

**Welcome to the
Central Highlands
Primary Care
Partnership
Newsletter.**

This weekly newsletter provides an opportunity for staff and agencies to showcase new programs, staff, projects and upcoming training and events.

Information must be sent to admin@chpcp.org by Fridays of each week for the next week's edition.

Due to the large volume of information we receive it is generally only possible to include an item in the newsletter once. We also reserve the right to précis information.

CHPCP News:

MBS-billed services in Community Health Workshop

Grampians Region MBS Industry Advisor Project

[Peter Larter has recently commenced as the Industry Advisor who will be engaged to work with all Primary Health funded community health services across the region to help determine whether or not the use of MBS will present them with opportunities to enhance client access to services. As Industry Advisor Peter will provide direction and specialised advice to support the agency to determine what model of care would work best for them, if any within this 12 month project. This Regional Workshop is an opportunity to build upon understandings of MBS models of service within community health services]

When: Wednesday 31st August 2011, 9.45am – 3.30pm

Where: Stawell Health and Community Centre, Patrick Street, Stawell

Who can attend: publicly funded primary health care agencies not private providers

Program for workshop being finalised but will include:

- an overview, context for analysing opportunities to deliver services using MBS: DH Grampians Region Primary Health Manager
- Grampians Region MBS IA project outline
- using Commonwealth MBS funding to deliver more services? Opportunities, key considerations for agencies – some agencies to be asked to share where they are up to on this: Peter Larter
- what we learnt during *Trialling allied health services supported by the MBS project*: General Practice and Service Improvement Team, Primary Care Branch, DH Central
- roundtable presentations from: 2 agencies who have implemented a model; and on topics of: GP engagement and service co-ordination; project management; and recruitment and retention
- round table discussions post presentations
- insurance and legal considerations
- an opportunity for final questions and comments
- a series of 'market stalls' will be led by CHS with experience in MBS-supported service models. They will provide participants with the opportunity to network in small groups and learn more about the practical side of implementing a service model that includes MBS-funded services

RSVP and final program details to come. Enquiries: Frances Ph: 5338 4773 Email: icdm@chpcp.org

CHPCP Member Agencies:

- Ballan & District Health & Care
- Ballarat & District Aboriginal Co-operative
- Ballarat & District Division of General Practice
- Ballarat Community Health
- Ballarat District Nursing & Healthcare
- Ballarat Health Services
- Ballarat Hospice Care Inc.
- Bluearth
- Centacare
- Central Highlands General Practice Network
- Child & Family Services
- City of Ballarat
- Department of Health
- Department of Veteran's Affairs
- Djerrivarrh Health Services
- Finding Futures
- Glastonbury Child & family Services
- Golden Plains Shire
- Grampians Integrated Cancer Services
- Hepburn Health Service
- Hepburn Shire Council
- Hesse Rural Health Service
- Karden Disability Support
- McCallum Disability Services
- Moorabool Shire Council
- PINARC
- Relationships Australia Vic
- Salvation Army Karinya
- Southern Cross Care (Vic)
- Sports Central
- St John of God Health Care
- UnitingCare Ballarat
- United Way Ballarat
- University of Ballarat
- Vision Australia
- Women's Health Grampians
- YMCA Ballarat

Recovery from Hearing Voices

A Community Information Day for Carers, Workers and Consumers in the Ballarat area.

Around 4% of our community hears voices (auditory hallucinations). Often they are diagnosed with schizophrenia, and recovery can be a difficult affair.

In this information day with David & Janet you will hear about their own recovery from schizophrenia, and how the Hearing Voices Approach made a difference. The information day will look at how family and community members can support voice hearers to recover – and care for themselves as well.

Tuesday 23rd August 2011, 11.30am till early afternoon at Aprotch, crn Queen Street & Dyte Parade Ballarat. RSVP to Tel 9692 9406 or davidg@prahranmission.org.au

Cultural Evening Invitation

The Central Highlands Asian-Australian Association of Victoria (CHAAAV) Inc cordially invites you to A Cultural Evening.

Come and join us to celebrate our diversity with cultural performances and food.

Saturday 10th September, 6.30pm at North Ballarat Sports Club, Creswick Road, Ballarat.

Meal: Asian Buffet Style Dinner

Cost: \$38.00 per adult, \$19.00 per Child under 12 yrs Drinks at bar prices (fully licensed)

Dress Code: Cultural Attire or Semi-Formal

Guest Speaker: Lyn Lea regarding "The Children's Sanctuary" Project in Siem Reap, Kingdom of Cambodia.

