

**Welcome to the
Central Highlands
Primary Care
Partnership
Newsletter.**

This weekly newsletter provides an opportunity for staff and agencies to showcase new programs, staff, projects and upcoming training and events.

Information must be sent to admin@chpcp.org by Fridays of each week for the next week's edition.

Due to the large volume of information we receive it is generally only possible to include an item in the newsletter once. We also reserve the right to précis information.

CHPCP News:

Grampians Region Child & Youth Mental Health Service System Re-Design Project

The implementation of the 2011-2012 Reform Action Plan is underway with key areas of:

- Ballarat Health Services – Mental Health Service - Internal Redesign Development of a secondary consultation model across the region.
- Interagency Service Coordination Model – Stawell Pilot
- CAST program implementation in Kindergartens
- Complex Behaviour and Learning Difficulties
- Workforce Development
- Community Consultation
- Development of research and evaluation tools

A newsletter to provide further information will be available shortly.

Currently the project is keen to recruit a **Mental Health Liaison Leader (MHLL)**

This is a full-time or part time (negotiable) fixed term position. As a part of the project team the emphasis is on early identification and intervention across the 0 – 25 year age group. The role of the MHLL position is to engage, develop and maintain collaborative partnerships with a broad range of professionals, sectors and agencies across the Grampians region. This position will lead the development of an integrated inter-sector service coordination model initially in Stawell with future expansion throughout the region. The aim of this model is to enhance collaborative mental health service delivery for children, youth and their families/carers across the region.

Inquiries can be directed to Michelle Harper, 5320 3060 or michellehar@bhs.org.au or go to the Ballarat Health Services website at <http://ballarat.mhr.com.au> reference no 69159. Applications close 30th September 2011.

Helen Wade
Executive Officer, CHPCP

CHPCP Member Agencies:

- Ballan & District Health & Care
- Ballarat & District Aboriginal Co-operative
- Ballarat & District Division of General Practice
- Ballarat Community Health
- Ballarat District Nursing & Healthcare
- Ballarat Health Services
- Ballarat Hospice Care Inc.
- Bluearth
- Centacare
- Central Highlands General Practice Network
- Child & Family Services
- City of Ballarat
- Department of Health
- Department of Veterans' Affairs
- Djerrivarrh Health Services
- Finding Futures
- Glastonbury Child & family Services
- Golden Plains Shire
- Grampians Integrated Cancer Services
- Hepburn Health Service
- Hepburn Shire Council
- Hesse Rural Health Service
- Karden Disability Support
- McCallum Disability Services
- Moorabool Shire Council
- PINARC
- Relationships Australia Vic
- Salvation Army Karinya
- Southern Cross Care (Vic)
- Sports Central
- St John of God Health Care
- UnitingCare Ballarat
- United Way Ballarat
- University of Ballarat
- Vision Australia
- Women's Health Grampians
- YMCA Ballarat

Netball Pathways Program for People with Disabilities

Are you looking to play a sport but don't know how to get involved? We can help!

A program for males and females with disabilities, aged 8-50 years, Netball Pathways is supported by Netball Australia's "netsetgo" program. As a participant you will receive a back pack, netball and other goodies.

Fridays, 14th October to 16th December, 5.00pm-6.00pm at Ballarat Netball Association, Llanberris 201 Barkly Street, Golden Point.

To find out more and to register call Jess at Sports Central on 5331 6966.

Kickin' Back in the Rat

'Kickin' back in the Rat' is a fortnightly webisode made by local young people for young people living in the Ballarat community.

The aim of the show is to keep our local youth informed about the amazing array of events, groups, activities, workshops, gig's and much more that is available in our community in an entertaining never before used format.

If you have any young people interested in joining our byou film crew or are hosting any gigs or workshops locally for young people between the ages of 12-25 contact Council's Youth Services team via e-mail

tabithawalkingshaw@ballarat.vic.gov.au and we will showcase it on our show. We will need event details at least two to three weeks in advance of the event dates as we film the show two weeks before it goes live on the web.

You can watch our promo of the show on our youtube channel Ballarat Youth, <http://www.youtube.com/user/BallaratYouth>

Youth Mentoring Week Celebration Dinner

Lead On Ballarat & The Grampians Regional Mentoring Network invite you to attend a Mentoring Celebration Dinner With Guest Speaker Glenn Manton.

For many, Glenn is best known for his time as a senior AFL footballer for both Carlton and Essendon. Towards the end of his 12 year career he co-founded Whitelion, a not for profit organisation aiding youth in crisis in the juvenile justice system.

