

Central Highlands Primary Care Partnership

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Welcome to the Central Highlands Primary Care Partnership Newsletter.

This weekly newsletter is a vehicle for you to use to promote your agency's happenings to the Central Highlands.

Agencies are welcome to use the newsletter to showcase new programs, staff, projects and events. Information should be sent to admin@chpcp.org by **Fridays** for the next week's edition.

Aboriginal-study-to-work-program

The Department of Human Services and the Department of Health are seeking enthusiastic Aboriginal people looking for exciting career opportunities in the department.

We are looking for Aboriginal people who:

- are interested in working for either department
- work well with others
- have good communication skills,
- are good at solving problems and
- have a willingness to learn.

Prior experience or qualifications are not required.

Anyone from school leavers to the mature aged are encouraged to apply.

Applications open are now open. Applications close 5.00 PM 30th June 2010.

For more information visit

www.dhs.vic.gov.au/operations/careers/aboriginal/employment-programs/aboriginal-study-to-work-program

Calendar of Events:

(180) e.g. This is the edition number and can be accessed on the website for the full details of the event.

www.chpcp.org/newsletter

June 2010

Wednesday 16 th	Tackling Depression in Men – 6.00pm – 8.30pm, Ludbrook House, 115 Lydiard St Nth, Ballarat (280)
Wednesday 16 th	HACC Positive Living Expo – 10.00 – 3.00pm, Cooinda Centre, 10 Learmonth Rd, Wendouree (279)
Wednesday 16 th	Creative Ways to Care Program, The Carer Respite and Support Services, 6 session education program.(278)
Tuesday 22 nd June	Tabor House Youth AOD withdrawal Unit OPEN DAY, 10.00am – 12.00pm & 1.00pm – 3.00pm (278)
Saturday 19 th	African Day & Refugee Day Celebration – 6.00pm, Cooinda Centre, 10 Learmonth Rd, Wendouree (280)
Saturday 19 th	12th Annual Vic Conference of Science & Medicine in Sport – 9.00am – 5.00pm, Mecure Ballarat Hotel and Convention Centre, Main Rd Ballarat (277)
Thursday 24 th	Beating The Binge – 7.00pm, Wendooree Performing Arts Centre, Howitt St, Wendouree (280)
Thursday 24 th	Obesity:Prevention, Early Intervention, Treatment and Care in the Grampians Region – 6.00pm – 8.30pm, Education Resource Centre, Ballart Health Services, Drummond St, Ballarat (280)

The Victorian Carer Card Program

In recognition of the significant social and economic contribution that carers make, the Victorian Government is introducing the Victorian Carer Card. The Carer Card is a discounts and benefits card created to recognise the sacrifice and contribution of an estimated 140,000 primary carers – people who devote their lives to caring for those who are unable to care for themselves. The Carer Card will offer practical discounts to carers on a range of products and services, such as public transport; retail; leisure; education and health and wellness.

The program will launch in July this year and from this time eligible carers will be able to apply for a Carer Card. Assessment of applications will be conducted by the Department of Human Services according to carefully developed eligibility criteria.

DHS has prepared program guidelines specifically to assist doctors and other health professional with any questions about signing a Carer Card application form. These guidelines are now available at Victorian Carer Card website www.carercard.vic.gov.au

Aboriginal Women Who Have Experienced Family Violence Needed for Media Advocacy Training

Have you ever wanted to speak out about family violence? To raise awareness; to challenge the ignorance and indifference of the wider community? Have you felt frustrated by some of the inaccurate or sensationalized reporting of family violence by the media? The Women's Domestic Violence Crisis Service of Victoria has received funding to expand its successful media advocacy project to include the voices of women from aboriginal communities who have experienced family violence or who support those who have experienced family violence. For a copy of our expression of interest form please contact Jane Ashton on 9928 9614 or email jane.a@wdvcs.org.au

New 'Better Health Channel'

Better Health Channel is the Victorian Government's award-winning health website. It has a great new look and new features to make finding reliable health information easier.

Promote the Better Health Channel at your workplace or health event and go into the draw to win some prizes.

