

Central Highlands Primary Care Partnership

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Welcome to the Central Highlands Primary Care Partnership Newsletter.

This weekly newsletter is a vehicle for you to use to promote your agency's happenings to the Central Highlands.

Agencies are welcome to use the newsletter to showcase new programs, staff, projects and events. Information should be sent to admin@chpcp.org by **Fridays** for the next week's edition.

Learning's from local Hub developments

You are invited

To a panel discussion with representatives from The Golden Plains Shire and Wendouree West Learning Hub who will talk about their experiences; challenges, barriers, interesting discoveries and learning's from 4 different local hubs at different stages in their development

Central Highlands PCP, Child and Family Platform Meeting
Tuesday 20th April 2010
9.30am - 11.30am

At The Well, Smythesdale Business, Health and Community Hub

Calendar of Events:

(180) e.g. This is the edition number and can be accessed on the website for the full details of the event.

www.chpcp.org/newsletter

April 2010

Friday 16 th	Borderline Personality Disorder Training , 8.30am – 4.30pm. Mecure Ballarat Hotel and Convention Centre, 613 Main Rd, Ballarat. (264)
Friday 16 th	Launch of 2010 Youth Survival Guide , 5.00pm – 7.00pm, Ballart Learning Exchange, Camp St, Ballarat
Saturday 17 th	The Social 1's Family Fun Day , 3.30pm, Goldrush Mini Golf, Western Highway Ballarat. (271)
Sunday 18 th	La Voce Della Luna Performance , 11.30am, Ballarat Italian Association Hall, 19 Recreation Rd, Mt Clear. (271)
Sunday 18 th	UnitingCare Ballarat's Big BBQ Bash , Ballarat North Gardens (267)
Tuesday 20 th	Learnings From Local Hub Developments , 9.30am – 11.30am. The Well, Smythesdale Business Health & Community Hub, 19 Heales st, Smythesdale (272)
Tuesday 20 th	Thinking & Momory, MS Australia , 10.00am – 12.30pm, Lederman Hall, Queen Elizabeth Centre, 102 Ascot st, Ballarat. (271)
Wednesday 21 st	Dispute Settlement Centre's Grand Opening , 10.15am, Ballart Justice Service Centre, 206 Mair St, Ballart (270)
Wednesday 21 st	People @ Work & United Way Administration Breakfast , 7.00am at Ballarat Golf Club, Sturt St Alfredton (270)
Thursday 22 nd	Parents Optimising Developmental Stages, PODS 9.15am – 2.30pm at the Robert Clarke Centre, Ballarat Botanical Gardens (270)
Friday 23 rd	Factors the influence health with a particular focus on Social Inclusion, Gambling and Mental Health , 10.30am – 2.00pm, Family Relationship Centre, 34 Peel St, Ballarat. (272)
Tuesday 27 th	Retrofitting Your Home & Eco Challenge , 7.00pm – 9.00pm, BRACE, 602 Urquhart St, Ballarat (271)
Friday 30 th	Meet with Aboriginal Community Members , 2.00pm – 2.00pm, BADAC Social Cedntre, 15 Martin Drive, Delacombe (270)

Workshop – ‘Factors that influence health with a particular focus on Social Inclusion, Gambling and Mental Health’

The Central Highlands Primary Care Partnership Integrated Health Promotion Network proudly presents the highly recommended workshop ‘Factors that influence health with a particular focus on Social Inclusion, Gambling and Mental Health’

This workshop will cover

- What is health?
- Information on the Social Determinants of Health and how they relate to problem gambling and mental health
- How health is created outside of the health sector
- Where problem gambling fits in to the bigger picture
- Information on what we know about problem gambling in our local area
- Factors that influence health with a particular focus on Social Inclusion, Gambling and Mental Health

This 3 hour workshop with lunch provided will be held on Friday 23rd April 2010, 10.30am - 2.00pm. At Family Relationship Centre, Centacare 34 Peel Street, Ballarat
RSVP by April 16th to

healthpromotion@chpcp.org

The Integrated Health Promotion Network has representatives from CHPCP member organisations and welcomes non-member organisations from across the Central Highlands Region (Golden Plains Shire, Moorabool Shire, Hepburn Shire and the City of Ballarat) who have a commitment to or interest in Integrated Health Promotion

For further information about the Integrated Health Promotion Network contact

Anita at healthpromotion@chpcp.org

or phone 5338 4775

ANZAC Day

The Department of Veterans’ Affairs website contains information on how to conduct an Anzac Day ceremony including a simple Order of Service that can be adapted to suit individual needs. Visit the website for more information www.dva.gov.au/commems_oawg/commemorations/commemorative_events

The website also has educational resources available for students at

www.dva.gov.au/commems_oawg/commemorations/education/Pages/index

If you would like a 2010 Anzac day poster for display please call into the Department of Veterans’ Affairs Network office at 12 Dawson St Sth, Ballarat or phone 1300 551 918.

