

**Welcome to the
Central Highlands
Primary Care
Partnership
Newsletter.**

This weekly newsletter provides an opportunity for staff and agencies to showcase new programs, staff, projects and upcoming training and events.

Information must be sent to admin@chpcp.org by Fridays of each week for the next week's edition.

Due to the large volume of information we receive it is generally only possible to include an item in the newsletter once. We also reserve the right to précis information.

CHPCP News: Service Co-ordination

Service Co-Ordination & Integrated Chronic Disease Management Survey

See also: <http://www.health.vic.gov.au/pcps/coordination/cqi.htm>

All organisations are encouraged to complete the survey in order to assist them to continuously monitor and improve their service coordination implementation and practice. The Service Coordination 2011 Survey is available below in a word document, with instructions and a data collection tool:

- [Instructions to complete the service coordination 2011 survey](#)
- [Word document of the service coordination 2011 survey questions](#) this document lists the service coordination questions that will be asked on the web based survey and may be used in preparation prior to accessing the web based survey.
- [Data collection template: Service Coordination](#)

Integrated Chronic Disease Management 2011 Survey should be completed by organisations delivering services and programs to people with chronic disease and/or complex needs, as part of an integrated approach to chronic disease management. The ICDM 2011 Survey is available below in a word document, with instructions and a data collection tool:

- [Instruction to complete the ICDM 2011 Survey](#)
- [Word document of the ICDM survey questions](#) this document lists the service coordination questions that will be asked on the web based survey and may be used in preparation prior to accessing the web based survey.
- [Data collection template: ICDM 2011](#)

Web-based Survey tool When you access the surveys a password will be generated so that you can return to the survey at a later date, prior to finalisation. Enter your e-mail address at the start of the survey so that the password can be emailed to you.

[Click here](#) to access the online Service Coordination 2011 Survey

[Click here](#) to access the online Integrated Chronic Disease Management 2011 Survey and carefully follow the instructions.

The Service Coordination Survey is a component of the [Continuous Improvement Framework](#) that supports the [Victorian Service Coordination Practice Manual](#).

This year, PCP staff will provide direct support to agencies to complete the survey, and agencies are requested to book a time with John or Frances ASAP.

John Dixon, Service Co-ordination Industry Advisor johnd@chpcp.org | T 5338 4772
Frances Riggs Primary Health Care Co-ordinator icdm@chpcp.org 5338 4773

CHPCP Member Agencies:

- Ballan & District Health & Care
- Ballarat & District Aboriginal Co-operative
- Ballarat & District Division of General Practice
- Ballarat Community Health
- Ballarat District Nursing & Healthcare
- Ballarat Health Services
- Ballarat Hospice Care Inc.
- Bluearth
- Centacare
- Central Highlands General Practice Network
- Child & Family Services
- City of Ballarat
- Department of Health
- Department of Veterans' Affairs
- Djerrivarrh Health Services
- Finding Futures
- Glastonbury Child & family Services
- Golden Plains Shire
- Grampians Integrated Cancer Services
- Hepburn Health Service
- Hepburn Shire Council
- Hesse Rural Health Service
- Karden Disability Support
- McCallum Disability Services
- Moorabool Shire Council
- PINARC
- Relationships Australia Vic
- Salvation Army Karinya
- Southern Cross Care (Vic)
- Sports Central
- St John of God Health Care
- UnitingCare Ballarat
- United Way Ballarat
- University of Ballarat
- Vision Australia
- Women's Health Grampians
- YMCA Ballarat

Whole of Government Victorian Alcohol and Drug Strategy Forum

You are invited to attend a Key Stakeholder Forum to share your ideas and views on how to tackle the harms caused by alcohol and drugs. The forum will provide you with the opportunity to inform the development of the Strategy by contributing views on key issues and possible responses.

Particularly, we are seeking ideas about how to:

- reduce effectively and efficiently the misuse of alcohol and drugs
- lessen the impact of alcohol and drug misuse on all aspects of the community
- ensure that those in need of assistance are given every opportunity to get their lives back on track and to access treatment where and when they need it.

