

## Central Highlands Primary Care Partnership

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## Welcome to the Central Highlands Primary Care Partnership Newsletter.

This weekly newsletter is a vehicle for you to use to promote your agency's happenings to the Central Highlands.

Agencies are welcome to use the newsletter to showcase new programs, staff, projects and events. Information should be sent to [admin@chpcp.org](mailto:admin@chpcp.org) by **Fridays** for the next week's edition.

## MERRY CHRISTMAS



& **HAPPY NEW YEAR**

## Calendar of Events:

(180) e.g. This is the edition number and can be accessed on the website for the full details of the event.

[www.chpcp.org/newsletter](http://www.chpcp.org/newsletter)

## January 2010

Thursday 28 <sup>th</sup>	SSMART Solutions, Tackling Binge Drinking, City of Ballarat & DEECD 9.00am – 2.30pm at Wendouree Performing Arts Centre, Howitt St Ballarat (256)
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## February 2010

Monday 22 <sup>nd</sup> & Tuesday 23 <sup>rd</sup>	Two Day Facilitator Training in No Bull (NB) Support, The Bouverie Centre 9.30am – 4.30pm at The Bouverie Centre, 8 Gardiner St, Brunswick (257)
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## CHPCP Christmas/ New Year Information



CHPCP Office will be closed from  
Thursday 24<sup>th</sup> December – Monday 4<sup>th</sup>  
January 2010

The CHPCP Newsletter will re-commence  
weekly from Wednesday 13<sup>th</sup> January 2010

Central Highlands Primary Care Partnership  
wishes everyone a Safe & Merry Christmas  
and a Happy New Year

## **Two exciting new projects to welcome in International Year of Biodiversity 2010**

Green Gym has two new projects commencing in December to mark the arrival of International Year of Biodiversity 2010.

Activities include tree planting, weed control, native flora surveys, walking track and visitor facilities maintenance. Transportation to a myriad of spectacular locations such as Mt Buangor State Park, Illabarook Grasslands and Langi Ghiran State Park, with other projects of equivalent appeal being continuously added to the list. Green Gym is a health and wellbeing program funded by *Go for your life!* – Department of Sustainability & Environment (DSE) and managed by Conservation Volunteers Australia.

No previous experience necessary and Transport provided.

Projects are in association with Parks Victoria & DSE.

For information and enquiries call Gail on 0427 526 406

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## **Barnardos Office Max, Max e Grants Program**

The Barnardos Office Max Grants Program can provide grants for nominated children and young people up to a maximum of \$5000 per individual to support, promote and encourage their educational potential and outcomes.

Assistance can also be given by the way of financial support for uniforms, school supplies, school books, sporting equipment, tutoring, school fees, excursions and extracurricular activities such as club fees and uniforms.

Generally organisations applying for a Barnardos Office Max Grant will be expected to be a not-for-profit community group, have evidence of income tax exemption and have deductible gift receipts (DGR) status.

For information visit [www.bmaxe.au/html/](http://www.bmaxe.au/html/) or email [info@bmaxe.com.au](mailto:info@bmaxe.com.au)

Online applications can be accessed at [www.bmaxe.com.au/html/application-form\\_old.cfm](http://www.bmaxe.com.au/html/application-form_old.cfm)

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## **Inaugural Australian Obesity Summit**

One of the greatest public challengers confronting Australia and other industrialised nations is the obesity epidemic. In an effort to relieve the cost of obesity the public health system and the Australian Government is investing millions of dollars in the prevention and management of obesity related chronic disease. Ongoing obesity research and review of public health policies presents opportunity to discuss insights.

To be held Monday 29<sup>th</sup> & Tuesday 30<sup>th</sup> March 2010 in Sydney. For information call Tina on 02 9080 4300 or [tina.larsen@informa.com.au](mailto:tina.larsen@informa.com.au)

## **Count us in! Funding Grants Improving living and lifestyle experiences for older people living at public sector residential aged care services**

Is your organisation committed to facilitating community inclusion, enhancing good health and quality of life for residents living at public sector residential aged care services

(PSRACS)? We would like to hear from you! A great opportunity is available through Count us in! Social Inclusion for older people living at public sector residential aged care services 2009 - 2010 initiatives.

Applications for funding are invited from eligible community service organisations and PSRACS to provide meaningful social inclusion opportunities for older people living at PSRACS. Applications which demonstrate innovation and leadership in promoting, facilitating and sustaining community engagement and social connection for residents will be considered favourably.

Funding will be provided to approve social inclusion projects over twelve months commencing in May 2010.

