

Central Highlands Primary Care Partnership

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Welcome to the Central Highlands Primary Care Partnership Newsletter.

This weekly newsletter is a vehicle for you to use to promote your agency's happenings to the Central Highlands.

Agencies are welcome to use the newsletter to showcase new programs, staff, projects and events. Information should be sent to admin@chpcp.org by **Fridays** for the next week's edition.

Heart Foundation Walking Area Coordinator Training

Are you a professional interested in administering walking groups in your Area? Or would you like some additional support to make your existing groups more sustainable and less time intensive? We can help you to set up and maintain walking groups in your local community.

As an Area Coordinator, you will receive training, ongoing assistance, Support and resources from the Heart Foundation Victoria.

- An easy, effective and cost-efficient way to implement walking groups in your community.
- An active role in increasing regular physical activity in Australia to prevent potential health problems.
- A step-by-step guide to implement a quality, sustainable and proven program 80% retention rate of walkers.
- A wide range of resources to establish and maintain walking groups in your community

To register for the (free) Area Coordinator Training to be held Thursday 11th March, in Melbourne from 10.00am – 2.00pm contact Tara Henderson, Walking Project Officer Heart Foundation (Victoria) on (03) 9321 1515 or tara.henderson@heartfoundation.org.au

Calendar of Events:

(180) e.g. This is the edition number and can be accessed on the website for the full details of the event.

www.chpcp.org/newsletter

January 2010

Thursday 28 th	SSMART Solutions, Tackling Binge Drinking, City of Ballarat & DEECD 9.00am – 2.30pm at Wendouree Performing Arts Centre, Howitt St Ballarat (256)
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February 2010

Tuesday 2 nd & 9 th	Living with Teenagers , Centacare Ballarat, 1.00pm – 3.00pm Venue to be advised on booking (259)
Wednesday's	Legal Advise for Young People , YHQ, 3.30pm – 4.40pm, 122 Armstrong St Ballarat (259)
Wednesday 3 rd , 10 th , 17 th & 24 th	Separation Recovery , Centacare Ballarat, 7.00pm – 9.00pm Venue to be advised on booking (259)
Monday 8 th , 15 th , 22 nd & 1 st March	It's About the Kids , Centacare Ballarat, 7.00pm – 9.00pm Venue to be advised on booking (259)
Thursday 11 th	Tweens , Centacare Ballarat 7.00pm - 9.00pm Venue to be advised on booking (259)
Tuesday 16 th	Helping Families through Tough Times , 9.30am – 4.30pm at The Bouverie Centre, 8 Gardiner St, Brunswick (260)
Tuesday 16 th	Go For Your life Forum , William Angliss Institute, Melbourne (261)
Wednesday 17 th	Managing Strong Emotions , Centacare Ballarat, 1.00pm – 3.00pm Venue to be advised on booking (259)
Thursday 18 th	Building Positive Relationships , Centacare Ballarat, 7.00pm – 9.00pm Venue to be advised on booking (259)
Monday 22 nd & Tuesday 23 rd	Two Day Facilitator Training in No Bull (NB) Support , The Bouverie Centre 9.30am – 4.30pm at The Bouverie Centre, 8 Gardiner St, Brunswick (257)
Tuesday 23 rd	Health & Wellbeing, 4 Hour Short Course , Geelong Region Alliance, 10.00am – 3.00pm at Barwon Health, 104 Bellarine Hwy, Newcombe (260)

SSMART – Surviving Substance Misuse & Alcohol Risk Taking

The Strengthening Generations SSMART Network along with Ballarat Grammar School, City of Ballarat, State Government of Victoria and the Department of Education and Early Childhood Development is holding a forum on SSMART Solutions – Tackling Binge Drinking, with Paul Dillon, Local Initiatives showcased and John Toumbourou.

To be held Thursday 28th January 2010, 9.00am – 2.30pm at the Wendouree Performing Arts Centre, Howitt St, Wendouree.

RSVP to Jodie Downey on 5320 5593 or jodiedowney@ballarat.vic.gov.au

VIC Health Update – Funding Round Technology, Arts and Social Connection (TASC) Scheme

The Technology, Arts and Social Connection (TASC) Scheme is an innovative new program which will support creative initiatives that promote participation, health and wellbeing messages through community engagement in the digital environment.

Applications for the Technology, Arts and Social Connections (TASC) Scheme will open Saturday 12th December 2009 and close on Monday 15th February 2010. Guidelines and application forms will be available from Saturday 12th December at

www.vichealth.vic.gov.au/en/Funding-Opportunities/Funding-Open.aspx

Excellence in Indigenous Health Awards

The Inaugural Excellence in Indigenous Health Awards will celebrate the inspirational work being done to improve the health outcomes of indigenous people.

If you are involved in a program or initiative that is bringing us closer to closing the gap we invite you to make a submission. Initiatives deemed to have made an outstanding contribution will be recognised at the Awards Gala Dinner at the Mecure Hotel Brisbane on Tuesday 30th March 2010. For information visit

www.indigenoushealthawards.com

'Go for your Life' Men's Health Forum

To be held Tuesday 16th February 2010 at William Angliss Institute, Melbourne. For general inquiries call Sarah-Jane Blunt at Kinect Australia on 03 8320 0105 or sjblunt@kinectaustralia.org.au

Did you know???

Your body gives off enough heat in 30 minutes to bring half a gallon of water to a boil.

Working with People from A Refugee Background

Wimmera Primary Care Partnership, Rural Australians for Refugees (RAR) & Facilitators Karen Werner & Therese Meehan are holding an informative workshop.