Read more at

www.dhs.vic.gov.au/rrhacs/ph_bulletin/new-better-health-channel/_nocache?src=email&id=270510

Launch of New Access to Justice Website

An innovative new website has been launched as part of a comprehensive package of measures to improve access to justice in the community. The new website, located at www.accesstojustice.gov.au will provide all Australians will seamless access to information about legal assistance and related services in their local area. All people need to do is enter their postcode or suburb and they will get comprehensive information and contact details of local legal services such as Legal Aid, Community Legal Centres, Family Relationship Centres, and Dispute Resolution Services. The website will also provide a link to lawyers who operate in each State and Territory as well as relevant laws to enable people to understand their options early, in order to prevent or resolve their disputes before they escalate or become entrenched.

Health Professional Survey about Reality Check: the online community of people with Type 1 Diabetes

We would like to invite Health Professionals to take part in a brief, anonymous online survey which will take approximately 10-15 minutes of your time.

We are seeking people who are:

- health professionals with experience of working with people who have Type 1 diabetes; and
- familiar with the Reality Check website and online community

If you are interested in taking part, the research team would welcome your input to this important research. Please click on this link to complete the survey:

www.surveymonkey.com/s/rcevaluation

If you have any questions, you can also contact Colleen Clarke at The Type 1 Diabetes Network on 0414 281 539 or email colleen@d1.org.au

Nominate a food marketing campaign in the 6th Annual Fame & Shame Awards

The 2010 Fame & Shame Awards are your opportunity to tell Australia's food manufacturers that you are fed up with unhealthy food and drink marketing targeting children.

We are calling on you to tell us (The Parents Jury) about any food and drink advertising or promotional campaigns you have seen this year which target children. This can include TV, radio and print advertising, in-store promotions, on-pack competitions and giveaways, food websites or games, viral marketing, sports sponsorship/endorsements or promotions within schools.

http://parentsjury.org.au/surveys/survey.asp?ContainerID=2010_fame_shame_awards_nominations

RCNA Community and Primary Healthcare Nursing Conference: Call for abstracts

This nursing event is proudly organised by RCNA, Australia's peak professional nursing organisation. The RCNA Community and Primary Health Care Nursing Conference Scientific Committee is calling for abstracts, reflecting the diversity of practice and research areas, which profile:

- models of primary health care
- innovation
- leadership
- future reforms

The conference streams will be based on the four priority directions for change identified in the draft Primary Health Care Strategy: improving access and reducing inequity; better management of chronic conditions; increasing the focus on prevention; and improving quality, safety, performance and accountability.

24th – 26th October 2010.

For further information contact Margaret Whitrow, Events Manager, 1800 061 660

events@rcna.org.au

www.rcna.org.au/conferences/cphcc/welcome

Did You Know???

A sneeze can exceed the speed of 100 mph

Type 1 Diabetes Network New Website

Today, the Type 1 Diabetes Network is delighted to launch a Brand New Website at:

www.d1.org.au

Two years in the making, the new website contains:

- More than 300 pages of stories and articles all about Type 1 diabetes
- Health Professionals section full of resources
- Revamped Starter Kit for newly-diagnosed adults
- Polls and Forums to keep abreast of what people with Type 1 are talking about today
- Blog and comment option - Add your comments and read live responses to our stories and articles
- YouTube Channel - with our pick of videos about Type 1 Diabetes, with more to come...

Our Community's New Training Calendar Just Released!

The Australian Institute of Community Practice and Governance, Our Community's training arm, has just released its new Training Calendar. The Calendar covers community sector training taking place from July to December 2010.

View the full calendar at

www.ourcommunity.com.au/scheduledtraining

SHREK 3D FOR YMCA OPEN DOORS

Have you got your tickets yet?

Would you like to DONATE a ticket?

Some people who are unable to attend the Shrek 3D movie night have bought tickets and are donating them back to Open Doors for people who are unable to afford a ticket. This will enable some of our young parents or some of the young people from our Connect Youth Groups who rarely go to the movies to have a night out. So if you can't go, would you like to provide the opportunity for someone less fortunate the chance to have a night out at the movies? Tickets are available from the Ballarat Aquatic Centre reception or at YMCA YHQ reception at 122 Armstrong Street South.

Did You Know???

Coca-Cola would be green if colouring weren't added to it.

Woolworths Fresh Food Rescue

Fresh Food Rescue is supporting food relief organisations putting food on the tables of those in need. In 2010, a total of \$2 million is available to help expand fresh food operations, so more people can access healthy, nutritious food. As such, grants will be available for infrastructure needs like refrigerators, storage and equipment. To be eligible for a Fresh Food Rescue grant an organisation must be an existing community partner of the Woolworths Fresh Food Rescue program or running an established fresh food rescue program with the potential to partner with a local Woolworths store currently not on a program and be able to demonstrate sustainable operations.