To assist with seating and catering arrangements please RSVP by Monday 29th August to Vivian on 5330 1556 or 0407 201 558 or Email:

bradvb@ncable.net.au

Protecting Victoria's Vulnerable Children's Inquiry

CREATE and the Inquiry have an interactive online survey for children & young people with an out-of-home care experience, aged 8-25 years. Lots of adults have had their say, now it is your chance to have your say about how to improve the out-of-home care system. The survey will open 4 July 2011 on www.create.org.au

New Address – Lead On Ballarat

From Monday 8th August the Lead On Ballarat office will be located on the ground floor of 40 Armstrong Street South. Phone 5332 3896, Fax 5332 7945 and email ballarat@leadon.com.au Postal Address PO Box 109 Ballarat. VIC 3353

Games Night

Wendouree West Community House & Learning Centre would like to invite everyone who would like to have fun to come and join us on Saturday 27th August, 7.00pm at 14 Violet Grove, Wendouree for a games night.

\$10 per head, Light supper provided.

Loads of prizes and giveaways including auctions, raffle and door prize.

Phone 5339 5069 to book your place.

Ballarat Community Health Positions Available

Practice Nurse (Re-advertised) - Part Time

An exciting opportunity exists to become involved in our multidisciplinary team. The Practice Nurse will need to have the capacity to be self-directive, flexible and work within a team environment supported by a diverse clinical and allied health team. This position requires the successful applicant to display autonomy in developing the role and a capacity to build services. The Practice Nurse must have a passion for holistic client care, women's health and chronic disease management. If you are self motivated, have the capacity to build services and excellent customer service skills, then apply today. Further details can be discussed with Kristen Kelly, Primary Care Manager on 5338 4500.

Key Support Worker – Mental Health Team (Re-advertised) - Part Time

The Key Support Worker will be responsible for facilitation and participation in a range of therapeutic interventions and individual program activities with people who have a serious mental illness and their families; including centre based day programs, home-based and outreach supports. The role is part time however BCH is looking for applicants who have the ability to increase hours as program needs increase. The role also includes participation in the development and delivery of a structured social and living skills program, and liaising with relevant services within the community. If you are looking for a varied and challenging role in the Mental Health field and have relevant professional qualifications and experience, then apply today. Further details can be discussed with Marilyn Gale, Mental Health Team Leader on 5338 4500.

Applications for both positions close at 9.00am on Monday 8th August 2011.

Position descriptions are available online www.bchc.org.au or by contacting Lisa on 5338 4540.

Sports Grants

Emergency Grant: Sporting and Recreation Equipment

Provider Sport and Recreation Victoria, Funding: max per grant: \$2,000

Purpose: To provide assistance to local sport and active recreation clubs and organisations to replace essential sports equipment that has been lost or destroyed as a consequence of fire, flood, significant storm event, theft or criminal damage.

Website:

<http://www.dpcd.vic.gov.au/home/grants/all-grants/emergency-grant-to-replace-essential-sports-equipment>

Email: grantapplications@dvc.vic.gov.au

Local Sporting Champions Programs

Sourced from the EasyGrants newsletter

Provider Australian Sports Commission, Funding:

Grants of \$500 for successful individuals candidates and \$3000 for successful team applications

Closes: 31 October 2011

Purpose: To provide financial assistance for junior sportsmen and women towards the cost of travel, accommodation, uniforms or equipment when competing at an official national sporting organisation (NSO) endorsed state or national sporting competition.

Email: juniorsport@ausport.gov.au

http://www.ausport.gov.au/participating/schools_and_juniors/juniors/get_involved/local_sporting_champions

Facility Loan Scheme

Provider Tennis Australia, Funding: Max per grant \$80,000

Purpose: To financially assist affiliated Australian Tennis Clubs, Centres and Associations to upgrade, replace or improve their tennis facilities, by providing low interest loans.

For further Information

Website:

<http://www.tennis.com.au/clubs/funding/facility-loan> or Contact Tennis Victoria on 9914 4000.

Primary Health Bulletin

New items have been added to the Primary Health Bulletin

- Many Paths, One Purpose—Working together to promote wellbeing after trauma
- Symposium for Behavioural Research in Diabetes 2011
- VHA Annual Conference—Collaboration: The Key to Better Health
- Active Ageing Network continues!

<http://www.health.vic.gov.au/pch/bulletin/index.htm>

Veteran Best Practice

Working well with older veterans, war widows & DVA.

Ballarat 16th August 9.00am – noon at Sebastopol Bowls Club, Albert St Sebastopol.

The seminar is suitable for community & residential aged care providers, discharge planners, allied health professionals, community nurses, practice and health managers & social workers. Bookings are essential no later than one week prior to the seminar.

You cannot register on the day.

Previous seminars have booked out, and we will establish a waiting list for later seminars if full.

To register click on or enter the link below.

<https://reg.eventarc.com/event/view/3235/aged-veteran-best-practice-ballarat>

Every Australian Counts

We are letting down Australians with disabilities.

Join the campaign for the National Disability Insurance Scheme (NDIS) and make a difference to the lives of people with a disability, their family and carers. Help us reach 100,000 supporters by visiting www.everyaustraliancounts.com.au

Quote of the week....

