

Welcome to the Central Highlands Primary Care Partnership Newsletter.

This weekly newsletter provides an opportunity for staff and agencies to showcase new programs, staff, projects and upcoming training and events.

Information must be sent to admin@chpcp.org by Fridays of each week for the next week's edition.

Due to the large volume of information we receive it is generally only possible to include an item in the newsletter once. We also reserve the right to précis information.

CHPCP News: Service Co-ordination *There is a lot happening at the moment.*

Ballarat Community Health PODS (Planning Opportunities & Developing Services for Young Parents) has received extended funding for the next three years – expect to hear more about this in the coming weeks

Elder abuse training – Heads up on tentative dates 14/15; 28/29 July & 11/12; 25/26 Aug. 2 workshops, one targeting hands on practitioners, one targeting line managers. [More formation will be coming soon.](#)

Consulting with children forum presented by Jonathon Sargeant on the 22 June, still some time to get on board with this –contact Merran Fleming at the City of Ballarat . Registrations close 10th June. Contact MerranFleming@BALLARAT.vic.gov.au

PCP Platform & working group surveys are underway for the CHADA, & Child & Family Platforms; ICDM & Health Promotion interest groups. The survey form has or will be sent via email distribution lists. If you haven't completed your survey, please do so. Can't find it?? For another copy: contact Sharna at support@chpcp.org or Alison at admin@chpcp.org

Department of Health Regional Office HACC \ PCP Service co-ordination staff - have been working together to progress a number of things across the region. Current focus includes:

- **Training Directory** – A working group is looking at the development of a single point of listing for training being delivered in the catchment.
- **Living At Home Assessment Agencies** - listing providers in the Connectingcare service directory & set up of these programs for e-referral & secure message sending.
- **E-referral Statistical reporting** – across the region for Home Assessment Service referrals

Connectingcare service directory updating – A continuing focus, if you are aware of something that is out of date or has wrong information, please contact either Sharna or myself.

Connectingcare Grampians Region User Group Next meeting **8th June** 1:00pm -3:00PM at [GICS 804 Sturt St Ballarat](#)

Referral pathways – If your organisation is set up for e-referral, and you find that you are dealing with organisations that are not, please let me know & I can approach & support them to attain e-referral set up.

SCVICDM Survey 2011 A reminder to agencies that we are now moving towards this again, and that there is opportunity for support for agencies from the PCP to undertake this work. [Contact me for more information.](#)

John Dixon,
Service Co-ordination Industry Advisor johnd@chpcp.org | T: 5338 4772

CHPCP Member Agencies:

- Ballan & District Health & Care
- Ballarat & District Aboriginal Co-operative
- Ballarat & District Division of General Practice
- Ballarat Community Health
- Ballarat District Nursing & Healthcare
- Ballarat Health Services
- Ballarat Hospice Care Inc.
- Bluearth
- Centacare
- Central Highlands General Practice Network
- Child & Family Services
- City of Ballarat
- Department of Health
- Department of Veteran's Affairs
- Djerrivarrh Health Services
- Finding Futures
- Glastonbury Child & family Services
- Golden Plains Shire
- Grampians Integrated Cancer Services
- Hepburn Health Service
- Hepburn Shire Council
- Hesse Rural Health Service
- Karden Disability Support
- McCallum Disability Services
- Moorabool Shire Council
- PINARC
- Relationships Australia Vic
- Salvation Army Karinya
- Southern Cross Care (Vic)
- Sports Central
- St John of God Health Care
- UnitingCare Ballarat
- United Way Ballarat
- University of Ballarat
- Vision Australia
- Women's Health Grampians
- YMCA Ballarat

Central Highlands Primary Care Partnership Health Promotion Coordinator

1.0 EFT – Salary Range \$50 - \$60K

An exciting opportunity exists to influence community health and wellbeing as a Health Promotion Coordinator in supporting integrated health promotion across the Central Highlands region.

A key role will be to build the capacity of and coordinate planning across a vibrant alliance of agencies within the Central Highlands region. Based in Ballarat, the Health Promotion Coordinator will work with agencies in the City of Ballarat, Golden Plains, Hepburn and Moorabool Shires.

The Central Highlands Primary Care Partnership is a voluntary alliance of 36 health, welfare, disability, local government, and community service agencies, with many funded to deliver integrated health promotion at a local level. CHPCP leads and contributes to initiatives that respond to health and well being issues across the catchment.