Applications can be made online and full terms and conditions can be found at

www.woolworths.com.au

Calling Artists and Performers

Want to take part in an exciting new arts program?

Backspace is an exciting new arts venue at the rear of the Art Gallery of Ballarat in Camp St, which will present a public program of exhibitions, workshops and artists residencies. If you are interested in participating, you'll need to submit a proposal by 5pm on Friday 9th July.

Download an application form at

www.ballarat.vic.gov.au/arts-and-culture/arts-backspace.aspx

Quote of the Week

The fact that you are willing to say, "I do not understand, and it is fine," is the greatest understanding you could exhibit.

'An Introduction To Working With Individuals Who Self-Abuse

SAFE Self-Abuse Finally Ends is offering a 2 Day Training Workshop 'An Introduction to Working with Individuals who Self-Abuse' This is a pre-requisite for the 3 day 'Facilitating the SAFE in Oz Consumer Program. Cost \$330.00. 19th & 20th August 2010 in Melton at 232 High Street.

If you require any further information contact; safeinoz@wideband.net.au

Courses in Injury Prevention and Falls Prevention

One-semester online course in Falls Prevention and the Older Person. Semester commences: Monday 26 July, 2010.

This one-semester online unit will teach students about the principles of falls prevention and falls injury prevention in the older person, with a focus on the practical aspects of these principles. It offers:

- Content materials developed by leaders in the field of falls prevention
- Interactive online discussions, moderated by an expert in the field
- Practical case studies to promote learning

For more information on the courses available, please go to www.thegeorgeinstitute.org or email us directly via

injurycourses@george.org.au or phone (02) 9657 0324.

Carer Information Day

Carer Respite & Support Services are holding a Carer Information Day on Tuesday 27th July 2010, 10.00 am – 2.30 pm at Barkly Motor Lodge, 43/57 Main Road, Ballarat.

For more information or to register you place please contact reception at Carer Respite & Support Services on 5333 7104. Both Carers and Care Recipients are welcome to attend.

Young people, risk and resilience: The Challenges of Alcohol, Drugs and Violence.

The Young people, risk and resilience conference will be held over two full days on 7th and 8th March 2011, 8.30am – 5.00pm at The RACV Club, Melbourne. A cocktail reception will be held at the conference venue from 5–7pm on 7th March 2011.

The call for abstracts is now open until 6th August.

More information on the program will be provided as arrangements develop. Please visit the website for more information and regular updates. www.aic.gov.au

National Rural Remote Social Work Conference

Rural Social Workers Action Practice Group presents the 10th Biennial National Rural Remote Social Work Conference. 28th and 29th July 2011, Mercure Ballarat Hotel & Convention Centre.

'Resilient, Healthy, Rural and Remote Communities'

Rural and Remote Communities are by their very nature capable of harnessing limited opportunities and creating dynamic interlinks across fields of practice, and in doing so, generating healthy Rural and Remote Communities that reflect their resilience, passion and determination to remain part of the Australian Landscape.

Call for Abstracts

Abstracts of approx. 200 words are invited from interested presenters; to be sent in Word format via email to the Conference Coordinator Martin Butler: mpbutler@bigpond.com

ph: 0418 572 967

Closing Date for Abstracts: Friday 3 December 2010.

Teen Holiday Program

Ballarat YMCA are offering fun school holiday activities for years 7-9. Activities are being held on 28th and 30th June, 2nd, 6th and 8th July. Bus pick up and drop off points will be Damascus College and Alfredton Primary.

For more information visit the YMCA website www.ballarat.ymca.org.au or contact the YMCA on 5329 2800.

Did You Know???

Your left lung is smaller than your right lung to make room for your heart.

DON'T FORGET TO PASS THIS INFORMATION ON

Please print out a copy for your staff room

To include items in the newsletter contact Alison 5338 4774 or admin@chpcp.org Information needs to be sent by Fridays for inclusion the next week's edition.

The Central Highlands Primary Care Partnership newsletter is compiled from information provided by organisations and partner agencies. Information is received and published in good faith and whilst every effort is made to only publish current information, we cannot accept responsibility for the accuracy of the information provided to us.