

Central Highlands Primary Care Partnership

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Welcome to the Central Highlands Primary Care Partnership Newsletter.

This weekly newsletter is a vehicle for you to use to promote your agency's happenings to the Central Highlands.

Agencies are welcome to use the newsletter to showcase new programs, staff, projects and events. Information should be sent to admin@chpcp.org by **Fridays** for the next week's edition. Due to the large volume of information we receive it is generally only possible to include an item in the newsletter once.

ADVANCED NOTICE

The 2010 Grampians Regional Integrated Health Promotion Forum
Tuesday 17th August
In Halls Gap
(other details will be supplied as they come to hand)

The keynote speaker will be Peter Gordon. Peter is a Vic Health Board Member, former President of the Western Bulldogs Football Club and a lawyer who has fought against the likes of the big tobacco and alcohol industries. Peter recently spoke at the Australian Health Promotion Conference about his experiences of identifying and building partnerships with bodies that have collateral interests in health.

Please note the date in your diary as this is one that you won't want to miss!

Calendar of Events:

(180) e.g. This is the edition number and can be accessed on the website for the full details of the event.

www.chpcp.org/newsletter

July 2010

Monday 5 th	Deadly Yarns Koori Youth Forum , 10.30am – 2.00pm, Ballarat Town Hall, Sturt St, Ballarat (283)
Monday 5 th	Twilight Education Session – Lymphoma , 6.30pm – 8.30pm, Education Resource Centre, Ballarat Health Services, Drummond St Ballarat (283)
Wednesday 7 th	Effective User Friendly Tools and Information to Assist all those involved with ADHD , 7.00pm – 9.00pm, Venue confirmed on booking (283)
Wednesday 7 th	Helping Pregnant Smokers Quit , 9.30am – 1.30pm Ballarat Community Health, 206 Vickers St, Sebastopol (277)
Thursday 8 th	Connecting Culture Thru Our Stories , 11.00am – 3.00pm, BLX, 36 Camp st, Ballarat (283)
Saturday 10 th	Rainbow Dance Party , 7.30pm – 11.30pm, Eastwood Leisure Centre, 20 Eastwood St, Ballarat (281).
Wednesday 14 th	Central Highlands Aged & Disability Alliance (CHADA) Meeting , 9.30am – 11.30am, Queen Elizabeth Centre, Seminar Room 2, Ascot St, Ballarat.
Monday 19 th	Diabetes Steering Group Meeting , 2.00pm – 3.00pm, Ballarat & District Division of General Practice, 105 Webster St, Ballarat.
Wednesday 21 st	Regional Youth Affairs Network Meeting , Grampians DPCD, 111 Armstraong St, Ballarat.
Thursday 22 nd	CHPCP Full Alliance Meeting , 9.00am – 10.30am, Ballarat & District Division of General Practice, 105 Webster St, Ballarat.
Tuesday 27 th	Carer Respite & Support Services Carer Information Day , 10.00am – 2.30pm, Barkly Motor Lodge, 43-57 Main Rd, Ballarat (281)

Child & Youth Mental Health Service Redesign Demonstration Project

Ballarat Health Services, Psychiatric Services are please to offer an outstanding opportunity to lead an exciting health redesign project and are keen to attract a skilled professional to lead the Child & Youth Mental Health Redesign Project across the Grampians Region. This is a unique opportunity to play a key role in an innovative project that aims to make a difference for children, youth and their families. This role is ideally suited to someone who can lead an environment of change and continuous improvement. We are looking for a highly motivated individual with the ability to engage, develop and maintain partnerships with a broad range of agencies and communities. You will be committed to the implementation of innovative early identification and intervention models, incorporating evidence-based and family-inclusive practice in a range of new and exciting settings. Postgraduate studies in health service and project management would be advantageous. Applications close Thursday 8th July. For more information contact Joy Nicholls, Manager CAMHS on 5320 3030 or visit www.bhs.org.au

Health Promotion Coordinator Fulltime

12 month contract with the possibility of extension.
The Grampians Pyrenees Primary Care Partnership is seeking to recruit an enthusiastic person to support the integration of health promotion strategies and programs across its membership. The successful applicant will hold a tertiary qualification in public health or equivalent. The position requires an understanding of the Primary Care system in Victoria, the needs of rural people and the principles of community development. The Health Promotion Coordinator will demonstrate a commitment to collaborative partnerships, between agencies and government and between community service organisations. The position is based in Ararat, and requires some travel throughout the catchment area A car is provided for work related travel. A position description is available on www.grampianspyreneespccp.org.au or by phoning 5352 6227. All applications should address the Key Selection Criteria in a separate document, cite three current referees, be received no later than Thursday July 15th and be addressed to: Stacey Newman Acting Executive Officer, Grampians Pyrenees Primary Care Partnership, 60 High St, Ararat. stacey.n@grampianscommunityhealth.org.au

Community Development Grants Program

City of Ballarat Community Development Grants Program helps groups in the Ballarat community to make things happen, strengthen our community and to work together for more engaged and healthy communities. The City of Ballarat allocates funding to local not-for-profit organisations, groups and associations every year. The maximum allocation per organisation is \$10,000 although the majority of applications range between \$500 and \$5,000. Whilst the City of Ballarat encourages applications from new groups, Council also recognises the value of supporting small local groups who traditionally apply for grants around \$500. For more information, please contact Community Development on 5320 5746 or go to our website www.ballarat.vic.gov.au.

