

Central Highlands Primary Care Partnership

15 Violet Grove, Wendouree 3355.
Ph: 03 5338 4770 Fax: 03 5339 8419
Postal: 15 Violet Grove, Wendouree 3355.

Executive Officer - Helen Wade

Ph: 03 5338 4770 or helenw@chpcp.org

Service Coordination Industry Advisor – John Dixon

Ph: 03 5338 4772 or johnd@chpcp.org

Primary Health Coordinator – Frances Riggs

Ph: 03 5338 4773 or icdm@chpcp.org

Health Promotion Coordinator – Anita Collett (nee-Doyle)

Ph: 03 5338 4775 or healthpromotion@chpcp.org

Administration Support Officer – Alison Kerr

Ph: 03 5338 4774 or admin@chpcp.org

Administration Support Officer – Sharna Kelly

Ph: 03 5338 4771 or support@chpcp.org

Website: www.chpcp.org

Welcome to the Central Highlands Primary Care Partnership Newsletter.

This weekly newsletter is a vehicle for you to use to promote your agency's happenings to the Central Highlands.

Agencies are welcome to use the newsletter to showcase new programs, staff, projects and events. Information should be sent to admin@chpcp.org by **Fridays** for the next week's edition. Due to the large volume of information we receive it is generally only possible to include an item in the newsletter once.

Central Highlands PCP and Diabetes Australia Vic are presenting

Type 1 Out of Town (TOOT)

A series of information sessions in regional Victoria for people living with type 1 diabetes

Friday 16th July 2010, 4.00pm – 9.00pm at Caro Convention Centre Studio Theatre, Ballarat University.

Diabetes in Schools – Elizabeth Dlugosz, credentialed diabetes educator at DA–Vic and Royal Children's Hospital.

Diabetes Burnout – Dr. Linda Beeney, diabetes psychologist.

Free for DA–Vic members plus one guest
\$15 for non-members

Bookings Essential 1300 136 588.

Calendar of Events:

(180) e.g. This is the edition number and can be accessed on the website for the full details of the event.

www.chpcp.org/newsletter

July 2010

Monday 19th	Diabetes Steering Group Meeting, 2.00pm – 3.00pm, Ballarat & District Division of General Practice, 105 Webster St, Ballarat.
Tuesday 20th	CHPCP Full Alliance Meeting, Planning Dinner 1.00pm – 6.00pm Mecure Convention Centre, Main Rd Ballarat.
Wednesday 21st	CH Regional Youth Affairs Network Meeting, Grampians DPCD, 3.00pm -5.00pm 111 Armstrong St, Ballarat.
Tuesday 27th	Carer Information Day, Carer Respite & Support Services 10.00am – 2.30pm, Barkly Motor Lodge, 43-57 Main Rd, Ballarat (281)
Wednesday 28th	Bowel Cancer: Polyps and All, Cancer Council Victoria 6.30pm (tour) 7.00pm – 9.00pm (workshop), Baxter Theatre, ERC Ballarat Health Services, Drummond St, Ballarat (284)
Thursday 29th & Friday 30th July	International Youth Mental Health Conference, Melbourne Convention and Exhibition Centre, 1 Convention Centre Place, South Wharf, Melbourne (284)

August 2010

Thursday 5th	Parent /Carer Epilepsy Education & Support Program, Epilepsy Foundation of Victoria, 7.30pm, Conference Room, Ballarat Regional Dept of Education & Early Childhood, 109 Armstrong St, Ballarat. (284)
Tuesday 17th	Grampians Regional Integrated Health Promotion Forum, 9.30am – 4.00pm Halls Gap Valley Lodges, 406 Grampians Rd, Halls Gap (283)

Celebrate India

The Ballarat Indian Association Inc. in partnership with City of Ballarat, this year, for the first time is organising 2010 Celebrate India Festival on Sunday 22nd August 2010, 5.00pm – 9.00pm in Ballarat.

This special festival is for persons of all ages and backgrounds to enjoy a day dedicated to Indian arts; culture and food. The festival celebrates the unique and fascinating country of India; on display through an art, cultural and culinary experience.

For information contact Khushi 0411 237 363, Hari 0421 672 237, Prajeesh 0402 432 315, Prabhu 0403 641 544, Sid Mukul Mona, Multicultural Ambassador, City of BallaratMonaHatwal@BALLARAT.vic.gov.au

Working Effectively with the Greek Community

This program aims to raise cultural awareness of aged and health workers in delivering services to people from Greek background. The course will include information about local demographics, customs, beliefs, health issues, attitudes towards older people and aged care, barriers in accessing services, and tips on working effectively with clients from Greek background.

