

**Welcome to the
Central Highlands
Primary Care
Partnership
Newsletter.**

This weekly newsletter provides an opportunity for staff and agencies to showcase new programs, staff, projects and upcoming training and events.

Information must be sent to admin@chpcp.org by Fridays of each week for the next week's edition.

Due to the large volume of information we receive it is generally only possible to include an item in the newsletter once. We also reserve the right to précis information.

CHPCP News: Service Co-ordination

Victoria University Professional Education: Elder Abuse Workshops

Workshop 1: Recognise and Respond

This workshop is offered to all workers. It can be offered as a standalone education session *for the direct care workforce* (i.e. those who have direct contact with an older person in the course of their employment). Work shop 1 is also a prerequisite for Workshop 2.

Workshop 2: Recognise, Respond and Assess

This workshop is directed toward those that have a responsibility to respond to concerns of suspected elder abuse - arising from direct contact or supervision of workers in direct contact with older persons (e.g. supervisors, team leaders, line managers).

Schedule for each work shop series will be:

Day 1 Work shop 1

Time: 1:00 pm – 4:30 pm

Day 2 Work shop 1

Time: 9:00 pm – 12:30 pm

Work shop 2

Time: 1:00 pm – 4:30 pm

Venues still to be confirmed.

Anyone interested in hosting workshops please contact John

Training days will be on Thursdays & Fridays:

July 14th & 15th
11th & 12th

Aug 28th & 29th
25th & 26th

Connectingcare E-Referral Training

Training will be offered for Connectingcare users at the BLX Camp St, Ballarat on Friday 01 July. Training will commence at 10:00 and run for approx 90 mins. Depending on the response, a second session may be offered on the day.

To register your interest contact Sharna at support@chpcp.org | T: 5338 4771

John Dixon,

Service Co-ordination Industry Advisor johnd@chpcp.org | T: 5338 4772

CHPCP Member Agencies:

- Ballan & District Health & Care
- Ballarat & District Aboriginal Co-operative
- Ballarat & District Division of General Practice
- Ballarat Community Health
- Ballarat District Nursing & Healthcare
- Ballarat Health Services
- Ballarat Hospice Care Inc.
- Bluearth
- Centacare
- Central Highlands General Practice Network
- Child & Family Services
- City of Ballarat
- Department of Health
- Department of Veteran's Affairs
- Djerrivarrh Health Services
- Finding Futures
- Glastonbury Child & family Services
- Golden Plains Shire
- Grampians Integrated Cancer Services
- Hepburn Health Service
- Hepburn Shire Council
- Hesse Rural Health Service
- Karden Disability Support
- McCallum Disability Services
- Moorabool Shire Council
- PINARC
- Relationships Australia Vic
- Salvation Army Karinya
- Southern Cross Care (Vic)
- Sports Central
- St John of God Health Care
- UnitingCare Ballarat
- United Way Ballarat
- University of Ballarat
- Vision Australia
- Women's Health Grampians
- YMCA Ballarat

Butterfly Tea Party

You're invited to this year's Butterfly Tea Party! It's at The Pavilion, St Patrick's College, Ballarat – entry off Junction St, 1.30pm – 3.00pm on Friday 24th June.

We'll be enjoying tea & cakes & scones & sandwiches to raise awareness of breast cancer & help support the ongoing work of the McGrath Foundation in our region.

We will also have raffles & lucky door prizes & of course the gorgeous range of cards from the Butterfly Traders as well as other great things like hand massages or a gold coin donation. Bring your friends – book a table of ten if you like or come solo & meet some other lovely people.

Tickets \$10 per person

For information and bookings contact McGrath Breast Care Nurses, 716 Sturt St, Ballarat or call 03 4308 0284

Join in the fun and help raise \$75,000 for the McGrath Foundation.

Golden Plains Reach Out - Connecting with Youth Information Session

Are you keen to involve young people in your community activity?

Want to learn some skills to work better with young people? Working with young people is easy and brings so many benefits to your organisation. Community Groups across Golden Plains Shire are invited to an information session to learn how to meaningfully engage young people in events and activities.

Topics include

- Best ways to engage youth (including running activities and events specifically for young people)
- Recruiting young people to participate in community groups
- Lots of tips and hints for working with young people

To be held Monday 11th July, 6:30-8.00pm at the Teesdale Community Hall or

Wednesday 27th July, 6:30-8.00pm at the Harrisons Reserve Hall, Enfield

Please RSVP by Friday 1st July to Aleisha Harling, Youth Activities Officer, (03) 5220 7177, 0407 847 138 or aharling@gplains.vic.gov.au

Djerriwarrah Health Service – Chronic Disease Health Coach/Community Health Nurse Permanent Full Time Position

A position description and key selection criteria is available from www.djhs.com.au or call Faye Nance on 5367 2000.