PINARC Leadership Positions Full time

Come and join our dynamic and supportive team who are passionate about making a positive difference to the lives of people living with a disability. Pinarc Support Services offers a whole of life multi-disciplinary approach to supporting people and their families/carers. We encourage innovation and flexibility through person-centred and individualised practice.

- Manager, Flexible Support Options (permanent, full-time)

Lead a team of enthusiastic case managers providing a range of flexible support options. This dynamic role participates in the leadership of the organisation through a collaborative and consultative management model. As part of the salary agreement a car is provided.

- Senior Planning Practitioner * (2 year contract)

This is a unique opportunity with a new role to make your mark and lead the way in improving our complex planning services

- Individualised Planner * (6 month contract with possibility of extension)

This position will be responsible for undertaking planning reviews with people in receipt of Individual Support Packages

For all positions you will have a tertiary degree in social work/welfare, allied health or relevant field; experience in the community sector and looking to further your career working with people with a disability. If you have enthusiasm, creativity and a sense of fun – then you will fit well with our team!

Conditions are based on Social, Community, Home Care & Disability Services Industry Award 2010. We offer above Award rates with generous salary packaging.

To request a position description contact Karen Davis on 5329 1350 or email kdavis@pinarc.org.au. To be considered for this role you will need to address the key selection criteria in the position description.

Applications close Friday 23rd April 2010 email to kdavis@pinarc.org.au or mail to Human Resources, Pinarc Support Services PO Box 1841 Bakery Hill Business Centre 3354

* These positions have been previously advertised, previous applicants need not reapply and will be considered in this round

Primary Health Weekly Bulletin

The latest edition of the Primary Health Weekly Bulletin is now available at:

www.dhs.vic.gov.au/rrhacs/ph_bulletin_nocache?src=email&id=080410

International Women's Day 2011

The Department of Planning and Community Development is currently delivering the Rural Women Leading Change Initiative. This Initiative aims to strengthen the capacity of rural and regional women to participate and lead in their communities. This is an invitation to gather, share plans for IWD activities 2011 and explore the development of a community event (to be held in Delacombe), along with an IWD 2011 calendar that can promote the great array of activities happening across our region.

The initial planning meeting will be held Tuesday 4th May, 10.30am to 12pm (Morning tea will be provided). DEECD Office. 109 Armstrong St North, Ballarat. RSVP: Tuesday April 27th, please confirm for catering purposes, to Emma Mahony on 5327 2850. This invitation relates to activities held across the Central Highlands area, including Ballarat City Council, Hepburn, Pyrenees, Golden Plains and Moorabool Shires.

Young Musicians Competition

As part of the Victoria Rocks initiative, the Victorian Government is inviting young musicians 15-21 years of age to show off their skills and talents by entering the Get Equipped music equipment competition.

Through this exciting competition, \$25,000 worth of music equipment will be awarded to 15 young musicians or groups. Simply send in a video recording of you or your group performing a song "live" (either an original song, cover version or sampled music) to be in the chance to win. The competition is open from Saturday 10 April to Friday 28 May 2010. For more information, visit

www.youthcentral.vic.gov.au/Games+%26+Competitions/Competitions/Get+Equipped+Competition

Dispute Settlement Centre's Grampians Region Service Grand Opening

The Hon. Rob Hulls MP, Deputy Premier and Attorney-General takes pleasure in inviting you to the official opening of the Dispute Settlement Centre's Grampians Region Service.

Wednesday 21 April 2010, 10.15am for 10.30am start. Ballarat Justice Service Centre, 206 Mair Street, Ballarat. Refreshments will be provided. RSVP: Friday 16 April 2010 to Kate Osborne on 4301 7011 or email:

kate.osborne@justice.vic.gov.au

Did you know???

There is no word in the English language that rhymes with month, orange, silver or purple!

Mental Health First Aid Training

Central Highlands Primary Care Partnership invites you to attend 'Understanding Mental Health and Wellbeing.' An introduction to mental health, mental health promotion, prevention of mental ill-health and early intervention.

Tuesday 18th May 2010, 10.00am – 3.30pm, at BLX (Ballarat Learning Exchange) Conference Room, 36 Camp St, Ballarat RSVP – Sharna Kelly 53 384771 or support@chpcp.org

Youth Foundations Victoria

The Minister for Sport, Recreation & Youth Affairs, James Merlino MP, in partnership with the Beaufort Community Bank Branch invites you to join Joe Helper MP, at the official launch of Youth Foundations Victoria in Beaufort.

Thursday 29 April 2010, 3:30pm to 4:30pm Bendigo Bank Community Complex, Goldfields Reserve, Park Rd, Beaufort. RSVP by 27 April 2010 to www.eventoffice.com.au/YFV-Beaufort or mark.hobbs@dpcd.vic.gov.au providing any special dietary requirements. Afternoon tea will be provided.