Tuesday 25th October, 6:00 - 10.00pm in The Grand Ballroom, Craig's Royal Hotel.

\$25 per ticket. Purchase your tickets from Vicki at vickic@leadon.com.au or phone 0409 023 373.

New Playgroups in Moorabool

Playgroup for Grandparents & Carers with full time care of young children

Held at the Baptist Church on Mondays at 10.00 am, grandparents/carers are welcomed by a playgroup facilitator to enjoy a variety of indoor and outdoor activities each week.

Through play the grand/children are provided with opportunities to make new friends and learn new skills.

Cost is \$2 each session. For more information contact Lisa Trott-Kelly 5366 7100 or just pop in.

Play for mum and me in Moorabool

This playgroup invites mothers and children from the Women's Support Group to participate together in a variety of activities and make something special to take home each week. The playgroup runs from 2pm to 3 pm.

To join contact Dee or Nelli on 5367 9900.

Ballarat Breast Screen Clinics

Are you a woman over 40?

Are you due for your free 2 yearly screening mammogram?

Are you due for your Pap smear?

Grampians BreastScreen is providing a series of joint clinics. Book in to have your BreastScreen mammogram and your pap smear on the same day.

Monday 3rd October 8.45am-3.45pm

Monday 7th November 8.45am-3.45pm

Monday 5th December 8.45am-3.45pm

Thursday 6th October 8.45am-12.30pm

Thursday 3rd November 8.45am-12.30pm

Thursday 1st December 8.45am-12.30pm

Call 5320 3527 on Fridays for information and to make an appointment.

GRIT – Original Story Piece

GRIT is a theatre residency project with Platform Youth Theatre (PYT) from Melbourne & MAYTE youth theatre (Ballarat), working with young single mothers from Link-Up (Wendouree West Neighbourhood House). MAYTE and the participants from the Link Up Program have created an original piece telling their stories.

Performances will be held on

Friday 7th October - 7pm

Saturday 8th October - 2pm

Saturday 8th October – 7pm

At Frank Collishaw Theatre, Ballarat Secondary College, corner Forest St and Giot Drive.

Tickets available via

<http://www.trybooking.com/WKQ>

\$5 Concession \$10 Full

Social Leadership - Through the Art of Hosting and Harvesting Conversations that Matter

Conversation is indispensable for the successful accomplishment of almost all activities between people, especially the coordination of work, the formation of collaborative relationships and for learning.

Over three days we will work with, demonstrate, practice and explore how participatory methodologies can be used as a foundation for Leadership and learning in groups, teams, communities and organisations.

Thursday 3rd November – Saturday 5th November, Green Gables, Gable Lane, Warburton, Yarra Valley.

Cost Not for Profit Rate \$1850 (+ GST)

Corporate/Government Rate \$2600 (+ GST)

Includes workshop materials, all meals and accommodation.

To register visit

<https://www.eiseverywhere.com/ereg/index.php?eventid=28620>

Did you know???

Almonds are a member of the peach family.

Boardline Personality Disorder Conference

The purpose of this conference is to get the support and assistance in transforming the negative culture surrounding Borderline Personality Disorder to one of hope and optimism, the prognosis for people with a diagnosis of Borderline Personality Disorder is positive if appropriate treatment is accessed.

This conference aims to make a start towards replacing the current silence and shame experienced by many individuals and families impacted by Borderline Personality Disorder with respectful conversation and recognition of the challenges and distress they experience.

Excellent international and local speakers are presenting in this conference.

Wednesday 5th October, Darebin Arts & Entertainment Centre, cnr Bell Street & St George Road, Preston.

Registration is free - to register call 8803 5555.

Quote of the week.....

Our lives begin to end the day we become silent about things that matter.

~ Martin Luther King, Jr.

Diabetes: Annual Cycle of Care A Snapshot

Southwest Health Care presents Diabetes: Annual Cycle of Care, a Snapshot.

Objectives:

- Develop an holistic approach to diabetes care for clients
- Understand self management principles
- Update knowledge of insulin pump therapy
- Review of complications associated with diabetes
- Understand diabetes emergencies and their treatment

Wednesday 26th & Thursday 27th October 2011, Proudfoots on the River, 2 Simpson Street, Warrnambool.

Cost \$60 for single day or \$170 for both days.

For enquiries and registration contact Maree Boyle on 5564 4104.

