

Central Highlands Primary Care Partnership

15 Violet Grove, Wendouree 3355.
Ph: 03 5338 4770 Fax: 03 5339 8419
Postal: 15 Violet Grove, Wendouree 3355.

Executive Officer - Helen Wade

Ph: 03 5338 4770 or helenw@chpcp.org

Service Coordination Industry Advisor – John Dixon

Ph: 03 5338 4772 or johnd@chpcp.org

Chronic Disease Coordinator – Vacant

Ph: 03 5338 4773 or icdm@chpcp.org

Health Promotion Coordinator – Anita Doyle

Ph: 03 5338 4775 or healthpromotion@chpcp.org

Administration Support Officer – Alison Kerr

Ph: 03 5338 4774 or admin@chpcp.org

Administration Support Officer – Sharna Kelly

Ph: 03 5338 4771 or support@chpcp.org

Website: www.chpcp.org

Welcome to the Central Highlands Primary Care Partnership Newsletter.

This weekly newsletter is a vehicle for you to use to promote your agency's happenings to the Central Highlands.

Agencies are welcome to use the newsletter to showcase new programs, staff, projects and events. Information should be sent to admin@chpcp.org by **Fridays** for the next week's edition.

Workshop – 'Factors that influence health with a particular focus on Social Inclusion, Gambling and Mental Health'

The Central Highlands Primary Care Partnership Integrated Health Promotion Network proudly presents the highly recommended workshop 'Factors that influence health with a particular focus on Social Inclusion, Gambling and Mental Health'

This workshop will cover

- What is health?
- Information on the Social Determinants of Health and how they relate to problem gambling and mental health
- How health is created outside of the health sector
- Where problem gambling fits in to the bigger picture
- Information on what we know about problem gambling in our local area
- Factors that influence health with a particular focus on Social Inclusion, Gambling and Mental Health

Friday 23rd April 2010, 10.30am - 2.00pm.

Family Relationship Centre, Centacare 34 Peel Street, Ballarat. RSVP to Anita Doyle on 5338 4775 or

healthpromotion@chpcp.org

Calendar of Events:

(180) e.g. This is the edition number and can be accessed on the website for the full details of the event.

www.chpcp.org/newsletter

April 2010

Wednesday 21 st	Dispute Settlement Centre's Grand Opening , 10.15am, Ballarat Justice Service Centre, 206 Mair St, Ballarat (270)
Wednesday 21 st	People @ Work & United Way Administration Breakfast , 7.00am at Ballarat Golf Club, Sturt St Alfredton (270)
Thursday 22 nd	Parents Optimising Developmental Stages, PODS 9.15am – 2.30pm at the Robert Clarke Centre, Ballarat Botanical Gardens (273)
Friday 23 rd	Factors that influence health with a particular focus on Social Inclusion, Gambling and Mental Health , 10.30am – 2.00pm, Family Relationship Centre, 34 Peel St, Ballarat. (272)
Tuesday 27 th	Retrofitting Your Home & Eco Challenge , 7.00pm – 9.00pm, BRACE, 602 Urquhart St, Ballarat (271)
Friday 30 th	Meet with Aboriginal Community Members , 2.00pm – 2.00pm, BADAC Social Centre, 15 Martin Drive, Delacombe (270)

May 2010

Monday 3 rd	Foster Care Information Session , 1.30pm – 2.30pm & 6.00pm – 7.00pm, CAFS 115Lydiard St, Ballarat (273)
Monday 3 rd	The Last Days , 6.30pm – 8.30pm, Education Resource Centre, Ballarat Health Services, Drummond St Nth, Ballarat (272)
Friday 7 th	Board Members: Roles, Responsibilities, Liabilities and Protections , 11.00am – 2.30pm, YHQ, 122 Armstrong St Sth, Ballarat (273)
Wednesday 12 th	Bowel Cancer Education Session , 5.15pm, Baxter Theatre, Education Resource Centre, Ballarat Health Services, Drummond St, Ballarat. (273)
Tuesday 18 th	Understanding Mental Health and Wellbeing . 10.00am – 3.30pm, BLX, 36 Camp St, Ballarat (269)

Foundation Course in Child Development

Centacare is sponsoring the highly regarded Foundation Course in Child Development in Ballarat on 26th & 27th May.

Dr Ruth Schmidt Neven the Founder and Director of the Centre for Child and Family Development, will be delivering this course.

Details of the course are available at

www.childandfamily.com.au

Cost is \$300 per person. Both days run from 9am – 5pm. Places limited. To register please contact Sue Lanyon on 5327 7960.

Parents Optimising Developmental Stages

The PODS team invites school and community staff to Parents Optimising Developmental Stages - 0 to 6 years. A Forum investigating the most current evidence in Early Childhood brain development and the impact on learning & parenting. Keynote Speaker: Dr Jenny Proimos. The 2nd part of the Forum relies on your contribution to further develop the PODS local website structure which provides access & information to local services for pregnant & parenting young people.

