

**Central Highlands Primary Care Partnership**

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**Welcome to the Central  
Highlands Primary Care Partnership  
Newsletter.**

This weekly newsletter is a vehicle for you to use to promote your agency's happenings to the Central Highlands.

Agencies are welcome to use the newsletter to showcase new programs, staff, projects and events. Information should be sent to [admin@chpcp.org](mailto:admin@chpcp.org) by **Fridays** for the next week's edition. Due to the large volume of information we receive it is generally only possible to include an item in the newsletter once.

Central Highlands PCP and Diabetes Australia Vic are presenting

**Type 1 Out of Town (TOOT)**

*A series of information sessions in regional Victoria for people living with type 1 diabetes*

Friday 16<sup>th</sup> July 2010, 4.00pm – 9.00pm at Caro Convention Centre Studio Theatre, Ballarat University.

Diabetes in Schools – Elizabeth Dlugosz, credentialed diabetes educator at DA–Vic and Royal Children's Hospital.

Diabetes Burnout – Dr. Linda Beeney, diabetes psychologist.

Free for DA–Vic members plus one guest  
\$15 for non-members

Bookings Essential 1300 136 588.

**Calendar of Events:**

(180) e.g. This is the edition number and can be accessed on the website for the full details of the event.

[www.chpcp.org/newsletter](http://www.chpcp.org/newsletter)

**June 2010**

Tuesday 22 <sup>nd</sup> June	Tabor House Youth AOD withdrawal Unit OPEN DAY, 10.00am – 12.00pm & 1.00pm – 3.00pm (278)
Saturday 19 <sup>th</sup>	African Day & Refugee Day Celebration – 6.00pm, Cooina Centre, 10 Learmonth Rd, Wendouree (280)
Saturday 19 <sup>th</sup>	12 <sup>th</sup> Annual Vic Conference of Science & Medicine in Sport – 9.00am – 5.00pm, Mecure Ballarat Hotel and Convention Centre, Main Rd Ballarat (277)
Thursday 24 <sup>th</sup>	Beating The Binge – 7.00pm, Wendouree Performing Arts Centre, Howitt St, Wendouree (280)
Thursday 24 <sup>th</sup>	Obesity: Prevention, Early Intervention, Treatment and Care in the Grampians Region – 6.00pm – 8.30pm, Education Resource Centre, Ballarat Health Services, Drummond St, Ballarat (280)

**July 2010**

Wednesday 7 <sup>th</sup>	Helping Pregnant Smokers Quit, 9.30am – 1.30pm Ballarat Community Health, 206 Vickers St, Sebastopol (277)
Saturday 10 <sup>th</sup>	Rainbow Dance Party, 7.30pm – 11.30pm, Eastwood Leisure Centre, 20 Eastwood St, Ballarat (281).
Tuesday 27 <sup>th</sup>	Carer Respite & Support Services Carer Information Day, 10.00am – 2.30pm, Barkly Motor Lodge, 43-57 Main Rd, Ballarat (281)

### **Early Childhood Parenting Centre Early Start Project Worker**

The Department of Education and Early Childhood Development has funded this state-wide initiative to provide three year old children known to Child Protection with an early start to kindergarten, through access to a kindergarten program by 2011, free of charge. The Early Start project brings together a range of local organisations to support three year old children known to Child Protection to access and participate in these existing kindergarten programs. CAFS is the lead agency responsible for employing and supporting the Project Worker, with other partner agencies providing strategic direction and oversight of the project via a reference group.

The job is now vacant until the end of December 2010, when funding ceases. The position is for 14 hours per week, based at Chisholm St Early Childhood Parenting Centre.

For further information contact Marlene Butler on 5337 3327. Applications close midnight Sunday 11/7/2010.

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### **Ballarat Support Group Facilitator (Volunteer)**

The Ballarat Ovarian Cancer Support Group is seeking a support group facilitator to assist with promotion, development and facilitation of the group. This is a rewarding volunteer role which is ideally suited to a nurse, social worker or someone who feels passionate about facilitating a group for women affected by ovarian cancer.

The group enables women to gain support, encouragement and friendship. This role is an ongoing volunteer position, commencing 30th July 2010. Hours of commitment: Approximately 3-5 hours per month (This includes the monthly support group for approx 1.5 hours per month).

For more information about the role please contact Ovarian Cancer Australia on 03 9569 3922. Please email your interest to [rebecca.steele@ovariancancer.net.au](mailto:rebecca.steele@ovariancancer.net.au)

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### **Aboriginal Health Branch New Website**

As part of the broader communications strategy, the Aboriginal Health Branch now has a new website. The website is an interim set up, designed to disseminate information about Closing the Health Gap to all contacts and service providers. It will evolve to include a stronger consumer focus, and regions will have a chance to provide feedback before the next iteration.

You can visit the website at [www.health.vic.gov.au/aboriginalhealth](http://www.health.vic.gov.au/aboriginalhealth)

### **Project Worker Wimmera PCP**

The Wimmera Primary Care Partnership is seeking a project worker to undertake a Closing the Gap on Aboriginal Health project based with the PCP in Horsham, this position involves working with partner agencies across the Wimmera as well as with local Aboriginal communities.