The successful applicant will require health promotion or a similar qualification and/or relevant work experience.

The Health Promotion Coordinator will play a lead role in supporting agencies to respond to community needs and to government policy and resources.

The position is 1.0EFT with a salary range of \$50 - \$60K based on qualifications and experience. Salary sacrifice is available with this position. (options for .8 EFT or a secondment will be looked at.)

Applications marked "Confidential" to be sent to Executive Officer, Central Highlands PCP, 15 Violet Grove, Wendouree 3356 by 5pm, Friday 10th June 2011.

To obtain further information or a Position Description contact:

Helen Wade, Executive Officer, Central Highlands Primary Care Partnership

Tel: 5338 4770 Fax: 5339 8419 Email: helenw@chpcp.org

Families Affected by Bullying

A positive approach to helping you and your family deal with bullying will be held 7.30-8.30pm, 6th June, Eastwood Leisure Centre, 20 Eastwood St Ballarat.

For more information contact Sue at Good2gr8 Coaching on 0417 052 739.

Upcoming Meetings of the group:

Second & fourth Monday of each month:

6th June (instead of 13th due to long weekend), 27th June, 25th July, 8th August, 22nd August.

Youth Healthy Living Guide Launch

Ballarat South Community Learning Precinct Certificate II Community Services Students cordially invite you to attend the 2011 Youth Healthy Living Guide Launch.

Thursday 23rd June, 10am at Sebastopol Campus Learning Resource Centre, Hertford St, Sebastopol.

RSVP 16th June to 0427 879 456 or

fusco.sofia.d@edumail.vic.gov.au

Youth Healthy Living Guides available for collection at the event.

GenerationOne Skills & Training Paper

GenerationOne is launching the Skills and Training for a Career draft policy that aims to kick-start a national debate on the best pre-employment and training programs for Indigenous Australians and employers.

Over the coming weeks and months, we hope to gain vital community feedback on the various aspects of the policy - what works and what doesn't, what more can be done by all of us – workmates, employers and government.

The Skills and Training for a Career draft policy is based on anecdotal evidence from GenerationOne supporters, AEC employers, practitioners, communities, service providers, training organisations and others, and recognises the people who have worked consistently to increase sustainable employment with Indigenous people.

The paper can be downloaded at

http://generationone.org.au/uploads/assets/training-consultation-paper.pdf?utm_source=GenerationOne+List&utm_campaign=f598b07b58-GenerationOne_110527_Job_Readiness&utm_medium=email

GenerationOne recognises all the work Australians have been doing in Indigenous employment and training. We would now like to ask you for your feedback on the paper.

You can have your say here:

<http://generationone.org.au/training/submissions>

World Elder Abuse Awareness Day

15th June 2011

Public Call-To-Action

Celebrate the 6th Annual World Elder Abuse Awareness Day.

Show the world you care about ending elder abuse and neglect. Wear something purple on 15th June 2011.

If you don't take a stand, who will?

Aboriginal Disability Development & Support Officer

Ongoing / Part-time (various hours)

Various Work Locations

\$38,142 - \$46,902 (pro-rata)

\$38,142 - \$42,276 (unqualified applicant)

\$42,677 - \$46,902 (qualified applicant with Cert IV)

Plus applicable allowances and penalties. Junior rates also apply.

Disability Accommodation Services seek direct care workers to join the Northern and Western Metropolitan Region.

To be eligible for this exciting role you must be passionate about improving outcomes for people with a disability by promoting opportunities for participation in meaningful activities in all aspects of life. You must also be committed to obtaining Certificate IV in Community Services (Disability Work) whilst on the job.

You will build personal dignity and respect and increase decision-making and life opportunities for people with a disability. Applicants must be available for shift work including morning, afternoon, evening, active nights and sleepovers on week days, weekends and public holidays.

NOTE: Ten of the total number of positions offered, have been designated for Aboriginal and Torres Strait Islander people, pursuant to an exemption under section 83 of the Equal Opportunity Act 1995, granted by the Victorian Civil and Administrative Tribunal.

VCAT Exemption Numbers:

A067/A068/2010/0041, A067/

A068/2010/0045, A067/A068/2010/0046

A067/A068/2010/0047, A067/A068/2010/0048

A067/A068/2010/0049, A067/A068/2010/0050

A067/A068/2010/0051, A067/A068/2010/0052

A067/A068/2010/0053

Aboriginal people seeking support in applying for a position to contact Helena Gonebale, Aboriginal Employment Manager (03) 9275 7336 or the Aboriginal Employment Unit on 1300 092 406 or via email: aboriginal.employment@dhs.vic.gov.au

View the job description and complete the on-line application and on-line questionnaire at

www.dhs.vic.gov.au/careers

reference number: DHS/NWR/82011A

Applications close 5th June 2011.