Additional information relating to the development of the Strategy can be located from <http://www.health.vic.gov.au/aod/strategy/>

Thursday 15th September, 10.30am – 12.30pm at Mercure Inn, Main Road Ballarat. A light lunch will follow the forum

RSVP: Email: Jackie.Waterman@health.vic.gov.au or Telephone: 5333 6082 by 12/09/2011

Raising Teenagers Talk

Pathways Foundation along with the support of Child and Family Services is holding a free talk on Raising Teenagers for parents and carers.

Tuesday 11th October, 7.00pm – 9.00pm at The Drama Hall, Bacchus Marsh Secondary College. For more information please contact John Welford on 5341 7645 or Michelle O'Brien 5367 9900.

Rural and Regional Safety Conference 2011

The Ballarat Community Safety Advisory Committee invites you to the inaugural Creating a Platform for Action on Rural and Regional Safety Conference. The aim of the conference is to present current evidence and practice of community safety issues affecting Victorian rural and regional areas.

This free conference is intended for all those with an interest in community safety issues.

Ballarat Community Safety Conference, Wednesday 19th October, Art Gallery of Ballarat, 40 Lydiard Street North, Ballarat.

For more information and to register online visit www.ballarat.vic.gov.au

Registrations close Friday 14th October.

Did you know???

A lemon contains more sugar than a strawberry!

Women's Health Grampians (WHG) AGM

WHG 2011 AGM will include the launch of WHG CyberSafety Booklet and the WHG web-based resource: LGA Gendered Data for the Grampians Region.

Wednesday 12th October, 11.00am at Conference Centre at Grains Innovation Park, 110 Natimuk Rd, Horsham. Light lunch provided and families welcome.

RSVP by 30th September to 1800 013 432 or adminb@whg.org.au

Closing the Gap Aboriginal Health Workforce - 2011-12 Training Grants Program

To assist health services increase their capacity to support and provide training opportunities for their Aboriginal workforce, the Department of Health will be running the following training grants in 2011-12:

- Management and leadership training – up to \$20,000 per organisation
- Nursing training – up to \$15,000 per trainee
- Allied Health Assistance training – up to \$15,000 per trainee
- Dental Assistance training – up to \$15,000 per trainee

Victorian ACCHOs, ACCOs and public health and community services are invited to apply for the training grants by submitting an application to the Department of Health.

Expressions of interest for 2011-12 training grants will be assessed at three times throughout the year and the closing dates for these rounds are as follows:

- Round One – 30 September 2011
- Round Two – 13 January 2012
- Round Three – 30 March 2012

Further information including an application form may be obtained by contacting Sue Davey by phone on 03 9096 7869 or by email at

sue.davey@health.vic.gov.au

Grant Information

Links to some grant/funding information for your interest and consideration:

Tobin Brothers Foundation:

- Groups must have Deductible Gift Recipient status (proof will be required)
- Maximum funded amount to \$2,500
- Open for applications from 3rd September and close at 5.00pm 14th October

<http://www.tobinbrothers.com.au/index.asp?menuid=060.060>

Mortgage Health Education Campaign

The Australian Securities & Investment Commission's Mortgage Health Education Campaign will occur in September 2011. The campaign will be promoted through a series of activities and ASIC would like organisations to promote, support and engage with ASIC in this initiative.

Campaign Overview

The key motivating message for the campaign is that consumers will be much better off – financially and in other ways – if they take early action when faced with difficulties paying their mortgage.

The objectives of the Mortgage Health Campaign are to:

- assist consumers who experience mortgage stress
- empower consumers so that they can take action promptly if affected
- provide consumer education and other resources for consumers about mortgage stress
- encourage and enable friends, family, community workers and others to provide support and information to people in mortgage stress.

Key activities of the campaign are to:

- encourage consumers to undertake a simple *Mortgage Health Check*, that will guide them to information relevant to their situation
- motivate consumer action by consumers viewing a series of *Real Stories about Real People* distributed by video and to the media, and
- reach consumers through Community Service Provider Partners

ASIC operates the MoneySmart website (www.moneysmart.gov.au) which is a key information resource for consumers and investors in relation to a wide range of financial matters.

The [problems paying your mortgage](#) webpage on the MoneySmart website includes practical information designed to be useful to consumers facing various levels of mortgage stress, short video guides, and tools such as a budget planner and mortgage calculator.

The campaign activities will be promoted in the media and online including using a range of social media tools.