To undertake this role successfully you will need to have a working knowledge of Aboriginal culture. You will also need knowledge and experience in the planning, delivery and evaluation of health and/or community development programs. Well developed consultation skills as well as excellent verbal and written communication skills are also required.

For a position description or further information please contact WPCP Executive Officer, Ms Mandi Stewart, on 53 621 223, or request a PD via email

[mandi.s@grampianscommunityhealth.org.au](mailto:mandi.s@grampianscommunityhealth.org.au)

Applications close: Monday 5th of July 2010.

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### **Aged & Disability Care Coordination Officer**

Aged & Disability Care Coordination Officer  
\$25.2069 - \$29.3753 per hour + 9% super & 4% EB Increase. Part Time – 34.2 hours per week.

Golden Plains Shire is seeking to employ a passionate and committed individual to institute excellent teamwork with community care staff to assist in creating a flexible and responsive client-focused service. You must have exceptional interpersonal skills to undertake assessment and care management of clients in the community that is holistic and responsive to the Active Service Model principles. Experience in rostering staff and being able to respond to many competing demands and needs is essential. The successful applicant will have completed a tertiary qualification in Social or Human Services (or related fields) and/or have significant community services experience. Knowledge of the HACC guidelines and relevant legislation is desirable.

For further information, please contact Skye Cook, Team Leader – Aged & Disability Services, on (03) 5220 7160.

Position descriptions for all positions are available from [www.goldenplains.vic.gov.au](http://www.goldenplains.vic.gov.au)

Applications should address the selection criteria and can be submitted either via letter or email to [careers@gplains.vic.gov.au](mailto:careers@gplains.vic.gov.au) and should be addressed to:

Mr Rod Nicholls, Chief Executive Officer,  
Golden Plains Shire Council

PO Box 111, BANNOCKBURN VIC 3331

Applications close 3pm Monday 28 June 2010

### **National Centre for Farmer Health Inaugural Conference**

11<sup>th</sup> -13<sup>th</sup> October 2010 – Hamilton, Vic.

The National Centre for Farmer Health invites health professionals and agri-professionals to provide research, policy practice, personal stories and posters reflecting the themes of the conference. Individuals with an interest in agriculture, farming, health research, evaluation of education programs or educational innovation are invited to submit abstracts/stories for presentation.

To find out more about the conference or to submit an abstract visit

[www.farmerhealth.org.au/page/education-centre?q=node/1565](http://www.farmerhealth.org.au/page/education-centre?q=node/1565)

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### **The Art of Good Health and Wellbeing**

2nd Annual International Arts and Health Conference, 16<sup>th</sup> – 19<sup>th</sup> November 2010 at the Sidney Myer Asia Centre, University Of Melbourne.

The inaugural 2009 conference was painstakingly constructed to reflect the diversity of the international arts in health field, highlighting quality of artistic practice, deep social engagement and intellectual rigour in research. It informed and entertained superbly, set the standard for future gatherings of all those interested in the application of creativity to healthcare, and stimulated ideas for both homegrown and international collaborations.

The conference's recommendations are a blueprint for Australia's emerging pre-eminence in the arts in health field. The follow-up conference in 2010 will hit the ground running.

To submit an abstract or register interest in attending the conference, log on to

[www.artsandhealth.org](http://www.artsandhealth.org)

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### **RCNA 2010 Community and Primary Health Care Nursing Conference**

Nursing innovation and leadership in primary health care - directions for the future and will be held in Alice Springs from 24<sup>th</sup> – 26<sup>th</sup> October.

It will provide an opportunity for nurses from metropolitan, rural and remote areas of Australia to meet and explore the conference streams which are based on the four priority directions for change identified in the draft Primary Health Care Strategy:

- improving access and reducing inequity
- better management of chronic conditions
- increasing the focus on prevention
- improving quality, safety, performance and accountability

The call for abstracts is now open and will be closing 2<sup>nd</sup> July 2010. Further information can be found at our website [www.rcna.org.au](http://www.rcna.org.au)

### **Grampians Region Breast Cancer Study Day**

'Recognising the Individual' Tailor Made Care.

Friday 27<sup>th</sup> August, 8.30am – 3.30pm at Ballarat Health Services, Education Resource Centre.

Bookings essential please phone 5320 4710 or email [cnheadministration@bhs.org.au](mailto:cnheadministration@bhs.org.au)

Cost \$20, payable on the day.

Study Day Program –

Session 1: Communication, Making a Difference

Session2: Fertility, Egg Harvesting & Ovarian Suppression in the Younger Woman.

Session 3: Genetics & PARP Inhibitors.

Session 4: Breast Cancer Trials in the Grampians Region.

Session 5: Which Treatment, Which Chemotherapy?

Session 6: Update on Support Networks & the Supportive Care Strategic Plan in the Grampians Region.

Session 7: Survivor Interview.