Did you know???

Australian snow fields receive more snow than Switzerland!

While Australia actually has more snow cover (in area), the snow depth can vary from almost nothing to several meters.

Primary Health Bulletin

New items have been added to the Primary Health Bulletin for 30 May 2011.

- Development of a new course for a Service Access Model
- Graduate Certificate of Primary Health Care Research—James Cook University
- NURSE-ON-CALL brochure: now also in Hindi, Khmer, Polish and Tamil
- Electronic referral status report.

<http://www.health.vic.gov.au/pch/bulletin/index.htm>

Quote of the Week...

The difference between what we do and what we are capable of doing would suffice to solve most of the world's problems.

- *Mahatma Gandhi*

Body Image, Self Esteem and Sexuality at End of Life

The Grampians Regional Palliative Care Team presents Body Image, Self Esteem and Sexuality at End of Life –

“I know I should raise it, but how do I begin the conversation?”

Presented by Dr Amanda Hordern, PhD, Director of The Cancer Council's Cancer Information and Support Service (CISS). who has more than twenty years' national and international experience across oncology and palliative care.

This workshop explores the issues of sexuality and intimacy for patients living and dying with cancer or chronic illness, with a particular focus on patient communication, practical resources and making a difference in your clinical world.

Friday 29th July 2011, 1.00pm to 5.00pm at Seminar Room 1, ERC, Queen Elizabeth Centre 102 Ascot Street Sth, Ballarat.

Limited participant numbers so RSVP essential by 11th July.

Lunch provided upon arrival. Cost: \$30.00

For further information and to register please phone 5320 3553 or email

bernadette@bhs.org.au

Centre of Excellence in Peer Support

You are invited to the combined launch of the Charter of Peer Support & Centre of Excellence in Peer Support (Mental Health).

Tuesday 21st June 2011, 10.30am – 12.00 at Zinc Studio II, Federation Square, Melbourne.

Keynote Speaker: Dr. Rhonda Galbally AO

RSVP: Friday 17th June, admin@arafemi.org.au

Inn Their Shoes

Students from SMB's event management course have created an event to engage the community in homelessness awareness raising. The sleep out is aimed at primary school students aged 10-12 years and local business leaders.

On the night support from volunteers will be required. There will be three available shifts during the "Inn Their Shoes" event for volunteers. Duties include –

- Assist with signing in of children
- Helping children organise their sleeping bags/sleeping quarters
- Leading and participating in group games
- Settling children when lights go out
- Assisting children with breakfast

There will be between 80 & 100 volunteers over the duration of the event. We endeavour to make the volunteering process as simple as possible but if you have any queries, please don't hesitate to contact the inn their shoes crew.

Anna – 0437 070 694

Bree – 0400 339 814

Ash – 0434 405 545

To register for a volunteer role, please visit www.inntheirshoes.org and fill out our online registration. All volunteers must have a working with children check.

World Elder Abuse Awareness Day

Seniors Rights Victoria is a specialist community legal centre with a focus on responding to elder abuse. Each year on 15 June, World Elder Abuse Awareness Day (WEAAD), we run a day-long Workshop in Melbourne for workers in health, aged care, family violence and related services

The Workshop brings together people from different sectors around the issue of elder abuse, and is a great opportunity for people who work with older Victorians to learn more and share expertise and ideas relevant to elder abuse prevention. Feedback from previous years has been positive and this year we want to build on this by offering a practical program that emphasises elder abuse prevention approaches and strategies in a range of specific scenarios and allows attendees to workshop case studies, as well as listening to presentations on recent research in the area and on older people's legal rights.

For more information and to register visit http://www.seniorsrights.org.au/index.php?option=com_content&view=article&id=73&Itemid=15

Shave for Karden

Glenn Hateley is committing to shaving his beard and hair for Karden! Glenn has had his beard for 16 years so shaving his hair and beard is a major commitment!

