

**Welcome to the
Central Highlands
Primary Care
Partnership
Newsletter.**

This weekly newsletter provides an opportunity for staff and agencies to showcase new programs, staff, projects and upcoming training and events.

Information must be sent to admin@chpcp.org by Fridays of each week for the next week's edition.

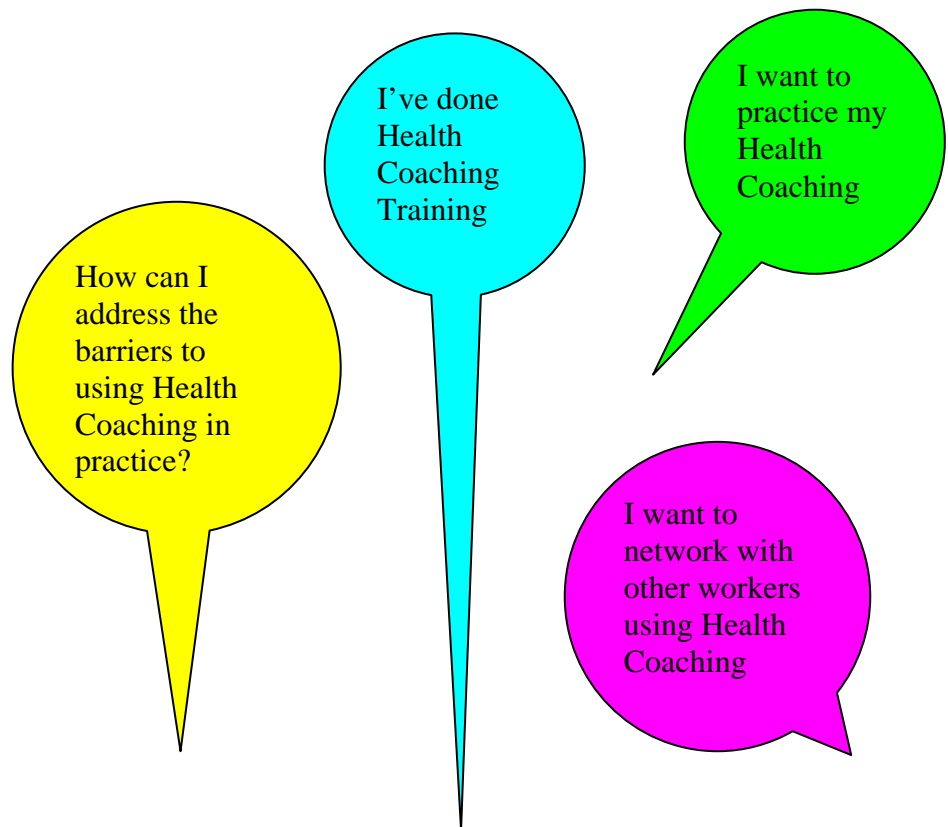
Due to the large volume of information we receive it is generally only possible to include an item in the newsletter once. We also reserve the right to précis information.

CHPCP News:

Putting Health Coaching into Practice:

First Session: 24th June 2011, 9.15am – 12.30

Interested? Contact Frances Phone: 5338 4773
Email: icdm@chpcp.org



CHPCP Member Agencies:

- Ballan & District Health & Care
- Ballarat & District Aboriginal Co-operative
- Ballarat & District Division of General Practice
- Ballarat Community Health
- Ballarat District Nursing & Healthcare
- Ballarat Health Services
- Ballarat Hospice Care Inc.
- Blueearth
- Centacare
- Central Highlands General Practice Network
- Child & Family Services
- City of Ballarat
- Department of Health
- Department of Veteran's Affairs
- Djerriwarrh Health Services
- Finding Futures
- Glastonbury Child & family Services
- Golden Plains Shire
- Grampians Integrated Cancer Services
- Hepburn Health Service
- Hepburn Shire Council
- Hesse Rural Health Service
- Karden Disability Support
- McCallum Disability Services
- Moorabool Shire Council
- PINARC
- Relationships Australia Vic
- Salvation Army Karinya
- Southern Cross Care (Vic)
- Sports Central
- St John of God Health Care
- UnitingCare Ballarat
- United Way Ballarat
- University of Ballarat
- Vision Australia
- Women's Health Grampians
- YMCA Ballarat

Central Highlands Primary Care Partnership Health Promotion Coordinator

1.0 EFT – Salary Range \$50 - \$60K

An exciting opportunity exists to influence community health and wellbeing as a Health Promotion Coordinator in supporting integrated health promotion across the Central Highlands region.