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### **Rainbow Dance Party 2010**

The Bright Sparks proudly present a special event for people with a disability. Music, dancing, entertainment, light supper and prizes for the most colourful outfit! Saturday 10<sup>th</sup> July, 7.30pm – 11.30pm at Eastwood Leisure Complex, 20 Eastwood St, Ballarat. Tickets are \$8.00 and must be pre purchased. People 16 and over are welcome. For more information contact Bonnie Henderson on 5335 8549 or Barb Spence on 5330 2601.

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### **Pinarc Support Services – Flexible Care**

Pinarc Support Services offers Flexible Care, a needs based care and respite service for people to access the community and participate in activities of choice.

Pinarc also recognises the need for a flexible approach to enable people to attend events, program and recreational opportunities on an individual basis. The Community Access team has suitably trained and experienced staff available for;

- Planned holiday breaks
- Regular activities
- Flexible responses to one off needs. i.e. appointments, outings
- Respite in the home
- Overnight stays
- Weekends away

Flexible support starts with your needs! Let the Community Access team make it happen  
Eligibility - People accessing Flexible Care must be 5—64 years of age, be eligible under Disability Services Act 2006 for funding support.

For enquiries about prices and eligibility contact Pinarc on 53291347.

### **Launch of New Access to Justice Website**

An innovative new website has been launched as part of a comprehensive package of measures to improve access to justice in the community. The new website, located at [www.accesstojustice.gov.au](http://www.accesstojustice.gov.au) will provide all Australians with seamless access to information about legal assistance and related services in their local area. All people need to do is enter their postcode or suburb and they will get comprehensive information and contact details of local legal services such as Legal Aid, Community Legal Centres, Family Relationship Centres, and Dispute Resolution Services. The website will also provide a link to lawyers who operate in each State and Territory as well as relevant laws to enable people to understand their options early, in order to prevent or resolve their disputes before they escalate or become entrenched.

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### **175 History Grant Project**

2010 is the 175th anniversary of the founding of Melbourne as a city and the first European settlement in what was to become the State of Victoria and to mark this historic milestone the Victorian Government has launched the Victoria 175 History Grant Program. Grants will be available to record, publish and commemorate the origins and founding stories of Victoria's many and diverse communities, including indigenous communities, and the stories behind individuals or organisations that have contributed to our State.

Preference will be given to projects which demonstrate innovative engagement with the community, support for the Victoria 175 theme, an ongoing community benefit, strong community involvement and support, the sharing of local history information across local communities and efficient use of funds. Projects might include on-line projects providing broad access to local history information, the preparation and printing of local history books, the recording of accessible oral histories, the preparation and display of travelling exhibitions and the conservation, cataloguing and improved accessibility of documents and objects. Capital works, retrospective costs and ongoing operational costs will not be funded. Applications close on July 16 2010 and guidelines and application forms are available from

[www.prov.vic.gov.au/communitycollections/victoria175](http://www.prov.vic.gov.au/communitycollections/victoria175)

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### **Did You Know???**

The only part of the body that has no blood supply is the cornea in the eye. It takes oxygen directly from the air.

### **ONEMSL – Grampians Region Changes**

As the outgoing worker for the MSL in the Grampians Region, I would like to advise you this position in the near future will be filled by an Immunotherapy/Community Nurse, who will soon be supported by a Community Support Worker. Exciting progress in regional services for clients and health professionals.

In the interim, information, referral, secondary consult can still be accessed through our duty worker on 1800 042 138. Sophie Hart, Western region Team Leader, will respond if further follow up is needed.

Julie Sleeman, Immun/Comm Nurse is currently covering Loddon Mallee and Grampians, and will be happy to offer you service. She is best contacted via the 1800 number as well.

Many new MS services are now being offered through central co-ordinators, and can be accessed through [www.msaustralia.org.au](http://www.msaustralia.org.au). i.e. client & health professional education (some via phone and video link), peer support programs, respite services and more.

To the many people I've had the pleasure of working with over the last 10 years a big thank you for beings so responsive to our client needs, and a special gratitude to those whose paths I've crossed more than a few times, who've become something of a team for a sole worker - Cheryl Morris.

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### **Granting Men the Opportunity to Build a Shed**

Senior Victorian men are encouraged to get involved in their community, with the opening of the fourth round of Men's Sheds funding. The Victorian Government welcomes applications to help meet the cost of building a new shed or modifying an existing building. Apply online by 21 July 2010 to receive a grant of up to \$50,000 and support men's health and wellbeing. [www.dpcd.vic.gov.au](http://www.dpcd.vic.gov.au)

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### **DON'T FORGET TO PASS THIS INFORMATION ON**

**Please print out a copy for your staff room**

To include items in the newsletter contact Alison on 5338 4774 or [admin@chpcp.org](mailto:admin@chpcp.org) Information needs to be sent by Fridays for inclusion the next week's edition. Due to the large volume of information we receive it is generally only possible to include an item in the newsletter once.

The Central Highlands Primary Care Partnership newsletter is compiled from information provided by organisations and partner agencies. Information is received and published in good faith and whilst every effort is made to only publish current information, we cannot accept responsibility for the accuracy of the information provided to us.