Keep me away from the wisdom which does not cry, the philosophy which does not laugh, and the greatness which does not bow before children.

~ Khalil Gibran

MEND

Are you a parent with a child aged between 2 and 4 years?

Come join a free healthy lifestyle program for preschoolers and their families.

The Ballarat program details are Ballarat community Health, 10 Learmonth Rd Wendouree, Wednesday 12th October – Wednesday 14th October. 9.30am – 11.00am

Places are limited - to register or for more information contact Ballarat community Health on 5338 4500.

Walktober Involvement

Sports Central are looking to team up with other businesses and organisations in the development of the launch of Walktober. The launch will be held on Friday 14th October and aims to promote the importance of healthy eating choices and leading an active lifestyle. The day will involve various activities and includes a lunch provided for the businesses, school groups and individuals who attend. If your organisation would like to get involved please contact Lachlan Smith at Lachlan.smith@chsa.org.au or 5331 6966.

Dental Health Week

Dental Health Week commencing Monday 1st August is an oral health community awareness program hosted by the Australian Dental Association (ADA). Each year the ADA focuses on a different dental health message. This year the message is 'Oral cancer and other oral diseases.' Oral Cancer affects over 600 people in Victoria annually, generally affecting those over the age of 50 years old. Oral cancer can effect any of the soft tissues of the mouth and salivary glands. The exact causes of these cancers are not known; however what is known that smoking and alcohol are important risk factors. More than 80% of oral cancers occur in people who smoke cigarettes, cigars or pipes. Those who are heavy drinkers are also at an increased risk.

There are some people that have never used tobacco or alcohol and have developed these cancers, thus indicating that there are other factors. Cancer of the lip can be caused by the UV in sunlight. Pipe smokers are also particularly prone to cancer of the lip.

The ADA have developed a series of resources to compliment this years message. For more information on Dental Health Week or to view these resources, please visit

www.dentalhealthweek.com.au

Did you know???

A rat can go without water longer than a camel can.

CHPCP Contact Details...

Location & Postal Address

15 Violet Grove, Wendouree 3355.

Ph: 03 5338 4770 Fax: 03 5339 8419

Web: www.chpcp.org

Executive Officer – Helen Wade

Ph: 5338 4770 email: helenw@chpcp.org

Service Coordination Industry Advisor – John Dixon

Ph: 5338 4772 email: johnd@chpcp.org

Primary Health Coordinator – Frances Riggs

Ph: 5338 4773 email: icdm@chpcp.org

Health Promotion Coordinator – Claire McKenna

Ph: 5338 4775 email: healthpromotion@chpcp.org

Administration Support Officer – Sharna Kelly

Ph: 5338 4771 email: support@chpcp.org

Administration Support Officer – Alison Kerr

Ph: 5338 4774 email: admin@chpcp.org

Calendar of Events

(180) e.g. this is the edition number and can be accessed on the website for the full details of the event.

August 2011

Tuesday 2 nd , 9 th , 16 th , 23 rd	Separation Recovery Men's Group – 7.00pm – 9.00pm, FRC 34 Peel St Ballarat (328)
Thursday 4 th	Mingle 2011 – 10.30am, Buninyong Golf Club, 613 Learmonth St, Buninyong (331)
Thursday 4 th & Friday 5 th	The Appreciative Manager, Leading & mentoring Your Team for Success – Pyrenees House Ararat (326)
Friday 5 th & 12 th	Little Kids with Attitude – 9.30am – 11.30am, Family Relationships Centre, 34 Peel St, Ballarat (331)
Wednesday 10 th	SSMART Answers 3 Professional Development Session – 4.00pm – 6.00pm, Ballarat Mining Exchange Call Room, Lydiard St, Ballarat (332)
Thursday 11 th	SSMART Answers 3 Parent Session - 6.30pm – 9.00pm, The Mining Exchange Call Room, Lydiard St, Ballarat (332)
Monday 15 th	Women at the Table – 5.30pm – 7.15pm, Regent Cinemas, 49 Lydiard St Ballarat (331)
Tuesday 16 th	Veteran Best Practice – 9.00am – noon, Sebastopol Bowling Club, Albert St Sebastopol (333)
Monday 22 nd	Carer Information Day – 9.30am – 3.00pm, Barkly Motor Lodge, 43/57 Main Rd, Ballarat (331)
Saturday 27 th	Games Night – 7.00pm, 14 Violet Grove, Wendouree (333)
Sunday 28 th	Teens Rule - 10.00am – 4.00pm, Family Relationships Centre, 34 Peel St, Ballarat (331)

The Central Highlands Primary Care Partnership newsletter is compiled from information provided by organisations and partner agencies. Information is received and published in good faith and whilst every effort is made to only publish current information, we cannot accept responsibility for the accuracy of the information provided to us.