A key role will be to build the capacity of and coordinate planning across a vibrant alliance of agencies within the Central Highlands region.

Based in Ballarat, the Health Promotion Coordinator will work with agencies in the City of Ballarat, Golden Plains, Hepburn and Moorabool Shires.

The Central Highlands Primary Care Partnership is a voluntary alliance of 36 health, welfare, disability, local government, and community service agencies, with many funded to deliver integrated health promotion at a local level. CHPCP leads and contributes to initiatives that respond to health and well being issues across the catchment.

The successful applicant will require health promotion or a similar qualification and/or relevant work experience.

The Health Promotion Coordinator will play a lead role in supporting agencies to respond to community needs and to government policy and resources.

The position is 1.0EFT with a salary range of \$50 - \$60K based on qualifications and experience.

Salary sacrifice is available with this position. (options for .8 EFT or a secondment will be looked at.)

Applications marked "Confidential" to be sent to Executive Officer, Central Highlands PCP, 15 Violet Grove, Wendouree 3356 by 5pm, Friday 10th June 2011.

To obtain further information or a Position Description contact:

Helen Wade, Executive Officer, Central Highlands Primary Care Partnership

Tel: 5338 4770 Fax: 5339 8419 Email:

helenw@chpcp.org

Volunteering Australia Survey

Volunteering Australia is requesting feedback about NVW 2011 from volunteers and groups so that planning can be started for NVW 2012. The survey can be done online at

<http://www.surveymonkey.com/s/NVW2011Feedback>

Rural Social Workers Action Practice Group

10th Biennial National Rural Remote Social Work Conference - 'Resilient, Healthy, Rural and Remote Communities'

Thursday 28th and Friday 29th July 2011, at Mercure Ballarat Hotel & Convention Centre, Main Rd, Ballarat.

For more information visit

<http://www.aasw.asn.au/events/category/vic>

Women and Housing Affordability Survey

Are you a single woman, aged 40 and over, with or without children and don't expect to own your own home outright before you retire?

The Institute of Social Research at Swinburne University and the Salvation Army is conducting an anonymous survey on Women and Housing Affordability. The data obtained from the survey will assist in developing a housing model to fit the needs of women in these circumstances. All data is treated confidentially and the survey will take about 20-35 minutes to complete. Survey respondents can enter into a draw for one of twenty \$50 gift vouchers. Your details will be collected separately from the survey. Prizes will be drawn on 2nd September 2011 and winners will be notified by correspondence. Paper-based surveys are available by contacting Andrea Sharam via email asharam@swin.edu.au or Ph (03) 9214 5465.

Kaleidoscope Event

A fun night including concert, local performances, a chance for local artists (photographers, painters, drawers, graphic designers, clothing designers etc) to come together on one night, with free food and live performances to celebrate the 17 different cultures we have living in Ballarat. A fun, vibrant, incredible night to be had with many opportunities to meet people from all across the local community.

Free Entry, just turn up and have a great time!.

Saturday 18th June, 6.00pm – 9.00pm at The Mining Exchange, Lydiard St Nth, Ballarat.

6pm Official Start "Acknowledgements of the land". 9pm Jam sesh to conclude

Featuring; Headline Act: The Indigo Children, BCMA African Percussions, BLX Koori group, George Laurie and Lucy Timms, Local African dance group. Local Artists will have work displayed on the night.

Bloke's Night

Grab a mate and join us for a casual and relaxed night with a focus on Health and Wellbeing
Free BBQ between 6.00pm – 7pm
Motivational Speaker Gerard Fitzgerald- Head Coach for Ballarat Roosters, Former Geelong player & 3rd longest serving coach in history of VFL. In 2010 Gerard received VicHealth Sporting Conduct Award for his outstanding sportsmanship in attitude and behaviour both on and off the field.
Free health checks available on night, Dietician available for a chat and Try your hand at carpet bowls. Lucky Door Prizes up for Grabs
Thursday 16th June 2011, 6.00pm at City Oval Bowling Club, Sturt St, Ballarat.

Reconciliation Victoria Website

We are very excited to announce that our new website is now live: www.reconciliationvic.org.au
It is still in development, so there's lots of functions yet to be added, and things to be tweaked. It contains the updated Victorian Calendar of NRW events plus a recent statement from Reconciliation Victoria about the importance of recognition in light of the recent developments in the Victorian government.
Please check it out, and feedback welcome.

