

Central Highlands Primary Care Partnership

15 Violet Grove, Wendouree 3355.
Ph: 03 5338 4770 Fax: 03 5339 8419
Postal: 15 Violet Grove, Wendouree 3355.

Executive Officer - Helen Wade

Ph: 03 5338 4770 or helenw@chpcp.org

Service Coordination Industry Advisor – John Dixon

Ph: 03 5338 4772 or johnd@chpcp.org

Chronic Disease Coordinator – Vacant

Ph: 03 5338 4773 or icdm@chpcp.org

Health Promotion Coordinator – Anita Doyle

Ph: 03 5338 4775 or healthpromotion@chpcp.org

Administration Support Officer – Alison Kerr

Ph: 03 5338 4774 or admin@chpcp.org

Administration Support Officer – Sharna Kelly

Ph: 03 5338 4771 or support@chpcp.org

Website: www.chpcp.org

Welcome to the Central Highlands Primary Care Partnership Newsletter.

This weekly newsletter is a vehicle for you to use to promote your agency's happenings to the Central Highlands.

Agencies are welcome to use the newsletter to showcase new programs, staff, projects and events. Information should be sent to admin@chpcp.org by **Fridays** for the next week's edition.

Central Highlands Primary Care Partnership Chronic Disease Coordinator

Due to ill health our recently appointed Chronic Disease Coordinator has resigned.

As a result an exciting opportunity exists to join the Central Highlands Primary Care Partnership team to work on integrated chronic disease initiatives across the Central Highlands region.

The Chronic Disease Coordinator will work with key stakeholders in a non-clinical capacity to facilitate and strengthen integrated chronic disease management. The successful applicant will have excellent communication, change management skills, IT and project management skills as well as an understanding of issues and systems associated with chronic disease management.

To obtain further information or a Position Description contact Helen Wade, Executive Officer, Central Highlands PCP on 5338 4770 or helenw@chpcp.org

Calendar of Events:

(180) e.g. This is the edition number and can be accessed on the website for the full details of the event.

www.chpcp.org/newsletter

February 2010

Friday 5 th , 12 th , 19 th , 26 th	Kreative Kidz , Radmac Office Choice, 4.00pm – 5.30pm, 104 Armstrong St Nth, Ballarat (262)
Tuesday's (in Term Time)	Ballarat Young Parents Playgroup, City of Ballarat 11.00am – 12.30pm at Eureka Family Resource Centre, 507 Humffray St Ballarat (262)
Wednesday's	Legal Advise for Young People , YHQ, 3.30pm – 4.40pm, 122 Armstrong St Ballarat (259)
Wednesday 10 th , 17 th & 24 th	Separation Recovery , Centacare Ballarat, 7.00pm – 9.00pm Venue to be advised on booking (259)
Monday 8 th , 15 th , 22 nd & 1 st March	It's About the Kids , Centacare Ballarat, 7.00pm – 9.00pm Venue to be advised on booking (259)
Wednesday 17 th	Managing Strong Emotions , Centacare Ballarat, 1.00pm – 3.00pm Venue to be advised on booking (259)
Thursday 18 th	Events Management Workshop , Lead On Ballarat, 4.00pm – 6.00pm at Ballarat Learning Exchange, 36 Camp St, Ballarat (264)
Thursday 18 th	Building Positive Relationships , Centacare Ballarat, 7.00pm – 9.00pm Venue to be advised on booking (259)
Monday 22 nd & Tuesday 23 rd	Two Day Facilitator Training in No Bull (NB) Support , The Bouverie Centre 9.30am – 4.30pm at The Bouverie Centre, 8 Gardiner St, Brunswick (257)
Tuesday 23 rd	Health & Wellbeing, 4 Hour Short Course , Geelong Region Alliance, 10.00am – 3.00pm at Barwon Health, 104 Bellarine Hwy, Newcombe (260)
Wednesday 24 th	Koorie Family Well-being Forum , Ballarat Learning Exchange, 10.00am – 2.00pm, 36 Camp St, Ballarat. (264)
Wednesday 24 th	PCP ICDM Workshop, Using Case Studies to Strengthen Partnerships , 10.00am – 3.30pm at Department of Health Conference Centre, Level 1, 50 Lonsdale St Melbourne (262)
Friday 5 th March	Indigenous Regional Forum , 9.00am – 5.00pm. Mecure Ballarat, 613 Main Rd, Ballarat (264)
Tuesday 9 th March	Koorie Parent and Community Engagement Program , 10.00am – noon. Ballarat Learning Exchange, 36 Camp St Ballarat (264)