Thursday 22nd April, 9.15am – 2.30pm, Robert Clark Centre, Botanic Gardens. Morning Tea & Lunch provided

For Registration, dietary requirements & further details, please contact Lynne McDonald, PODS Project Worker, Ballarat Community Health ph 5338 4544 or email: lynnem@bchc.org.au

Foster Care Information Sessions

Child and Family Services are holding information sessions to assist interested people in learning more about the role and process of applying to be a foster carer. Attending an information sessions is an opportunity to seek more information and ask questions of staff and experienced foster carers. The first session is being held on Monday 3rd May, 1.30pm - 2.30pm and the second session on Tuesday 4th May, 6.00pm - 7.00pm at CAFS, 115 Lydiard Street, Ballarat. Light refreshments will be provided. For more information or to register your attendance contact Cheryl or Glenn on 5337 3377.

My Peer

The WA Centre for Health Promotion Research has developed a free online resource to help community agencies use a peer based model to work more effectively with at-risk youth. For more information please see

www.mypeer.org.au

Lead On Ballarat New Office & New Manager

The Lead On Ballarat Board are going through the process of appointing a new manager and ask for your patience and assistance at this time. We would like to thank Sarah-Kate for her hard work and wish her well in the future.

Vicki Coltman, Deputy Chair, Lead On Ballarat is currently reviewing our projects and working with all stakeholders to ensure programs continue without delays. Vicki can be contacted on 0417 304 782.

Lead On Ballarat have relocated offices to "Eureka House", Suite 3, Level 2, 11 Lydiard Street South, Ballarat. VIC 3350. With a new postal address of PO Box 109, Ballarat. VIC 3353.

Bowel Cancer Education Session

Grampians Integrated Cancer Service invites you to a Bowel Cancer Education Session. The latest cancer stats in Victoria reveal that Bowel Cancer is the 2nd most common new cancer in Victorians.

The forum is designed to

- Give the latest information on Bowel Cancer
- Provide current treatment options
- Develop awareness of the familial aspects of Bowel Cancer
- Build on both the relevance of early referral to palliative care services and to give an overview of the specific problems that are related to bowel cancer in the palliative care setting.

Wednesday 12th May 2010, 5.15pm at the Baxter Theatre, Education Resource Centre, Ballarat Health Services, Drummond St Ballarat. Register your attendance by Thursday 6th May by phoning Lea Marshall on 5320 4044 or email leam@bhs.org.au

Women's Health Victoria is on the move

We will shortly be relocating from our premises at Level 1, 123 Lonsdale Street, Melbourne. Note that BreaCan (a service of WHV) will continue to be located at the Queen Victoria Women's Centre.

From Tuesday April 20th WHV main office will be operational from new premises at Level 8, 255 Bourke Street, Melbourne.

For detailed information on how to find us, go to

www.whv.org.au

Postal address GPO Box 1160, Melbourne 3001, phone 03 9662 3755 & fax 03 9663 7955 remain the same.

Did you know???

The colour blue has a calming effect. It causes the brain to release calming hormones.

'Next Generation' National Community Care Conference – sponsored delegate places

If you are a rural and remote service provider and would like the opportunity to attend the upcoming National Conference as a sponsored delegate then apply now! Three sponsorships of \$1000 each are available to contribute towards airfares, accommodation and attendance at the conference. To attend as a sponsored delegate send an email to events@acqi.org.au by Friday 30th April explaining in 200 words or less why you would like to attend the conference and what you will do with the knowledge and networks you gain from attending. For more information contact Kim Hart on 07 3725 5588. The conference is on 2nd – 4th June 2010 at the Gold Coast Convention and Exhibition Centre.

Primary Health Weekly Bulletin

The latest edition of the Primary Health Weekly Bulletin is now available at:

www.dhs.vic.gov.au/rrhacs/ph_bulletin/nocache?src=email&id=160410

In this edition:

Conference: Governance and Service Quality for Health and Community Services

This conference will explore the way in which strong, integrated governance systems enable service quality, and will showcase achievements in this area in the health and community sectors. It will be presented by the Victorian Healthcare Association and held on Wednesday 19 May and Thursday 20 May in Melbourne. Read more...

www.dhs.vic.gov.au/rrhacs/ph_bulletin/conference-governance-and-service-quality-for-health-and-community-services2/nocache?src=email&id=160410

Seminar: Managing Lupus in primary care

This seminar will inform health professionals about diagnostic procedures, pathophysiology and the medical management of Lupus. The speakers will raise awareness of the resources available in the community to support people with Lupus and explore processes and linkages for referral of clients with Lupus. It will be held on Monday 10 May in Clayton. Read more.

www.dhs.vic.gov.au/rrhacs/ph_bulletin/seminar-managing-lupus-in-primary-care/nocache?src=email&id=160410

Training: Deaf Awareness

This training is free and open to any services or individual who wishes to have a greater understanding of deaf people, their needs and their communication. Read more.

www.dhs.vic.gov.au/rrhacs/ph_bulletin/training-deaf-awareness/nocache?src=email&id=160410