Sessions will address the global, Australian & local picture regarding refugee settlement, trauma and the refugee experience.

Part 1 2.00pm – 3.00pm information suitable for general audience

Part 2 3.15pm – 5.00pm information for health providers.

To be held Tuesday 9th February at the Auditorium Horsham Campus, University of Ballarat, Baillie St Horsham.

For information and RSVP contact Karen Werner on 5338 4500 or karenw@bchc.org.au or Jan Schmidt-Loeliger on 0458 596 260 or Mandy Kirsopp on 0408 826 727

Aloha from CAFY

To celebrate CAFY's 30th Birthday an invitation is extended to their birthday beach party to be held at 11.00am on Monday 1st February at the BLX, 36 Camp St Ballarat.

A BBQ and celebrations happening on the BLX sundeck at 12.30pm

Dress is strictly Hawaiian beach attire, BYO beach ball, bucket, spade and sunhat Lunch & punch supplied.

RSVP to Larelle Kuczer at

larellekuczer@ballarat.vic.gov.au

Gender and Crime Report

The Australian Institute of Criminology has released the following publication: 'Mental health, abuse, drug use and crime: does gender matter?' by Lubica Forsythe and Kerryn Adams. Using data from the Australian Institute of Criminology's Drug Use Monitoring in Australia program, this report examines the direct relationship, mediated by gender, between mental health, prior experiences of child abuse, drug use and offending.

The paper is available

www.aic.gov.au/publications/current%20series/tandi/381-400/tandi384.aspx

Grampians Integrated Cancer Service – Annual Forum

The GICS annual forum will be held Tuesday 16th February at 6.30pm at the Old Collegians Pavilion, St Patricks College, 1431 Sturt St Ballarat. The forum will see the adoption of the 2008/2009 annual report and presentations on Supportive Care from Sheila Hirst, Prof Tony Love & Consumer Colleen Thompson. Information on new consumer engagement program will be provided.

RSVP to 5320 4782

POSITION VACANT

Indigenous Health Project Officer 3 Days per week – Fixed Term Contract 3 years

If you have a passion for working in Indigenous health and have experience in project management this new position in a national program is what you are looking for!

The Indigenous Health Project Officer will provide a focus on Indigenous health issues at the local level.

Responsibilities will include developing and implementing strategies to

- * improve access to mainstream primary care for Indigenous Australians;
- * increase uptake of MBS items for Indigenous people including Indigenous health checks and follow up items;
- * assist with self identification of Indigenous Australians to mainstream primary care services;
- * improve the capacity of general practice and other mainstream primary care providers to deliver culturally sensitive primary care services to Indigenous Australians;
- * increase awareness and understanding of relevant *Closing the Gap* measures;
- * collaborate with local Indigenous health services in a partnership approach for the delivery of primary care services.

Tertiary education qualifications and relevant work experience in the primary care system are essential.

Candidates from an Aboriginal or Torres Strait Islander background are encouraged to apply. A competitive salary package will be available, commensurate with the responsibilities of the position. The option to salary package is available. Applicants can obtain a copy of the position description on our website at <http://bddgp.org.au/positions-vacant> or by calling Faye on 5331 6303.

Please send covering letter addressing key selection criteria and resume with three professional referees to- Andrew McPherson, CEO, Ballarat & District Division of General Practice, PO Box 36W, Ballarat, 3350 or by email to- contact@bddgp.org.au

Hepburn L2P Program Volunteers Wanted

The Hepburn L2P program is a very exciting initiative which is being funded by VicRoads to assist young disadvantaged people living in the Hepburn Shire to attain the mandatory 120 hours driving practice required to progress from L plates to P plates.

If you or you know of anyone who may be interested please contact Janine Fleming on 5345 9150

POSITION VACANT

Global Innovation Centre, University of Ballarat Technology Park, Mt Helen

Executive Assistant (part-time)

Employment Status: 0.8 (flexible hours)

Executive Officer Location: Global Innovation Centre, University of Ballarat Technology Park, Mt Helen. Note to Applicants:

Interview and appointment will be based on how well each applicant meets the key selection criteria; therefore applicants must address each of the key selection criteria in their application. Applications should include a current résumé with references.

Ballarat ICT Ltd is an equal opportunity employer.

Executive Assistant will be responsible for the overall administrative systems and office operations of Ballarat ICT Ltd.

The principal focus of this position will be to provide office and administrative support to the Executive Officer.

The position requires a highly skilled, outgoing, flexible and responsive person to undertake this important support role.

A position description can be obtained from the Ballarat ICT website follow the links at www.ballaratict.com.au

Two exciting new projects to welcome in International Year of Biodiversity 2010

Green Gym has two new projects commencing in December to mark the arrival of International Year of Biodiversity 2010. Activities include tree planting, weed control, native flora surveys, walking track and visitor facilities maintenance. Transportation to a myriad of spectacular locations such as Mt Buangor State Park, Illabarook Grasslands and Langi Ghiran State Park, with other projects of equivalent appeal being continuously added to the list.

Green Gym is a health and wellbeing program funded by *Go for your life!* – Department of Sustainability & Environment (DSE) and managed by Conservation Volunteers Australia.

These projects will be run in association with Parks Victoria and DSE. No previous experience necessary. Transport provided.

For information and enquiries contact Gail on 0427 526 406

DON'T FORGET TO PASS THIS INFORMATION ON

Please print out a copy for your staff room

To include items in the newsletter contact Sharna Kelly 03 5338 4774 or admin@chpcp.org