officer, Office for Youth on 9208 3200 or the State coordinator, Youth Foundations Victoria, Bendigo Bank on 1300 304 541.

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### **New Standards for Early Childhood Education and Care across Australia**

The Council of Australian Governments meeting has agreed on new compulsory national standards for child care and early childhood education services. The new National Quality Framework will be phased in from 1<sup>st</sup> July 2010 and will ensure national consistency in early childhood education and child care services including outside school hours care.

For information visit

[www.deewr.gov.au/ministers/ellis/media/release/s/pages/article\\_091207\\_171835.aspx](http://www.deewr.gov.au/ministers/ellis/media/release/s/pages/article_091207_171835.aspx)

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### **DON'T FORGET TO PASS THIS INFORMATION ON**

**Please print out a copy for your staff room.** To include items in the newsletter contact Sharna Kelly 03 5338 4774 or [admin@chpcp.org](mailto:admin@chpcp.org)