Please quote job reference DJH55/11.

0.6 EFT Health Coach. 0.4 EFT Community Health Nurse. Applications Close Friday 1st July 2011

Youth Participation Workshops – Lethbridge & Kyneton

Join us for an interactive lecture and discussion session with Roger Holdsworth, Senior Research Associate, University of Melbourne, followed by workshops and a panel discussion with speakers from around Victoria. We will discuss what “youth participation” can mean in practice, the barriers and possibilities, and how participation can become a guiding philosophy, not just a single project.

These workshops are suitable for workers supporting young people, with all levels of experience in the youth sector.

To be held on Tuesday 28 June 10.00 am – 3.00pm at the Lethbridge Recreation Reserve, Stephenson St, Lethbridge
Wednesday 29th June, 10.00am – 3.00pm, Macedon ranges Shire Office, 129 Mollison St Kyneton

For further details contact Jessie Mitchell
Ph: (03) 9267 3715 Mobile (work hours): 0419 962 338 rural@yacvic.org.au

These sessions are free. Lunch and snacks will be provided, please RSVP before Tuesday 21st June.

Indigenous Partnerships Facilitator Department of Sustainability & environments

Ballarat

\$66,235 - \$75,151 + 9% Super

DSE 7418

This position is responsible for facilitating and supporting the delivery of the Department of Sustainability and Environment's (DSE) Indigenous Partnership Framework.

The Framework aims to identify meaningful ways for Victoria's Indigenous people to participate equitably in, and benefit from, natural resource management. It also promotes related training, employment and business opportunities for Indigenous people.

This position covers south west Victoria, and works closely with Indigenous communities and the staff of DSE and other natural resource management agencies.

It provides an exciting opportunity to establish and lead ongoing collaborative networks across the region.

To apply and for further information on the position description and selection criteria visit: www.careers.vic.gov.au

Closing date for applications is Sunday 26 June 2011.

Attracting Young People To Volunteering Workshop - Bendigo

This workshop will look at what motivates young people to volunteer; the types of roles young people are interested in as well as looking at some of the barriers.

To be held on Thursday 30th June 2011 from 10:00am-1:00pm

at the Quills Restaurant, Lake View Resort, Napier Street Bendigo

Free Parking and Morning Tea provided

The session is free but there are limited places so RSVP before Friday 24th June, 2011

For further information contact:

bgovolunteercentre@ymca.org.au or 5441 1404 for more information or to get a registration form.

Source: YACVic

Local Community Campaigns Grant Funding

The Australian Government is providing \$14 million in funding for Local Community Campaigns (LCC) from 2011-2013. LCCs are grass roots campaigns delivering healthy lifestyle messages to tackle chronic disease.

This funding is for communities to develop their own LCC project to promote and reinforce messages about healthy lifestyle choices within their community.

The grants round will be advertised nationally in May 2011 and open from June to September 2011. Guidelines can be found at:

<http://livelonger.health.gov.au/grant-funding/grant-guidelines.html>

For more information about LCC funding contact Cox Inall Ridgeway on 1800 661 961 or email live-longer@cosinallridgeway.com.au

The Northern Metropolitan Koori Community Justice Awards Nominations Open

The Northern Metropolitan Koori Community Justice Awards nominations are open. These awards will be presented as part of NAIDOC Week celebrations at the Aborigines Advancement League in Thornbury. The awards are a positive tribute to the achievements of the many individuals and groups who develop and deliver programs and projects, volunteer long-hours, and whose persistence and passion has achieved improved justice outcomes for local Koori communities. The 2011 Northern Metropolitan Koori Community Information and nomination forms are located at www.ceav.vic.edu.au/sites/default/files/NM_RAJA_C_2011_Koori_Community_Justice_Awards.doc http://www.ceav.vic.edu.au/sites/default/files/NM_RAJAC_2011_Koori_Community_Justice_Awards.doc

Nominations for Outstanding Senior

The annual Victorian Senior of the Year Awards celebrates the talents and achievements of senior Victorians and the contribution they make to their local communities and to the state of Victoria.

Awards are presented to seniors who have achieved something extraordinary or performed exceptional service to the community since the age of 60. The nominee must be an Australian Citizen and resident of Victoria.