Koorie Parent & Community Engagement Program

"Where schools, Indigenous families and communities work in partnership, students get better results from their education." Pauline Clamp the Koorie Parent & Community Engagement Officer extends an invitation to all Koori parents to become involved in the KPaCE Program. The program will involve a series of forums and workshops, the first workshop will be "Time to have a yarn" Tuesday 9th March 2010, 10.00am – noon, at Ballarat Learning Exchange, 36 Camp St, Ballarat. RSVP to Pauline Clamp 0403 290 470.

Koorie Parents as Career Transition Support Program

The Koorie Parents as Career Support Program is a set of three workshops that aim to provide basic information and education, training pathways. Learn about the world of work and further study, know how to answer your kid's questions about education and careers. The first workshop will be "Parent Trivia" on Tuesday 9th March 2010, 12.45pm – 3.00pm at Ballarat Learning Exchange, 36 Camp St, Ballarat. RSVP to Jenny Jones 0402 461 559.

Koorie Family Well-being Forum.

The Koorie Family Well-being Forum is being held on Wednesday 24th February 2010, 10.00am – 2.00pm at Ballarat Learning Exchange, 36 Camp St, Ballarat. Guest Speaker include Dr Alf Bamblett, Professor Muriel Bamblett and Karen Heap. BBQ lunch provided and free bus pick up available. RSVP to Tony Lovett on 0402 655 983.

Rural Health Conference in Ballarat

The Department of Health is holding its 4th biennial Rural Health Conference in Ballarat on 21st – 23rd April 2010. This year the conference will focus on 'Health at the heart of the community' and workshops will be held on:

- Improving the health of rural Victorians
- Supporting a contemporary health system
- Strengthening and sustaining rural health services.

Bookings are now open, early bird rate available until 31st March 2010.

Call for Abstracts

Visit the website www.rh2010.com.au/call-for-papers.php for details

Acronyms List

The Primary Health Care & Information Service (PHCRIS) has compiled a list of 950 acronyms that are used by Primary Health and GP's. The list can be accessed via the web at www.phcris.org.au/acronyms

Project Worker – Ballarat Community Health

BCH is advertising this exciting opportunity to work with our Youth Housing Team, working on behalf of homeless and at risk youth to provide innovative health services. The project offers exciting opportunities to provide and improve linkages integrating general health, mental health, youth development and health promotion. A qualified Welfare/Social Worker or equivalent; you will provide information, access to training, secondary support and referral advice to other professionals. The project also offers the opportunity to design and develop tools and programs to be delivered by the Youth Housing Team. Position description available online at www.bchc.org.au or contact Lisa on 5338 4540. Applications close Monday 1st March 2010.

Health Promotion Tutors

School of Human Movement & Sport Sciences, Mt Helen Campus, University of Ballarat, require two Health Promotion Tutors. Professional Health Promotion and teaching experience preferred. Two 1.5 hour tutorials per week, plus a one hour tutor meeting per week. Salary rate (incl. preparation, tutor meeting, tutorial, student time): \$101.91/hour (repeat rate \$67.94/hour) Please send CV and direct any questions to Professor Warren Payne at w.payne@ballarat.edu.au, or by phone on 5327 9693. Closing date: Friday 19 February 2010.

Learning For Life Worker – Ballarat

The Smith Family are looking for a committed and organised individual able to contribute to the development and success of our work with schools and communities in Ballarat. You will need to demonstrate experience in community development and facilitating community programs, the ability to establish and maintain effective networks, effective interpersonal and communication skills and a capacity to work in a changing environment. For more information visit www.thesmithfamily.com.au or contact Michelle Anderson on 5335 9627.

