

**Welcome to the
Central Highlands
Primary Care
Partnership
Newsletter.**

This weekly newsletter provides an opportunity for staff and agencies to showcase new programs, staff, projects and upcoming training and events.

Information must be sent to admin@chpcp.org by Fridays of each week for the next week's edition.

Due to the large volume of information we receive it is generally only possible to include an item in the newsletter once. We also reserve the right to précis information.

CHPCP News:

Medicare Locals

There has been much discussion in the media of the Federal Government's Primary Health Reforms and the formation of Medicare Locals across Australia between now and 1st July 2012. The Commonwealth will establish Medicare Locals with the aim of improving coordination and integration of primary health care in local communities; addressing service gaps and making it easier for patients to navigate their local health care system.

Should you require more information on the reforms or the role and functions of a Medicare Local please look at the following websites: www.health.vic.gov.au/healthreform This site also contains the Victorian Government response to the formation of Medicare Locals or www.yourhealth.gov.au/internet/yourhealth/publishing.nsf/Content/DeliveringTheReforms which will provide key policy documents.

Following a number of meetings in 2010 and this year, a partnership approach has been adopted in the development of the Grampians Region Medicare Local with West Vic Division of General Practice (Lead), the Ballarat & District Division of General Practice, the 3 Grampians region PCPs and 2 Community Health services in supporting an application for the formation of the Grampians Region Medicare Local in the first application round which closed on 5th April. As the timelines for the first round application were very tight it is envisaged that the formation will be guided by a Transition Advisory Group of members made up of the groups listed above to develop the Grampians Model and undertake the consultations with stakeholders and communities, and develop the model for implementation on 1st July 2012.

The CHPCP Full Alliance has endorsed this approach.

There will be opportunities to be involved over the coming months as the work commences and the outcome of the application is known.

Helen Wade, Executive Officer

CHPCP Member Agencies:

- Ballan & District Health & Care
- Ballarat & District Aboriginal Co-operative
- Ballarat & District Division of General Practice
- Ballarat Community Health
- Ballarat District Nursing & Healthcare
- Ballarat Health Services
- Ballarat Hospice Care Inc.
- Bluearth
- Centacare
- Central Highlands General Practice Network
- Central Highlands Sports Assembly
- Child & Family Services
- City of Ballarat
- Department of Health
- Department of Veterans Affairs
- Djerrivarrh Health Services
- Glastonbury Child & family Services
- Golden Plains Shire
- Grampians Integrated Cancer Services
- Heburn Health Service
- Hepburn Shire Council
- Hesse Rural Health Service
- Karden Disability Support Foundation
- McCallum Disability Services
- Moorabool Shire Council
- PINARC
- Relationships Australia Vic
- Salvation Army Karinya
- Southern Cross Care (Vic)
- St John of God Health Care
- UnitingCare Ballarat
- United Way Ballarat
- University of Ballarat
- Vision Australia
- Women's Health Grampians
- YMCA Ballarat

Lifeline Volunteers

Could you be a volunteer Lifeline Telephone Counsellor?

Do you have good communication skills, good listening skills and a non-judgmental attitude? Are you interested in undertaking training, joining a passionate team, and making a real difference to those in our community who are anxious, hurting or in crisis?

Information Sessions about this rewarding role will be held in the Peart Wing, Uniting Church, 103 Lydiard St Sth, Ballarat on:

Tuesday 12th April 2011 at 10.00am, and Wednesday 13th April 2011 at 6.00pm.

For more information phone 5332 1009.

Time to Talk Tackle

"Lets face it. Unless the subject is sport, men aren't always the best talkers. And we struggle when it

comes to talking about reproductive health." - Merv

Hughes (Andrology Australia Ambassador). Andrology Australia's theme for International Men's Health Week 2011 is "Time to Talk Tackle". The

fishing-themed resources feature Ambassador

Merv Hughes and aim to get me to address their health issues by talking to their doctor. International Men's Health Week takes place from

June 13-19 in 2011. The increased publicity about

men's health makes it a great time to think about holding a men's health event in your community. Andrology is producing promotional posters and a fun booklet for IMHW 2011 that can be ordered now for delivery. You can also sign up to a monthly

men's health events e-newsletter. This monthly

e-newsletter will focus on ways to make your

community men's health event the best it can be. To order free resources for your IMHW event or to

sign up to the e-newsletter

Clearing the Road Blocks Conference

This conference is aimed at those working directly with people with disabilities but is also relevant to those working in the community with marginalised populations including those with addiction issues, cognitive impairments, mental health issues and those with complex communication needs.