Roles, Responsibilities, Liabilities and Protections of Boards and Committees

VCOSS Clearinghouse Training presents this

'back to basics' training presented by PilchConnect is suitable for members of new and existing not-for-profit committees of management or boards who want an introduction or refresher on the role and legal responsibilities of running an effective community organisation in Victoria.

Tuesday 11th October, 9.30am – 12.30pm at Beaufort Community Development Centre.

Cost \$50 per participant or \$25 for VCOSS members.

All registrations must be made via the online booking system

<http://www.eventbrite.com/event/1653021231>

however, if you require further information or assistance please contact Hayley Peck:

hayley.peck@vcoss.org.au or call 9654 5050.

Board Builder Conference

Do you know the implications for your board or committee of the Charities and Not-for-Profits Commission?

Do you want to make your board more vibrant and relevant?

Can your organisation afford not to attend the Board Builder Conference?

Friday 18th November, Melbourne

Register before Friday 23rd September and save 10% off the full price of \$295.

For more information or to register visit

https://www.ourcommunity.com.au/secure/event/event_sign_up.form?conferenceld=185&area=management

Community ICT Skills Grants

Community ICT Skills Grants support community organisations to increase the use of information and communication technology (ICT) for groups and communities who have traditionally been unable to access its benefits.

Grants up to \$25,000 (excluding GST) are available for projects that provide ICT access and training for groups.

Community ICT Skills Grants are funded by the Department of Planning and Community Development (DPCD) in partnership with Vicnet, a division of the State Library of Victoria.

The following organisations can apply for funding:

- Local government authorities
- Not for profit organizations

Applications must be submitted by 5pm, Friday 21st October 2011. Late or incomplete applications will not be considered. Receipt of applications will be acknowledged in writing.

Applications may be submitted in one of the following ways:

- by email to:

grantapplications@dpcd.vic.gov.au

- by mail to:

Community Investment Services
Department of Planning and
Community Development
GPO Box 2392,
Melbourne VIC 3001

For more information about visit

<http://www.dpcd.vic.gov.au/home/grants/all-grants/community-ict-skills>

CHPCP Contact Details...

Location & Postal Address

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Primary Health Coordinator – Frances Riggs

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Administration Support Officer – Sharna Kelly

Ph: 5338 4771 email: support@chpcp.org

Administration Support Officer – Alison Kerr

Ph: 5338 4774 email: admin@chpcp.org

Calendar of Events

(180) e.g. this is the edition number and can be accessed on the website for the full details of the event.

September 2011

Thursday 22 nd	CHPCP Full Alliance Meeting – 9.30am-10.30am, Ballarat & District Division of General Practice, 105 Webster St, Ballarat
Friday 30 th	Ballarat Hospice Fundraiser – Mousetrap – 7.30pm, SMB Courthouse Theatre, Lydiard St Sth, Ballarat (339)

October 2011

Tuesday 11 th	Raising Teenagers Talk – 7.00pm – 9.00pm, Bacchus Marsh Secondary College (338)
Tuesday 11 th	Integrated Health Promotion Meeting – 9.30am – 11.30am, CHPCP Office, 15 Violet Grove, Wendouree
Wednesday 12 th	CHADA Meeting – 9.30am – 11.30am, Seminar Room 2, Queen Elizabeth Centre, Ascot St Sth
Wednesday 12 th	Chronic Disease Practitioners Group Meeting – 1.30pm – 3.30pm, CAMHS, 111 Ascot St Sth, Ballarat
Wednesday 12 th	Women's Health Grampians AGM – 11.00am, Grains Innovation Park, 110 Natimuk Rd, Horsham (338)
Monday 17 th	Diabetes Steering Group Meeting – 2.00pm – 3.00pm, BHS Education Resource Centre, Drummond St Nth, Ballarat
Tuesday 18 th	Heads Up - 7.30pm, The Humphrey Room, Ballarat Mechanics Institute (339)
Tuesday 18 th	Carers Week Expo – 9.30am – 1.00pm, St Patricks Cathedral Parish Hall, 3 Lyons St sth, Ballarat (339)
Wednesday 19 th	Rural & Regional Safety Conference 2011 – Art Gallery of Ballarat, 40 Lydiard St Nth, Ballarat (338)

The Central Highlands Primary Care Partnership newsletter is compiled from information provided by organisations and partner agencies. Information is received and published in good faith and whilst every effort is made to only publish current information, we cannot accept responsibility for the accuracy of the information provided to us.