Youth Foundations Victoria is a partnership between the Victorian Government, Bendigo Bank and local communities to enable young people to look at the needs of their local area, develop funds and make small grants for local youth-led activities.

For more information - Mark Hobbs, Office for Youth (03) 9208 3223.

Best Start Forum

Forging Links and Collaborative Practices with Aboriginal Early Years' Services and Initiatives

The Forum will provide an overview of Aboriginal initiatives targeting families and children in Victoria and provide participants with opportunities to:

- foster links and explore the relationships between these initiatives and Best Start Partnership activities
- identify how Best Start Partnerships can add value to these initiatives, and
- develop collaborative practices and strategies to improve outcomes for Aboriginal children and families.

Monday, 3 May 2010, 9.30am – 4.00pm, Aborigines Advancement League, 2 Watt Street, Thornbury 3071 (Melway Ref Map 30, F3). For more information contact Sharon Hoffmann, DEECD, 9651 6500, or email beststart@edumail.vic.gov.au

The Last Days

The Grampians Regional Palliative Care Team presents a Twilight Education Session - The Last Days. The last days of a person's life can be an intense experience; for the patient, the family and care givers; physically, spiritually and emotionally. In this presentation we hope to explore some of the key issues in caring for someone during "the last days". We will focus on practical aspects, symptom management and the important aspects of communication and therapeutic relationships. Monday 3rd May 2010, 6.30pm – 8.30pm. Drinks & nibbles provided. Education Resource Centre, BBH, Ballarat Health Services, Drummond Street Nth, Ballarat. Cost: Grampians Region \$15.00, Other \$25.00. RSVP 28th April to Bernadette Matthews, 5320 3553 or email bernadette@bhs.org.au

Circles of Support National Steering Group

Circles of Support are a key strategy to make social inclusion work for people with disabilities, people with mental illnesses, vulnerable children and families, young people in foster care, single young parents, and others struggling with social isolation. By building an intentional circle of support around a person, comprising friends, neighbors, family, shopkeepers, drivers and support workers, real connections and communities can be built.

We want to make it as easy as possible to set up Circles of Support for people who are close to us. A National Steering Group to co-ordinate the development of Circles of Support will be convened at the Street by Street, Suburb by Suburb. Community Building and Social Inclusion conference in Melbourne on April 21/22. The group's goal will be to facilitate the development of 50 Circles of Support around Australia by the end of 2010, and 100 by the end of 2011.

To register your Expression of Interest in joining the National Steering Group use this online form:

<http://www.civilsociety.org.au/CirclesSteeringGroupEOI.htm>

Deadline: Friday 16th April

Change of Venue

Invitation to meet with Aboriginal community members, now to be held Friday 30th April 2010 12.00 – 2.00pm at BADAC Social Centre 15 Martin Drive/ Delacombe. Previously advertised in issue 270

Did you know???

The Titanic was the first ship to use the SOS signal.

Safe TALK

SafeTALK is a half-day presentation to increase suicide alertness. This program alerts community members to signs that a person may be considering suicide. It acknowledges that while most people at risk of suicide signal their distress and invite help, these intervention opportunities are often overlooked. Participants learn to recognize when someone may have thoughts of suicide and to respond in ways that link them with further suicide intervention help. Thursday 6th May 2010, 11.00am – 3.00pm, Dept. Education & Early Childhood Development, 109 Armstrong Street North Ballarat. Facilitator Anne Watson Mental Health Promotion Officer – CAMHS. Cost \$27.50 For more information about this program, or to register your place contact Anne Watson on 53203030 or email annew@bhs.org.au.

Heart Foundation Local Government Awards

Since these awards were established in 1992, the Heart Foundation has acknowledged over one thousand initiatives that have contributed to improving the heart health of communities. The programs have helped to build community connections, encourage people to be physically active, be smoke free and make healthier food choices. The awards provide an opportunity for Local Governments and associated community groups to celebrate their achievements and seek recognition for their valued contribution to creating healthy communities. The entry categories for 2010 are:

- Planning for Active Living
- Facilities
- Healthy Weight
- Priority Groups
- Tobacco
- Employee Health and Wellbeing

For entry forms and information about the 2010 awards visit www.heartfoundation.org.au/lga or contact Jenni Lanfear on 9321 1537 or email jenni.lanfear@heartfoundation.org.au

Entries close at 5pm on Friday 4th June 2010.

DON'T FORGET TO PASS THIS INFORMATION ON

Please print out a copy for your staff room

To include items in the newsletter contact Alison 03 5338 4774 or admin@chpcp.org

The Central Highlands Primary Care Partnership newsletter is compiled from information provided by organisations and partner agencies. Information is received and published in good faith and whilst every effort is made to only publish current information, we cannot accept responsibility for the accuracy of the information provided to us.