There is also an opportunity for services to host an industry display (for no extra cost)

Tuesday 12th April 2011, 9.30am – 3.45pm, University of Ballarat, SMB Campus Brewery Complex, Lydiard Street South, Ballarat.

Session topics include

- Human rights
- Complex communication
- Consumer participation
- Self advocacy
- Easy English writing
- Community social / inclusion
- Dignity of risk

For further information contact: Kathy McEwan, Regional Quality Adviser, Department of Human Services: mobile: 0407 661 566 or email

Kathryn.mcewan@dhs.vic.gov.au

Cost: \$100.00 per participant fully catered.

Healthy Community Awards

Are you, or do you know, a Council working to create a healthy community?

Entries are now open for the Heart Foundation Healthy Community Awards 2011.

Previously known as the Local Government Awards, these new look awards recognise local governments implementing initiatives that improve heart health and Council's ongoing commitment to creating healthy communities.

Award recipients have the opportunity to:

- Receive monetary prizes and a framed award.
- Be recognised as an innovative leader in local government.
- Be featured in promotional material.
- Be recognised for improving the health and wellbeing of the local community.
- Promote the benefits of residing or working in their local government area.

Entries close 27th May 2011

For more information contact Jenni Lanfear, Healthy Community Awards Coordinator on (03) 9321 1537 or email

jenni.lanfear@heartfoundation.org.au

To apply visit

http://www.heartfoundation.org.au/Get_Involved/Local_Government_Awards/Pages/default.aspx

Governance and Quality Conference

The Australian Governance and Quality Conference will be held on Thursday 19th and Friday 20th May 2011, at the Hilton on the Park, Melbourne.

This two day conference will explore contemporary themes in facilitating strong, integrated governance systems in health services, primary health and community services in the context of current health reform. Issues of board structure and evaluation, leadership, clinical governance, research, multiple accreditation standards, strategy, tools and processes to support effective governance will be addressed.

The conference will also incorporate and continue the themes identified in the First National Forum on Safety and Quality in Primary and Community Health held in Sydney in 2010.

For further information about the conference, or to register please see the website at

www.healthcaregovernance.org.au

Australian Social Trends March 2011

Australian Bureau of Statistics

Released quarterly, Australian Social Trends presents analysis and commentary on a wide range of social issues. The March edition includes the following articles: Health outside Major Cities; Health services: Use and patient experience; Life expectancy trends — Australia; Year 12 attainment; and Education and Indigenous wellbeing.

See:

<http://www.abs.gov.au/AUSSTATS/abs@.nsf/Lookup/4102.0Main+Features1Mar%202011>

Immunology for Immunisers

This is a really useful animated presentation which can be accessed by clicking on the "Immunology for Immunisers" then click on the topic of interest-you then will need to scroll right down the page to find the play/stop bar:

<http://www.hpa.org.uk/EventsProfessionalTraining/InfectionsTraining/InfectionsTrainingResources/ImmunisationTrainingResources/>

Women's Health Grampians Newsletter

To view our March 2011 Newsletter you can go to www.whg.org.au and click on the Newsletter link.

Topics include:

- Wimmera Machinery Field Days
- International Women's Day
- Back to the Future Gala Dinner
- Zonta's Ballarat's International celebratory dinner
- Breast health
- Pap Screening

Grampians Pap Screening Project

Did you know that nearly every second woman in our community has not had a Pap test in the past two years? This makes our region the worst in Victoria for Pap testing rates.

Cervical cancer is one of the few cancers that can be largely prevented by having regular Pap tests. The Grampians Pap Screening Project is working to improve Pap testing rates in our area. You can play a valuable role in assisting us to improve these rates by sharing information with women you know (family, friends and work colleagues).