Facilitated by Adonis Maglis, Australian Greek Welfare Society

Friday 23rd July 2010, 11.00am – 1.00pm at GPLACE: 102 English Street, Golden Point, RSVP to Kim Romeo on 5332 59 41 or email cpp@brmc.org.au

Rural Health Continuing Education Grants

Applications for grants under Rural Health Continuing Education Stream Two are now open. The closing date is 20th August 2010. The Rural Health Continuing Education (RHCE) program, funded by the Australian Government, supports qualified health professionals living and working in rural and remote Australia to undertake continuing professional development activities. Further details, including guidelines, priorities and the application forms, are available on the RHCE website:

<http://rhce.ruralhealth.org.au/>

2010 Victorian Public Healthcare Awards – Final Call

These Awards celebrate the diverse ways in which excellent health is achieved. There are only a few days to go before entries close, don't miss the opportunity to celebrate quality, innovation and excellence. Entries close 23rd July. For more information and to enter visit www.health.vic.gov.au/healthcareawards

Alcoholics Anonymous GLBTI Meeting

Alcoholics Anonymous Gay Meeting (GLBTI) 11.00am – 12.30pm on the third Saturday of each month at BECH Community Learning Centre, 507 Eyre St, Ballarat. For more information phone Chris 0409 178 390, Jill 0428 588 354 or Kim 0457 051 345.

Feedback on potential boundaries for Medicare Locals and Local Hospital Networks

Nicola Roxon has announced the public release of the final version of Carla Cranny's report on Primary Health Care Organisations (PHCO) boundaries, commissioned by AGPN. The full report is now available for download from the YourHealth website

www.yourhealth.gov.au/internet/yourhealth/publicshing.nsf/Content/AGPNSubmission

The Commonwealth is now beginning community consultations on these draft boundaries; at the same time the boundaries of Local Hospital Networks (LHN) are currently being negotiated between the Commonwealth, States and Territories. States and Territories will also consult with stakeholders LHN boundaries. Following this initial consultation phase (closing 30 September) the Commonwealth, States and Territories will produce a combined set of government-endorsed LHN and PHCO boundaries for further consultation. The Commonwealth and States and Territories have committed to finalising and agreeing the Medicare Local Boundaries and the Local Hospital Network Boundaries by the end of 2010.

Submissions on both Medicare local and Local Hospital Network boundaries can be provided via the web at

www.yourhealth.gov.au/medicarelocal

ARC Action for Recovery Group– Workshop

Family Drug Help and Quamby are running a 2 day educational course for carers, to increase knowledge and skills in order to better understand the complexities of behaviour change, addiction, and dependency. It explores ways of improving relationships, offers simple strategies for coping and helps plan a positive future.

Saturday & Sunday July 17th & 18th, 9.00 am - 4.30 pm at Portland District Health, Quamby, 5 Fern St. Portland.

Please RSVP to the QUAMBY reception on 0355210350 or email Sonia at shartel.pdh@swarh.vic.gov.au

Did You Know???

Every time you sneeze some of your brain cells die!

Multifaith Victoria Forum

The Minister Assisting the Premier on Multicultural Affairs, James Merlino MP and the Victorian Multicultural Commission are hosting a Multifaith Victoria Forum on Thursday 5th August at the Melbourne Town Hall. This is a forum for those interested and engaged in multifaith and interfaith activity to come together to share knowledge, develop practical skills and expand their existing networks. The Forum will be particularly relevant for local government staff and religious and community groups interested in undertaking multifaith activities in the future. The Forum will showcase Victorian multifaith initiatives and provide an opportunity to reflect and build upon the momentum generated by the Parliament of the World's Religions, held December 2009 in Melbourne. It will include keynote speakers, a panel discussion and workshops. It is also an opportunity to acknowledge the remarkable multifaith/interfaith movement in Victoria and our need to promote further collaborative support which is crucial to social cohesion and community harmony. For more information and to register visit www.multicultural.vic.gov.au/resources/events-calender/multifaith-victoria-forum

Did You Know???

It takes about 20 seconds for a red blood cell to circulate the whole body.

6th Annual National Australian Disease Management Association Conference

Key themes for the 2010 National ADMA conference "Chronic Disease Management and the Future of the Australian Health System" include:

Disease Management (DM) and the Health Reform Agenda; investment in DM by Australian States and Territories and the Private Sector; models of care (Chronic Care Model, Patient-Centred Medical Home Model, Guided Care); indigenous health initiatives; e-health and technology; building bridges between tertiary and primary care (super clinics, integrated care & community care centres); the consumer perspective. Other streams include: self-management; initiatives for elderly chronic disease patients and programs/services which have demonstrated outcomes in quality, clinical outcomes, cost effectiveness and efficiency. The 6th Annual National Australian Disease Management Association Conference Chronic Disease Management and the Australian Health System will be held on 19th & 20th August 2010 at Crown Promenade Melbourne. For more information visit

www.adma.org.au/Conference2010/2010ConfProgram.pdf

Lead On Ballarat Drive On (L2P) Program

After a few issues with the Drive On program Funding, Lead On Ballarat are now in the process of commencing the program for 2010 / 2011 with the youth on our current waiting lists. If you have referred a young person to our program and we have a registration form for them, they will be contacted this week.