The five award categories for 2011 are:

- Premier's Award for Victorian Senior of the Year- Presented to a senior who has made an outstanding contribution to their local community and Victoria.
- Council on the Ageing (COTA) Victoria Senior Achiever Awards- Presented to seniors who have made a significant contribution to their local community and Victoria.
- Promotion of Multiculturalism Award- This new award will be presented to a senior who is making a significant contribution to promoting the benefits of cultural diversity in their local community or to the broader community of Victoria.
- Healthy and Active Living Award- Presented to a senior who is helping to create active and healthy communities through their community involvement and as a role model.
- Veteran Community Award- Presented to a senior who has made an exceptional contribution to the veteran community. The winner of this award does not need to be a veteran.

If you know an inspirational and passionate senior, then nominating them for a Victorian Senior of the Year award is a wonderful way to show your appreciation.

Download the nomination form at

www.dpcd.vic.gov.au/seniors/senior-of-the-year-awards Nominations close Friday 22 July 2011.

Victorian Integrated Cancer Services Supportive Care Conference 2011

This conference will be held on Monday 11th July at Melbourne's Hilton on the Park.

For details go to

<http://www.supportivecancercarevictoria.org/SCC2011/>

Did you know???

Pearls melt in vinegar .

Training opportunities for Indigenous Jobseekers

The Australian Government will provide 220 Indigenous Australians in NSW and Victoria with training and jobs in aged care and child care by 2013. Through the Indigenous Employment Program, the Australian Government has provided funding support of up to \$2 million to the Replay Group to provide the training and employment. Participants will have the option to complete a certificate III in either child care or aged care and then join the Replay Group's employers in part-time work.

The Replay Group, an Indigenous Employment Program Employment Panel Member, has been funded by the Indigenous Employment Program to deliver 18 projects since 2002.

The Australian Government's Indigenous Employment Program provides \$695 million over four years to assist Indigenous Australians into ongoing, sustainable work, and forms part of its commitment to halve the gap on Indigenous and non-Indigenous employment outcomes.

For more information on the Indigenous Employment Program, visit www.deewr.gov.au/indigenous/employment/programs

School Based Traineeships available for Indigenous VCE / VCAL students – Commonwealth Bank – Various Locations

The Aboriginal Employment Strategy (AES) has 13 years experience in the industry.

We are 100% Indigenous managed, National, not for profit Recruitment Company. Being wholly Indigenous gives us the "Know How" to match the right Career Seeker with the right opportunities to achieve great retention rate. No other recruitment organisation can offer this kind of expertise, commitment & value.

School Based Traineeships (SBT) is an opportunity for Indigenous students studying yr 11 & 12 to complete a Traineeship obtaining a nationally accredited certificate,

Career opportunity at completion of Secondary school, Placement with a Host 1 day a week and earn extra income. Mentoring and support throughout the placement. (This mentoring is offered by indigenous staff) These opportunities will assist us in our overall vision to create an Indigenous career opportunity for every Indigenous Australian. If you are aware of any potential; students and wish to discuss this information further please feel free to contact Aboriginal Employment Strategy on 8669 1500 or browse their website

<http://www.aes.org.au/content/expression-interest>

Sleep Solutions

Learn to self manage your sleep naturally. Increase your energy and quality of life by improving your sleep helping to limit lethargy, anxiety, irritability, depression and poor physical & mental health. This workshop is aimed at people having problems sleeping, staying asleep and requires some strategies to assist them in improving their sleep patterns.

To be held Friday 8th July 1st session 10.00am – 12.00pm and 2nd session - 1.00pm – 3.00pm at Ballarat Community Health, 260 Vickers St Sebastopol.

Cost - \$5 per person.

Registered Psychologists with extensive training in sleep and sleep problems will be facilitating the workshop, for further information and to register contact Ballarat Community Health on 5338 4500 to speak to the Clinical Services Administrator.

The Grampians Regional Palliative Care Team presents a Twilight Education Session

"Lung Cancer – A Different Perspective"

Kerrie Callaghan -The Australian Lung Foundation
Kerrie coordinates the Lung Foundation's lung cancer patient/carer support initiatives including The Kylie Johnston Lung Cancer Network, an on-line forum, telephone support groups and annual awareness events around Australia. Kerrie has the privilege of working with the newly established Australian New Zealand Lung Cancer Nurses Forum (ANZLCNF).