There are new online resources available to make it simple for women to find local Pap test providers. Women may see their GP or may choose to see a Nurse Pap test Provider

<http://bddgp.org.au/?papscreen> is link to "Find a Local Pap test Provider" click on the pink button at the bottom of the page. It will take you to the page of practices which have indicated that they have capacity to provide Pap testing.

If you are a Facebook user please feel free to become a "friend of the page" and share the page with your friends. When you are in Facebook type in Grampians and Pap testing and the page should come up or go to

<http://www.facebook.com/pages/Improving-Grampians-regions-Pap-testing-rates/120180248046688>

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The conference will also incorporate and continue the themes identified in the First National Forum on Safety and Quality in Primary and Community Health held in Sydney in 2010.

For full program details and to register please see the website at www.healthcaregovernance.org.au

Grant Funding Opportunities

CAGS Grants

Community sport and recreation organisations in rural and regional Victoria may submit a 2011 CAGS application seeking one grant of up to \$5,000 to:

- Help organisations operate more effectively.
- Fund attendance at relevant training courses.
- Provide accessible sport and active recreation opportunities

<http://www.gymnasticsvictoria.org.au/?Page=17720>

Victorian Volunteer Small Grants

Are available for Victorian organisations to attract new volunteers from diverse backgrounds, create new volunteering opportunities and strengthen existing volunteering programs as a way of engaging new volunteers.

<http://www.grants.dvc.vic.gov.au/web18/dvcgrants.nsf/AIIDocs/02E6A4E787DD9401CA257180002C7188>

Quick Response Grants

The Regional Arts Fund Quick Response Grant program is now open. These Grants are intended for regional artists, arts organisations and communities who would otherwise be ineligible for other forms of financial assistance for small cultural projects or professional development. A QRG may enable an opportunity or project that is new or unforeseen, rather than a last attempt to fund a hole in the budget.

RAF objectives and eligibility criteria apply.

<http://www.rav.net.au/funding-and-resources/fund>

Local Sporting Champions program

Young people find it difficult to meet the ongoing and significant costs associated with participation at sporting competitions, particularly those from regional areas.

The Local Sporting Champions program is an Australian Government initiative designed to provide financial assistance for young people aged 12-18 towards the cost of travel, accommodation, uniforms or equipment when competing, coaching or officiating at an official national sporting organisation (NSO) endorsed state or national sporting championships or a School Sport Australia national championships

http://www.ausport.gov.au/participating/schools_and_juniors/juniors/get_involved/local_sporting_champions

Our club, our future - sporting uniforms

The Our Club, Our Future - Sporting Uniform Grant Program provides grants of up to \$1000 to assist in the purchase of sports uniforms.

<http://www.dpcd.vic.gov.au/home/grants/all-grants/our-club-our-future-sporting-uniforms>

The Big Read

The intention of the BIG Read is to give families an opportunity to celebrate reading together. It is a record attempt to bring together the greatest number of children reading with an adult in Victoria. Concurrent events are being held in Ballarat, Melbourne and Geelong on Sunday 10th April.

In Ballarat we have been fortunate to gain the support of the Ballarat Library in Doveton Street North, which will be opening especially to cater for this event. Whilst the Big Read itself does not occur until 11.00 am (and lasts for 15 minutes) prior to commencement, there will be an array of activities for families to enjoy: including art and craft activities, reading, storytelling by Anne E Stewart and Mark Carthew (author), Rap Music and the Chinese Lions and Puppy Lions will perform. There will be an opportunity to join the Library and borrow books and you can also purchase from a selection of children's books from Ballarat Books.

Participants are encouraged to register online prior to the event (limited registrations will be taken on the day) at <http://bigread.cbca.org.au> registration costs \$5 and the first 3,500 children registering receiving a free Big Read cap.

Carer Information Day

You are invited to The Carer Respite and Support Services "Carer Information Day".

This session is for Carers, care recipients, family and friends who would like information about carer services and support regarding the many changes that may be experienced when someone takes on a caring role. Discussions will address practical considerations as well as the emotions associated with changing roles and changing relationships. Monday 18th April 2011, 9.30 am – 3:00pm (lunch included) at Barkly Motor Lodge, 43-57 Main Rd, Ballarat.