ABC Open – Multimedia Producers

ABC Open is a project aimed at interacting and engaging regional audiences online. It will offer people the chance to participate in ways that have never existed before shining a spotlight on regional Australia. A search had begun for 30 multimedia producers to drive the project, these producers will be working at developing new ways of engaging and interacting with audiences online. For more information visit www.abc.net.au/open

Events Management Workshop

The Lead On Ballarat Youth Advisory Board (YAB) are running a workshop on events management skills and are hoping to develop a "Fashion Show" for 2010 from the workshop. If you are interested in events management, are interested in fashion or feel you could have something positive to contribute, register to come along. Thursday 18th February 2010, 4.00pm – 6.00pm at Ballarat Learning Exchange, 36 Camp Street, Ballarat. For more information or to register contact Lauren Kirkham on 0400 725 347 or Lauren@leadon.com.au

Disability & Indigenous Education Fund

A newly established Australian Disability and Indigenous Education Fund has been set up by Frank Hall-Bentik to assist Aboriginal and non-Aboriginal people with a disability to participate in both formal and informal education programs through small grants. The fund is looking to distribute small quarterly grants of up to \$2500 to assist people with a disability to continue their learning. Applications close Wednesday 31st March 2010. For more information contact Frank Hall-Bentik info@adipef.org.au

Future Proofing the Aged & Community Care Workforce

This seminar aims to highlight practical strategies to ensure the viability and sustainability of the aged and community care workforce into the future, to showcase innovations projects in aged, community care and educational settings that have demonstrated successes, to showcase successful quality improvement and patient safety initiatives. The seminar will be held on 25th – 26th May 2010, at Four Seasons Hotel, George St, Sydney. For further information and a copy of the seminar program visit www.changechampions.com.au

Borderline Personality Disorder Training

This is an introductory workshop program for mental health workers, alcohol and other drug workers and other staff. The workshop provides a comprehensive introduction to concepts and interventions relevant to treatment and support for individuals with a diagnosis of borderline personality disorder. This one day workshop is presented by Robert Trett, Treatment Services Manager, Spectrum. The workshop will be held on Friday 16th April 2010, 9.30am – 4.30pm, at Mecure Ballarat Hotel and Convention Centre, cost \$150 incl GST. For more information or to register your place contact Mandy Hammond at Centacare on 5336 7900 or email mandy.hammond@centacareballarat.org.au

Sponsorship Request

Keziah Glenane is running in the 2010 Law Enforcement Torch run to help raise money for Special Olympics Australia, Keziah will also be playing basketball for Victoria in the Special Olympics National Games in Adelaide in April 2010. To help Keziah reach her fundraising goal visit

<https://atl.etapestry.com/fundraiser/SpecialOlympicsAustralia/runwiththelaw/individual.do?participationRef=2761.0.11668525>

Kids – Go for your life

Regional Health Professionals' Forum Series.

This Forum is for any health professionals interested in, or currently working to, promote children's healthy eating and physical activity. Those that attend will learn more about this statewide health promotion program, gain knowledge and confidence in how to assist schools and services get involved, network with others in the region learning from their challenges and success with the program. The Forum will be held on Wednesday 3rd March 2010, 10.00am – 4.00pm, at Chalambar Golf Club, Golf Links Rd, Ararat. For more information or to register contact Tarli O'Connell on 9635 5537 or email tarli.oconnell@cancervic.org.au

Grampians Regional Palliative Care Awards 2010

The Grampians Regional Palliative Care Team is proud to present The Grampians Regional Palliative Care awards, which celebrates achievements and recognises them as the foundation of excellence in palliative care. The award nomination form must be submitted by Saturday 20th February, the entry forms submitted by Saturday 20th March and winners will be announced at the Gala Dinner on Friday 21st May 2010. For full details and a nomination form visit www.grampianspalliativecare.com.au Awards Gala Dinner page.