Food Advertising Legislation Blueprint

The Obesity Policy Coalition has launched a new blueprint for regulating junk food advertising to children. The blueprint sets out a plan for federal and state and territory governments to enact legislation to restrict all forms of advertising and promotion of unhealthy food and beverages to children. It specifies how legislation should operate, the types of advertising and promotion that should be restricted, and proposes definitions for key terms and phrases such as 'unhealthy food' and 'directed to children'

For more information visit

http://www.opc.org.au/downloads/Proposal_summary2.pdf

Oral Health Promotion Resource

The Department of Health has released a new resource 'the evidence based oral health promotion resource'. This resource can be used as framework for oral health policy development and program implementation.

The resource can be found online at:

[http://docs.health.vic.gov.au/docs/doc/Evidence-based-oral-health-promotion-resource-\(2011\)](http://docs.health.vic.gov.au/docs/doc/Evidence-based-oral-health-promotion-resource-(2011))

Australian Youth Mentoring Forum Series

The Australian Youth Mentoring Network and the Loddon Mallee Youth Mentoring Project invite you to connect with youth mentoring practitioners to discuss doing business in rural and regional Victoria.

Making and maintaining partnerships with local businesses that build the strength and sustainability of youth mentoring programs in country Victoria.

Main speaker – Greg Penno, National HR manager, Bendigo Bank and panels of mentoring co-ordinators and business people.

Friday 17th June 2011, 10:30am – 2:30pm at Latrobe University Visual Arts Centre, 121 View Street, Bendigo

RSVP to Leigh Candy, Loddon Mallee RCP

On 03 5434 3914 or email l.candy@stlukes.org.au

Position Vacant with Koori Heritage Trust

Oral History Co-ordinator Permanent position
4-5 days a week \$55,000 pro rata

The Koori Heritage Trust is looking for a highly motivated individual who has strong networks across the Victorian Koorie community and is passionate about preserving Koorie culture and heritage.

This role has been created to co-ordinate and develop the Trust's Oral History Program. This will include collecting oral histories, collection management activities related to the oral history collection and co-ordinating projects specific to this program.

The Oral History Co-ordinator will ;

- Travel across Victoria to collect a range of recordings from Koorie communities and individuals
- Undertake training opportunities to develop their filmmaking and editing skills
- Develop and support projects within this program
- Manage the collection management aspects of this program including access and documentation of this very important collection

If you are interested in this role, please contact us for a chat about the role or for a copy of the position description.

Aboriginal and Torres Strait Islander people are strongly encouraged to apply.

For Position Descriptions please contact Reception on 8622 2600

For enquiries contact Nerissa Broben or Miriam Troon, on 8622 2600

Applications close Friday 1st July.

www.koorieheritagetrust.com

Sports Borders Conference – Participation and Inclusion

Sport is a major tool for promoting social inclusion and social cohesion. It's important, and we've got to get it right.

The 2011 Sports Without Borders Conference will bring together sportspeople, sporting clubs, government, local government workers, sports administrators and educators to learn the facts, hear the stories, and learn about new practices and next practice solutions.

Monday 27th June 2011, at Moonee Valley Racing Club, McPherson St, Moonee Ponds.

Cost: \$248

More info: Telephone 9320 6800 or visit

www.ourcommunity.com.au/swb2011

Handle With Care Workshops

The Handle with Care backspace residency is an opportunity for community members and students to acquire basic leather making and moulding skills, and contribute personal objects to mould and attach to the individual bags. As a by-product of this process those involved will be empowered by confronting their own areas of 'personal baggage' and deconstructing out dated personal beliefs and reinforcements.

Handle with Care is sculptural installation using a 1.5m sq stack of timber onto which attach the facade of traditional style hand stitched leather baggage. Onto the surface of the individual baggage pieces are attached the forms of significant objects that have been moulded in leather.

Workshop sessions will run in 2 hour blocks from Tuesday 14th to Friday 17th and Monday 20th to Thursday 23rd June. Participants will select one week of 4 sessions to attend.

Time slots will be 11-1pm and 3-5pm. A max of 3 participants in each time slot who are committed to the 4 sessions in that particular week.

Workshops will be at the Art Gallery of Ballarat Backspace. Entrance via Camp street

<http://www.ballarat.vic.gov.au/arts-and-culture/arts-/backspace.aspx>

Did You Know???

Most people think the Sydney region is the wealthiest part of Australia. In fact the highest wages in Australia are paid in the rugged Northern Territory. The Northern Territory also has the highest Gross Domestic Product per capita of any part of Australia.

Haddon & District Community House

Fundraising Course

Do you have to run fundraising events for your school or club? Or maybe you are thinking of a career in events? Maybe you are going to have a family wedding party, then this course will help you to learn how to create and coordinate successful fundraisers or special events. Know what to do, find resources and gain confidence to plan and produce any size or type of event. You will have lots of fun too in this program as you will have practice organising a real event!