Positive Ageing Grants

The City of Ballarat has introduced a Positive Ageing Grants Program to provide financial support to community groups and organisations interested in holding an event during the Ballarat Seniors Festival. This year's Festival will coincide with the Victorian Seniors Festival which will run from 3rd – 10th October 2010. The Ballarat Seniors Festival will run throughout October allowing more time for seniors to participate and be involved in the community. If your organisation or group would like support from Council to host an event as a part of the Ballarat Senior's Festival, financial assistance of up to \$500 is available to assist with costs, providing you meet the eligibility criteria. The assessment of your application will be at the discretion of an independent panel consisting of three community representatives. For further information contact Council's Positive Ageing Development Officer on 5320 5783 or 5320 5746.

Ballarat Community Circus

Every Wednesday at 4.15pm til 5.45pm at Grevillea Park Primary School, Violet Grove, Wendouree.
Community Circus is a group for kids based in Ballarat . It is a fantastic medium in which learning and growth can take place without confrontation or pressure. We aim to build our kids confidence and performance skill base through fun and group support. \$6 per session. Adults interested in teaching kids circus skills of any sort would be greatly appreciated, as would any donations of unwanted costumes and dress ups. For more information email ballaratcommunitycircus@live.com

Herald Sun Career Expo

The Herald Sun Careers Expo is a fantastic event featuring over 120 exhibitors from industry representatives to universities and TAFEs. A day spent at this event will undeniably leave students inspired and informed about their career, employment, training and apprenticeship opportunities. Youthcentral has a limited number of free tickets to the Herald Sun Career Expo to give away, email us at youthwebsite@dpcd.vic.gov.au and don't forget to give us the best postal address to send the tickets to. Tickets are limited to 100 per school or organisation. The Herald Sun Career Expo is on at Melbourne Exhibition and Convention Centre on Friday 30th July 10am -3pm, Saturday 31st July 10am to 4pm and Sunday 1st August 10am – 4pm. Check out www.careerexpo.com.au for more details or email us at youthwebsite@dpcd.vic.gov.au

Melbourne's Road Home Forum III

Two years ago the Lord Mayor's Charitable Foundation embarked upon its homelessness initiative, Melbourne's Road Home. Launching with a forum in late 2008, we are now on the road to reducing homelessness – with time and energy we believe it can be eliminated. On August 26th this year, the Melbourne's Road Home forum is turning three. It will be a day to see how far down the road we've come, and to answer the question: What can we do to help? By 'we' we mean everyone, from government to business to community and everyone in between. Forum III will be structured according to the different life stages that people might be in when they experience homelessness. The keynote presentations will reflect some these life stages: Growing Up – Kids without a home, The Middle Years – Domestic violence, and Getting On – Ageing & homelessness. Thursday 26th August 2010, RACV Club, Level 17, 501 Burke St, Melbourne VIC 3000. Registration 8.30am – 9.00am, Lunch 1.00pm, Finish 2.30pm. Tea, coffee, nibbles, and lunch included. RSVP Wednesday 4th August, 2010 to Bill Snaddon – Social Policy Officer, LMCF ph 9633 0025, or bill.snaddon@lmcf.org.au Limited places, please RSVP at your earliest convenience. Forum program with names of keynote speakers to be sent following acceptance of invitation.

Quote of the Week

"Many of life's failures are people who did not realize how close they were to success when they gave up."
Thomas Edison

Deadly Yarns Koori Youth Forum

All secondary school aged Koori young people are invited to the "Deadly Yarns - Koori Youth Forum". Yarn and workshop about what you would like to see happen in Ballarat for your mob. Special Presentation by Judy Verlin, Mayor – City of Ballarat. Monday 5th July 2010 10.30am - 2pm at Town Hall, City of Ballarat Sturt Street. FREE Morning Tea, Lunch and Afternoon Tea provided. For more information call Tony on 0402 655 983.

Did You Know???

When Hippos are upset, their sweat turns red.

Connecting Culture Thru Our Stories

You are invited to enjoy, perform and celebrate our Koorie Cultural Connections with Traditional Music, Art & Dance, Movie Session, Hip Hop Workshop, Prizes and Giveaways. Lunch Provided. Guest Performers: "Wannik Dance Academy". Thursday 8th July 2010, 11am-3pm at BLX Building, 36 Camp St Ballarat. For more information contact Tony on 0402 655 983.