Karen Munro – A patient perspective

Karen, a 40 year old former equestrienne and competitive cyclist, was diagnosed with Stage IV adenocarcinoma lung cancer with bone mets. She has been raising awareness of lung cancer for 12 months and hopes that sufferers will be treated with the same care and respect afforded to other cancer patients.

To be held Monday 4th July 6.30pm – 8.30pm at the Education Resource Centre (ERC), Ballarat health Services, Drummond St Ballarat.

Cost: \$15 per person RSVP 29th June 2011

For further information contact Bernadette Matthews 5320 3553 or bernadette@bhs.org.au

Rural Social Workers Action Practice Group

10th Biennial National Rural Remote Social Work Conference - 'Resilient, Healthy, Rural and Remote Communities'

To be held Thursday 28th and Friday 29th July 2011, at Mercure Ballarat Hotel & Convention Centre, Main Rd, Ballarat.

For more information visit

<http://www.aasw.asn.au/events/category/vic>

Oral Health Promotion Resource

The Department of Health has released a new resource 'the evidence based oral health promotion resource'. This resource can be used as framework for oral health policy development and program implementation. The resource can be found online at: <http://docs.health.vic.gov.au/docs/doc/Evidence-based-oral>

Out of Town Type -1 – Diabetes Australia

Diabetes Australiavic is running a series of information sessions in regional Victoria for people living with type 1 diabetes.

To be held Thursday 14th July 11.00am - 1.30pm at the Caro Convention Centre, Mt Helen Campus University of Ballarat, University Drive My Helen.

Session will include 2 key speakers:

Dr Melissa Barnes, Dietitian/Personal Trainer
"Carb Counting and Nutrition"

Cheryle Steele, Credentialed Diabetes Educator
"Insulin pump therapy"

Lunch will be provided, please bring your own snack and hypo food.

Free for DA-Vic members plus one guest

\$15 for non-members

Bookings are essential please call 1300 136 588 or visit www.diabetesvic.org.au

CHPCP Contact Details...

Location & Postal Address

15 Violet Grove, Wendouree 3355.

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Web: www.chpcp.org

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Primary Health Coordinator – Frances Riggs

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Administration Support Officer – Sharna Kelly

Ph: 5338 4771 email: support@chpcp.org

Administration Support Officer – Alison Kerr

Ph: 5338 4774 email: admin@chpcp.org

Calendar of Events

(180) e.g. this is the edition number and can be accessed on the website for the full details of the event.

June 2011

Thursday 23 rd	Youth Healthy Living Guide Launch – 10.00am, Sebastopol Campus Learning Resource Centre, Hertford St, Sebastopol (324)
Thursday 23 rd	CHPCP Full Alliance Meeting – 9.00am – 10.30am, Ballarat & District Division of General Practice, 105 Webster St, Ballarat
Thursday 23 rd	Life After Caring – 9.00am – 2.30pm, venue advised on registration (322)
Friday 24 th	Integra Inn Their Shoes – 5.30pm, Mining Exchange, Lydiard St Nth, Ballarat (324)
Friday 24 th	Wayaperri Forum Invite – 10.30am – 12.00pm at the Ballarat Art Gallery, Lydiard St Ballarat (326)
Friday 24 th	Butterfly Tea Party – 1.30pm – 3.00pm The Pavilion, St Patrick's College, Sturt St Ballarat (327)
Tuesday 28 th	Livability through Workability Forum – 9.30am – 3.30pm at the Darebin Arts & Entertainment Centre, Cnr St Georges Rd & Bell St Preston (326)
Wednesday 29 th	Youth Participation Workshop 10.00am - 3.00pm Lethbridge Recreation Reserve, Stephenson St, Lethbridge (327)
Thursday 30 th	Attracting Young People to Volunteering – Bendigo 10.00am – 1.00pm Quills Restaurant, Lake View Resort Napier St Bendigo (327)

July 2011

Monday 4 th	The Grampians Regional Palliative Care Team "Twilight Education Session" 6.30pm – 8.30pm Education Resource Centre, Ballarat Health Services Drummond St Ballarat (327)
Tuesday 5 th	Refugee Health Forum – 10.00am – 2.30pm at Foundation House Brunswick (326)
Friday 8 th	Sleep Solutions – 10.00am – 12.00pm & 1.00pm – 3.00pm Ballarat Community Health, 260 Vickers St, Sebastopol (327)

The Central Highlands Primary Care Partnership newsletter is compiled from information provided by organisations and partner agencies. Information is received and published in good faith and whilst every effort is made to only publish current information, we cannot accept responsibility for the accuracy of the information provided to us.