Mondays starting 20th June, plus one Saturday session.

10.00am – 1.00pm. Cost \$100.00

Tutors Donna Crebbin with guest trainers/speakers

Introduction to Aged Care

This course is an introduction into the aged care sector & aims to give students an overview of what it is like to work in an aged care facility enabling them to ascertain if they wish to work in the aged care or home and community care sectors. For those wishing to continue their study in this field, successful completion can lead to a place in the Certificate III in Aged Care course at BEST training Ballarat.

Monday July 25th August 1st 8th & 15th (4 sessions)

9.30am – 3.00pm. Cost \$95.00

Tutor Anna Curry.

For more information or to register for either course contact Joan at Haddon & District Community House, 396 Sago Hill Road, Haddon or phone 5342 7050.

Go Fundraise

Do you need to raise money for your group or charity? GoFundraise have developed a proprietary solution that provides charities and not-for-profit organisations with an effective way to fundraise online.

Groups are encouraged to register with the GoFundraise website

<http://www.gofundraise.com.au> This will enable registered organisations to effectively fundraise through their existing events or benefit from the many events and campaigns GoFundraise support across Australia.

Through the basic service users can create their own events and utilise the GoFundraise online fundraising facilities. They can also access and download full fundraiser and donor reports on demand.

School Focused Youth Service Brokerage

School Focused Youth Service Brokerage funding is officially open and will close July 29th. Funding is available for projects that utilise school/community partnerships for the benefit of at risk young people aged 10 – 18.

Please note that it is a requirement that you have some contact with your SFYS worker regarding your application if you are intending to apply.

Updated application forms and other information will be available shortly at the following website: http://www.bchc.org.au/services_school_focused.php

Please don't hesitate to call your School Focused Youth Service Coordinator on the contact numbers below if you have any further queries.

Susila Naidu, School Focused Youth Service Coordinator, phone 5338 4547 or email susilan@bchc.org.au

Jodie Rykers, School Focused Youth Service Coordinator, phone 5337 3369 or email jrykers@cafs.org.au

Quote of the week....

Your only obligation in any lifetime is to be true to yourself. Being true to anyone else or anything else is . . . impossible.

-- *Richard Bach*

CHPCP Contact Details...

Location & Postal Address

15 Violet Grove, Wendouree 3355.

Ph: 03 5338 4770 Fax: 03 5339 8419

Web: www.chpcp.org

Executive Officer – Helen Wade

Ph: 5338 4770 email: helenw@chpcp.org

Service Coordination Industry Advisor – John Dixon

Ph: 5338 4772 email: johnd@chpcp.org

Primary Health Coordinator – Frances Riggs

Ph: 5338 4773 email: icdm@chpcp.org

Health Promotion Coordinator – Vacant

Ph: 5338 4775 email: healthpromotion@chpcp.org

Administration Support Officer – Sharna Kelly

Ph: 5338 4771 email: support@chpcp.org

Administration Support Officer – Alison Kerr

Ph: 5338 4774 email: admin@chpcp.org

Calendar of Events

(180) e.g. This is the edition number and can be accessed on the website for the full details of the event.

June 2011

Wednesday 15 th	World Elder Abuse Day - wear something purple to show your support (324)
Wednesday 15 th	Get Active with Arthritis Workshop – 6.30pm – 8.30pm, Ballarat community Health, 10 Learmonth Rd, Wendouree (322)
Monday 20 th	Diabetes Steering Group – 2.00pm – 3.00pm, BHS Education Resource Centre, Ballarat Base Hospital, Drummond St, Ballarat
Wednesday 22 nd	Consulting With Children Form - Kryal Castle, 121 Forbes Road Leigh Creek (Off The Western Highway)
Thursday 23 rd	Youth Healthy Living Guide Launch – 10.00am, Sebastopol Campus Learning Resource Centre, Hertford St, Sebastopol (324)
Thursday 23 rd	CHPCP Full Alliance Meeting – 9.00am – 10.30am, Ballarat & District Division of General Practice, 105 Webster St, Ballarat
Thursday 23 rd	Life After Caring – 9.00am – 2.30pm, venue advised on registration (322)
Friday 24 th	Integra Inn Their Shoes – 5.30pm, Mining Exchange, Lydiard St Nth, Ballarat (324)

The Central Highlands Primary Care Partnership newsletter is compiled from information provided by organisations and partner agencies. Information is received and published in good faith and whilst every effort is made to only publish current information, we cannot accept responsibility for the accuracy of the information provided to us.