International Youth Mental Health Conference

The First International Youth Mental Health Conference. It is to be held in Melbourne on July 29th and 30th, 2010. The conference will bring together local and global experts to inform the wider community of best practice developments and interventions in Youth Mental Health.

The conference program features international and national speakers, focussing on research and evidence based best practice across the sixteen dedicated concurrent streams.

Keynote speakers have been confirmed the full conference program is now available at www.iymhconference.com.au

The conference will appeal to mental health and allied health specialists including psychologists, social workers, educators, psychiatrists, nurses, occupational therapists, youth workers, counsellors, policy makers and anyone interested in young people's mental health.

Elyne Mitchell Rural Women's Writing Award

The Elyne Mitchell Rural Women's Writing Award not only commemorates Elyne's life and work, but it has also been established to encourage rural women to write their stories. 2010 competition now open, \$2000 in Prize Money up for grabs!

The theme for this year's entries is "Successful Journeys" For more information or to enter visit www.elynemitchell.com/page1.php

Effective, User Friendly Tools and Information To Assist All Those Involved With ADHD

Take a journey to understand the world of the child with ADHD along with why and how their world effects their environment and all those around. Discover the keys necessary to help change their environment, decrease anger and aggression; reduce stress and anxiety; provide tools for the child's future; while giving recognition and credit to their abundant positive qualities.

These workshop presentations have been designed to offer management keys to parents, teachers, early childhood staff, in fact, any one who wants to understand and better manage the world of ADHD.

Thursday 12th August 2010, 7:00pm - 9:00pm in Bacchus Marsh. Venue Confirmed on booking.

Tuesday 7th August 2010, 7:00pm - 9:00pm in Ballarat. Venue confirmed on booking.

Cost: \$30 pp; \$40 couple; \$20 Concession For more information or to register visit

www.everydaywithadhd.com.au/register-for-workshop.html

If not Dieting – Health Professional 2 Day Training

The If not dieting® health professional training program assists Psychologists, Doctors, Nurses, Dietitians, Social Workers, and other Allied Health Professionals, to effectively help patients achieve and maintain a healthy weight. Not only does this exciting workshop draw from the most current world research in the field of weight management and eating behaviour, but incorporates Dr Rick Kausman's 20 plus years of practical and unique experience in this field, and importantly, from the experiences of thousands of his patients. The content of the training program also has input from other members of the 'If not dieting' team including psychologists, dietitians, a social worker, nurse and physiotherapist.

Thursday 2nd & Friday 3rd of September 2010 9.00am – 4.30pm at The Treacy Conference Centre, 126 The Avenue, Parkville, Melbourne

*Early Bird Rate of \$605.00 available until Friday 16th of July, 2010. Regular rate of \$660.00. Fee includes: If not dieting health professional training program, morning tea, lunch and afternoon tea, If not dieting training manual, and some other surprises!

A certificate of attendance will be provided so practitioners can apply for CPE points relevant professional bodies. For more information visit www.ifnotdieting.com.au/cpa/htm/htm_home.asp

Keeping the Fire Burning!

If not dieting® Past Participants Follow Up sessions.

The If not dieting team is very excited to present 'Keeping the Fire Burning!' a follow up session to the If not dieting health professional training.

This session is designed to • assist in keeping the If not dieting concepts alive in your work and life,

- hear keynote presentations from experts in the field,

- provide opportunities to network with other like-minded health professionals,

- hear case studies presented by past participants,

- Q & A with a panel of experts including Dr. Rick Kausman, Dr. Samantha Thomas and Professor Susan Paxton

Thursday 21st of October 2010, 7.30pm -9.45pm at The Treacy Centre, 126 The Avenue, Parkville. For more information or to register visit

www.ifnotdieting.com.au/cpa/htm/htm_home.asp

Twilight Education Session Lymphoma

The Grampians Regional Palliative Care Team presents a Twilight Education Session –

Lymphoma. Dr Geoffrey Chong presents via videoconference, on palliative care treatment options and the management of lymphoma.

Angela Meaney from the Leukaemia Foundation will provide information on the support and services that the Leukaemia Foundation can offer this client group. Monday 5th July 2010 6.30 pm – 8.30 pm, Drinks & nibbles provided.

Education Resource Centre, BBH, Ballarat Health Services, Drummond Street Nth, Ballarat

Cost: Grampians Region \$15.00, Other \$25.00

For more information phone 5320 3553 or email bernadette@bhs.org.au

DON'T FORGET TO PASS THIS INFORMATION ON

Please print out a copy for your staff room

To include items in the newsletter contact Alison on 5338 4774 or admin@chpcp.org

Information needs to be sent by Fridays for inclusion the next week's edition. Due to the large volume of information we receive it is generally only possible to include an item in the newsletter once.

The Central Highlands Primary Care Partnership newsletter is compiled from information provided by organisations and partner agencies. Information is received and published in good faith and whilst every effort is made to only publish current information, we cannot accept responsibility for the accuracy of the information provided to us.