Please support us in this fundraising event – all money raised goes to supporting people with disabilities in the Ballarat Community. All donations over \$2 are tax deductible. To donate visit <http://www.everydayhero.com.au/karden>

Workshop for Carers of a Person with ABI

BrainLink and nib foundation are offering family members and friends of those caring for a person with an acquired brain injury in regional Victoria, an opportunity to participate in a one day workshop. The interactive & discussion filled free workshops are from 10.am-4pm with lunch provided. 20th June at Ararat Neighbourhood House 56 Campbell Street, Ararat.

Topics include:

Making Sense of the Changes

- Sharing Understanding of Brain Injury
- Exploring Responses and Reactions
- Changed Roles

Putting it All Together

- Build Strategies
- Develop networks
- Look After Self

To register your interest, or to discuss respite requirements, please contact Vanessa at BrainLink Services on (03) 9845 2955 or email" info@brainlink.org.au by 13th June

Awareness of Incontinence in Ethnic Communities

A half day professional development seminar for community workers supporting people from ethnic communities.

Seminar content Includes:

- how to raise the issue of incontinence
- asking the right questions about incontinence
- basic advice and referral information
- product selection tips and displays

Thursday 14th July 2011, 9.30am – 1.00pm at Treacy Conference Centre, 126 The Avenue, Parkville. Cost: Free however \$120 cancellation fee will be charged for people who register but do not attend.

Registration closes 1st July for a registration form contact Victorian Continence Resource Centre on 9816 8266 or email info@continencevictoria.org.au

Beyondblue Community Support Training for Flood Affected Areas

As a result of the January 2011 flooding rains in Queensland, New South Wales and Victoria, there is again concern over the mental health of people living in affected communities.

The aims of beyondblue in responding to these events will be to:

- Raise awareness of the risk factors for depression, anxiety and related disorders after a disaster and improve health seeking behaviour amongst people living in disaster affected areas.
 - Support positive mental health and wellbeing in disaster affected communities by promoting protective factors such as community cohesion, resilience and social connectedness.
- beyondblue will present Community Support Training sessions in Skipton and Beaufort.
 Skipton – Wednesday 8th June, 11.30am – 2.30pm at Skipton Mechanics Hall, Anderson St, Skipton.
 Beaufort – Wednesday 8th June, 6.30pm – 9.30pm at the Senior Citizens Hall, Pratt St, Beaufort.
 To register or find out more about either session contact Leslee Jackson at Ballarat & District Division of General Practice on 5331 6306 or email lesleej@bddgp.org.au

Did you know???

By law, free-to-air channels in Australia must show a minimum of 55 percent Australian made content

CHPCP Contact Details...

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Administration Support Officer – Sharna Kelly

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Administration Support Officer – Alison Kerr

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Calendar of Events

(180) e.g. This is the edition number and can be accessed on the website for the full details of the event.

June 2011

Thursday 2 nd	Epilepsy Specialist Series – Epilepsy, Behavior & Learning - 7.00 – 9.00pm, DEECD, 109 Armstrong St Nth, Ballarat (321)
Saturday 4 th	Ballarat African Day – 6.00pm, Cooinda Centre, 10 Learmonth Rd, Wendouree (321)
Monday 6 th	Mind Matters in Palliative Care – 6.30pm – 8.30pm, Education Resource Centre, Ballarat Health Services, Drummond St, Ballarat (322)
Monday 6 th	Chronic Disease Leadership Group – 9.30am – 10.30am, ACAS Medical Administration Room, Queen Elizabeth Centre, Ascot St, Ballarat
Tuesday 7 th	Integrated Health Promotion Network – 9.30am – 11.30am, CHPCP Office, 15 Violet Grove, Wendouree.
Wednesday 8 th	CHADA Meeting – 9.30am – 11.30am, Seminar Room2, Queen Elizabeth Centre, Ascot St, Ballarat
Wednesday 8 th	Chronic Disease Practitioner's Group – 10.30pm – 3.30pm, Child & Adolescent Mental Health Services, 111 Ascot St Ballarat
Wednesday 15 th	Get Active with Arthritis Workshop – 6.30pm – 8.30pm, Ballarat community Health, 10 Learmonth Rd, Wendouree (322)
Monday 20 th	Diabetes Steering Group – 2.00pm – 3.00pm, BHS Education Resource Centre, Ballarat Base Hospital, Drummond St, Ballarat

The Central Highlands Primary Care Partnership newsletter is compiled from information provided by organisations and partner agencies. Information is received and published in good faith and whilst every effort is made to only publish current information, we cannot accept responsibility for the accuracy of the information provided to us.