The program can accommodate 25 youth per car. We currently have plans to add two more cars to the program in the next 12 months, to help alleviate the previous delays for youth accessing the program. Our waiting lists are being processed in date order, so I would recommend you advise any youth who maybe considering registration to submit their applications as soon as possible. Whilst they may not get immediate access to the program, their applications will be given highest priority when our 2nd and 3rd cars arrive. For more information contact Lead On Ballarat at Eureka House, Suite 3, Level 2, 11 Lydiard Street South Ballarat or visit www.leadon.com.au

Falling is no accident: Minimising risk of falls and injuries in hospitals

Come and hear the latest in terms of research and practice in reducing falls in acute and sub-acute hospital settings. Topics for the day include Update on the recent falls prevention in hospital and residential care Cochrane review, Hot off the press: Findings from a multi-media education falls prevention program for in-hospital patients, Reducing falls injuries in the acute hospital setting through risk screening, care plan and interventions, Cognitive impairment and hospitalisation; a recipe for falls? The forum will also include a small group workshop component.

Thursday 22nd July 2010, 8.30am -12.30pm at Conference Room, Epping Medical and Specialist Centre, Cooper Street, Epping For more information and to register contact Lauren Punch, 94953354, email Lauren.Punch@nh.org.au

Youth Development Australia Conference

Youth Development Australia will hold a conference on August 5th at Darebin Arts & Entertainment Centre, Cr Bell St & St Georges Rd, Preston on the topic 'Early Intervention and Socially Excluded Young People'. Anyone working with disadvantaged and marginalised young people should attend, as well as those working across homelessness, substance use, employment services, education, mental health services, youth justice and child protection/leaving care. For More information and to register visit

<http://yda.org.au/2010/06/conference-a-thousand-good-reasons/>

Are you a young person creating change online?

If you are, we'd like to invite you to be part of a study looking at the relationship between getting involved in the community and your wellbeing. Over the next 12 months, we will be tracking a cohort of up to 1000 young people aged 16 to 30 who are members of online social change organisations or communities like ActNow.com.au, Heywire, youthcentral, the Australian Youth Climate Coalition and Vibewire we will be asking you questions about your involvement in the community, your health and wellbeing. Your responses will help researchers, policymakers and practitioners to better understand the health status of young people who participate in these online communities and the nature of their involvement in the community.

The survey is now live and you can participate by visiting <http://ches.buseco.monash.edu.au/index.php?id=93551>

By completing the survey you'll go into the draw to win Apple iPods (Shuffle and Nano) and iTunes vouchers. Everyone who completes all three surveys over the 12 month period will receive a \$45 gift voucher. This study will close on 1st August 2010.

Clearinghouse Connector

The July edition of the Clearinghouse Connector profiles information resources that explore the issue of Body Image. The Clearinghouse Connector can be found at whv.org.au/publications-resources/clearinghouse-connectors/chc-body-image

Culturally Relevant Health Promotion Workshop

Effective health promotion demands 'the involvement of affected communities'. This workshop explores ways to involve CALD communities in health promotion strategies. Working through an integrated health promotion framework, we discuss ways to identify target populations within CALD communities, develop partnerships with community stakeholders, and plan appropriate interventions that reflect the needs, beliefs and behaviours of your target community.

Wednesday 17th November, 9am - 1.30pm at Centre for Culture, Ethnicity & Health 81-85 Barry Street, Carlton. Cost: \$150. For more information visit <http://info.ceh.org.au/link/id/35779224c33cce5c4451Pb627e62f0645f38fb9b5/page.html#33533584c31561db90fc>

Multicultural Festivals & Events Grants Program – Now Open

The Multicultural Festivals and Events Round Two grants program is for multicultural festivals, conferences or events held between January 2011 and July 2011. If your organisation is planning an event for this period you are encouraged to apply for this funding. Events held during Cultural Diversity Week and Refugee Week will be given priority in this round. To complete an online application visit vmc.smartygrants.com.au/festivalandevents Applications close Friday 6th August 2010.

School Focused Youth Service Grampians Region

School Focused Youth Service is a State-wide initiative supporting prevention and early intervention strategies for vulnerable young people between 10 to 18 years of age. This includes young people in all Government, Catholic and Independent schools. For those of you who are not really familiar with what SFYS does, The SFYS program coordinators:

- Strengthen partnerships between schools and community service organisations, to meet the needs of vulnerable children and young people.
- Identify service gaps and develops strategies to respond to needs identified by schools and community service organisations.
- Provide brokerage funds to support projects in schools and the community that address service gaps.

For more info & resources: check out the SFYS website <http://www.sfys.foxchange.net.au/>

DON'T FORGET TO PASS THIS INFORMATION ON

Please print out a copy for your staff room

To include items in the newsletter contact Alison on 5338 4774 or admin@chpcp.org Information needs to be sent by Fridays for inclusion the next week's edition. Due to the large volume of information we receive it is generally only possible to include an item in the newsletter once.

The Central Highlands Primary Care Partnership newsletter is compiled from information provided by organisations and partner agencies. Information is received and published in good faith and whilst every effort is made to only publish current information, we cannot accept responsibility for the accuracy of the information provided to us.