For information on Count us in! 2009 - 2010 initiative, a copy of the funding guidelines and grant application forms go to

[www.health.vic.gov.au/agedcare/maintaining/conutusin/index.htm](http://www.health.vic.gov.au/agedcare/maintaining/conutusin/index.htm)

Closing date for applications is 2<sup>nd</sup> February 2010 at 4.00pm.

For information and enquires contact Gillian Dickson-Hughes on 03 9096 8327 or

[Gillian.Dickson-Hughes@dhs.vic.gov.au](mailto:Gillian.Dickson-Hughes@dhs.vic.gov.au) or

Carla Papa o 03 9096 6964 or [Carla.Papa@dhs.vic.gov.au](mailto:Carla.Papa@dhs.vic.gov.au)

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## **Excellence in Indigenous Health Awards**

The Inaugural Excellence in Indigenous Health Awards will celebrate the inspirational work being done to improve the health outcomes of indigenous people.

If you are involved in a program or initiative that is bringing us closer to closing the gap we invite you to make a submission. Initiatives deemed to have made an outstanding contribution will be recognised at the Awards Gala Dinner at the Mercure Hotel Brisbane on Tuesday 30<sup>th</sup> March 2010. For information visit

[www.indigenoushealthawards.com](http://www.indigenoushealthawards.com)

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## **Did you know???**

Lots of items from the bathroom can be recycled too. Shampoo and shower gel bottles are often forgotten, so start multi-tasking and rinse out those empty bottles whilst you're in the shower! Putting a recycling bin in your bathroom to collect all those empty bottles and cardboard tubes from inside the toilet rolls is a great idea.

## Background

In 2007, the Victorian Home and Community Care Program initiated the Living at Home Assessment Service Framework. Designated HACC funded Assessment Service providers were identified (listed below). These Designated Agencies are the contact point for the Living at Home Assessment Service.

## What is a Living at Home Assessment?

Living at Home assessments are holistic and broad based. This means that assessment focuses on:

- Social, functional and emotional needs
- Carer and family needs
- Environmental issues
- Strengths and capacities, not just deficits
- Opportunities for social participation and connectedness
- Involvement of multidisciplinary expertise

A Living at Home Assessment is not a health assessment or intended to replace a comprehensive ACAS assessment – it is a Home and Community Care based assessment.

HACC eligible clients referred for a Living at Home assessment will have an assessment undertaken in their own home. Living at Home assessors work within an Active Service Model where they focus on strengths and abilities and the maintenance/enhancement of skill.

## Who would I refer for a Living at Home Assessment?

There is no cost for an assessment and no obligation that the client/patient must accept a service from the designated agency. Clients receive an assessment based on their own and/or their carer's needs which reflect the current situation, their support and care options both now and for the future. Sometimes the end product of the assessment will be as simple as providing information or may include referral to another provider or service delivery by the assessing agency.

## Who would I refer to for a Living at Home Assessment?

The HACC funded, designated Living at Home Assessment service in your area are as follows:

**Ballarat District Nursing and Healthcare**  
Intake/Reception: Phone: 5334 1500 or Fax: 5334 1945

**City of Ballarat Council**  
Intake/Reception: Phone: 5320 5629 or Fax: 5320 5592

## Golden Plains Shire

Intake/Reception: Phone: 5220 7151 or Fax: 5220 7100

## Hepburn Shire

Intake/Reception: Phone: 5345 8399 or Fax: 5345 8041

## Moorabool Shire

Intake/Reception: Phone: 5366 0209 or Fax: 5368 1757

## Pyrenees Shire

Intake/Reception: Phone: 5349 1100 or Fax: 5349 2455

## How do I refer for a Living at Home Assessment?

The secure transmission of emails is provided through the Connecting Care system and the requested SCTT pages are as follows:

Confidential referral cover sheet	Consumer consent to share information
Consumer information	Living and caring arrangements
Summary and referral information	Functional assessment summary

Any other SCTT pages you have completed. Please attach the Service Provider Home Safety Check List with your referral (available on Connecting Care).

For assistance and advice contact your local Designated Assessment Service on the numbers above.

**DON'T FORGET TO PASS THIS INFORMATION ON**  
**Please print out a copy for your staff room.**

To include items in the newsletter contact Sharna Kelly 03 5338 4774 or [admin@chpcp.org](mailto:admin@chpcp.org)

**Please Remember the CHPCP Office will be closed from Wednesday 24<sup>th</sup> Dec – Monday 4<sup>th</sup> Jan 2010.**

**The next edition of the CHPCP Newsletter will be sent out on Wednesday 13<sup>th</sup> Jan 2010**

**We wish you all a very Merry Christmas and a Safe and Happy New year for 2010**