International Youth Mental Health Conference

The conference will showcase research and evidence based best practice presentations across the key areas of youth well-being and mental health. It will include youth health and mental health, education and vocational issues, health promotion, service reform, and drug and alcohol streams. The conference will also focus on youth participation in health settings and the importance of innovative technologies such as e-technology to support youth engagement. The conference will appeal to mental health and allied health specialists including psychologists, social workers, educators, psychiatrists, nurses, occupational therapists, youth workers, counsellors, policy makers and anyone interested in young people's mental health 29th and 30th July 2010 at the Melbourne Convention and Exhibition Centre. To register your interest please visit

<https://wsm.com.au/ei/getdemo.ei?id=498&s=27K11OHVM>

RMIT Project - Mental Health needs of young people living with a learning disability

RMIT youth work students are conducting a project looking at the mental health needs of young people aged 12 to 25 living with a learning disability. The intention is that this work be used to support an ARACY and University of Melbourne funded collaboration looking at the potential of information communication technology to improve the mental health and wellbeing of young people from four specific groups: young carers, young people with a physical or intellectual disability, young people with a learning disability and young people with a chronic illness.

If you work with young people with learning disabilities and would be interested in collaborating to host workshops to explore these issues please contact Elise Nolan elise.nolan@inspire.org.au or Elif Azize elif.azize.tok@inspire.org.au

Diversity in Health 2010 Conference

Diversity in Health is Australian's premier multicultural health and wellbeing conference, featuring issues such as mental health, refugee health and wellbeing, health literacy and social inclusion. This year the conference will include a specialist stream on problem gambling. Highlights include; Problem gambling and culturally inclusive treatment, culturally targeted health promotion and innovative service models. 7th – 9th June 2010, Melbourne Convention and Exhibition Centre. For more information or to register your place visit <http://www.ceh.org.au/dih-about.aspx>

2010 Community Transport Grants

The Hepburn and Moorabool Shire Council Community Transport Grants are open again for 2010! Two brackets of grants are available: up to \$500 for standard initiatives and up to \$1,000 for sustainable initiatives. The remaining closing dates are 30 April and 31 May with applications assessed at the end of each period and applicants advised within 1 week of the closing date.

For more information, including the Grant Guidelines please use the link below.

Hepburn:

http://www.hepburn.vic.gov.au/Page/page.asp?Page_Id=948&h=0

Moorabool:

<http://www.moorabool.vic.gov.au/?id=2303103220043C530081B35389DCA2576E300823479>

Board Members: Roles, Responsibilities, Liabilities and Protections

This back to basics training is suitable for new not-for-profit board or committee of management members or existing boards and committees that want a refresher on the role and legal responsibilities that come with running community organisations in Victoria.

This training will cover;

- Overview of the effect of incorporation on a community organisation, and what incorporation means for board and committee members.
- The legal status of the Rules or Constitution of a community organisation.
- The potential liabilities of committee of management members, and what legal protection is available.
- Simple actions a board or committee of management member can take to ensure they comply with the law and protect themselves from liability.

Friday 7th May 2010, 11.00am – 2.30pm, YHQ, 122 Armstrong St Sth, Ballarat. Cost \$40.00 including GST and a light lunch. For more information and to register contact Kate Johnson 03 9654 5050 or email kate.johnson@vcoss.org.au

Did you know???

In most watch advertisements the time displayed on the watch is 10:10 because then the arms frame the brand of the watch, and make it look like it is smiling!

Masterclass in Advanced Nonprofit Strategy, Risk and Governance

Do you have new Board members who would benefit from the latest in strategic thinking and governance practices?

Would you and your Board benefit from renewal of energy to facilitate you and them to be even more strategic?

Would you like the latest and most powerful strategies to get your Board truly engaged and making the decisions that create the future for the community you serve?

This Masterclass provides leading-edge strategies and tactics for nonprofit executives and Board members that will shake long-held beliefs about strategy and governance. The Masterclass, which has been highly praised by hundreds of nonprofit leaders, has been specifically designed for nonprofit CEOs, Senior Executives, Chairs and Board members. Places are limited to 40 people. Friday 18th June 2010, Saxons, Level 8, 500 Collins Street, Melbourne. For more information visit www.conscious-governance.com/images/stories/pdf/masterclass_in_advanced_strategy_risk_and_governance_june10.pdf

Ballarat Library Presents Alice Pung

Best Selling Author Alice Pung is coming to the Ballarat Library. Alice is the author of Unpolished Gem and the editor of Growing up Asian in Australia, she has a deep passion and empathy for youth issues, and believes in the power of good humour to help surmount adversity.

Friday the 23rd April, 10.00am and 11.30am. Central Highlands Regional Library, 178 Doveton St Nth, Ballarat. For more information contact Allison Waldron 5331 1211.

DON'T FORGET TO PASS THIS INFORMATION ON

Please print out a copy for your staff room

To include items in the newsletter contact Alison 03 5338 4774 or admin@chpcp.org

The Central Highlands Primary Care Partnership newsletter is compiled from information provided by organisations and partner agencies. Information is received and published in good faith and whilst every effort is made to only publish current information, we cannot accept responsibility for the accuracy of the information provided to us.