Stop Travelling Con Men

Consumer affairs Victoria is running a campaign warning residents about travelling con men. Travelling con men particularly target the elderly, they go from door to door offering 'cheap' home repair services. After pressuring people for cash up-front they disappear. A Crime Stoppers Victoria commercial is currently being screened and information posters and brochures detailing this issue are available by phoning consumer Affairs Victoria on 1300 558 181.

Free February Bus

Correction – the bus service details below are only for the Saturday Service

The Hepburn to Creswick bus is running free for all of February! The bus runs from Daylesford via Old Hepburn, Hepburn, Eganstown, Blampied and Newlyn to Creswick. The bus departs Daylesford at 10.00am arriving in Creswick at 10.25am. The return bus will depart Creswick at 5.05pm arriving in Daylesford at 5.26pm. For more information contact Simon Evans on 5345 8399.

Community Kitchens Forum

Expressions of interest are currently being sought for an Australian Community Kitchens Forum. We endeavour to create a forum that will be beneficial to those already involved with a Community Kitchens project, as well as those who want to find out more about the concept. This free event will be held on Wednesday 14th April, 10.30am – 3.30pm at VicHealth, 6 Pelham St, Carlton. To maximise the benefit of this forum please complete the online survey found at www.surveymonkey.com/s/KWMHXW5 For more information contact Juila McCartan on 9784 8582 or email JMcCartan@phcn.vic.gov.au

Response Based Practice Workshop

Grampians Family Violence Services Integration Committee present Allan Wade Response Based Practice 2 day workshop. This workshop has been developed by Allan and his colleagues, it is based on the observation that victims invariably respond to and resist violence and that perpetrators take steps to conceal and suppress these acts of resistance. By focusing on a client's responses, these actions and experience can be explored to elicit a more complete and accurate account of their resistance to violence and oppression. This workshop offers an understanding of response based ideas that can be used in a variety of direct service settings. The workshop will be held on 15th and 16th March 2010, 9.00am – 4.30pm at Mecure Ballarat, 613 Main Rd, Ballarat. Cost \$300 or \$265 early bird. To register contact Jeannine le Vaillant via email jlevaillant@cafs.org.au

OHS Equipment Grants

One off grants of up to \$5000 allow not for profit community organisations to improve workplace health and safety by accessing funds to purchase equipment to address identified OHS hazards in their organisations. Applications will be accepted from 1st March – 31st March, to find out all you need to know about the grants visit www.communityohs.org.au/ohs-equipment-grants/

Indigenous Regional Forums

The Victorian Government in partnership with Victorian Indigenous communities invite you to attend an Indigenous Regional Forum. This is an opportunity for Indigenous people to come together with government to consider and discuss issues affecting our communities. The forum will be held on Friday 5th March 2010, 9.00am – 5.00pm at Mecure Ballarat, 613 Main Rd, Ballarat. Register your attendance via email StateWideConferences2010@dpcd.vic.gov.au

Gender and Crime Report

The Australian Institute of Criminology has released the following publication 'Mental health, abuse, drug use and crime: does gender matter?' by Lubica Forsythe and Kerry Adams. Using data from the Australian Institute of Criminology's Drug Use Monitoring in Australia program, this report examines the direct relationship, mediated by gender, between mental health, prior experiences of child abuse, drug use and offending. The paper is available at www.aic.gov.au/publications/current%series/tandi/381-400/tandi384.aspx

Did You Know??

By practicing 'ecodriving' you can reduce your emissions by up to 10%. Ecodriving involves changing your driving style in a number of ways including changing gears early, using air conditioning sparingly, removing accessories such as roof racks when not in use, and driving smoothly avoiding sharp acceleration and heavy braking.

DON'T FORGET TO PASS THIS INFORMATION ON

Please print out a copy for your staff room

To include items in the newsletter contact Alison 03 5338 4774 or admin@chpcp.org

The Central Highlands Primary Care Partnership newsletter is compiled from information provided by organisations and partner agencies. Information is received and published in good faith and whilst every effort is made to only publish current information, we cannot accept responsibility for the accuracy of the information provided to us.