RSVP: by Monday 11th April 2011 to Carer Respite and Support Services on Ph: 5333 7104 or Freecall* 1800 059 059

Highlands LLEN Parent Survey

The Highlands LLEN is committed to engaging with parents and families of students. The Highlands LLEN identified a need to gather data on what parents and families would need advice with regarding their children's schooling. Therefore the Highlands LLEN developed a Parent Survey. The survey can be access on Survey Monkey via the link below:

<http://www.surveymonkey.com/s/SGM2FYS>

Primary Health Weekly Bulletin

The Primary Health Weekly Bulletin has a new home. Articles can now be found at <http://www.health.vic.gov.au/pch/bulletin/index.htm>

Primary Health Weekly Bulletin - 6 April 2012 new articles including -

- New format for the Primary Health Weekly Bulletin
- New Primary and Community Health webpages
- Australian Governance and Service Quality Conference
- The Mental Health Advice Line
- Update to the Guidelines for the prevention, detection and management of chronic heart failure in Australia, 2006
- Shining a RhED light: The 2011 Health and Sex Work Research Symposium
- Refugee Health Fellows
- Integrated Chronic Disease (ICDM) Forum on Health Literacy
- 2011 Primary Health Programs Fees Policy
- Skills for Psychological Recovery - A one day workshop
- SunSmart Farmers campaign
- Australian Institute for Primary Care & Ageing

Contributions to the Weekly Bulletin are welcome. If you or your organisation has information for distribution via the weekly bulletin, please submit your articles by midday Tuesdays using the template - available at:

http://www.dhs.vic.gov.au/_data/assets/word_doc/0009/267525/weekly_bulletin_article_template.doc

CHPCP Contact Details...

Location & Postal Address

15 Violet Grove, Wendouree 3355.

Ph: 03 5338 4770 Fax: 03 5339 8419

Web: www.chpcp.org

Executive Officer – Helen Wade

Ph: 5338 4770 email: helenw@chpcp.org

Service Coordination Industry Advisor – John Dixon

Ph: 5338 4772 email: johnd@chpcp.org

Primary Health Coordinator – Frances Riggs

Ph: 5338 4773 email: icdm@chpcp.org

Health Promotion Coordinator – Anita Collett

Ph: 5338 4775 email: healthpromotion@chpcp.org

Administration Support Officer – Sharna Kelly

Ph: 5338 4771 email: support@chpcp.org

Administration Support Officer – Alison Kerr

Ph: 5338 4774 email: admin@chpcp.org

Calendar of Events

(180) e.g. This is the edition number and can be accessed on the website for the full details of the event.

April 2011

Thursday 7th	Administrative Professionals Breakfast – 7.00am – 8.30am, Ballarat Golf Club, 1800 Sturt St, Ballarat (315)
Wednesday 6th	Chronic Disease Practitioners Group – 1.30pm – 3.30pm, Child & Adolescent Mental Health Services, 111 Ascot St Sth, Ballarat
Sunday 10th	The Big Read – 11.00am, Ballarat Library, Doveton St Nth, Ballarat (317)
Tuesday 12th	Clearing the Road Blocks Conference - 9.30am – 3.45pm, University of Ballarat, SMB Campus Brewery Complex, Lydiard St Sth, Ballarat (317)
Wednesday 13th	CHADA Meeting - 9.30am – 11.30am, BHS, Queen Elizabeth Centre, Seminar Room 2, Ascot St Ballarat
Wednesday 20th	Personal Care Attendants & Palliative Care - Study Day – 10.00am – 3.00pm, Education Centre, Stawell Regional Health, Sloan St, Stawell (316)

Please note:

- **The CHPCP Office will close at 5pm on Thursday 21st April for the Easter break and will re open on Wednesday 27th April at 8.30am.**
- **There will not be a CHPCP newsletter for the week 25th – 29th April 2011.**

The Central Highlands Primary Care Partnership newsletter is compiled from information provided by organisations and partner agencies. Information is received and published in good faith and whilst every effort is made to only publish current information, we cannot accept responsibility for the accuracy of the information provided to us.