How organisations can help

- Make our Problems paying your mortgage brochure available to clients. Go to www.moneysmart.gov.au to order or download further publications
- Include a link to the MoneySmart web site on your web site you might like to use the following text and link.

MoneySmart – Simple guidance you can trust

MoneySmart is a new government website to help you make smart choices about money and provides free, independent and unbiased information, tools and motivation.

www.moneysmart.gov.au

- Include information about MoneySmart in your staff reference materials (for example internal referral manual) ASIC has prepared suitable text which you can use.
- Draw staff attention to the new resources available, some agencies have identified a week in September as 'Mortgage stress awareness week' and asked team leaders to discuss the campaign and the available resources during staff meetings and similar.
- Publish an article about mortgage health campaign and what can be done in newsletters or similar ASIC can provide a pro forma newsletter article.

You can contact ASIC to discuss if the Credit Outreach Team is able to meet with or address your staff, attend an interagency meeting or participate in a local event by phoning or emailing: Hannan Amin Credit Outreach Educator– Community Engagement|Consumers, Advisers & Retail Investors ASIC, Level 24, 120 Collins Street, Melbourne or email Hannan.Amin@asic.gov.au

Kids 'Go for your life' Health Professionals Forum

It's the final Kids – Go for your life health professionals forum. Tuesday 22nd November, 9.30am – 4.30pm at ZINC, Federation Square, Melbourne.

The forum will also provide information regarding the new health promoting schools and early childhood services initiatives for Victoria.

Please lodge and expression of interest to attend by emailing admin@kidsgoforyourlife.org.au

Postgraduate Study Information Evening

The School of Public Health and Human Biosciences, La Trobe University will be holding a Postgraduate Study Information Evening for Masters in coursework, PhDs and Professional Doctorates.

The Postgraduate Study Information Evening is an opportunity for prospective students to find out about our postgraduate courses, including our new Master courses and double Master courses and meet our academic staff. Details of the evening are as follows:

Wednesday 12th October, commencing 6.00 - 8.00pm at Jasper Hotel, 1st Floor, 489 Elizabeth St, Melbourne.

Attendance can be registered at the following website:

www.latrobe.edu.au/postgrad/events/human-biosciences-public-health-info-evening

Further information on the School of Public Health and Human Biosciences please email

health@latrobe.edu.au for a comprehensive listing of our programs or visit www.latrobe.edu.au/health

The 2011 Think Resources Summit

The Office for the Community Sector is holding its annual Summit this year on Tuesday 18th October 2011 at Bendigo's Capital Theatre.

The Think Resources Summit is your chance to join the NFP community sector to explore ideas for doing things differently and find out about resources that will help your organisation continue to develop.

The day will feature a range of exciting speakers, sector exhibitors and practical workshops, and will be packed full of all the tools, ideas and strategies you need to resource your organisation into the future!

For more details, and to register to attend the Summit visit: <http://www.cvent.com/d/wcq7fw>

Child & Adolescent Oncology Symposium

Enhancing psychological care in the community. A symposium for psychologists, social workers, counselors and health professionals providing counselling to children with cancer and their families.

Monday 12th September, 8.30am – 5.00pm at The Royal Children's Hospital, 50 Flemington Rd, Parkville. Cost \$50 per person.

To register phone 9345 4433.

Did you know???

The smallest bones in the human body are found in your ear!

Creative Innovation Conference 2011

Ten complimentary places for regional not-for-profits.

The Victorian Department of Premier and Cabinet is offering ten free places for regionally based not - for - profit organisations to attend Creative Innovation 2011. This is a conference where participants will have the opportunity to learn, think, connect and share ideas with over 35 of the world's most influential thinkers.

The conference will be held 16th –18th November in Melbourne. Each conference package is valued at \$3,100, and includes a complimentary pass to the conference, gala dinner and master classes.

The theme of this year's conference is "The challenges and opportunities of a super - connected world".

Speakers include: one of USA's leading entrepreneurs Raymond Kurzweil, acclaimed philosopher and cognitive scientist Daniel Dennett (USA), world authority on creative thinking Edward De Bono (UK), technology entrepreneur Tan Le (USA), Stanford and IDEO design thinking expert Brendan Boyle (USA), "The Innovation Architect" Paddy Miller (USA), education guru Stephen Heppell (UK), Australian of the Year Simon McKeon, and many more.

Gary or Liz Baldwin, Baldwin Consulting Group
Telephone: (61 3) 9645 9858

Email: admin@baldwinconsulting.com.au

Website:

<http://www.creativeinnovationglobal.com.au/ci2011/>

Women and Suicide

Women's Health Victoria has published a new gender impact assessment (GIA) on women and suicide. This paper unpacks the complex interaction between gender and other social determinants. It explores how current patterns of suicide and suicidal ideation in women are influenced by factors such as bullying, social isolation, violence, discrimination and other mental health considerations.

The GIA also examines the current suicide prevention policies and strategies and recommends a series of gender sensitive approaches to suicide prevention. These recommendations also consider other factors besides gender that significantly increase suicide risk for women in Australia.

To view visit

http://whv.org.au/static/files/assets/141b28e2/Women_and_suicide_GIA.pdf

Tai Chi for Diabetes Leader Training Workshop

One successful completion of this two day intensive workshop, you will be provided with the necessary skills and knowledge to conduct safe and effective modified tai chi classes. Tai Chi for Diabetes is a program specially designed by Dr. Paul Lam in conjunction with a team of medical specialists and tai chi experts. Based on the Sun and Yang style Tai Chi, Tai Chi for Diabetes is easy to learn, effective and safe. It is designed to prevent and improve the control of diabetes.

At the conclusion of the workshop

- Learn how to teach this program safely and effectively
- Gain knowledge of what is Tai Chi and how it helps people with diabetes
- Be able to perform the Tai Chi for Diabetes set Thursday 24th & Friday 25th November, 9.00am-5.00pm at St Peter's Church Hall, Corner Bignell Rd & Centre Rd Bentleigh East. Cost: \$380 per person. Includes Tai Chi for Diabetes DVD, handbook and course notes.

Registration deadline is 14th November 2011. Cancellation and late registration is subject to a \$30 administration fee.

Further information: Rani Hughes
ranihughes@gmail.com or Ph 0409 164 396.

Quote of the week.....

Real integrity is doing the right thing, knowing that nobody's going to know whether you did it or not.

- Oprah Winfrey

CHPCP Contact Details...

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Calendar of Events

(180) e.g. this is the edition number and can be accessed on the website for the full details of the event.

September 2011

Wednesday 7 th	Myth Busters: 'Back to the Basics' Diabetes Forum – 7.30pm – 9.30pm, Education Resource Centre, Ballarat Health Services, Drummond St Ballarat (336)
Thursday 8 th	Integrated Health Promotion Network Sexual & Reproductive Health – 3.00pm – 4.00pm, Education Resource Centre, Ballarat Health Services, Drummond St, Ballarat
Saturday 10 th	World Suicide Prevention Day – 5.20am, Rotunda at Pipers at Lake Wendouree (336)
Saturday 10 th	Asian-Australian Cultural Evening – 6.30pm, North Ballarat Sports Club, Creswick Rd, Ballarat (336)
Tuesday 13 th	GICS Annual Support Group Forum – 10am – 3pm, Gum Sum, Lambert St Ararat (336)
Tuesday 13 th	Residential Care Caring Together 9.00am – 3.00pm, Nazareth House, 218 Mill St Ballarat (356)
Wednesday 14 th	CHADA Meeting – 9.30am – 11.30am, Seminar Room 2, Queen Elizabeth Centre, Ascot St Sth, Ballarat
Wednesday 14 th	Chronic Disease Practitioner's Group Meeting – 1.30pm – 3.30pm, Child & Adolescent Mental Health Services, 111 Ascot St Sth, Ballarat
Monday 19 th	Diabetes Steering Group Meeting – 2.00pm – 3.00pm, Education Resource Centre, Ballarat Health Services, Drummond St, Ballarat
Thursday 22 nd	CHPCP Full Alliance Meeting – 9.30am-10.30am, Ballarat & District Division of General Practice, 105 Webster St, Ballarat

The Central Highlands Primary Care Partnership newsletter is compiled from information provided by organisations and partner agencies. Information is received and published in good faith and whilst every effort is made to only publish current information, we cannot accept responsibility for the accuracy of the information provided to us.